

S. Dakota Boys' Track

REGION MEETS — May 19

REGION 4A, Lennox: Beresford, Dakota Valley, Elk Point-Jefferson, Vermillion, Viborg-Hurley
REGION 5A, Wagner: Bon Homme, Ethan-Parkston, Wagner
REGION 7A, Mission: Platte-Geddes

REGION 4B, Centerville: Alcester-Hudson, Centerville, Gayville-Volin, Irene-Wakonda, Marion, Parker
REGION 6B, Freeman: Andes Central, Avon, Freeman, Freeman Academy, Marty, Menno, Scotland, Tripp-Delmont-Armour

STATE MEETS

Class A: May 27 at Trojan Field, Madison; May 28 at Howard Wood Field, Sioux Falls

Class B: May 27-28 at Howard Wood Field, Sioux Falls

Alcester-Hudson

HEAD COACH: Brian Haak (5th year)

ASSISTANTS: LeeAnn Haisch, Steve Hale, Shannon Hames

VITALS: Class B, Region 4, Tri-Valley Conference

RETURNING LETTERWINNERS: Dilyn Thompson (Sr.), Casey Skoglund (Sr.), Nathan Johnson (Sr.), Keith Berg (Sr.), Derek Schuller (Sr.), Dylan Kratochvil (Sr.), Ty Schoellerman (Sr.), Sawyer Jacobsen (Sr.), Tyler Fuchs (Sr.), Alec Rus (Sr.)

ASSESSMENT: The Cubs will boast an experienced group this season, highlighted by their six seniors who know what it takes to compete in the TVC and in Region 4B. The mid-distance races look to be especially strong for Alcester-Hudson.

"We have a great group of senior boys, and we also have kids who are ready to work," Haak said. "We'll have to stay healthy and improve from week to week."

Andes Central

HEAD COACH: Cliff Johnson (3rd year)

ASSISTANT: Cody Svatos

VITALS: Class B, Region 6B, Little Missouri Valley Conference, Fort Randall Conference, Great Plains Conference, South Central Conference

LAST YEAR: The Eagles graduated a quartet of athletes who qualified for the state meet, highlighted by USD recruit Cody Snyder — a state shot put and discus champion.

RETURNING LETTERWINNERS: Colton Florey (Sr., 2nd in high jump at state), Grant Petrik (Sr.), Stephen Courmoyer (Sr.), Connor Florey (Sr.), Tommy Gravatt (Sr.), Alex Evans (Sr.), Trevor Deumier (Sr.), Nupt Little Owl (Sr.), Esteban Rodriguez (Sr.)

NEWCOMERS: Travis Bechen (Sr.), Colton Archambeau (Sr.), Tristan Scott (Sr.), Aaron Trovold (Sr.), Nazereth Alcaraz (Sr.), Brian Bruguier (Sr.)

ASSESSMENT: Andes Central will be looking to build on last year's sixth-place finish at the Class B state meet. And even though they lose a state champion, the Eagles return plenty of talent to do just that.

Colton Florey leads a group of three returning state qualifiers, with Petrik (triple jump) and Courmoyer (800-meter run). They will be joined by a strong class of juniors and six other newcomers who will only strengthen the team.

Avon

HEAD COACH: Brad Poppe

ASSISTANT: Matt Yost

VITALS: Class B, Region 6B

LAST YEAR: Trace Tjeerdsma finished seventh in the 3200 meter run while he, Nick Poppe and Jackson Power earned sixth in the 1600 meter relay at the state meet.

RETURNING LETTERWINNERS: Chris Jerke (Sr.), Trace Tjeerdsma (Sr.), Jackson Powers (Sr.), Nick Poppe (Sr.), Luke VanGerpen (Sr.), Taylor Mudder (Sr.), Brandon Koamich (Sr.), Nick Metter (Sr.), Josh Knodel (8th), Jacob Knodel (8th)



AVON: Senior Trace Tjeerdsma placed seventh in the Class B 3200 run and was a relay regular for the Pirates last year.

NEWCOMERS: Derek Cihak (Sr.), John Wynia (Sr.), Jonah Sturgeon (Sr.)

ASSESSMENT: After losing just one runner from last season, the team will have a lot of experience. Their strengths will be their good work ethic and their determination for success. With a small roster, the team will need to stay healthy and injury-free.

