

# NEB. BOYS' TRACK

## COLERIDGE

**COACH:** Joe York (5th year)  
**VITALS:** Class D, Lewis and Clark Conference  
**LAST YEAR:** The Bulldogs qualified two athletes to the state meet.  
**RETURNING LETTERWINNERS:** Trevor Hefner (Sr.), Ross Lage (Sr.), Ross Olsen (Sr.), Ben Hoffart (Sr.)  
**NEWCOMER:** Steven Carlson (Fr.)  
**ASSESSMENT:** The Bulldogs have one their two state qualifiers returning, so they should have some strong experience in their upperclassmen.  
 "To have a successful season, we need to place in each track meet with our small numbers," York said.

## CREIGHTON

**COACH:** Ryon Nilson  
**ASSISTANTS:** Layne Pahl, Jeff Jensen, Ron Busch, Kari Nilson  
**VITALS:** Class C, Northeast Nebraska Activities Conference  
**LAST YEAR:** The Bulldogs' 400-meter relay team finished sixth at the state meet.  
**RETURNING LETTERWINNERS:** Cody Ketelsen (Sr.), Greg Meyer (So., relays), Klay Fuchtmann (Sr., relays), Dylan Walton (Sr., relays)  
**ASSESSMENT:** The Bulldogs will again make a run at qualifying for the state meet in the relays, after finishing sixth in the 400 a year ago. Creighton already started the 2010 season with a victory at the Neligh-Oakdale Warrior Relays in late March.  
 Seniors Cody Ketelsen, Klay Fuchtmann and Dylan Walton will lead the group, which also includes sophomore Greg Meyer.

## CROFTON

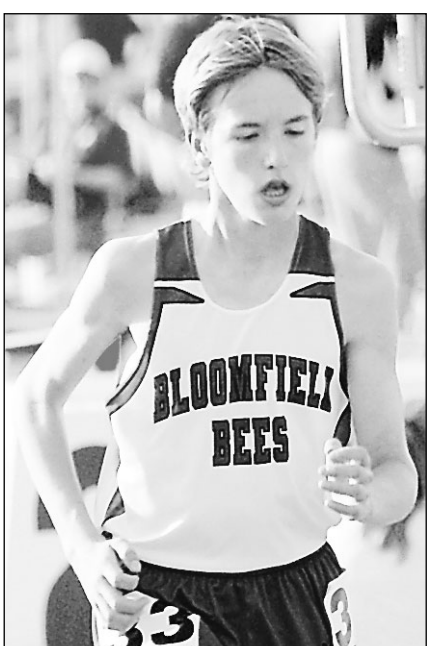
**COACH:** Rod Hegge  
**ASSISTANTS:** Justin Bossman, Tony Hoffman, Aaron Losing, Gail Peterson  
**VITALS:** Class C, Northeast Nebraska Activities Conference  
**LAST YEAR:** The Warriors finished second at the district meet and graduated two state meet qualifiers.

## TOP PROSPECTS:

Weston Foxhoven (Sr.), Trent Arens (Sr.), Sam Church, Austin Filips, Tucker Foxhoven, Dalton Gobel (Sr.), Taylor Kube, Jordan Nelson, Pete Hernandez, Geoffrey Kleinschmit, Jon Kleinschmit, Preston Mueller, D.J. Sterk, Alec Woodcockman, Deryk Wortmann, Nathan Hoffman, Calan List, Thomas Peitz, Logan Schieffer, Corey Boelter, Matthew Guenther, Ben Hegge, Justin Janssen, Dakota Miller, Buck Noyer, Brady Steffen, Derek Van Heek, Dustin Whipple  
**ASSESSMENT:** Though the Warriors lost two state qualifiers from last year, they return a solid group of athletes who have experience at that level.  
 Weston Foxhoven headlines a nucleus that also includes juniors Trent Arens and Dalton Gobel.  
 "We should be able to score points in most events," coach Hegge said. "We have very good balance."

