

REGION DIGEST

'Fitness For A Cause' To Be Held Today

A "Fitness for a Cause" benefit event to support the Yankton Women's/Children's Center will be held today (Saturday) at First Fitness, 2509 Fox Run Parkway, Yankton.

First Fitness will be holding group fitness classes every hour from 7 a.m. to 7 p.m. Participants are challenged to raise at least \$25 to participate and receive an event T-shirt. If a participant raises \$100, that name will be entered into a drawing for the grand prize. For each class a participant chooses to attend, he/she will receive a ticket to enter into your choice of drawings.

Long-Term Care Hearings Set For April 12, 14

A free Long-Term Care Partnership Program will be held at the Vermillion Public Library at 2 p.m. Monday, April 12, and the Yankton Public Library at 2 p.m. Wednesday, April 14.

The South Dakota Department of Social Services is hosting several education sessions on long-term care and the Long-Term Care Partnership Program in the upcoming months.

This program is a public-private partnership that offers individuals quality, affordable long-term care insurance without depleting their assets. The South Dakota Department of Social Services began offering free education sessions on the program in 2007, as a way to raise awareness about long-term care insurance and the benefits for South Dakotans.

The spring 2010 education session schedule includes stops in 18 communities from March through May. Sessions will include basic information on long-term care, the costs related to it, how to plan for long-term care needs, what Medicare and Medicaid will cover and how the Long-Term Care Partnership Program can help. The education sessions are free and open to the public. Each session is scheduled for one hour.

For more information, visit <http://www.ltcpartnership.sd.gov/>.

Citywide Curbside Cleanup Set To Begin

This is a reminder that the annual Yankton Citywide Cleanup is scheduled to begin today (Saturday). Residents on city garbage collection routes may dispose of those materials outlined below at no additional charge. Materials may be dropped off at the Solid Waste Transfer Station located at 23rd and Kellen Gross Drive from April 10-17 on the hours posted below.

Separation of materials is required at the Transfer Station and residents must adhere to the regulations.

- Saturday, April 10 — 8 a.m.-3:45 p.m.
- Monday, April 12, to Friday, April 16 — 8 a.m.-7 p.m.
- Saturday, April 17 — 8 a.m.-3:45 p.m.

The Transfer Station is not open on Sundays.

City crews will pick up the materials listed below that have been placed at the curb April 12-16. This service is only available for residential customers on the regular city garbage collection routes.

Piles must be placed directly in front of the resident's property, not in front of adjacent neighboring property owned by others. Piles must be separated by type of material and placed so that they can be easily moved by heavy equipment and in an area away from regular collection cans, light poles, fire hydrants, parked vehicles, and other stationary objects. Items to be collected include those not usually accepted on the regular refuse collection routes such as wood, metal, concrete, branches and tree limbs. Old records, magazines, files, glass containers, and clothing may be set out for normal refuse collection. Newspapers, cardboard, plastics, tin and aluminum cans will not be picked up as part of cleanup week but should be set out for curb side recycling or taken to the Yankton County Recycling Center free of charge. No yard waste, tires, refrigerators, air conditioners, or dehumidifiers will be accepted. These items can be taken to the Transfer Station at any time for a fee. Automotive-type batteries will not be accepted, but can be taken to the Battery Exchange on W. Highway 50 or to Yankton Metals at 1405 Bill Baggs Road. Motor oil can be disposed of at the Transfer Station at no charge but must be taken separately by the user.

Property owners that need to have trees trimmed are asked to do so before the cleanup begins. Trees are to be trimmed 10 feet above the ground over sidewalks and 12 feet from the back of the curb over streets. If done at any other time, there is a charge for removal.

Disposal of paints and thinners is not permitted at the Transfer Station. Any disposal procedures or plans will be advertised when developed. Construction debris such as concrete from sidewalks and driveways, bricks, etc., or rubble from old buildings such as houses, garages, storage sheds, etc., or rubble from old buildings such as houses, garages, storage sheds, etc., will not be picked up but may be taken to the Transfer Station at any time and a fee will be charged.

