

SD S.D. PREP FOOTBALL

ALCESTER-HUDSON

COACH: Brian Haak (8th year)
VITALS: Class B, Region 3B, Tri-Valley
ASSISTANTS: Steve Hale, Randy Walth, Mike Seivert
LAST YEAR: The Alcester-Hudson Cubs are looking to take a step forward after an 0-8 season a year ago.
RETURNING LETTERWINNERS: Nathan Johnson (Sr.), Barry Wood (Sr.), Dillon Thompson (Sr.), Rick Heiman (Sr.), Lance Merrick (Sr.), Levi Merrick (Sr.), Tyler Tabbert (Sr.), Derrick Lundberg (Sr.)
ALSO RETURNING: Derek Schullen (Sr.), Adam Hughes (Sr.), Casey Skoglund (Sr.), Dylan Kratochvil (Sr.), Sawyer Jacobson (Sr.)
ASSESSMENT: The Cubs are hoping that the return of their 12 letterwinners help get that valuable game time experience and have a better result this season.
 "Our main thing that we need to do is get back into the winning mentality," Haak said. "We need to stay healthy, improve each week and have our leaders step up and make plays."

ANDES CENTRAL

COACH: Darryl Deurmier (3rd year)
ASSISTANTS: Cliff Johnson Bill Kitchenmaster, Cody Svatos
VITALS: Class 9A, Great Plains Conference
LAST YEAR: The Eagles finished 4-5 and lost in the first round of the playoffs. Gone from that team are six starters.
RETURNING LETTERWINNERS: Stephen Cournoyer (Sr.), Connor Florey (Sr.), Colten Archambeau (Sr.), Travis Bechen (Sr.), Corey Frankenstein (Sr.), Tanner Houseman (Sr.), Grant Petrik (Sr.)
ALSO RETURNING: Joey Evans (Fr.), Terrell Hopkins (Fr.), Lorenzo Longe (Fr.), Darby Svatos (Fr.), Aaron Swanson (Fr.), Aaron Tronvold (Fr.), Gabe Cournoyer (So.), Alex Smith (So.), Alex Evans (Sr.), Cody Kuca (Sr.), Damian Gravatt (Sr.), Tommy Gravatt (Sr.)
ASSESSMENT: The Eagles have another solid group of seniors ready to get their final season going and they are going to have to be the leaders of the team to progress the underclassmen.
 "We are going to have to replace key positions lost to graduation and having our kids step up and fill some roles needed to have a successful season," Deurmier said.

AVON

COACH: Tom Culver (12th year)
ASSISTANTS: Matt Yost, Justin Lukkes
VITALS: Class 9A, Region 3, Great Plains Conference
LAST YEAR: The Pirates lost to Hanson in the S.D. State 9A Championship game 20-16. Avon lost three players who were All-State selections — Jeff Bertus (1,846 rushing yards and 30 touchdowns), Ryan Hauck (119 tackles, two INTs) and Marshall Cibak (40.9 yards per kick, also starting QB).
RETURNING LETTERWINNERS: Derek Cihak (Sr., RB/LB, All-State kick returner), Josh Cihak (Sr., FB/LB), Chris Jerke (Sr., C), Troy Kopp (Sr., OL), Trace Tjeerdsma (Sr., RB/DB), Brad Kocmich (Sr., OL), Nick Poppe (Sr., QB/DB), John Wymia (Sr., TE/DE), Luke VanGerpen (Sr., TE/DE), Joe Bertus (Sr., RB/LB), Wyatt Beeson (Sr., RB/LB), Taylor Mudder (So., OL), Zach Johnson (Sr., RB/DB), Duffy Ducheneaux (Sr., RB/LB), Taylor Hento (So., C/D/T), Austin Kniffen (So., G/D/T), Austin Kniffen (So., G/D/T), Logan Mudder (8th, QB/LB), Brandon Kocmich (Fr., QB/DB), Caleb VanGerpen (Fr., TE/DE), Clay Lukkes (Fr., TE/DE), Michael Johnson (Fr., TE/DB), Ryan Jonas (Fr., C/D/T), Logan Powers (So., TE/DE)
ALSO RETURNING: Jonah Sturgeon (So., WR/DB)
NEWCOMERS: Chance Roth (Sr., WR/DB), Jordan Johnson (Sr., G/D/T), Jacob Knodel (8th, FB/DE), Cody Namminga (8th, G/LB), Devin Tolsma (8th, RB/LB), Cole Beeson (8th, FB/LB), T.J. Soukup (Fr., G/D/T), Trey Doom (8th, G/D/T), Cole Fillaus (8th, G/D/T), Jesse Chambers (8th, G/D/T), Josh Knodel (8th, G/D/T), Jeremy Leibell (8th, TE/DE)
ASSESSMENT: Avon has made it to the DakotaDome the last two years and the Pirates have their eyes set on Vermillion in November again.
 Two years ago, Avon hoisted the state championship, but last year, Hanson defeated the Pirates 20-16 in the championship game. Avon will have a chance to turn the table on Hanson right away, as the Pirates will travel to Alexandria for the opening game of the year.
 Tom Culver, who is in his 12th year as the head coach at Avon, said the Pirates will face a tough schedule this year.
 "We start the year with Hanson, and