## HARTINGTON

**COACH:** Blair Kalin  
**VITALS:** Class C, District C-6, Lewis and Clark Conference  
**LAST YEAR:** After finishing fourth in the conference meet, the Wildcats recorded a ninth-place finish at the district meet. At state, the Wildcats won a title in the 400-meter relay. Hartington graduated five athletes.  
**RETURNING LETTERWINNERS:** Alex Bottolfsen (Sr., distance), Mason Miller (Sr., sprints, jumps), Jordan Rehnstrom (Sr., mid-distance), Bryan Dunn (Sr., throws), Cody Fischer (Sr., mid-distance, vault), Neil Kramer (Sr., jumps, hurdles), Nathan McPhillips (Sr., sprints, jumps), Chad Miller (Sr., sprints, vaults)  
**ALSO RETURNING:** Aaron Wiechelmann (Sr., throws, sprints), Riley Woecker (Sr., throws), Josh Nelson (So., throws, hurdles), Adam Wortmann (So., hurdles, vault), Andrew Lorenz (So., throws), Eric Derickson (Fr., sprints), Chase Dickes (Fr., throws), Taylor Fischer (Fr., distance), Alec Fuelberth (Fr., jumps, sprints), Ross Hegge (Fr., jumps, sprints), Adam Hochstein (Fr., distance), Justin Krause (Fr., distance), Brandon Mainquist (Fr., throws, sprints), Nick Miller (Fr., hurdles, vault), Reece Pedersen (Fr., hurdles),



**BLOOMFIELD:** Austin Hamm

Cody Stople (Fr., mid-distance), Zech Thoenne (Fr., distance)  
**ASSESSMENT:** Despite graduating five quality athletes, the Wildcats bring back a group that could contend for not only a conference title but a district championship.  
 Chad Miller and Mason Miller anchor the sprinters, while Neil Kramer could be one of the area's top jumpers and hurdlers, according to coach Kalin.  
 Jordan Rehnstrom, Cody Fischer and Alex Bottolfsen will see time at the 800, while Adam Hochstein and Alec Fuelberth could contribute as freshmen.  
 "I expect us to do really well in certain events," Kalin said. "Our sprinters and jumpers should be strong. We hope to finish in the top three of our conference meet and in the top two at district."  
 "If we work hard and keep a positive attitude, we can accomplish quite a bit this year."

## HART. CEDAR CATHOLIC

**COACH:** Chad Cattau (8th year)  
**ASSISTANTS:** Corey Uldrich, Jason Folkers, Zach Wemhoff, Steve Steffen, Chris Collier  
**VITALS:** Class C, Mid-State Conference  
**LAST YEAR:** The Trojans' Jake Reifenrath qualified for the state meet in the 100-meter dash.  
**RETURNING LETTERWINNERS:** Jake Stevens (Sr.), Tyler Lobers (So.), Jake Reifenrath (Sr.), Keenan Sudbeck (So.), Mark Arens (Sr.), Chad Koch (Sr.), Brett Leise (So.), Logan Weinande (So.)  
**NEWCOMERS:** Danny Loecker (Fr.), Frank Herbolzheimer (Fr.), Logan Feilmeier (Fr.)  
**ASSESSMENT:** The Trojans only return one state qualifier, but have a young team with experience. They should look to make a splash in the Mid-State Conference this year.  
 "The boys have a very competitive attitude," Cattau said. "They want to build on the success they had last season."

## LAUREL-CONCORD

**COACH:** Terry Bear (4th year)  
**ASSISTANTS:** Nate Sims, Adam Patrick, Carol Maganaro, Shannon Benson.  
**VITALS:** Class C, Northeast Nebraska Activities Conference  
**LAST YEAR:** The Bears finished last season with a sixth place finish in Class C.  
**RETURNING LETTERWINNERS:** Ezra Schantz (Sr.), Johnny Saunders (Sr.), Mitch Heikes (So.)  
**ALSO RETURNING:** Beau Northam (Sr.), Riley Lund (Sr.), Jon Jacot (Sr.), Justin Stanton (Sr.), Isaac Haahr (Sr.), Adam Clark (So.)  
**NEWCOMERS:** Kyle Kardell (Fr.), Justin Saunders (Fr.), Austin Roach (Fr.), Ryan Lunz (Fr.), Austin Gothier (Fr.)  
**ASSESSMENT:** The Bears only have two seniors on the team, so the team might suffer from a little inexperience.  
 "I think our team will adjust quickly" coach Bear said. "We just need to in form to qualify for state."