Yard waste will not be collected during city wide cleanup. The City of Yankton continues to accept yard waste at the Transfer Station free of charge. Yard waste must be free of cans, paper and tree limbs and placed in bags.

For further information, contact the City of Yankton Street Department at 668-5211.

■ Get Updates At Yankton Online (www.yankton.net)

Nurses To Offer Free Breastfeeding Class April 21

The Community Health Nurses will be offering a free breastfeeding class at 5-7:30 p.m. Wednesday, April 21, at the Community Health Office, Yankton County Government Center, 321 W. 3rd St.

The class will be offered quarterly and should be attended in the last 6-8 weeks of your pregnancy. Call the Community Health Nurses office at 260-4400 #1 for more information or to register for the class. Class size is limited to 6-8 women and their support person so call soon.

KYNT Yankton's Home Team!

AM 1450

MORNING COFFEE

WEEKDAYS 7:40 AM MONDAY-FRIDAY

Monday, April 12th
7:40 City
8:15 Mt. Marty

Tuesday, April 13th
7:40 Polar Plunge
8:15 River Rat Marathon

Wednesday, April 14th
7:40 Jeremy Dangel

Yankton's Home Team!

www.smilesforsiouxland.com

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USD Hosts 2010 South Dakota Governor's Camp, Ambassadors of Excellence Program For Gifted Youth

VERMILLION — Gifted high school and middle school students can register now for exciting summer programs at The University of South Dakota.

Designed to challenge and support South Dakota's gifted high school students, the 22nd Ambassadors of Excellence Program is a unique camp open to students entering grades 10-12 in fall of 2010.

Participants who attend this camp from July 19-30 will receive opportunities to develop their interests and skills in creative and performing arts, a wide range of academic area choices, creativity, and leadership. Ambassadors will serve as mentors to students participating in the South Dakota Governor's Camp. Their two weeks on the USD campus culminates in a performance at the Wayne S. Knutson Theatre at 7 p.m. on Thursday, July 29.

Students participating in the 27th annual

South Dakota Governor's Camp, July 25-30, must be entering seventh, eighth and ninth grades in the fall of 2010. Governor's Camp participants will attend classes, participate in team-building and service activities, develop creative challenges, and complete individual and group demonstration projects. New applicants must also provide a recommendation from a school official. Both the Ambassadors of Excellence and the Governor's Camp allow students to study with University faculty in the arts, sciences, and technology, emphasizing creativity and teamwork.

Included in the tuition fees are housing in USD residence halls, three daily meals, all camp activities, and limited insurance. The camp is supported by the South Dakota Department of Education and Gov. Mike Rounds. Some communities and schools help offset the cost of attending camp through scholarships or financial aid. Interested stu-

dents should discuss these options with school counselors, school administrators or gifted coordinators for information on how they can apply for financial aid.

The South Dakota Governor's Camp was founded in 1984 by Drs. Bruce Milne and Carole Kasen, and has served more than 4,700 youth since that time. The Ambassadors of Excellence Program is sponsored by the School of Education at USD, the South Dakota Department of Education and is endorsed by Gov. Rounds. Participation in a school-sponsored gifted program is not mandatory, as many South Dakota schools do not provide those services.

More information on these camps, as well as application forms and the recommendation form, is available by contacting Nelson in the USD School of Education at (605) 677-6479 or via e-mail at gifted@usd.edu; or by visiting the camp Web site at www.usd.edu/gifted.

SDSU Alumni Group Now Looking For Outstanding Individuals

BROOKINGS — The South Dakota State University Alumni Association is asking for nominations of individuals who deserve recognition from their alma mater.

The association encourages nominations for eight categories: Service to SDSU; Service to South Dakota; Service to Home Community; Service to the Alumni Association; Service to Education; Professional Achievement; Non-Alumnus Award for Service to South Dakota; and Young Alumni. Descriptions and a nomination form can be found at www.statealum.com using the search term "DA Nomination form".

The nomination deadline for the awards is June 1. A committee of 10 individuals that include SDSU alumni and university repre-

sentatives will review nominations and announce the recipients in August.

