

SD Boys

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Elk Point-Jefferson

COACH: John Wayne Kalda (3rd year)
ASSISTANTS: Toni Hall, Matt Luze, Justin Clercx
VITALS: Region 4A, Big Sioux Conference
RETURNING LETTERWINNERS: John Hasenbank (Sr., sprints), Alex Dawdy (Jr., distance), Brody Elkins (Jr., sprints), Tony Metzger (Jr., sprints), Bryce Kelly (Jr., sprints/jumps), CJ Geary (So., sprints/distance/discus)
TOP PROSPECTS: Joe Hasenbank (Jr.), Nate Raush (Jr.), Thomas Frisbee (Jr.), Daniel Rpggenbaur (So.), Austin Shatswell (So.), Hunter Paulson (Fr.), Cody Davis (Fr.), Zach Gross (Fr.), Chris Johnson (Fr.), Lukas Orsling (Fr.), Jim Smith (Fr.), John Schuh (Fr.)

Ethan-Parkston

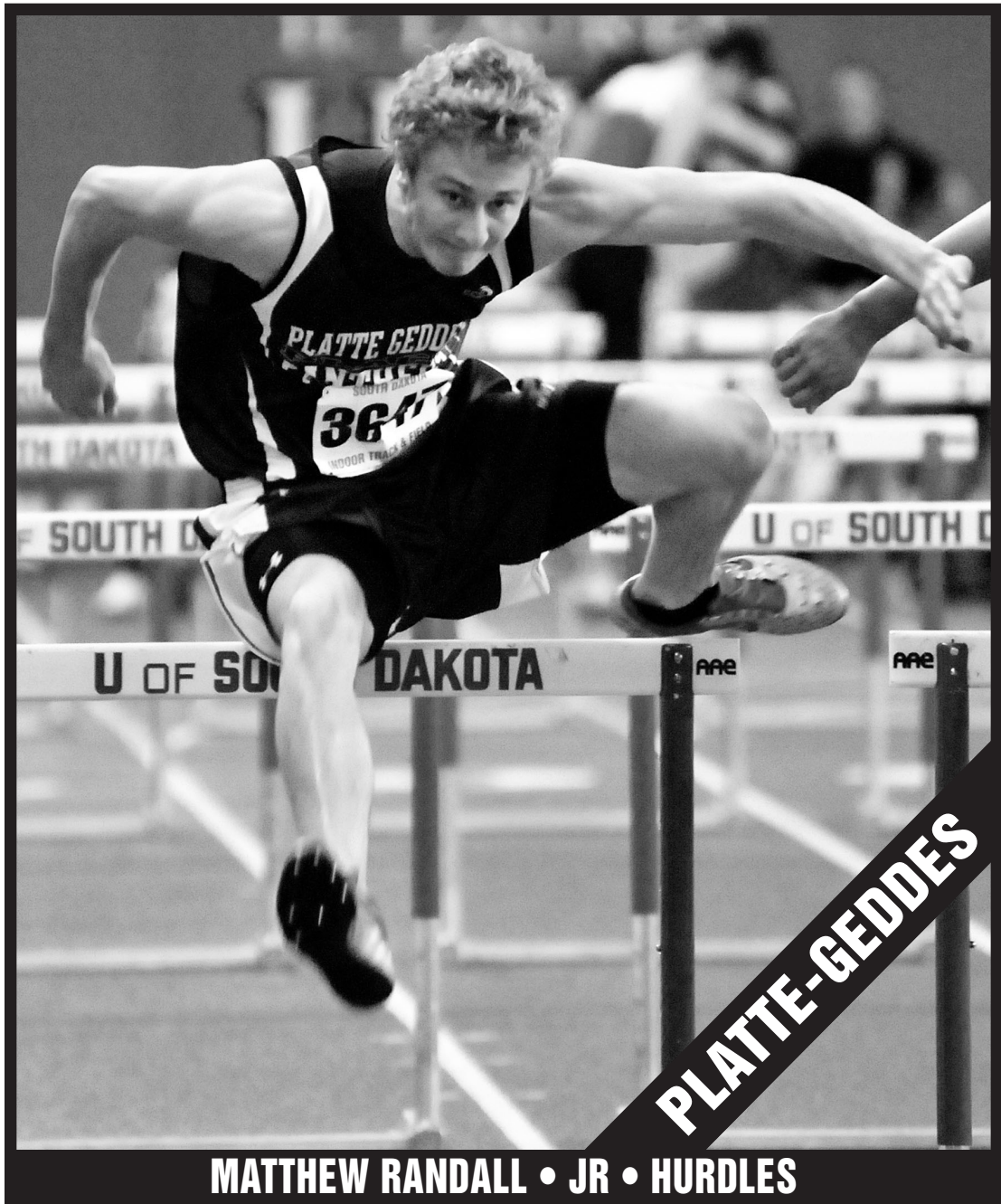
COACH: Craig Bruening (4th year)
ASSISTANTS: Rob Van Laecken, Shawn Spurrell, Nicole Van Leur, Katrina Jarding
VITALS: Region 5A, Little Missouri Valley Conference, Southeast South Dakota Conference
LAST YEAR: Anthony Huber placed fifth at state in the discus. Henry Wegehaupt was sixth at state in the pole vault.
RETURNING LETTERWINNER: Anthony Huber (Jr., throws), Jesse Thuringer (Jr., sprints), Payton Monson (Sr., sprints), Kendall Lindeman (Sr., sprints), Tyler Hohn (Jr., Distance), Kyle Hohn (Jr., distance), Dave Schoenfish (Sr., distance), Henry Wegehaupt (Jr., pole vault)
TOP PROSPECTS: Daniel Clements (Jr., relays), Kyle Schnabel (Fr., relays), Nick Zolnowsky (Fr., relays)