## NEWCASTLE

**COACH:** Robin Mohr  
**VITALS:** Class D  
**LAST YEAR:** The Raiders sent three athletes to the state meet, with Tyler Mohr placed ninth in the 3200m at state.  
**RETURNING LETTERWINNERS:** Tyler Mohr (Sr.), Jacob Luiken (Sr.), Craig Kneiff (Sr.), Ismad Rosales (Sr.), Andy Maskell (Sr.)  
**ASSESSMENT:** The Raiders are looking to make another strong impression this year bringing back three state qualifiers. They have the experience now they just need to put it in effect.  
 "The boys look to be very strong in mid-distance," coach Mohr said.

## NORTH VALLEY

**CO-COACHES:** Mary Snowden and Charlie King  
**VITALS:** Class D, Niobrara Valley Conference  
**LAST YEAR:** The Explorers experienced their first season as a co-op between Niobrara and Lynch, finishing fourth in the Niobrara Valley Conference Meet.  
**RETURNING LETTERWINNERS:** Clayton Hanzlik (So.), Ramon Gonzalez (Sr.), William Blevins (Sr.), Curtis Dather (Sr.), Tyler Stark (Sr.), Dustin Black (Sr.), Jadon Black (So.), Zach Wilkersham (Sr.), Ryan Voegler (So.), Nolan Wickersham (Sr.), Tyler Micanek (Sr.)  
**ALSO RETURNING:** Jabe Fischer (Sr.), Clay Claussen (Sr.), Terance Heiser (Sr.), Christopher Heiser (Sr.), Bryson DeKay (Sr.)  
**NEWCOMERS:** Coy Reynolds (Fr.), James DeKay (Fr.), Cameron Guidman (So.), Beau Purviance (Fr.)  
**ASSESSMENT:** The Explorers bring back a lot of veterans and have a good crop of newcomers. They should be able to get back into full form as their second year as a co-op in the Niobrara Valley Conference.  
 "We have some young athletes that are going to be contributors in medalling," King said. "We have a good mix of sprinters and mid-distance."

NEB. BOYS' TRACK, see Page 15

# Neb. Girls' Track

FROM PAGE 13

## HART. CEDAR CATHOLIC

**COACH:** Chad Cattau (8th year)  
**ASSISTANTS:** Corey Uldrich, Jason Folkers, Zach Wemhoff, Steve Steffen, Chris Collier  
**VITALS:** Class C, Mid-State Conference  
**LAST YEAR:** The Trojans qualified two runners to the state meet, McKae Pinkelman for the 400 and Ericka Fischer in the 100.  
**RETURNING LETTERWINNERS:** Madison Becker (Sr.), Siera Becker (Fr.), Savannah McGee (Fr.), Lie Steffen (Fr.), Megan Kaiser (So.), Angela Steffen (Sr.), Tesse Uhing (Fr.), Amber Reifenrath (Fr.), Charice Stevens (Fr.), Morgan Steffen (Fr.), Anna Crockmore (Fr.)  
**ASSESSMENT:** The Trojans aren't lacking in the amount of players. The lack of experience in the field might affect the result of this season, if the newcomers can perform they should make some noise in the Mid-State Conference.  
 "We need the freshman to really step up and score points," Cattau said. "Our upperclassmen need to continue to improve and give us what we expect from them."

## LAUREL-CONCORD

**COACH:** Nate Sims (6th year)  
**ASSISTANTS:** Terry Bear, Adam Patrick, Carol Maganaro, Shannon Benson  
**VITALS:** Class C, Northeast Nebraska Activities Conference  
**LAST YEAR:** The Laurel-Concord Bears finished off last season on a high note, repeating as the Nebraska Class C State Championship.  
**RETURNING LETTERWINNERS:** Bethany DeLong (Sr.), Katie Jacobsen (Sr.), Ashley Lunz (Sr.), Kayla Wiesse



**LAUREL-CONCORD:** Bethany DeLong

(Sr.), Chelsey Wolfgram (Sr.), Jade Cunningham (So.), Erika Hochstein (So.), Audrey Kastrup (So.), Mandy Nelson (So.), Amy Pritchard (So.)  
**ASSESSMENT:** As has been the case in her career, senior Bethany DeLong will again be the focal point of the Laurel-Concord girls' track team.  
 DeLong, who signed to run track at Division I Colorado State, won three events at last year's state meet. Included was a meet record of 19 feet, five inches in the long jump. DeLong also won the 200-meter dash and was part of the Bears' winning 400-meter relay squad.  
 The Bears lost two letterwinners from last season Kari Schroeder and Megan Haahr, but they have a strong

