

Press&Dakotan DAILY DOSE



PITTSBURGH (AP) — Ben Roethlisberger is doing his part to help the Pittsburgh Steelers get under the salary cap. The veteran quarterback has agreed to restructure his contract to help the defending AFC champions get under the \$120.4 million cap. Ryan Tollner, Roethlisberger's agent, said the team approached the two-time Super Bowl winner about the deal, but

added it would not affect the length or the money involved in the eight-year, \$102 million deal the quarterback signed in 2008. The Steelers entered training camp about \$10 million over the salary cap and last week released veterans Max Starks, Flozell Adams and Antwan Randle El to shed payroll.

Steelers QB Roethlisberger To Restructure Deal

YANKTON BASEBALL

SATURDAY at State A Brandon V. 5 p.m.	SUNDAY at State A Opponent & Time TBD	FRI.-SUN. 15-16 Minors State Torn. Brandon	SEASON COMPLETE
YANKTON TAPPERS AMATEUR		YANKTON GREY SOX VFW TEENEE	
FRI.-SUN. 13-14 Majors State Torn. Sioux Falls	SEASON COMPLETE	FRI.-SUN. State Torn. Sioux Falls	SEASON COMPLETE
YANKTON LAKERS VFW TEENEE		YANKTON REDS VFW TEENEE	
FRI.-SUN. 15-16 Majors State Torn. Brookings	SEASON COMPLETE		
YANKTON CORTRUST BLACK SOX VFW TEENEE			

Home Games Appear in White, Road / Neutral Site Games Appear in Gray

OTHER EVENTS

Golf
Dakotas Tour: Today, Hillcrest Pro-Ladies & Hillcrest Pro-Am Qualifier, Hillcrest Golf & CC, Yankton; Thursday-Sunday, Hillcrest Pro-Am; Hillcrest Golf & CC
SDGA: Friday-Sunday, Men's Amateur Championship, Brookings CC

Coming Up
Aug. 3-14: S.D. State Amateur Baseball at Mitchell
Aug. 4-7: Hillcrest Pro-Am Golf Tournament at Yankton
Aug. 5-7: S.D. State Class A Amateur Baseball At Pierre
Aug. 15: Brandon Valley Boys' Golf Tour. (YHS Season Opener)

RADIO & TELEVISION

TIME	EVENT	RADIO/TV
Wednesday 6 p.m.	State Amateur Baseball: Irene vs. Britton	KVTK-AM
Thursday 5:30 p.m.	State Amateur Baseball: Crofton vs. Canova	KVTK-AM
Friday 11 a.m.	State Amateur Baseball: Wynot vs. Alexandria	KVTK-AM
5:30 p.m.	State Amateur Baseball: Freeman vs. Humboldt-Mon.	KVTK-AM
Saturday 7:30 p.m.	State Amateur Baseball: Verm. Grey Sox vs. Dellis PBR	RADIO/TV
Sunday 1 p.m.	State Amateur Baseball: Tabor vs. Platte	RADIO/TV

USD Assistant Swim Coach Hired At Ohio U

ATHENS, Ohio — Anthony Harris, a long-time assistant coach for the University of South Dakota men's and women's swimming and diving programs, has been hired as the new assistant at Ohio University, according to a release Monday.

Harris served as the assistant coach, recruiting coordinator and aquatics coordinator at USD from 2005-11. During his time with the Coyotes, he coached 32 All-Americans, 25 school record-breaking performances and helped lead the program to three NCAA top-10 finishes.

Prior to coaching at USD, Harris completed a graduate assistantship at St. Cloud State University, where he served as assistant swimming and diving coach from 2003-05.

Bucks Golf Registration Meeting Aug. 3

The signup meeting for the Yankton High School boys' golf team will be held Wednesday, Aug. 3, at 10 a.m. in Room 235 at Yankton High School. Any boys entering grades 7-12 who are interested in playing golf are encouraged to attend.

Practice will begin Monday, Aug. 8. If you have any questions or cannot attend the meeting, contact coach Brett Sime at 605-661-8720.

SCOREBOARD

BASEBALL

S.D. STATE AMATEUR TOURN.

Aug. 3-14 at Cadwell Park, Mitchell
CLASS B FIRST ROUND

Wednesday, Aug. 3
Britton vs. Irene, 6 p.m.
Clark vs. South Central, 8 p.m.