then in week four, we will host Viborg-Hurley. Both will be strong teams," he said. "The rest of the teams on our schedule will be much improved this year, so we have to be ready to play every week."
 Besides Hanson and Viborg-Hurley, the other teams that are on Avon's schedule who made the playoffs last year are Corsica/Stickney, Andes Central and Tripp-Delmont-Armour.
 The Pirates are also looking to win their sixth-straight Great Plains Conference Title, and they have won every conference title since 2001, except for 2004.
 The team did lose leading rusher and All-State selection Jeff Bertus along with starting quarterback Marshall Cihak, but Derek Cihak was an All-State returner and will take the helm at running back. Nick Poppe will take over the quarterback duties.
 Once again, Culver expects the team's running attack to be lethal.
 "If we can continue to establish our running game and mix in the play action pass, I think we can continue to have success," he said.
 The team will miss Ryan Hauck, and All-State selection at linebacker last year, but Derek Cihak is a three-year starter on defense, and Josh Cihak is a two-year starter as well. Plus the team adds Chance Roth, who played at Parkston last year, to an experienced defensive backfield.
 Despite the experience, Culver said the defense still has some work to do.
 "We will have to use our team speed on defense and be aggressive," he said. "We will have to make improvements on defending the passing game."
 Avon did lose seven seniors from last year's team, but Culver said the team has been working hard in the off-season to make sure the team remains as competitive as it has been in the past few years.
 "We will need our younger kids to step up and be ready to fill those positions," he said. "If our kids are committed to our team concept, then I feel the sky is the limit. I feel we have an excellent chance at having a great season."

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BERESFORD

COACH: Kent Anderson (3rd year)
ASSISTANTS: Scott Ebert, Brad Miller, Kirk Walters, Ben Walters, Joe Bak, Chase Lingemann
VITALS: Class 11B, Region 3, Big Sioux
LAST YEAR: The Beresford Watchdogs finished with an 0-8 record.
RETURNING LETTERWINNERS: Jackson Anderson (Sr., WR/DB), Brady Andrews (Sr., G), Andrew Hoffman (Sr., WR/DB), Dan Frieberg (Sr., TE/LB), Kyle McKelvey (Sr., FB/DE), Chris Mohr (Sr./WR), Jaylen Morren (Sr. OT), Collin Peterson (Sr., WR/LB), Joel Vankekerix (Sr., G/LB), Andrew Erickson (Sr., FB/LB), Kyle DeLay (Sr., G/LB), Cody Carlson (Sr., TE/DE), Dan Bogue (Sr., C/DE), Austin Carlson (Sr., WR/DB), Hesston Erickson (Sr., RB/LB), Ethen Sorensen (Sr., OT/DE), Matt Haines (Sr., QB/DB), Kyle Hartwick (Sr., FB/LB)
ALSO RETURNING: Adam Ivarson (Sr., G/LB), Keegan Nordquist (Sr., RB/DB), Walker Wilmann (So., RB/LB)
ASSESSMENT: The Watchdogs have a core group of seniors this season and they have experience in all positions all they need to do is put it into action.
 "We need to get a winning attitude by winning early in the season," Anderson said. "The newest addition to our team is our defensive coordinator Ebert, who is a 10-year head coach from Harrisburg. He knows what it takes to win and we are hoping to do that this season."