This elite group of alumni will be honored for their accomplishments and achievements at the Distinguished Alumni Awards Banquet on the eve of Hobo Day. The honored individuals join the other 286 distinguished alumni as part of the Sherwood O. Berg Distinguished Alumni Hall of Honor in the Tompkins Alumni Center.

Interested people wanting more information about nominating an individual should contact the SDSU Alumni Association at the Tompkins Alumni Center at 605-697-5198 or toll free at 888-735-2257 or email at alumni@statealum.com.

Birthday Celebration For Jazz Artists Set For April 16

A birthday celebration honoring the great players of jazz music with April birthdates will be held from 6-7:30 p.m. on Thursday, April 16, at UpBeat Studio, Yankton. An educational presentation and discussion will be held while light refreshments are served.

Some of the lives being celebrated include: Duke Ellington, Ella Fitzgerald, Johnny Dodds, Billie Holiday, Charles Mingus, Lionel Hampton, Tito Puente, and Herbie Hancock.

UpBeat Studio of Yankton is sponsoring this community event as part of a series of free jazz events scheduled during Jazz Appreciation Month. Classes and lessons in jazz and other forms of music are held throughout the year. For more information and the schedule of upcoming events, visit www.upbeatstudio.com or call 668-9012.

If you would like more information about this topic, or other upcoming events in this series, call Rebecca Dodds at 605/668-9012 or e-mail Rebecca at rebecca@upbeatstudio.com

Tripp Receives \$759,712 Disaster Recovery Grant

From P&D Staff Reports

TRIPP — The City of Tripp will receive a \$759,712 Disaster Recovery Project Grant, according to U.S. Rep. Stephanie Herseth Sandlin (D-S.D.).

Administered by the U.S. Department of Commerce Economic Development Administration (EDA), this grant will be used for the construction of storm water control infrastructure.

"By helping the city prepare for future flooding, this grant will ensure that lives in Tripp are not interrupted by flooding

and the city doesn't spending valuable resources on costly repairs," Herseth Sandlin said. "Ultimately, this critical investment supports ongoing economic development in Tripp."

According to the Economic Development Administration, this investment will be used to construct storm sewer and street infrastructure to protect businesses and the public school in the city of Tripp from future flooding and closures like those of 2008.

Although flooding has long been a problem in the city, this project will strengthen its economic development.

YCTC Looking For Young Artists For Design Contest

Yankton Children's Theatre Company is looking for young artists between ages 5-18 to enter its "Design Contest." Design the cover of the program for the upcoming production of "Henry and Ramona."

Designs must be on 8 1/2- x 11-inch paper, use pencil and/or black Sharpie ONLY, bold lines work best (Small detail will be lost) and NO WORDS. Put your first and last name, age, parent's name, and phone number on the

back of each entry.

Prizes are:

- Design used for printed program for the show
- 2 free tickets to the show
- Gift basket including: Gift certificate to Carmike Theatre, Dairy Queen Blizzard, \$5 McDonald's Gift Card, and a free t-shirt from the show.

Designs must be mailed to Design Contest, 906 West 12th Street, Yankton, S.D. 57078 by April 15.

"Looking out for others~ that's what Dennis Daugaard does best."

~ Linda Mickelson Graham

For nearly 25 years, Dennis Daugaard devoted himself to improving the lives of abused and neglected children at Children's Home Society. While serving on their board, I've seen firsthand what a great leader Dennis has been.

During his five years as a fellow board member, Dennis helped eliminate all debt at Children's Home. As Executive Director, he expanded operations, added facilities, met payroll, and managed over 300 employees on both sides of the state. He grew Children's Home seven-fold. And he led the establishment of a self-sustaining endowment of over \$30 million to help fund Children's Home programs. Through these efforts, Dennis has safeguarded the future for Children's Home, and for the children who need its help.

Dennis Daugaard has made taking care of others his life's work. That's what makes him a great leader, and that's what will make him a great Governor for South Dakota.

~ Linda Mickelson Graham
Children's Home Society Board Member

Dennis DAUGAARD FOR GOVERNOR

www.DennisForGov.com

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