Thursday, Aug. 4
Martin vs. Sisseton, 11 a.m.
Flandreau vs. Larchwood, 1 p.m.
Canova vs. Crofton, 5:30 p.m.
Garreison vs. Winner-Colome, 7:30 p.m.

Friday, Aug. 5
Wynot vs. Alexandria, 11 a.m.
Harrisburg vs. Redfield, 1 p.m.
Freeman vs. Hartford-Humboldt-Montrose, 5:30 p.m.
Akron vs. Plankinton, 7:30 p.m.

Saturday, Aug. 6
Volga vs. Dell Rapids Mudcats, 11 a.m.
Lake Norden Lakers vs. Dimock-Emery, 1 p.m.
Madison vs. Parkston Mudcats, 5:30 p.m.
Vermillion Grey Sox vs. Dell Rapids PBR, 7:30 p.m.

Sunday, Aug. 7
Milbank vs. Miller-Wessington, 11 a.m.
Wynot vs. Tabor, 1 p.m.

CLASS A OPENING ROUNDS
Aug. 5-7 at Pierre

Friday, Aug. 5
GAME 1: Renner Monarchs vs. Vermillion Red Sox, 5:30 p.m.
GAME 2: Brookings vs. Rapid City Landscape As, 8 p.m.

Saturday, Aug. 6
GAME 3: Game 1 loser vs. Game 2 winner, 11 a.m.
GAME 4: Game 1 winner vs. Game 2 winner, 1:30 p.m.
GAME 5: Yankton vs. Brandon Valley, 5 p.m.
GAME 6: Rapid City Angels vs. Castlewood, 7:30 p.m.

Sunday, Aug. 7
GAME 7: Game 5 loser vs. Game 6 loser, 11 a.m.
GAME 8: Game 5 winner vs. Game 6 winner, 1:30 p.m.

AMERICAN LEAGUE

	East Division	West Division	Pct	GB
Boston	66	41	.617	
New York	65	42	.607	1

BASEBALL

Central Division

Detroit	57	51	.528	GB
Cleveland	54	52	.509	2
Chicago	52	55	.486	4 1/2
Minnesota	50	58	.463	7
Kansas City	46	62	.426	11

West Division

Texas	61	48	.560	GB
Los Angeles	59	50	.541	2
Oakland	49	59	.454	11 1/2
Seattle	45	62	.421	15

Sunday's Games

N.Y. Yankees 4, Baltimore 2
Kansas City 5, Cleveland 3
Detroit 3, L.A. Angels 2
Toronto 7, Texas 3
Boston 5, Chicago White Sox 3
Oakland 7, Minnesota 3
Tampa Bay 8, Seattle 1

Monday's Games

Cleveland 9, Boston 6
N.Y. Yankees 3, Chicago White Sox 2

Tuesday's Games

Texas (C Lewis 10-8) at Detroit (Scherzer 11-6), 6:05 p.m.
Cleveland (D Huff 1-1) at Boston (Beckett 9-4), 6:10 p.m.

Wednesday's Games

Toronto (R. Romero 8-9) at Tampa Bay (Price 9-9), 8:10 p.m.
Baltimore (Simon 2-4) at Kansas City (Chen 5-4), 7:10 p.m.
N.Y. Yankees (P. Hughes 1-3) at Chicago White Sox (Danks 4-8), 7:10 p.m.
Minnesota (Duensing 8-8) at L.A. Angels (E. Santana 8-8), 9:05 p.m.

Thursday's Games

Oakland 9, Seattle 7
Cleveland at Boston, 6:10 p.m.
Toronto at Tampa Bay, 6:10 p.m.
Baltimore at Kansas City, 7:10 p.m.
N.Y. Yankees at Chicago White Sox, 7:10 p.m.
Minnesota at L.A. Angels, 9:05 p.m.

NATIONAL LEAGUE

	East Division	West Division	Pct	GB
Philadelphia	68	39	.636	

BASEBALL

St. Louis at Milwaukee, 1:10 p.m.
Philadelphia at Colorado, 2:10 p.m.
Arizona at San Francisco, 2:45 p.m.
Chicago Cubs at Pittsburgh, 6:05 p.m.
Florida at N.Y. Mets, 6:10 p.m.
Cincinnati at Houston, 7:05 p.m.
L.A. Dodgers at San Diego, 9:05 p.m.

TRANSACTIONS

BASEBALL

MAJOR LEAGUE BASEBALL—Suspended Cleveland RHP Carlos Carrasco six games and fined him an undisclosed amount for throwing at Kansas City DH Billy Butler during Friday's game.

