

## REGION DIGEST

### P&D, KYNT Candidate Forum On April 8

The Yankton Daily Press and Dakotan and AM 1450 KYNT Radio are sponsoring a candidate forum Thursday, April 8, at Fry 'N' Pan in Yankton.

Representatives from the two media outlets will pose questions to candidates for the Yankton City Commission at 6 p.m. Questions will be posed to candidates for the Yankton School Board at 7 p.m. The public is welcome to attend.

The event will be broadcast live on KYNT Radio.

### Yankton Library To Be Closed Friday Morning

The Yankton Community Library will be closed on Friday morning, April 9, so that the librarians can attend the funeral of friend and former staff member Irene Kolar. The library will reopen at 1 p.m.

For further information, call the library at 668-5275.

### Budgeting Education Class To Be Offered

Consumer Credit Counseling Service (CCCS) of Lutheran Social Services will sponsor a free financial education class on Monday, April 12, running from 12:30-1:30 p.m. at the Yankton Community Library, 515 Walnut.

Janette Ellis, certified credit counselor, will present "Make the Most of Your Dollars," one of a three part financial education series featuring information about budgeting, savings and credit.

The class is free and open to the public. Anyone in the Yankton area is likely to benefit from the class. Seating is limited, so reservations are required.

For more information or to register for classes, call 888-258-2227.

### Diabetes Support Group On April 12

The Yankton Diabetes Support Group will meet at 1 p.m. Monday, April 12, in the Benedictine Center Conference Room, located on the first floor of the Benedictine Center building (old hospital) on the Avera Sacred Heart Hospital campus.

The presentation will be "Easy Yoga" by Jan Johnson, registered yoga teacher and certified infection control nurse. Everyone is welcome whether you have diabetes or not. There is no charge.

Everyone can benefit from yoga. Johnson has 21 years of experience with yoga and will guide participants through very simple yoga breathing, stretching and relaxation techniques to help reduce stress and increase well-being.

A snack is provided.

### CNA Institute Offered In Yankton

The deadline is fast approaching to apply for the second annual Certified Nurse Assistant Institute.

The Yankton Rural Area Health Education Center (AHEC), The Regional Technical Education Center (RTEC), Mount Marty College (MMC), South Dakota Healthcare Workforce Partnership Fund, and Southeast Job Link are teaming up to offer a two-week Certified Nurse Assistant (CNA) Institute June 7-18. The Institute is designed to offer CNA certification, potential high school credit, and a comprehensive look at health care professions. The Institute will include classroom time, hands-on labs, clinical training, guest speakers, and site visits to various health care facilities in Yankton.

Students accepted into the CNA Institute will spend the first week in the classroom/lab setting at RTEC and the second week completing on-site clinicals. During the evenings, students will learn about health professions and spend time on the campus of MMC.

Space is limited to 10 students and is open to high school students, age 16-19. Applications must be returned to Yankton Rural AHEC by April 15. Brochures and applications are available at either the high school principal's or the counselor's office.

For more information, contact Yankton Rural AHEC at 605-655-1401.

■ Get Updates At Yankton Online (www.yankton.net)

## OBITUARIES

### Irene Kolar

Irene M. Kolar, age 64, of Yankton, died on Monday, April 5, 2010 at Avera Sister James Care Center, Yankton. A celebration of life service will be 10:30 AM, Friday, April 9, 2010 at Opsahl-Kostel Funeral Chapel, Yankton, with Kathy Grow officiating. Burial will be in the Nvedved Cemetery, rural Utica. Visitation will begin one hour prior to the service at the funeral chapel. Pallbearers will be Dr. James Pajl and Dan Rupiper. Honorary pallbearers will be her co-workers past and present of the Yankton Community Library and Dawn Ernster.

Irene Marie was born to Frank and Hattie (Kulish) Kolar on July 5, 1945 in Yankton, SD. She grew up in Yankton and graduated from Yankton High School in 1963. She went on to attend and graduate from Yankton College on May 28, 1967 with a BA in English.

Irene was a longtime employee of the Yankton Community Library, having retired in March 2010 after serving for 39 years. She also worked at the Yankton College Library from 1967 until 1970. Irene had a great love of cats, books and music. A special moment she really enjoyed was attending a James Taylor concert with some of the library staff.

She is survived by two brothers: Frank Kolar of College Station, TX and Aldean Kolar of Jacksonville, FL.

Irene was preceded in death by her parents and sister, Mary Ann.

Yankton Press & Dakotan  
April 8, 2010

**PSAHL-KOSTEL**  
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Online condolences at:  
www.opsahl-kostelfuneralhome.com

## Yankton Rexall Launches Drug Take-Back Program

In response to news about the presence of pharmaceuticals contaminating the water supply and teenage abuse of prescription drugs, Yankton Rexall Drug is now offering a new drug take back program to help its patients safely dispose of medicines that may be dangerous to others and to the environment.

