

NEB. GIRLS' TRACK

COLERIDGE

COACH: Joe York (5th year)
VITALS: Class D2, Lewis and Clark Conference

LAST YEAR: Sophie Wernhoff tied a school record and placed sixth at the state meet.

RETURNING LETTERWINNERS: Melinda Hoising (Sr.), Morgan Arduser (Jr.), Bethany Barleman (Jr.), Shelby Olsen (So.)

ASSESSMENT: The Lady Bulldogs lost two of their state qualifiers so they will have to rely on the returning letterwinners to get the job done for them this year.

"We have experience with Hoising in the hurdles," York said. "We have a strong sprint squad with Olsen and Arduser."

CREIGHTON

COACH: Ryon Nilson
ASSISTANTS: Layne Pahl, Jeff Jensen, Ron Busch, Kari Nilson

VITALS: Class C, Northeast Nebraska Activities Conference

LAST YEAR: Alyssa Kruse finished second in the high jump at the Nebraska Class C State Meet.

RETURNING LETTERWINNERS: Alyssa Kruse (Sr., jumps), Jessica Ripp (Sr., jumps), Kashmir Stanley (So., sprints)

ASSESSMENT: Once again, the Bulldogs will boast strength in the jumping events, led by seniors Alyssa Kruse and Jessica Ripp. Sophomore Kashmir Stanley will provide experience in the sprints, as she was third in the

200 at districts a year ago.

CROFTON

COACH: Rod Hegge
ASSISTANTS: Justin Bossman, Tony Hoffman, Aaron Losing, Gail Peterson

VITALS: Class C, Northeast Nebraska Activities Conference

LAST YEAR: The Warriors won the district championship and qualified Holly Hegge, Jordan Sanger, Jenny Suing, Heather Lancaster, Merissa Falkenberg, Kristin Steffen, Lacey Wendte and Bree Wendte for the state meet.

TOP PROSPECTS: Merissa Falkenberg (Sr.), Kristin Steffen (Sr.), Lacey Wendte (Sr.), Holly Hegge (Jr.), Jordan Sanger (Jr.), Jenny Suing (Jr.),

Jordan Braunsroth (So.), Heather Lancaster (So.), Bridget Arens, Whitney Miller, Olivia Monaghan, Danielle Riesberg, Tiffany Tramp, Jessica Wubben, Elizabeth Kube, Nicole Guenther, Cassie Tramp, Emma Tramp, Jenna Guenther, Alison Hoffman, Megan Miller, Rachel Steffen

ASSESSMENT: A total of nine Warriors qualified for the state track meet a year ago are back for 2010.

The senior trio of Merissa Falkenberg, Kristin Steffen and Lacey Wendte will lead a group of athletes looking to repeat as district champs.

"We should be able to score points in most events," coach Hegge said. "We have very good balance."

HARTINGTON

COACH: Laura Noecker (20th year)
ASSISTANTS: Mandy Hochstein, Jerry Bult

VITALS: District C-5, Lewis & Clark Conference

LAST YEAR: The Wildcats finished 5th in the conference and qualified four events for state meet.

RETURNING LETTERWINNERS: Dana Fuelberth (Sr.), Becca Heikes (Jr.), Ali Lammers (Sr.), Cassidy Jueden (Jr.), Jo Bryan (Sr.), Erica Newton (So.), Kyla Gallatin (Sr.), Sofi Olsen (Jr.), Jennifer Krause (Jr.), Nanette Heimes (Jr.), Brandy Hinkel (Jr.), Taylor Dybdal (So.), Greer Olsen (So.), Kristina Huss (So.)

ASSESSMENT: Rebecca Fischer (Jr.), Aspen Olsen (So.), Ashley Morten

(Fr.), Miranda Fischer (Fr.), Lyndsey Dunn (Fr.), Michaela Dendinger (Fr.), Monta Meirose (Fr.), Courtney Hochstein (Fr.), Beth Tuberville (Fr.)