American League

BALTIMORE ORIOLES—Optioned LHP Mike Ballard and LHP Pedro Vialto to Bowie (EL).
CLEVELAND INDIANS—Purchased the contract of INF Argenis Reyes from New Jersey (Can-Am) and assigned him to Columbus (IL).
KANSAS CITY ROYALS—Placed RHP Kyle Davies on the 15-day DL, retroactive to July 26. Agreed to terms with C Cameron Gallagher and assigned him to the Arizona League Royals.

LOS ANGELES ANGELS—Optioned OF Mike Trout to Arkansas (TL).
SEATTLE MARINERS—Placed RHP Chris Ray on the 15-day DL, retroactive to July 30. Recalled LHP Aaron Laffey from Tacoma (PCL).

ARIZONA DIAMONDBACKS—Optioned RHP Sam Denard and RHP Ryan Coon to Reno (PCL). Selected the contract of INF Paul Goldschmidt from Mobile (SL).
ATLANTA BRAVES—Placed RHP Scott Linebrink on the 15-day DL, retroactive to July 30. Activated OF Michael Bourn.

LOS ANGELES DODGERS—Placed RHP Rubby De La Rosa on the 15-day DL. Recalled RHP John Ely from Albuquerque (PCL).
PHILADELPHIA PHILLIES—Released RHP Dyanys Baez.

PITTSBURGH PIRATES—Designated 1B Lyle Overbay for assignment.
SAN DIEGO PADRES—Recalled OF Aaron Cunningham from Tucson (PCL) and OF Blake Tekotte from San Antonio (Texas). Optioned LHP Wade LeBlanc to Tucson.

WASHINGTON NATIONALS—Released OF/1B Matt Stairs unconditionally.

FOOTBALL

National Football League
BUFFALO BILLS—Activated CB Reggie Connor from the physically-unable-to-perform list.

AREA CALENDAR

Tuesday, August 2

BASEBALL, LEGION Neb. Class C Senior Tour. at Creighton (Creighton)
GOLF, DAKOTAS TOUR Hillcrest Pro-Ladies; Hillcrest Pro-Am Qualifier

Wednesday, August 3
BASEBALL, AMATEUR S.D. State Torn. at Mitchell (Irene vs. Britton, 6 p.m., KVTK-AM)
BASEBALL, LEGION Neb. Class C Senior Tour. at Creighton (Creighton)

Thursday, August 4
BASEBALL, AMATEUR S.D. State Torn. at Mitchell (Crofton vs. Canova, 5:30 p.m., KVTK-AM)
BASEBALL, VFW TEENEE S.D. State AA 15-16 Majors at Brookings (Yankton Black Sox)

GOLF, DAKOTAS TOUR Hillcrest Pro-Am at Yankton
Friday, August 5
BASEBALL, AMATEUR S.D. State Torn. at Mitchell (Wynot vs. Alexandria, 11 a.m., KVTK-AM; Freeman vs. Hart-

Tuesday, August 2

ford-Humboldt-Montrose, 5:30 p.m., KVTK-AM); S.D. State Class A Torn. at Pierre (Vermillion Red Sox vs. Renner Monarchs, 5:30 p.m.)

BASEBALL, VFW TEENEE S.D. State AA 15-16 Majors at Brookings (Yankton Black Sox); S.D. State AA 15-16 Minors at Brandon (Yankton Grey Sox); S.D. State AA 13-14 Majors and Minors at Sioux Falls (Yankton Lakers)

GOLF, DAKOTAS TOUR Hillcrest Pro-Am at Yankton
GOLF, SDGA Men's Amateur Championship at Brookings CC

Saturday, August 6
BASEBALL, AMATEUR S.D. State Torn. at Mitchell (Vermillion Grey Sox vs. Dell Rapids PBR, 7:30 p.m., KVTK-AM); S.D. State Class A Torn. at Pierre (Vermillion Red Sox vs. Brookings or Rapid City As, 11 a.m. or 1:30 p.m.; Yankton vs. Brandon Valley, 5 p.m.)