BON HOMME

COACH: Bryron Pudwill (28th year)
ASSISTANTS: Ross Hudson, Jason Hein, James Torsney, Lee Thomas, Travis Berndt, Riley Nelson
VITALS: Class 11B, Region 3
LAST YEAR: The Bon Homme Cavaliers ended last season with a 4-4 overall record, going 1-2 in their conference. The Cavaliers are looking to fill in the gap with the loss of USD recruit Robbie Jelsma.
RETURNING LETTERWINNERS: Tad Schuurmans (Sr., QB/DB), Jared Van Winkle (Sr., RB/SS), Chad Sykora (Sr., RB/LB), Brad Rokusek (Sr., G/DE), Tyler Dockendorf (Sr., G/DE), Doug Vanecek (Sr., TE/LE)
ALSO RETURNING: Travis McDonald (Sr., FB/LB), Steven Smith (So., C/D/T), Charlie Bentzen (Sr., TE/SS), Jeff Honner (Sr., WR), Kodi Larson (So., DB), Jordan Radock (Sr., DT)
ASSESSMENT: The Cavaliers have a strong group of senior starters this season and will be looking open up their offense with speed and shut teams down with their defense to improve on their 4-4 mark from last season.
 "We have really good speed and quickness at our skilled positions," Pudwill said. "A lot of the players on the

CANISTOTA

COACH: Lenny Schroeder (7th year)
VITALS: Class 9B, Cornbelt Conference
LAST YEAR: The Canistota Hawks finished last season with a mark of 7-3 and are looking to build off that experience.
RETURNING LETTERWINNERS: Sam Jolley (Sr.), Jeb Olsen (Sr.), Nick Golder (Sr.), Ryan Tietzen (Sr.), Troy Hofer (Sr.), Trevor Schroeder (Sr.) and Zack Hofer (Sr.)
NEWCOMERS: Alex Robertson (So.), Tim Adams (Sr.), Cody Bunker (So.), Jason Van Winkle (So.), Nathan Dick (Sr.), Isaac Fuhrman (So.)
ASSESSMENT: The Hawks are looking to continue their strong play going into this season.
 "We have a lot of experience, size and speed on both sides of the ball," Schroeder said. "If we can stay healthy and focused, we should be able to go deep into the playoffs as well as be a contender for the Cornbelt Conference Title."

CENTERVILLE

COACH: Dan Evans (22nd year)
ASSISTANT: Pat Sees
VITALS: Class 9B, Region 4, Tri-Valley Conference
LAST YEAR: The Centerville Tornadoes had a rocky year last season finishing with a 2-6 record and not making it to the playoffs.
RETURNING LETTERWINNERS: Brian King (Sr., G), Dan Smit (Sr., QB/LB), Tucker Tornberg (Sr., B/DE), Taylor Skinkinn (Sr., WR/LB), Waylon Lunning (Sr., RB/WR), Richard Buechaur (Sr., DE)
ALSO RETURNING: Peter Voog (Sr., DE), Aaron Anderson (Sr., G), Justin Poppenga (Sr., G) and Zach Weinert (Sr., C)
ASSESSMENT: The Tornadoes seem to have a solid core of seniors on the team they will have to step up and fill those positions of seniors from last years team if they want to make a run at the playoffs this year.
 "We only have 18 kids out for football this year," Evans said. "So like most teams, we can't afford any injuries."
 "The younger players will need to fill in the holes."

ELK POINT-JEFFERSON

COACH: Scott Bruning (4th year)
ASSISTANTS: Latt Luze, Marc Aisenbren, Tyler Nolz, Troy McCreary, Eric Johnson
VITALS: Class 11B, Big Sioux Conference
LAST YEAR: The Huskies posted a 5-4 record and suffered a first-round playoff loss to Wagner. Gone from last season are seven starters.
RETURNING LETTERWINNERS: Ethan Pace (Sr., OL/DL), Scott Shanks (Sr., TE/LB), Kyle Barnes (Sr., OL/DL), Casson Denison (Sr., OL/DL), Drake Zeller (Sr., LB/FB), Wyatt Chicoine (Sr., WR/DB), Riley Braun (Sr., WR/DB), Josh Curry (Sr., WR/DB), Gavin Lee (Sr., QB/RB), Nick Murphy (Sr., OL/DL), Tony Metzger (Sr., OL/DL), Jon Vossberg (Sr., DL/OL), Brock Zeller (So., LB/TE), Brian Leitru (Sr., WR/DB)
ASSESSMENT: Despite losing seven starters from last season the Huskies have another strong group of seniors to headline this year. They will need to step up in some key positions if they are going to make another run at the playoffs.
 "We must come together as team," Bruning said. "The offensive line must be able to replace two new spots and find a running back on offense."