ASSESSMENT: The Wildcats didn't lose any starters or letterwinners in past year, so they should be able to build upon their 5th place finish in the conference.

"We've made a few adjustments in our coaching processes and it just seems that everything is really moving in a forward direction," Noecker said. "We have great leaders coming from our seniors and the work ethic of this team is above and beyond other squads."

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S.D. Girls' Track

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NEWCOMERS: Sam Boomgarden (7th, high jump, 400, 800), Claire Berens (7th, shot, discus), Hannah Jorgensen (long jump, high jump, 400, 800)

ASSESSMENT: Even though there are no seniors on the roster, Hurley will look to build on the experience a lot of its young runners and jumpers gained last year.

IRENE-WAKONDA

COACH: Brent Mutchelknaus (24th year)

ASSISTANTS: Landra Knodel, Kaycee Tjerdema, Bridget Sees

VITALS: Class B, Region 4B, Tri-Valley Conference

LAST YEAR: The Eagles won the TVC meet and qualified nine athletes to the state meet in Rapid City. Gone are two qualifiers.

RETURNING LETTERWINNERS: Ann Brockmueller (Jr., triple jump, sprints), Elizabeth Nutley (Jr., throws), Paarl Gaidelis (So., sprints, long jump), Haley Hinseth (So., throws), Morgan Lee (So., sprints, 800), Lexy Schenk (So., sprints, triple jump), Mackenzie Huber (Fr., pole vault, hurdles), Tricia Kathol (Fr., 400, 800)

ALSO RETURNING: Rainy Brewernysven (8th, pole vault), Bailey Hinseth (8th, sprints), Dana Schenk (8th, hurdles)

NEWCOMERS: Lea Schaefer (Jr., 400), Samantha Smith (So., throws), Bobbie Jo Steffen (Fr., throws), Jamie Healy (Fr., throws)

ASSESSMENT: Seven athletes who gained experience at the state meet a year ago return for the Eagles this season, highlighted by a talented nucleus in the field events and sprints.

Sophomore Haley Hinseth was sixth in the discus at state, while junior Elizabeth Nutley qualified for the event. Freshman Mackenzie Huber took seventh in the pole vault and also qualified in the 300-meter hurdles. The Eagles also sent its 400-meter relay to state.

"We bring back a balanced group and should be a contender at meets throughout the season," coach Mutchelknaus said.

MARION

COACH: Jerry Kippes (1st year)

ASSISTANTS: Dustin Wolforth, Brian Snyders

VITALS: Class B, Region 4B, Cornbelt Conference

LAST YEAR: The Bears had a hand-



ETHAN-PARKSTON: Alena Laber

ful of athletes qualify for the state meet. Marion's 1600-meter relay squad finished fifth and Rachel Schmidt was 16th in the shot put.

RETURNING LETTERWINNERS: Cara Schardin (Sr.), Allison Luke (Sr.), Rachel Schmidt (Sr.), Brooke Glanzer (Jr.), Kylie Hughes (Fr.), Katherine Luke (Fr.)

ALSO RETURNING: Hannah Adrian (Jr.), Ashley Goossen (Jr.), Josie Schmidt (Fr.), Ashley Rosenwald-Muller (Fr.), Cynda Miller (Fr.), Donna Paschal

(Fr.), Shenny Babb (Fr.)

ASSESSMENT: A group of three seniors will lead a relatively young Marion team this season.

Cara Schardin finished second in the 3200-meter run and fifth in the 1600 at the Region 4B meet. Rachel Schmidt qualified for state in the shot put.

And a number of other athletes, including a young group in the throws, will also look to contribute for the Bears in 2010.

"Cara should be a stronger runner this year," coach Kippes said. "Allison (Luke) and Brooke are strong legs in our relays, and Kylie was a member of three relays and is trying hurdles for the first time. Katherine should also provide depth."