"As members of the community, pharmacists are in a prime position to ensure the safe and proper handling of medications, from disposing to disposal," said pharmacist Dan Somsen. "Unused or expired medications pose risks to our families, communities, and the environment. We welcome all in the community to come and talk to our pharmacists about their prescriptions and how to store, use and dispose of them properly."

Somsen is a member of the National Community Pharmacists Association which in April launched a new Protect Your Pharmacy Now! Prescription Drug Disposal to help its members create consumer drug disposal programs for medicines that may be dangerous to others and to the environment.

Patients of any pharmacy are invited to safely dispose of unused and expired medications at Yankton Rexall Drug, free of charge by bringing in the drugs in their original stock containers. The pharmacy will work to dispose of the drugs using the Sharps TakeAway(tm) Environmental Return System, a safe, easy method to dispose of unused patient medications in an environmentally friendly way. Controlled drugs will not be

accepted at this time due to DEA regulations, but Yankton Rexall is investigating programs that will accept controlled drugs, also.

The Office of National Drug Control has found that prescription drugs are the drug of choice among 12- and 13-year olds, while a third of all new abusers of prescription drugs were between the ages of 12-17. Though it may be argued that the presence of drugs in drinking water is negligible, more and more consumers are disposing of unused medicines by flushing them down the drain, adding pharmaceutical pollution to our waters. In addition, medicines thrown in the trash can end up in landfills if not first picked up by children, pets, sanitation employees or anyone who rummages through trash.

## Mo. River Research Symposium April 14

VERMILLION — The science and future of the Missouri River will be explored during the 2010 Missouri River Institute Research Symposium at The University of South Dakota on Wednesday, April 14.

Beginning at 9 a.m., posters and presentations documenting Missouri River research will be offered inside the Al Neuharth Media Center. Persons interested in Missouri River issues are encouraged to join researchers from the University and other academic institutions, as well as federal, state and local organizations for discussion of the science, history and policy of the Missouri River.

Organizations contributing to the symposium include the U.S. Fish and Wildlife Service, National Park Service, U.S. Army Corps of Engineers, and Nebraska Game and Parks Commission.

Faculty and students from the USD biology and earth science departments, Virginia Tech University and University of Nebraska-Omaha will present their research through lectures beginning at 9 a.m. All presentations are free and open to the public. Some of the scheduled speakers include Gale Jons of the U.S. Army Corps of Engineers (9:40 a.m.), Gerald Mestl of the Nebraska

Game and Parks Commission (10:30 a.m.), Kristen Grohs of the U.S. Fish and Wildlife Service (1:40 p.m.), and Tim Cowman, director of the Missouri River Institute at USD (3:40 p.m.). A complete symposium agenda is available for download at [www.usd.edu/mri/upload/MRI-2010.pdf](http://www.usd.edu/mri/upload/MRI-2010.pdf).

For more information about the Missouri River Institute Research Symposium at USD, visit [www.usd.edu/mri/research-symposium.cfm](http://www.usd.edu/mri/research-symposium.cfm); or contact Tim Cowman at (605) 677-6151 or via e-mail at [tim.cowman@usd.edu](mailto:tim.cowman@usd.edu).

## Composting Class Set For Yankton Library

Master Gardener Betts Pulkrabek will present a class on composting at 7 p.m. Wednesday, April 14, at the Yankton Community Library.

Participants will learn how to recycle everything in your kitchen that you can put in your compost pile for fertilizer for your garden.

There is a fee for the evening, which covers the cost of materials. Registration is now open at the library, with no limit to the number of participants. Registration closes on Monday, April 11.

For more information, call the library at 668-5275.

## LAKE

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the local economy.

Last year's inaugural banquet and program raised more than \$4,000 for restoration efforts, Deurmier said.

"We started it last year to raise money. This year, we decided to do it again," he said. "We get information out to the communities and get them updated on what we are doing. Plus, it's a good fundraiser."

Interest in the banquet looks strong again this year, said CMCLRO vice president Darrell Mueller. "Last year, we had about 185 people. This year, we are looking at the same number," he said.

The Lake Andes restoration effort needs the backing of area residents, including Yankton 75 miles away, Deurmier said. Current board members come from Lake Andes, Geddes, Wagner and Pickstown.

As funds become available, the organization is looking at its Park Avenue project as the next step. This project consists of dredging the area and removing tons of trees and debris. In addition, the organization wants to build a dike to create a small lake separated from the south lake.

The project also seeks to drill an artesian well to provide a consistent water level. Native grasses will be planted around the artesian well site.

Other features include picnic areas, a handicapped access fishing dock, playground equipment, parking and a wildlife viewing area. The project will later add a boat ramp and walking trail.

The Park Avenue project would provide several benefits, Mueller said.

"We would immediately like a nice little-sized lake to accommodate recreation and provide habitat for the fish," he said. "It would provide economic stimulus for the community. It also provides some educational things for the kids to learn about water quality."