Beresford

HEAD COACH: Matt Coy (3rd year)

ASSISTANTS: Scott Ebert, Pam Conklin, Rob Wilson, Mikala Zimmerman, Mike Radke, Dustin Mees

VITALS: Class A, Region 4, Big Sioux Conference

LAST YEAR: The Watchdogs ended last season with a sixth place finish in the conference and in a tie for ninth at the state meet. Kyle McKelvey is the back-to-back state champ in the shot put and returns for

what could be a record-breaking senior season

RETURNING LETTERWINNERS: Kyle McKelvey (Sr.), Holden Cotton (Sr.), Madison Landeen (Sr.), Cody Carlson (Sr.), Sebastian Holzman (Sr.), Jon Mochel (Sr.), Austin Carlson (Sr.), Jared Truman (Sr.)

PROSPECTS: Keegan Nordquist (Sr.), Heston Erickson (Sr.), Hayden Palmer (Sr.), Craig Fatherlos (Sr.), Ryan Zweifel (Sr.), Taylor Olson (Sr.), Morgan Harris (Sr.), Nick Antonson (Sr.), Sam Wyatt (Sr.), Thaine Sira (Sr.), Patrick Hyberston (Sr.), Karl Mann (Sr.), Logan Olsen (Sr.), Riley Schaap (Sr.), Kory Diefendorf (Sr.), Tarin Falberg (Sr.), Brenten Niles (Sr.), Brad Bogue (Sr.), Austin Meester (Sr.), Ben Houser (Sr.)

ASSESSMENT: The Watchdogs have an outstanding group coming back led by McKelvey as he looks for third straight shot put title. The prospects will play a significant role in the rest of the make up to this Beresford team.

"Our numbers are strong this year and the coaches will have a large talent pool to experiment with early in the season," Coy said. "If we can stay focused on our training and never lose sight of our team goals — it should carry us through the season."

Bon Homme

HEAD COACH: Bryon Pudwill (28th year)

ASSISTANTS: Rusty Roland, Troy Goehring, Jason Hein

VITALS: Class A, Region 5A

LAST YEAR: Michael Ruppelt, Jared Van Winkle and Tad Schuurmans each brought home state medals for the Cavaliers. The three athletes helped Bon Homme reach a third place finish in the conference.

RETURNING LETTERWINNERS: Lance Ranek (Sr.), Tad Schuurmans (Sr.), Doug Vanecek (Sr.), Jared Van Winkle (Sr.), Nathan Bares (Sr.), Charlie Bentzen (Sr.), Travis McDonald (Sr.), Scott Ulmer (Sr.), Kodi Larson (Sr.)

ASSESSMENT: The Cavaliers

have plenty of experience returning as Schuurmans looks to defend his state championship in the triple jump. Bon Homme has a good mix of upper and lowerclassmen.

"We have some good speed and leadership returning," Pudwill said. "We're excited about the 2011 track season."

"We are expecting good things."

Centerville

HEAD COACH: Dan Evans (23rd year)

ASSISTANT: Doug Edberg

VITALS: Class B, Region 4, Tri-Valley Conference

LAST YEAR: The Tornados graduated three athletes, highlighted by Jack Foley who placed at state in the 200 and 400.

RETURNING LETTERWINNERS: Dan Smit (Sr.), Richard

Buehler (Sr.), Britt Ostrum (Sr.), Peter Voog (Sr.), Jacob Hofer (Sr.), Dakota Collins (Sr.), Luke Abbas (Sr.)

NEWCOMERS: Seamus O'Malley (Sr.), Josh De Raad (Sr.), Darren Hybertson (Sr.)

ASSESSMENT: A smaller roster for Centerville will look to the leadership of Smit and the other experienced athletes. Collins looks to have a strong season in the pole vault.

"We are small in numbers, but we're hoping to get a few guys to state," Evans said.

Dakota Valley

HEAD COACH: Vince Tucker (4th year)

ASSISTANTS: Erin Benson, Tammy Lilly, Shelly Richou

VITALS: Class A, Region 4, Big Sioux Conference

LAST YEAR: The team earned a fourth place finish at the state meet last season and graduated only one senior, Matt Green. Green took home four state medals including first in the 400 and 1600-meter relay events, as well as second in the 800 relay event and sixth in the 200.