Freeman Academy

COACH: Suzanne Koerner (4th year)
ASSISTANT: Craig Miller
VITALS: Region 4B, Tri-Valley Conference
RETURNING LETTERWINNERS: Caleb Glader (Sr.), Chris Miller (Jr.), James DeJarnette (Jr.), Cole Hofer (So.), Tristan Ashwell (So.)
TOP PROSPECTS: Matthew Graber (So.), Gabriel Eisenbeis (So.)

Freeman

COACH: Rory Hermesen (20th year)
ASSISTANTS: Aimie Mors, Curt Sage, Chris Maske
VITALS: Region 4B, Cornbelt Conference
RETURNING LETTERWIN-



MATTHEW RANDALL • JR • HURDLES

TERS: Slade Mutchelknaus (Sr., distance), Bryce Saylor (Sr., sprints), Andrew Munkvold (Jr., pole vault), Jordan Rinehart (Jr., sprints), Grant Preheim (So., jumps), Joseph Weier (So., sprints), Cole Paulson (Fr., sprints), Cody Roth (Fr., distance)

TOP PROSPECTS: Shaun Becker (Jr.), Caleb Lang (Jr.), Avery Sage (Fr.), Brennan Schmidt (Fr.), Cole Waldhauser (So.), Chet Peterson (So.), Josh Roth (Fr.)

Gayville-Volin

COACH: Larry Buffington (4th year)
ASSISTANTS: Abby Mueller, Tom Rice, Brittany Hauger, Tr-ever Jensen
VITALS: Region 4B, Tri-Valley Conference
LAST YEAR: John Guy won the Region 4B meet in both the shot and discus. The Raiders lost three letterwinners from last year's squad to graduation.
RETURNING LETTERWINNERS: Luke Buffington (Sr., throws), John Guy (Jr., throws), Zane Jensen (Jr., throws), Zach

Engen (Jr., jumps/hurdles), Alec Barta (Fr., long jump/mid-distance), Ryan Adams (Fr., jumps/sprints), Brandon Van Osdel (Fr., pole vault/long jump/mid-distance)

TOP PROSPECTS: Alex Wolhoy (Sr., pole vault/mid-distance), DJ Hawthorne (Jr., long jump/sprints)

Irene-Wakonda

COACH: Brent Mutchelknaus (26th Year)
ASSISTANTS: Landra Knodel, Bridget Sees, Mike King
VITALS: Region 4B, Tri-Valley Conference
LAST YEAR: The Eagles were Tri-Valley Conference champions, Region 4B runner-up, and 10th overall at the Class B state meet. Scott Davis placed eighth in the shot put at state, Sam Kiger was sixth in the discus, Dustin Livingston placed second in the pole vault, Garrett Anderson was eighth in the pole vault, Jake Vollmer placed seventh in the 3200 meter run, and the Eagles only lose one letterwinner to graduation.
RETURNING LETTERWIN-

TERS: Scott Davis (Sr., throws/sprints), Brian Huth (Sr.), Sam Kiger (Sr., throws), Luke Schroeder (Sr., pole vault), Dillon Buchanan (Jr.), Lucas Gustad (Jr.), Trevor Hansen (Jr.), Chris Heirigs (Jr.), Dustin Livingston (Jr., pole vault/sprints), Jake Vollmer (Jr., distance), Garrett Anderson (So., pole vault/hurdles/sprints), Kevin Hinseth (So.), Jack Johnson (Fr.)

TOP PROSPECTS: Jesse Gustad (Fr.), Skyler Heirigs (Fr.), Matt Nelson (Fr.), Levi Zavala (Fr.), Max Schaefer (Jr.)

Marion

COACH: Jerry Kippes (27th year)
ASSISTANT: John Kippes
VITALS: Region 4B, Cornbelt Conference
LAST YEAR: The Bears placed sixth at conference and lost two letterwinners from last year's team. Brady Viet was fifth in the 200 and eighth in the 400 at the Class B state meet as a junior.