MENNO

COACH: Ken Bruckner (19th year)
ASSISTANTS: Cindee Evenson, Karissa Wilcoxson, Megan Smidt

VITALS: Class B, Region 6B, Cornbelt Conference

LAST YEAR: The Wolves finished third in the Cornbelt Conference meet and fifth at the region meet. Katelyn Kotalik placed third in the pole vault at the state meet.

RETURNING LETTERWINNERS: Katelyn Kotalik (So., pole vault, hurdles), Mary Jo Mettler (So., throws), Hannah Wollmann (So., mid-distance), Brittany Haberman (Fr., sprints), Ashton Diede (Fr., sprints), Shelby Huber (Fr., mid-distance, sprints, jumps), Courtney Schaeffer (Fr., mid-distance, sprints), Madison Huber (8th, mid-distance), Christina Herrboldt (8th, hurdles, sprints, mid-distance)

NEWCOMERS: Emily Schnabel (Jr.,

sprints, mid-distance), Kylee Kessler (8th, throws), Emily Massey (8th, distance)

ASSESSMENT: With a roster filled with almost all underclassmen, the Wolves will look to steadily improve all season heading into the Region 6B meet.

Sophomore Katelyn Kotalik looks to make a return trip to state in the pole vault. She will be joined by fellow sophomores Hannah Wollmann and Mary Jo Mettler.

"We need to have our returning letterwinners and our new girls reach their potential," coach Bruckner said. "We will focus on gaining valuable experience so that by region, we can hopefully qualify several kids (to state)."

PARKER

COACH: Phil Bjorneberg (24th year)

ASSISTANT: Eliza Leloux

VITALS: Class B, Region 4B, Big East Conference

LAST YEAR: The Pheasants, who took fifth in the Region 5A meet, qualified athletes to state in the 200-meter and 400 dash, 400-meter and 800 relays, as well as the shot put and discus.

RETURNING LETTERWINNERS: Reba Jongeling (Sr., sprints), Kiera Kraemer (Sr., throws), Mollie Cole (Jr., jumps), Andrea Duncan (Jr., hurdles), Jessica Kleinsasser (Jr., jumps), Haylee Rand (Jr., 400, 800), Katelyn Schaefer (Jr., throws), Anna Leloux (So., discus, sprints), Jazmin Steinfurth (So., sprints), Jessica McKenney (Fr., hurdles)

ALSO RETURNING: Allison Adamson (Sr., triple jump), Brooke Steiner (Sr., distance), Courtney Buckholz (So., discus), Erin Harms (So., throws), Taylor Nugteren (So., hurdles), Tessa Weeldreyer (Fr., sprints), Morgan Hay (8th), Haley Holzworth (8th), Shayna Burt (8th, 100, 400), Amanda Covert (8th, hurdles, 800), Kaitlin Ochs (8th, hurdles, sprints)

ASSESSMENT: Parker makes the move down to Class B this season, and returns a solid group of athletes who will look to qualify for state once again.

Leading the way will be seniors Reba Jongeling and Kiera Kraemer. Jongeling was a part of Parker's 400 and 800 relay squads at state, while Kraemer qualified in both throwing events as a sophomore.

And a junior class of Mollie Cole, Andrea Duncan, Jessica Kleinsasser, Haylee Rand and Katelyn Schaefer add increased depth to a roster that also includes numbers underclassmen.

"We are excited about our season, and I think the Class B qualifying standards will help us," coach Bjorneberg said.

SCOTLAND

COACH: Gary Pepper (24th year)
ASSISTANTS: Mary Ellen Luikens, Ryan Bruns, Seth Mernaugh

VITALS: Class B, Region 6B, Little Missouri Valley Conference, Southeast South Dakota Conference, Great Plains Conference

LAST YEAR: The Highlanders graduated five state qualifiers from last year, but return three for this season.