RETURNING LETTERWINNERS: Matt Lupkes (Sr.), Zack Sexton (Sr.), Taylor White (Sr.), Evan Hendricks (Sr.), Scott Dykstra (Sr.), Joe Pham (Sr.), Landon Johnson (Sr.), Shawn Kerr (Sr.), Brody Beach (Sr.), Andrew Reiff (Sr.), Colton Mahler (Sr.)

ALSO RETURNING: Adam Brand (Sr.), Nate Glanzer (Sr.), Tyler Tracy (Sr.), Taylor Lambert (Sr.), Tanner Lambert (Sr.), Devon Lewis (Sr.), Austin Lewis (Sr.), Nick Buckley (Sr.)

NEWCOMERS: Sean Clausen (Sr.), Justin Ruby (Sr.), Alex Fernando (Sr.), Cody Sexton (Sr.), Graham Bacon (Sr.), Jason Lupkes (Sr.)

ASSESSMENT: The team has several returning letterwinners that have state experience that will lead the team and fill in for the loss of Green. The younger athletes will have the opportunity to contribute more to the team.

"We have great depth this year, several younger athletes that can fill in nicely in relays and other areas," Tucker said. "I am looking forward to the upcoming track season to see the progression of our athletes."

Elk Point-Jefferson

HEAD COACH: John Wayne Kalda (2nd year)

ASSISTANTS: Toni Hall, Matt Luze, Justin Clercx

VITALS: Class A, Region 4, Big Sioux Conference

LAST YEAR: The team's 1600 meter relay qualified for the state tournament and in his last season, Adam Trudeau placed eighth at state in the 400 meter run. Tyler Broekemeier also graduated and is currently playing football at Concordia University.

TOP PROSPECTS: Kyle Barnes (Sr.), Alex Dawdy (Sr.), John Hasenbank (Sr.), Tony Metzger (Sr.),

Brody Elkins (Sr.), Tyler Koupal (Sr.), Mike Wurtz (Sr.), Brock Zeller (Sr.)

ASSESSMENT: It's a small roster this season, but with dedication and leadership from the veterans, the team can have a successful season.

"With the right mentality from what I have seen so far, this team could have a very positive year," Kalda said. "With so many new faces, it is hard to see where everyone will fit in early on."

Ethan-Parkston

HEAD COACH: Craig Bruening

ASSISTANTS: Rob VanLaecken, Shawn Spurrell, Nicole Lingemann, Katrina Jarding

VITALS: Class A, Region 5

LAST YEAR: Ethan-Parkston saw two state qualifiers in Matt Tuttle and Anthony Huber, who both threw the discus. Huber threw himself in a ninth place finish in the state meet as a freshman.

RETURNING LETTERWINNERS: Payton Monson (Sr.), Taylor Schoenfelder (Sr.), Dave Schoenfelder (Sr.), Tyler Hohn (Sr.), Jesse Thuringer (Sr.), Kyle Hohn (Sr.), Kyle Polloresz (Sr.), Beau Dundas (Sr.), Nick Bader (Sr.), Cody McBrayer (Sr.), Kendall Lindeman (Sr.), Anthony Huber (Sr.)

ASSESSMENT: The one thing that Ethan-Parkston might have trouble with this season is the lack of numbers on the team. Health will be one of the top concerns for them throughout the season.

Freeman

HEAD COACH: Rory Hermsen (17th year)

VITALS: Class B, Region 6, Cornbelt Conference

LAST YEAR: The Flyers finished in fourth place in the conference meet and improved to a third place finish at the region meet. Trey Waltner took home a third place medal in the 300 meter hurdles.

RETURNING LETTERWINNERS: Chet Hermsen (Sr.), Trey Waltner (Sr.), Slade Mutchelknaus (Sr.), Bryce Saylor (Sr.), Sydney Baker (Sr.), Andrew Munkvold (Sr.), Grant Preheim (Sr.), Joseph Weier (Sr.)

