

COOKING CLASSES



KIDS COOKING

Treat your kids to the re-emerging lost art of cooking and they will find out just how much fun cooking can be. In our two-week classes, kids will learn basic cooking along with other advanced culinary skills in a "hands on" setting that emphasizes teamwork and nutritional concepts. The instructors will provide all food and materials.

SESSION I (June 14-June 24)

☺Cooking with Mommy/Daddy

Cooking can be a great way to bond. This basic cooking course is designed for parents to assist their children in learning the fundamentals of cooking.

DAY: Monday (June 14 and 21)
(2910.010)

LOCATION: Summit Activities Center
FEE: \$12.00 plus tax
TIME: 12:00-1:00 p.m.
AGES: 3-5 years

Growing Gourmets

A sweet tooth is required for this cooking class! Make your own popsicles, practice cookie decorating and much, much

more! Growing Gourmets is a great class for beginning chefs. Kitchen safety and basic cooking skills will be taught.

DAY: Tuesday (June 15 and 22)
(2910.011)

LOCATION: Summit Activities Center
FEE: \$12.00 plus tax
TIME: 12:00-1:00 p.m.
GRADES: 6-7 years

Chefs in Training

Get your child involved in the kitchen while they enjoy making easy hands-on recipes. Kids will enjoy eating and having fun while developing basic cooking skills and learning kitchen safety. Come learn how to make easy snacks and meals that don't require help from mom and dad!

DAY: Wednesday
(June 16 and 23)
(2910.012)

LOCATION: Summit Activities Center
FEE: \$12.00 plus tax
TIME: 12:00-1:00 p.m.
GRADES: 8-9 years

Summertime Chefs

Getting children involved in preparing their own meals is a wonderful way to allow them to become more independent. This class will teach kids how to read recipes, measuring ingredients and good nutrition while preparing delicious snacks and meals.

DAY: Thursday (June 17 and 24)
(2910.013)

LOCATION: Summit Activities Center
FEE: \$12.00 plus tax
TIME: 12:00-1:00 p.m.
GRADES: 10 years and up

SESSION II (July 26-28)

AROUND THE WORLD COOKING

Around the world cooking classes are designed to give young people real, in-depth, hands-on experience as well as exposure to a wide selection of ingredients, recipes, techniques, equipment and cultures. Travel the world with your tastes buds as we explore Mexican, Italian and Chinese food.

Mexican Cooking

Que comida bueno! What great food! Nachos, Tacos and more on this Mexican Food Adventure.

DAY: Monday (July 26)
(2910.014)

LOCATION: Summit Activities Center
FEE: \$10.00 plus tax
TIME: 10:30 a.m.-12:00 p.m.
GRADES: 8 years and up

Italian Cooking

Enire 11 cuoco! Come cook with us! Learn how to make your own pasta! We will learn about Italian cuisine while making pasta and other dishes!

DAY: Tuesday (July 27)
(2910.015)

LOCATION: Summit Activities Center
FEE: \$10.00 plus tax
TIME: 10:30 a.m.-12:00 p.m.
GRADES: 8 years and up

Chinese Cooking

Come learn how to make your own potstickers! Enjoy fried rice, egg rolls, fortune cookies and more! Also learn how to use chopsticks!

DAY: Wednesday (July 28)
(2910.016)

LOCATION: Summit Activities Center
FEE: \$10.00 plus tax
TIME: 10:30 a.m.-12:00 p.m.
GRADES: 8 years and up



Upbeat Studio's Rebecca Dodds
Alum. of Berklee College of Music
BA Psych. 15+ Years Experience

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All Ages & Abilities!

Upbeat Studio 805 Locust, Yankton **605.668.9012**

Music is good for brain development...Shhh!...Don't tell the kids!