



JAMES D. CIMBUREK/P&D

South Dakota's Hank Lentsch, right, flies over the final hurdle during the finals of the men's 110-meter hurdles at the Sioux City Relays on Saturday. Lentsch finished fourth in the event.

College

FROM PAGE 7

seconds. Freshman Erin Wetzstein finished in fourth with a clocking of 39:19.69 and senior Kristin Steffen (Crofton, Nebraska) was fifth in 39:39.86. Mount Marty's Jordyn Hudelson (Elk Point) was eighth in 19:59.81.

Making their debut in the 10,000-meter run were freshmen Aaron Breyer and Brice Cowman (Yankton). Breyer finished runner-up in 32:25.57 and Cowman took fourth in 32:42.98.

Sophomore Tyler Frank and freshman Alexis Clark both placed in the top-five of the high jump. Frank finished runner-up when he tied his career best height of 6-9. Clark cleared a new season best of 5-2 ¼.

In his return to competition after three weeks off the track, freshman Gawain Williams finished runner-up in the 100 dash with a time of 10.74 seconds.

Senior Rachel Weinandt (Yankton) placed fourth in the 800 meters with a time of 2:16.00.

Taking fifth in the triple jump was junior Connor Fitzsimmons (Yankton) with a leap of 43-4 ¼.

The Mount Marty women were led by VanDenBerg's runner-up finish in the triple jump. The senior posted a school-record mark of 38-4 1/4 to match Ethanity Dunn of Iowa Central, but she lost the tiebreaker. VanDenBerg previously held the MMC record with a mark of 37-6 1/2.

Mount Marty's Emily Boyle (Creighton, Nebraska) cleared a season-best 10 feet to tie for eighth in the women's pole vault. Team-mate Christina Herrboldt (Menno) tie for 10th, clearing 9-0 1/4.

Dordt's Lillie Koerner (Freeman) finished third in the 1,500, finishing in 4:49.38. Wayne State's Michaela Dendinger (Hartington, Nebraska) finished third in the hammer throw, hitting the NCAA Division II provisional standard in the event with a toss of 172-2.

The Coyote track and field teams next compete at the 106th annual Drake Relays, held in Des Moines, Iowa, April 23-25. MMC hosts its annual twilight meet on Wednesday at Williams Field in Yankton.

Mt. SAC Relays

WALNUT, Calif.—South Dakota senior Megan Glisar was the lone Coyote to compete on the final day of the 57th annual Mt. SAC Relays.

Glisar placed fifth in the high jump invitational, where her competition consisted of professional and elite athletes from around the world. Glisar cleared the opening height of 5 feet, 8 ¾ inches on her first attempt.

South Dakota graduate assistant Kenna Wolter was fourth in the invitational triple jump by leaping to a new career best of 44-2 ¾.

On Saturday, South Dakota freshman Jake David won his section of the pole vault and two school distance records were broken as the Coyote track and field teams competed on day two of the 57th annual Mt. SAC Relays.

David vaulted over 17 feet for the second time in his collegiate career on Friday. He cleared 17 feet, ¾ inches on his first attempt to solidify the win in the Open B section. Junior Peter Chapman took fourth in the same section at 16-6 ¾. In the women's pole vault, sophomore Emily Brigham and junior Hunter Wilkes both cleared 12-9 ½. Brigham finished fifth and Wilkes placed seventh in the Open B section based on attempts.

Senior Taylor Chapman and junior Katie Wetzstein both broke the school 1,500-meter run records.

Chapman jumped past Coyote alum Mike Gade in the all-time history books by running 3:47.64, a two second career best for Chapman. Gade has held the school

record of 3:48.45 for the event since 1998. Junior Isaac Allen also ran a career best in the 1,500 meters when he crossed the line in 3:56.58.

Wetzstein bettered her own record from earlier this season by .08 seconds. Wetzstein clocked a time of 4:24.19 to finish in sixth overall at the relays. Sophomore Nicole Schmidt also put a stamp on the record books when she recorded a new career best of 4:32.13, which ranks third all-time in school history.

Distance junior Kelsey Barrett dropped more than half a minute off her career best in the 5,000 meters to finish fifth in the Open C section. Barrett ran 16:36.74, a time that would have been a school record prior to junior Amber Eichkorn's 16:18.95 performance at the Texas Relays earlier this season.

Senior Lukas Bernard placed seventh overall in the 400 hurdles with a time of 52.51 seconds.

In the throws, senior Cody Snyder finished eighth among professional and elite athletes in the discus invitational. Snyder tossed the disc 186-3. Sophomore Danielle Waldner took ninth in the shot put with a toss of 46-11 ½.

The 4x400 relay of senior Amber Watson, freshman Shanice Cannigan, freshman Brooke Ireland and junior Analisa Huschle tagged up to win their heat in 3:43.97 seconds. The quartet ran the fastest time by any Coyote relay since 2008.

Competing unattached while redshirting the outdoor season, Madison Mills placed ninth in the Open A section of the pole vault after clearing the bar at 13-3 ½.

Beach Inv.

LONG BEACH, Calif.—Twice on back-to-back days, Coyote junior Katie Wetzstein broke her own school record in the 1,500-meter run to lead South Dakota at the Beach Invitational on Saturday.

Wetzstein took third overall at the meet when she crossed the line as the clock read 4 minutes, 22.62 seconds. This is her third time improving the record since she originally set it a year ago at the Mt. SAC Relays.

In the 3,000 steeplechase, junior Isaac Allen ran a new career best by crossing the line in 9:07.77 for third place.

Sophomores Mach Dojiok and Nicole Schmidt both won their respective heats of the 800 meters, set a new career best and moved into fourth all-time in school history. Dojiok clocked a time of 1:50.16 to finish ninth overall, while Schmidt ran a time of 2:11.22.

To cap off the distance performances, senior Taylor Chapman ran 3:50.87 for 1,500 meters.

Senior Cody Snyder (Lake Andes) was the top collegiate in the discus, tossing the disc 183-4.

In the 400 hurdles, senior Lukas Bernard won his heat and took third overall with a time of 52.11 seconds, just shy of his career best.

The Coyotes also had a strong showing in the men's and women's pole vault. Freshman Jake David cleared 17 feet again to take third overall. Junior Peter Chapman and senior Kevin Sarekhkhani both made it over 16 feet.

Competing unattached, Madison Mills led the women's pole vaulters in fourth place after she cleared 13-6 ¼. Freshman Hannah Meador also went over 13-6 ¼, a 10-inch career best, to place fifth based on attempts. In seventh, sophomore Emily Brigham jumped 13-0 ¼.

Sophomore Danielle Waldner took eighth in the shot put with a throw of 46-1 ¼.

Bryan Clay Inv.

AZUSA, Calif.—Three members of the Coyote track and field team competed at the Bryan Clay Invitational in Azusa, Calif., Friday.

In the triple jump, sophomore Ashley Thompson placed 12th with a leap of 38 feet, 9 inches. Freshman Collette Christensen jumped 37-1.

Sophomore Dustin Valind threw the disc 146-6 to finish 25th in a field of 64 athletes.



April 20 - 25, 2015

Tornado Drill - Wednesday, April 22 Watch @ 10 a.m. - Warning @ 10:15 a.m.

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- Go to the basement or a small interior room or hallway on the lowest level.
- In a small room or basement, get under something sturdy such as a heavy table or the staircase. AVOID the corners.
- STAY AWAY from the windows.

In Vehicles

- Abandon the vehicle immediately. Lie flat in a ditch, culvert or some other type of depression and remember to cover your head with your hands.
- Highway overpasses are NOT acceptable storm areas for a variety of reasons.

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