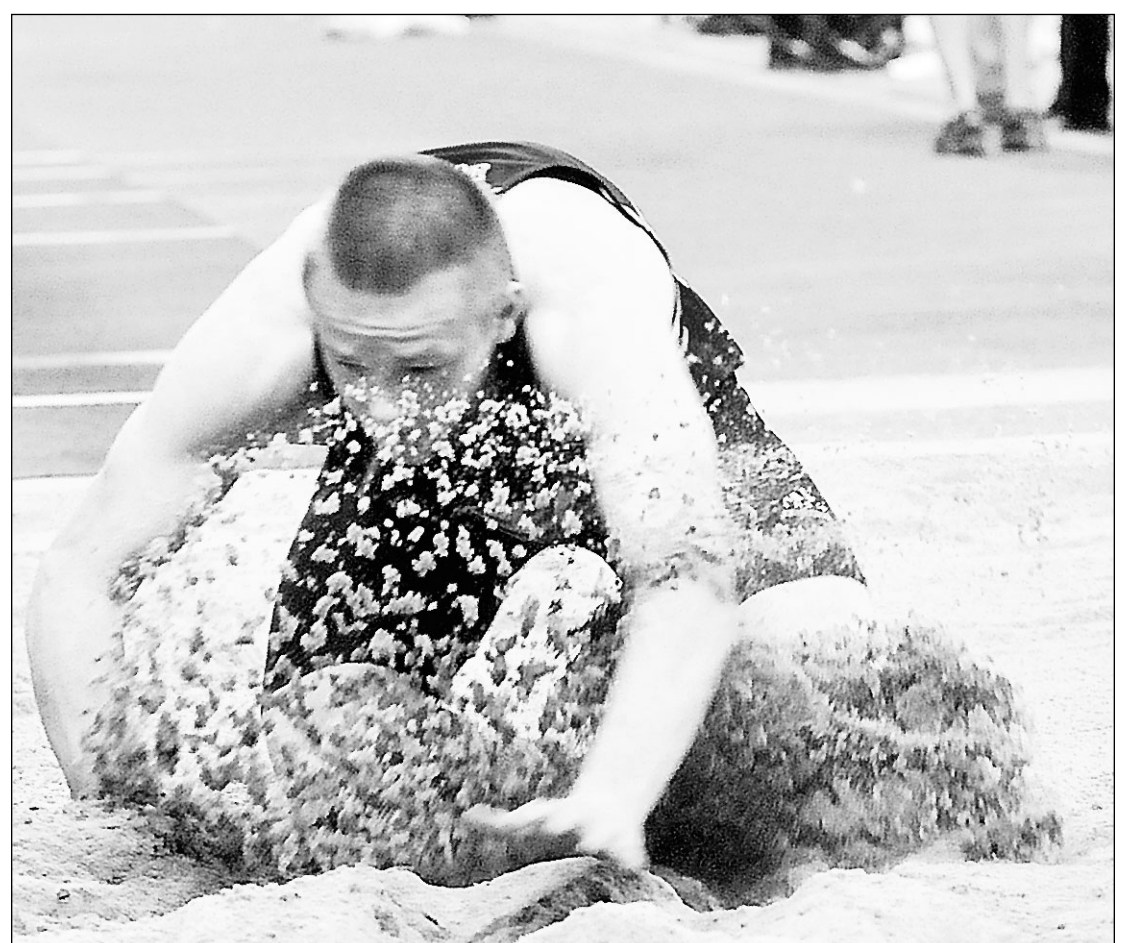
ALSO RETURNING: Tristan Ashwell (Sr.), Cyrel Blalock (Sr.), Alex Eisenbeis (Sr.), David Hofer (Sr.), Nick Hora (Sr.), Dalton Kotolik (Sr.), Jessie Kotolik (Sr.), Eric Munkvold (Sr.), Cody Palmer (Sr.), Cole Paulson (Sr.), Chet Peterson (Sr.), Jordan Rinehart (Sr.), Cody Roth (Sr.), Josh Roth (Sr.), Zachery Roth (Sr.), Dustin Saarie (Sr.), Avery Sage (Sr.), Jacob Smith (Sr.), Jackson Vetch (Sr.), Cole Waldhauser (Sr.), Nick Watson (Sr.)

ASSESSMENT: Freeman will look to its returning athletes to provide leadership roles for the underclassmen. The Flyers do have many returners which should make for some good competition for spots.

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ANDES CENTRAL: Junior Connor Florey got his 2011 season off to a bang, winning the triple jump and finishing fourth in the long jump at the Dan Lennon Invitational March 29 at the DakotaDome in Vermillion.

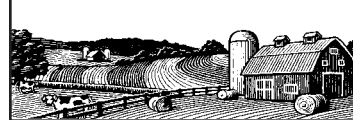


DAKOTA VALLEY: Senior Matt Lupkes was Class A runner-up in the long jump and part of the Panthers' state champion 1600 relay squad at the state meet a year ago, helping the Panthers finish fourth in the state as a team.

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