## RETURNING LETTERWINNERS:

Kelci Kneiff (Sr.), Alex Olsen (Sr.), Abbey Lowe (Sr.)  
**ASSESSMENT:** The Raiders bring back three state qualifiers, so they should be sitting well experience wise. They need to get some of the underclassmen to step up and perform at the varsity level.  
 "We need to stay healthy," Mohr said.

## NORTH VALLEY

**COACHES:** Mary Snowden and Charlie King  
**VITALS:** Class D, Niobrara Valley Conference  
**LAST YEAR:** The Explorers, a co-op of Niobrara and Lynch, qualified two athletes from the state meet, Lauren Dennis in the mile and Brittany Sage in the 100 and 300 hurdles.  
**RETURNING LETTERWINNERS:** Brittany Sage (Sr.), Samantha Beaudette (So.), Ashley Chinana (So.), Crystal Cutts (So.), Savannah Reynolds (So.), Kim Proctor (Sr.), Marissa Dennis (So.), Teel Timperly (Sr.), Adrienne Korb (So.)  
**NEWCOMERS:** Tanesha Sutta (So.), Mackenzie Rettig (Fr.), Cyrina Forman (Fr.), Kaylie Purviance (Fr.), McKenna Rossmeier (Fr.), Lindsey Lueken (Fr.), Andrea Sratos (So.)  
**ASSESSMENT:** The Explorers brings back a strong group of the letterwinners looking to improve on last season. They also have a batch of young talent looking to make an impact this season.  
 "We need to work together and push each other," Snowden said. "Using the right chemistry for relays and the willingness to learn."

## VERDIGRE

**COACH:** Cassandra Sonder (3rd year)  
**ASSISTANTS:** Stacy Ludwig, Dana Konopasek  
**VITALS:** Class D, District D-4, Niobrara Valley Conference  
**LAST YEAR:** The team finished 11th

## at the state meet.

**RETURNING LETTERWINNERS:** Angela Boggs (Sr., sprinter), Caroline Cook (Sr., hurdler), Brianna Hamilton (Sr., discus), Cynthia Sokol (So., sprinter, qualified for state).  
**NEWCOMERS:** Alina Koch (Sr., mid-distance), Tessa Ives (Fr., thrower), Kelsey Knigge (Fr., sprinter), Mariah Leasure (Fr., shot put, hurdler), Amanda Ruzicka (Fr., thrower), Jessica Reiley (Fr., thrower).  
**ASSESSMENT:** Even though Verdigre has a young roster, head coach Cassandra Sonder is looking forward to the season.  
 "Our team is quite young this year, and we hope they will gain experience and improve their performances," she said. "Even though our athletes are young, we plan on a very successful and fulfilling season with every athlete improving their times and distances."

## WAUSA

**COACH:** Greg Conn (24th year)  
**ASSISTANT:** Tylor Fincher  
**VITALS:** Class D, Lewis and Clark Conference  
**LAST YEAR:** Savannah Wakeley finished third at the state meet in the high jump and is now competing at Wayne State.  
**RETURNING LETTERWINNERS:** Laura Claussen (Sr., throws), Leslie Kumm (Sr., sprints), Kayla Munter (Sr., throws, sprints), Toni Lange (Sr., hurdles), Peyton Swanson (Sr., distance,