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FREEMAN

COACH: Jim Kaufman
ASSISTANTS: Chris Saylor, Chris Maske
VITALS: Class 9A, Cornbelt Conference
LAST YEAR: The Freeman Flyers had an up-and-down season, finishing with a 3-5 overall record.
RETURNING LETTERWINNERS: Trey Waltner (Sr., QB/DB), Colter Hendrix (Sr., OL/LB), Chad Hermens (Sr., OL/DL), Dillon VanMeveren (Sr., OL/DL), Tyson Lager (Sr., OL/DL), Alex Eisenbeis (Sr., OL/DL), Bryce Saylor (Sr., RB/LB), Tyler Koerner (Sr., OL/LB), Slade Mutchelknaus (Sr., DB), Sheldon Mosis

IRENE-WAKONDA

COACH: Brent Mutchelknaus (25th year)
ASSISTANTS: Tim Kribell, Heath Marshall
VITALS: Class 9A, Tri-Valley Conference
LAST YEAR: The Irene-Wakonda Eagles had a solid season last year with making it to the second round of the plays, but eventually lost to Avon in the quarterfinals. The Eagles lose nine starters from their team last year including all-state kicker Dan Sokolowski.
RETURNING LETTERWINNERS: Ivan Burnett (Sr., RB/DB), Chad Peterson (Sr., G/LB), Greg Peterson (Sr., QB/DB), Scott Davis (Sr., RB/LB), Tucker Sorensen (Sr., RB/LB), Sam Kiger (Sr., DE), Phil Hessman (Sr., G/D/T) and Dustin Livingston (So., QB/DB)
ALSO RETURNING: Luke Schroeder (Sr., G/LB), Mike Kirschman (Sr., G/D/T), Reid Nutley (Sr., DE), Cody Schenck (So., C/D/T), Trevor Hansen (So., G/LB) and Chris Heirigs (So.,

PARKSTON

COACH: Eric Norden (3rd year)
ASSISTANTS: Shawn Spurrell, John Gillman, Chad Jadozi, Jared Diggmann
VITALS: Class 11B, Region 3B
LAST YEAR: The Parkston Trojans didn't have much luck finding a winning season last year, but a new season is a time for new beginnings they are planning to open a new chapter.
RETURNING LETTERWINNERS: Keegan Heisinger (Sr.), Lucas Holden (Sr.), Jacob Horstmann (Sr.), Nick Kummer (Sr.), Kevin Kutz (Sr.), Tyler Reichert (Sr.), Eric Reiff (Sr.), Kyle Schlimgen (Sr.), Evan Schoenfelder (Sr.)

Games To Watch

AUG. 27: Viborg-Hurley at Gayville-Volin. V-H Cougars make their debut.
SEPT. 3: Avon at Hanson. Rematch of 9A title game

SEPT. 24: Wagner at Bon Homme. Big-time SESD Battle.
OCT. 8: Wagner at Elk Point-Jeff. '09 playoff rematch.
OCT. 15: PGDC at Tri-Valley. Teams met in '08 11B semis.

ATHLETES TO WATCH
Derek Cihak, Avon: RB/LB, 2-year starter on defense
Matt Lukpes, Dakota Valley: All-State DB, 98 tackles, 7 INT, 741 yards rushing (12 TD), 781 yards passing (7 TD)



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Freeman Flyers Football

| | | | | | |
|---------|-------------------------|---|----------|-----------------|---|
| 8/27/10 | Bridgewater-Emery/Ethan | H | 10/1/10 | Marion | A |
| 9/3/10 | Centerville | A | 10/8/10 | Alcester-Hudson | H |
| 9/10/10 | Hanson | H | 10/15/10 | Parker | H |
| 9/17/10 | Chester Area | A | 10/21/10 | Canistota | A |

Freeman Lady Flyers Volleyball

| | | | | | |
|---------|-----------------|---|----------|----------------|---|
| 8/30/10 | Alcester-Hudson | A | 10/5/10 | Andes Central | A |
| 8/31/10 | Irene-Wakonda | H | 10/7/10 | Bon Homme | H |
| 9/9/10 | Gayville-Volin | A | 10/12/10 | Canistota | A |
| 9/13/10 | Scotland | H | 10/18/10 | Oldham-Ramona/ | A |
| 9/15/10 | Ethan | H | | Rutland | A |
| 9/16/10 | Tripp-Delmont/ | H | 10/19/10 | Hanson | A |
| | Armour | H | 10/22/10 | Centerville | H |
| 9/28/10 | Menno | H | 10/25/10 | Marion | H |
| 10/4/10 | Dell Rapids | H | | | |
| | St. Mary | H | | | |

Freeman Regional Health Services
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Good Luck Team!