RETURNING LETTERWINNERS: Brady Viet (Sr., sprints), Nick Gortmaker (So., sprints/jumps), Jason Kaufman (So., distance)

TOP PROSPECTS: Dylan Cotton (Sr., sprints), Andrew Grassi (Jr., sprints), Jordan Tunge (Jr., sprints), Brandon Goosen (So., throws), Andrew Nelson (So., throws), Lincoln Langerock (Fr., throws), Dylan Opdahl (Fr., distance)

Menno

COACH: Ken Bruckner (5th year)
ASSISTANTS: Cindee Evenson, Ryan Liebl, Lee Guthmiller
VITALS: Region 6B, Cornbelt Conference
LAST YEAR: Ben Fischer placed seventh in the pole vault at the Class B state meet.
RETURNING LETTERWINNERS: Cody Herrboldt (Sr.), Tyrell Bertsch (So.), Dylan Lehr (So.), Matt Preszler (So.), Austin Herrboldt (Fr.)

TOP PROSPECTS: Dustin Lehr (Fr.), Caleb Preszler (Fr.), Parker Schultz (Fr.), Alex Ulmer (Fr.), Andrew Schaeffer (8), Jack-son Diede (8), Logan Lehr (8)

Parker

COACH: Phil Bjorneberg
ASSISTANTS: Eliza Lebloux, Derrek Sattler, Jill Christensen
VITALS: Region 4B
LAST YEAR: The Pheasants placed seventh as a team at the Class B state meet, led by their mid-distance and distance runners. Duane Jongeling placed in four events at the 2011 state meet as a sophomore, including third place finishes in both the 1600 and the 3200. Cody Bussell tied for fifth in the high jump as an eighth-grader.
RETURNING LETTERWINNERS: Cedric Hay (Sr., sprints),

S.D. STATE IN-SEASON QUALIFYING MARKS

GIRLS	A		B	
	HAND	FAT	HAND	FAT
100 METERS	12.9	13.12	12.9	13.07
200 METERS	26.9	27.14		27.56
400 METERS	1:01.6	1:01.83	1:01.6	1:01.83
800 METERS	2:28.7	2:28.94	2:28.4	2:28.63
1600 METERS	5:34.6	5:34.64	5:34.4	5:34.80
3200 METERS	12:17.0	12:17.18	12:32.0	12:32.19
100 HURDLES	15.9	16.07	16.5	16.70
300 HURDLES	48.7	48.89	49.4	49.55
400 RELAY	52.2	52.36	52.7	52.91
800 RELAY	1:50.1	1:50.33	1:51.5	1:51.31
1600 RELAY	4:15.8	4:16.04	4:17.9	4:18.06
3200 RELAY	10:14.1	10:14.25	10:22.7	10:22.87
MEDLEY RELAY	4:33.1	4:33.31	4:33.0	4:33.21
SHOT PUT	36-9		35-9	
DISCUS	113-7		110-8	
HIGH JUMP	4-11		4-11	
LONG JUMP	16-0		15-10	
TRIPLE JUMP	34-1		33-5	
POLE VAULT	8-6		8-3	

BOYS	A		B	
	HAND	FAT	HAND	FAT
100 METERS	11.2	11.42	11.3	11.54
200 METERS	23.3	23.42	23.6	23.79
400 METERS	51.5	51.65	52.4	52.63
800 METERS	2:03.6	2:03.75	2:04.8	2:05.01
1600 METERS	4:38.8	4:38.96	4:44.4	4:44.60
3200 METERS	10:24.4	10:24.64	10:31.0	10:31.19
110 HURDLES	15.8	15.95	16.1	16.33
300 HURDLES	42.2	42.42	43.0	43.18
400 RELAY	45.7	45.88	46.0	46.23
800 RELAY	1:33.6	1:33.81	1:36.4	1:36.60
1600 RELAY	3:33.8	3:33.82	3:38.5	3:38.68
3200 RELAY	8:34.0	8:34.22	8:40.1	8:40.26
MEDLEY RELAY	3:47.2	3:47.38	3:51.1	3:51.26
SHOT PUT	50-1		46-2	
DISCUS	151-11		135-3	
HIGH JUMP	6-1		5-11	
LONG JUMP	20-8		20-3	
TRIPLE JUMP	42-4		40-9	
POLE VAULT	11-6		11-3	

Matt Mielke (Sr., mid-distance), Seth Olson (Sr., mid-distance), Duane Jongeling (Jr., mid-distance), Blake Reynolds (Jr., jumps/sprints), Tristen Erickson (So., jumps/sprints), Adam Harms (So., throws), Eric Hunstad (So., hurdles), Michael Olson (So., mid-distance), Ryan Olson (So., mid-distance)