## state qualifier).

**NEWCOMERS:** Michelle Haselhorst (So., mid-distance), Abbi Hegge (Fr., triple jump, sprints), Alex Cunningham (Fr., distance, discus), Bailey Rosberg (Fr., sprints, triple jump), Sam Key (Fr., hurdles).  
**ASSESSMENT:** Long-time head coach Greg Conn thinks his team will be strong in the throws and has good distance runners this year.  
 Conn added that the team needs to be consistent.  
 "We will see how our young athletes develop as the year goes," he said. "We need to always score in our strong areas, and we need to get some surprises along the way."  
**WYNOT**  
**COACH:** Lee Heimes (3rd year)  
**ASSISTANT:** Amy Kathol  
**VITALS:** Class D, Lewis and Clark Conference  
**RETURNING LETTERWINNERS:** Haley Gowery (So.), Ashley Schmidt (Sr.), Bailey Kuchta (So.), Kara Sudbeck (Sr.)  
**NEWCOMERS:** Ashley Heine (Fr.), Taylor Lauer (Fr.), Angeliq Stappert (Fr.)  
**ASSESSMENT:** The Blue Devils don't have very many athletes out, they are going to have to rely on the experience from the starters to show the newcomers the ropes. If the newcomers can perform, they be able to contend in the Lewis and Clark Conference.

## Bloomfield Bees

### Track and Field Schedule

3/26/10	Neligh Relays	Creighton
3/30/10	Hartington CC	Hartington
4/6/10	Knox Co. Invitational	Creighton
4/20/10	Hartington Invitational	Hartington
5/1/10	Lewis & Clark Conf Meet	Hartington
5/5/10	St. Edward Invitational	Albion
5/12/10	District Track	TBA
5/21-22/10	State Track	Omaha

### Golf Schedule

3/27/10	Crofton	Crofton
4/17/10	Plainview	Plainview
5/1/10	Pierce	Pierce
5/3/10	Lewis & Clark Conference	Bloomfield-Host
5/10/10	Randolph	Randolph

## Joe Janssen

### Insurance Agency

402-388-4772  
 1-800-535-3378  
 1201 West 2nd St.  
 Crofton, NE

## FAMILY VARIETY

### BLOOMFIELD, NE

Providing you with all your gifts, fabrics, sewing supplies, stationary & housewares

GUYLA PETERS, Owner • 402-373-4700  
 "Your Hometown Variety Store"  
 Good Luck Bees!

## Cottonwood Villa

1301 1st St.  
 Crofton, NE  
 (402) 388-4339

## Crofton Elevator, Inc.

Golden Sun & Purina Feeds, Fertilizer Chemicals

**Crofton, NE**  
 402-388-4377

## Lewis & Clark Orthopedic and Sports Therapy

"For the Athlete in All of Us"

Matt Dvorak, PT • Kari Gall, PTA  
 Michelle Tieszen, PT • Matt Deward, DPT  
 Amanda Adamson, DPT

**605-260-0918**  
 www.lewisandclarkspecialty.com

2703 Fox Run Parkway Suite 100 • Yankton, SD  
 (One block north of Lewis and Clark Specialty Hospital)

## PEOPLE'S GROCERY & FLORAL

"Shur-fine Shur-fresh"

FULL-SERVICE GROCERY & FLORAL DEPTS.  
 Deli • Bakery • Fax • Dry Cleaning

All Major Credit Cards Accepted  
 1-402-388-4329 Crofton, Nebraska

## FARMERS & MERCHANTS STATE BANK

"We Have A Way With Money"

**CROFTON, NE • 402-388-4344**  
 www.fandmstatebank.com

MEMBER FDIC  
 Branches in Hartington, Bloomfield, Center & Niobrara

## Crofton Warriors Track Schedule

3/30/10	Hartington Cedar Catholic Invitational
4/06/10	Knox County Invitational
4/13/10	Crofton Invitational
4/20/10	SD/NE Challenge
4/22/10	Pierce Invitational
4/27/10	Creighton Invitational
4/29/10	Norfolk Track and Field Classic
5/04/10	Randolph Invitational
5/07/10	NENAC Meet
5/13/10	Plainview
5/17/10	Districts
5/17/10	Hartington

### Golf Schedule

3/27/10	Crofton Invitational
3/29/10	Wayne Dual
4/15/10	Laurel-Concord Invitational
4/17/10	Plainview Invitational
4/22/10	Lutheran High Northeast Invitational
4/24/10	Osmond Invitational
4/27/10	Hartington Cedar Catholic Invitational
5/01/10	Pierce Invitational
5/03/10	Triangular
5/06/10	Wyane Invitational
5/10/10	Randolph Invitational
5/11/10	Niobrara Invitational
5/13/10	NENAC Meet
5/17/10	Randolph
5/17/10	Districts
5/17/10	Fair Play Golf Course in Norfolk