Deurmier agreed, noting the Park Avenue project would greatly expand lake-related offerings for Andes Central students.

"At the present, we have done some water testing with the kids, off and on," he said. "The Park Avenue project would be two blocks away from the elementary school, and we could incorporate it into our educational curriculum. We could reconnect children with nature."

The CMCLRO enjoys a nearly 20-year history, but the effort went dormant for a time and has regained momentum in recent years.

In the 1980s, significant flooding to the lake caused the stock dams to breach. With the lake filling in, Game, Fish and Parks began stocking it with game fish.

Local citizens sought resources to install a boat launch but needed a formal organization to sponsor the effort and seek financial assistance. The CMCLRO was formed in 1991 and successfully secured funds. As a result, a boat launch was installed at the south end of the peninsula.

As its next project, the organization sought funding to dredge the south lake. When the funding effort was not successful, dredging did not move forward and

the organization disbanded.

In December 2006, some of the original board members and community leaders met to review the lake's condition. The organization was resurrected as a 501(c)(3) corporation, making donations tax deductible. The new board is seeking funds for a number of projects.

The board is working on funding efforts with the Planning and Development District III office in Yankton.

Eric Ambrosion, a District III community development specialist, said his office provided visualization aids to help the organization promote its restoration efforts.

District III also assisted with applications to the Rec Trails program through the state Game, Fish and Parks, Ambrosion said. "We didn't get awarded for that year, but we'll try again," he said.

Long-range planning also involves partnerships with the Department of Environment and Natural Resources (DENR), the U.S. Fish and Wildlife Service (USFWS) and the Randall RC&D.

The CMCLRO enjoys partnerships with a number of state and federal agencies along with the Yankton Sioux Tribe, Mueller said.

Besides fundraising, the organization's greatest challenge lies with the lake itself.

During the past 50 years, water levels have fluctuated and the watershed has hampered water quality. Erosion from runoff has resulted in tons of silt settling at the lake bottom. The silt has severely hindered game fish and recreational activities.

"The water has been rising over the last two years. It's has

gotten better with the recent snow runoff," Deurmier said. "The south lake was two feet under the high water mark. If it gets more than 2 feet higher, it goes out of the south edge."

The high water marks a sharp contrast from the dry years, he added.

Lake Andes offers attributes not always found at the nearby Missouri River, Deurmier said.

"We have a very good history of winter ice fishing with perch, and we also have a history of bass," he said. "Back in 2000, they had excellent ice fishing for perch. They were catching anywhere from 12- to 13 1/2-inch perch in this lake."

In addition, many people like smaller lakes rather than the river, he said.

Lake Andes plays an important role in the region's history, Mueller said. The annual "Fish Days" celebration, that began in 1915, drew 7,000 visitors at one time. Recreation has historically played a major part of the economy.

"This (lake) is one of the biggest natural resources that this community has," he said. "We have many people come by and enjoy the lake again."

The current restoration effort will hopefully signal a return to the lake's glory days, Deurmier said.

"We have a history with the lake, and people remember that history," he said. "This restoration effort proves that things get done, and we look that the lake can come back."

Donations can be sent to the Charles Mix County Lake Restoration Organization, Box 701, Lake Andes SD 57356. E-mail can be sent to [cmclro@cme.coop](mailto:cmclro@cme.coop).

### Paul Jensen

VIBORG — Paul Jensen, 56, died suddenly at his home in Viborg Tuesday (April 6, 2010).

Funeral services will be held at 1:30 p.m. Friday at Our Savior's Lutheran Church, Viborg.

Visitation is 1-8 p.m. Thursday, with family present from 7-8 p.m., at the Viborg Funeral Home.

Register on line at [www.viborgfuneralhome.com](http://www.viborgfuneralhome.com).



### Dying is not an option.

Flowers, music & cremation are.

Discuss your wishes for a memorable service with family members now. Call us for more information.

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**Open House 2010**

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MEMORIAL CHAPEL

April 10th, 10 a.m. – 3 p.m. & April 11th, 12 p.m. – 3 p.m.

Please join us for the community open house for our new Tyndall location. Come enjoy refreshments and visit with our staff. We'll also offer tours of the memorial chapel and resource center. Funeral home staff and prearrangement counselors will be available to answer questions.

**Tami Keller**  
**Kevin Opsahl**

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3pm to 7pm  
Saturday, April 10<sup>th</sup>  
10am-4pm

It's the biggest day of a student's life, so make sure it's one to remember with a delicious assortment of their favorite foods. Pick up a copy of the 2010 Graduation Party Planner and let our professional staff take care of the rest.

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### Hy-Vee Bakery

Sheet cakes, cocktail buns.

### Hy-Vee Produce/Salad Bar

Fruit/vegetable trays, watermelon boats, fruit & veggie pizzas, dips.

### Hy-Vee Floral

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