TOP PROSPECTS: Seth Dykstra (Jr., sprints), Justice Verhey (Sr., sprints/discus), Jake Anderson (So., jumps/sprints), Alec Bremer (So., throws), Chase Swearingen (So., throws), Tristan Tupy (So., mid-distance), Jacob Williams (So., throws), Deion Beardempl (Fr., distance), Aaron Licht (Fr., throws/sprints), Laine Linneweber (Fr., sprints), Zach O'Keefe (Fr., sprints), Dorian Verhey (Fr., sprints/mid-distance)

Platte-Geddes

COACH: Regan Holleman (2nd year)
ASSISTANTS: Christa Peterson, Darren DeNeui
VITALS: Region 5A, Southeast South Dakota Conference
LAST YEAR: Keegan Ringling led the Black Panthers with a fourth place finish in the 800 at the Class A state meet as a junior.

RETURNING LETTERWINNERS: Trey Alberta (Sr.), Darren Daum (Sr.), Keagan Ringling (Sr.), Derek Steele (Sr.), Ty Wilkins (Sr.), Cody Wagner (Sr.), Cheyenne VandenBos (Sr.), Cooper Kemnitz (Jr.), Larry Moves Camp (Jr.), Matthew Randall (Jr.), Drew Turnis (Jr.), Kole Heller (So.), Sid Holter (So.), Bailey Olson (So.)

Scotland

COACH: Gary Pepper (35th year)
ASSISTANTS: Marry Ellen Luikens, Ryan Bruns
VITALS: Region 6B, Little Missouri Valley Conference, Southeast South Dakota Conference
LAST YEAR: The Highlanders lost six letterwinners from last season to graduation.
RETURNING LETTERWINNERS: Ryan Auch (Sr.), Garrett Kotalik (Jr.), Tim Sternhagen (Sr.), Jared Kloucek (Jr.), Tim Bodden (8)

TOP PROSPECTS: JT Kass (Sr.), Ronnie Bodden (So.), Josh Kass (So.), Bronson Baker (Fr.), Shaye Bloch (Fr.), Blake Konstanz (Fr.), Jeremy Rowe (Fr.), Sawyer Schmitz (Fr.), Dan Stibral (Fr.), Mason Weisser (Fr.)

Tripp-Delmont-Armour

COACH: Rob Weber (4th year)
ASSISTANT: Barb Dozark
VITALS: Region 6B, Little Missouri Valley Conference, Great Plains Conference
RETURNING LETTERWINNERS: Zach Kriz (Sr., throws),

Reece Weber (Sr., throws), Chris Cap (Sr., sprints/mid-distance), Trevor Payer (Jr., jumps/mid-distance), Clayton Lau (Fr., mid-distance)

TOP PROSPECTS: Drake Johnson (Sr., mid-distance), Nic Brunette (Jr., mid-distance), David Gregerson (So., mid-distance), Gunnar Dally (Fr.), Triston Gau (Fr.), Riley Harrington (Fr.), Hunter Harrington (Fr.)

Viborg-Hurley

COACH: John Nyhaug (31st year)
ASSISTANTS: Wendy Christiansen, Connie Nyhaug
VITALS: Region 4B, Tri-Valley Conference
LAST YEAR: The Cougars saw their 400 meter relay team place sixth at the Class B state meet. Tyler Gerdes placed seventh in the triple jump at state as a sophomore. They lost two letterwinners to graduation.
RETURNING LETTERWINNERS: Dennis DeNeui (Sr., relays), Matt Jensen (Sr., sprints), Matt Johnson (Sr., distance), Ryne Kludt (Sr., sprints/jumps), Seth Engen (Jr., distance), Tyler Gerdes (Jr., jumps/sprints), Andrew Hora (Jr., mid-distance), Trevor Jacobsen (Jr., sprints), Tyler Novak (Jr., sprints), Lane Van Hull (So., distance), Layne Meyers (Fr., distance), David Franker (Fr.), Austin Wurtz (Fr., throws)
TOP PROSPECTS: Cody Leber (Sr., throws), Stephen Wirth (Sr., throws/distance), Jack Huether (So., sprints/mid-distance)

Wagner

COACH: John Tyler (10th year)
ASSISTANTS: Jason Knebel, Joe Kafka, Matt Slaba
VITALS: Region 5A, Little Missouri Valley Conference, Southeast South Dakota Conference
LAST YEAR: The Red Raiders lost a number of athletes to graduation from last year's squad.
RETURNING LETTERWINNERS: Will Hollman (Jr.), Sage Zepher (Jr.), Tyler Dion (Jr.), Spencer Peters (Jr.), Chris Dulan (So.), Noah St. Pierre (So.), Dylan Brunsing (So.), David Kantner (So.), Nick Dion (So.), Andrew Soukup (Fr.)



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