RETURNING LETTERWINNERS: April Winne (Sr., high jump, distance), Amber Dawn Edwards (Jr., discus), Amanda Simental (Jr., throws), Ashley Alvey (So., sprints), Jaymie Barrett (So., high jump), Morgan Iwan (So., high jump), Haley Brunke (So., distance), Aisha Abbink (Fr., throws)

ALSO RETURNING: Izzy Renken (So., throws)

NEWCOMERS: Amber Seifert (So., throws), Kennedy Asche (Fr., hurdles), Christina Mogok (Fr., sprints), Anna Struck (Fr., pole vault), Emily Hagge (8th, distance)

ASSESSMENT: The Highlanders will

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Freeman Flyers Boys Track & Field Schedule

Date	Name	Location
4/6/10	Turner County Relays	Centerville
4/15/10	Menno Relays	Menno
4/22/10	Flyer Invitational	Freeman
4/29/10	Canton Lions	Canton
4/30/10	Howard Wood	Sioux Falls
5/1/10	Howard Wood	Sioux Falls
5/4/10	Don Diede Relays	Freeman
5/8/10	Warrior Invite	
5/8/10	SF Washington Warrior	Sioux Falls
5/13/10	Cornbelt Conference	Freeman
5/20/10	Region 6B	Avon
5/28/10	State Meet	Sioux Falls
5/29/10	State Meet	Sioux Falls

Golf Schedule

4/3/10	Freeman Invitational #1 (Valley View)	Freeman
4/7/10	Irene/Wakonda	Irene
4/14/10	Marion Invitational (Par-Mar)	Marion
4/22/10	Cornbelt Conference Meet (Valley View)	Marion
4/27/10	Freeman Academy JV	Freeman
4/29/10	McCook Central Invitational	Salem
5/4/10	Freeman Invitational #2	Freeman
5/11/10	Region 3B	Sioux Falls (Elmwood)
5/18-19/10	State B Golf	Watertown

Girls - Prairie Winds
Boys - Municipal

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Hartington Public Wildcats Track & Field Schedule

3/19/10	Wayne State Indoor	Wayne State
3/30/10	Cedar Invite	Hartington
4/6/10	Hartington Invite	Hartington
4/13/10	Crofton Invite	Hartington
4/20/10	Hartington Invite	Hartington
4/24/10	Wausa Invite	Pierce
5/1/10	Lewis & Clark Conference	Hartington
5/6/10	Norfolk Catholic Invite	Norfolk
5/14/10	Class V District	Pierce
5/21/10	State Meet	Omaha Burke
5/22/10	State Meet	Omaha Burke

Hartington Public Wildcats Golf Schedule

4/8/10	West Point Invite	Beemer
4/15/10	Laurel Invite	Laurel
4/22/10	O'Neill Invite	O'Neill
4/24/10	Osmond Invite	Wausa
4/27/10	Hartington Invite	Hartington
5/3/10	LSC Conference	Bloomfield
5/10/10	Randolph Invite	Randolph
5/17/10	District P-2	Bassett
5/25/26	Class V State	North Platte

Hartington Cedar Catholic Trojans Track & Field Schedule

3/30/10	Cedar Invite	Hartington
4/6/10	Wayne Invite	Wayne
4/13/10	Crofton Invite	Crofton
4/20/10	SP/NE Challenge	Tyndall, SP
4/22/10	Pierce Invite	Pierce
4/27/10	Creighton Invite	Creighton
5/6/10	BC Invite	Battle Creek
5/13/10	Districts	Hartington

Hartington Cedar Catholic Trojans Golf Schedule

4/8/10	Norfolk Catholic/Stanton Triangular	Norfolk
4/15/10	Laurel Invite	Laurel
4/19/10	Pierce/Wayne Triangular	Wayne
4/22/10	O'Neill Invite	O'Neill
4/24/10	Mid-State Conference Tourney	Hartington
4/27/10	Hartington Invite	Hartington
5/1/10	Pierce Invite	Pierce
5/3/10	Randolph/Plainview Triangular	Plainview
5/6/10	Wayne Invite	Wayne
5/8/10	Randolph Invite	Randolph
5/10/10	C-2 District Tourney	Oakland
5/17/10	State Golf Tourney	Kearney