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 (605) 925-4782

Freeman Flyers Football

| | | | | | |
|---------|-------------------------|---|----------|-----------------|---|
| 8/27/10 | Bridgewater-Emery/Ethan | H | 10/1/10 | Marion | A |
| 9/3/10 | Centerville | A | 10/8/10 | Alcester-Hudson | H |
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| 9/13/10 | Scotland | H | 10/18/10 | Oldham-Ramona/ | A |
| 9/15/10 | Ethan | H | | Rutland | A |
| 9/16/10 | Tripp-Delmont/ | H | 10/19/10 | Hanson | A |
| | Armour | H | 10/22/10 | Centerville | H |
| 9/28/10 | Menno | H | 10/25/10 | Marion | H |
| 10/4/10 | Dell Rapids | H | | | |
| | St. Mary | H | | | |

Freeman Academy Lady Bobcat Volleyball

| | | | | | |
|---------|----------------------|---|----------|--------------------|---|
| 8/31/10 | Dakota Christian | H | 10/2/10 | Tournament Game | A |
| 9/2/10 | Menno | H | 10/4/10 | Marion | H |
| 9/7/10 | Dell Rapids St. Mary | A | 10/7/10 | Centerville | H |
| 9/9/10 | Alcester-Hudson | A | 10/9/10 | Tournament Game | A |
| 9/14/10 | Irene-Wakonda | A | 10/12/10 | Viborg/Hurley | A |
| 9/16/10 | Baltic | A | 10/14/10 | Marty Indian | H |
| 9/16/10 | Gayville-Volin | A | 10/19/10 | Mitchell Christian | H |
| 9/21/10 | Alcester-Hudson | H | 10/23/10 | Tournament Game | A |
| 9/30/10 | Tournament Game | H | 10/25/10 | Oldham-Ramona/ | A |
| 9/30/10 | Tournament Game | H | | Rutland | A |

Freeman Flyers Football

| | | | | | |
|---------|-------------------------|---|----------|-----------------|---|
| 8/27/10 | Bridgewater-Emery/Ethan | H | 10/1/10 | Marion | A |
| 9/3/10 | Centerville | A | 10/8/10 | Alcester-Hudson | H |
| 9/10/10 | Hanson | H | 10/15/10 | Parker | H |
| 9/17/10 | Chester Area | A | 10/21/10 | Canistota | A |

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| | | | | | |
|---------|-----------------|---|----------|----------------|---|
| 8/30/10 | Alcester-Hudson | A | 10/5/10 | Andes Central | A |
| 8/31/10 | Irene-Wakonda | H | 10/7/10 | Bon Homme | H |
| 9/9/10 | Gayville-Volin | A | 10/12/10 | Canistota | A |
| 9/13/10 | Scotland | H | 10/18/10 | Oldham-Ramona/ | A |
| 9/15/10 | Ethan | H | | Rutland | A |
| 9/16/10 | Tripp-Delmont/ | H | 10/19/10 | Hanson | A |
| | Armour | H | 10/22/10 | Centerville | H |
| 9/28/10 | Menno | H | 10/25/10 | Marion | H |
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| 9/14/10 | Irene-Wakonda | A | 10/12/10 | Viborg/Hurley | A |
| 9/16/10 | Baltic | A | 10/14/10 | Marty Indian | H |
| 9/16/10 | Gayville-Volin | A | 10/19/10 | Mitchell Christian | H |
| 9/21/10 | Alcester-Hudson | H | 10/23/10 | Tournament Game | A |
| 9/30/10 | Tournament Game | H | 10/25/10 | Oldham-Ramona/ | A |
| 9/30/10 | Tournament Game | H | | Rutland | A |

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Good Luck Team!

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ATHLETES TO WATCH

Cory Jacobsen, Viborg-Hurley: All-State LB; Also QB
Tad Schuurmans, Bon Homme: QB/DB, 3-year starter, returning from injury

NEWCOMERS: Marquis Knight (Sr., DE), Brian Huth (Sr., RB/DB), Michael Peterson (Sr., G/D/T), Garrett Anderson (Fr., RB/LB) and Jake Kribell (Sr., RB/DB)
ASSESSMENT: The Eagles come into the season with quite a bit of depth at each position, but it is going to be tough for them replacing the nine starters from last season.<