BASEBALL, VFW TEENEE S.D. State AA 15-16 Majors at Brookings (Yankton Black Sox); S.D. State AA 15-16 Minors at Brandon (Yankton Grey Sox); S.D. State AA 13-14 Majors and Minors at Sioux Falls (Yankton Lakers)

Monday, August 8
BASEBALL, AMATEUR S.D. State Torn. at Mitchell

Tuesday, August 2

Carolina Panthers—Agreed to terms with DT Terrell McClain.
CHICAGO BEARS—Waived P Richmond McCoy and DT Sean Mariani.
CLEVELAND BROWNS—Signed DE Jayme Mitchell. Sent an undisclosed 2012 draft pick to St. Louis to complete an earlier trade for G John Greco.
DENVER BRONCOS—Agreed to terms with DE Derrick Harvey. Re-signed DE Marcus Thomas. Signed TE Daniel Fells and TE Dante Rosario. Waived S Nick Pook. CB James Rogers and WR Marshall Williams.

INDIANAPOLIS COLTS—Agreed to terms with OL Danny Watkins on a four-year contract. Traded DT Brodrick Burkle to Denver for an undisclosed 2013 draft pick. Waived WR Keith Carrion.
SAN DIEGO CHARGERS—Placed TE Antonio Gates and LB Larry English on the physically-unable-to-perform list.
TAMPA BAY BUCCANERS—Re-signed LB Adam Hayward to a three-year contract. Released RB Deonte Jackson.

MINNESOTA VIKINGS—Signed OL Charlie Johnson. Placed OT Bryant McKinnie on the non-football injury list.
NEW ORLEANS SAINTS—Agreed to terms with LB Clint Ingram. Signed G Carl Nickles and C Cecil Newton. Re-signed OT Zach Stief.
NEW YORK JETS—Re-signed CB Antonio Cromartie to a four-year contract. Signed CB Donald Strickland. Placed WR Jericho Cotchery and G Brandon Moore on the physically unable to perform list.

OAKLAND RAIDERS—Agreed to terms with LB Cameron Wimbley on a five-year contract.
PHILADELPHIA EAGLES—Agreed to terms with OL Danny Watkins on a four-year contract. Traded DT Brodrick Burkle to Denver for an undisclosed 2013 draft pick. Waived WR Keith Carrion.
SAN DIEGO CHARGERS—Placed TE Antonio Gates and LB Larry English on the physically-unable-to-perform list.
TAMPA BAY BUCCANERS—Re-signed LB Adam Hayward to a three-year contract. Released RB Deonte Jackson.

TENNESSEE TITANS—WR Randy Moss announced his retirement. Agreed to terms with DE Dave Ball and FB Ahmad Hall. Signed DE Jacob Ford.
WASHINGTON REDSKINS—Signed OT Jammal Brown. LB Horatio Blados, WR Isaac Anderson, LB Obi Ezeih, LB Eric McBride, DB Devonte Shannon, TE Joe Torchia, QB Marc Verica and DT Thomas Weaver.

HOCKEY

National Hockey League
NEW JERSEY DEVILS—Waived D Colin White and RW Trent Hunter.
SAN JOSE SHARKS—Signed D Brent Burns to a five-year contract extension.
VANCOUVER CANUCKS—Named Craig MacTavish coach of Chicago (AHL).

COLLEGE
BRADLEY—Named Chris Malveaux assistant coach.
CHATTANOOGA—Named DeAntoine Beasley men's assistant basketball coach.
ILLINOIS STATE—Promoted assistant softball coach Tina Kramos to associate head coach.

LAMAR—Named Holly Bruder softball coach.
MONTCLAIR STATE—Named Chris Sivken men's lacrosse coach.
NEW JERSEY CITY—Named Krystle Wilson men's and women's cross country coach.
NEW YORK UNIVERSITY—Named Nicole Pascoli and Kim Wyant women's assistant soccer coaches and Karl France men's assistant volleyball coach.
OKLAHOMA CHRISTIAN—Named Murray Evans assistant athletic director for media relations.
PFEIFFER—Named Maggie Woody women's assistant soccer coach.
SAN JOSE STATE—Named Pete Raykovich women's assistant swimming coach.
SOUTH CAROLINA—Reinstated QB Stephen Garcia to the football team.
SPRINGFIELD—Named Toby Coffin men's and women's tennis coach.
TEXAS WOMEN'S—Named Josh Nilson assistant gymnastics coach.

MVFC

From Page 8

Much of the optimism surrounding the Panthers chances has to do with their dynamic dual-threat quarterback, senior Tirrell Rennie. The transfer from Ellsworth Community College threw for 1,543 yards in 2010 but with 11 interceptions against just eight TDs in his last season. He did much of his work on the ground, rushing for a team-high 1,291 yards and 15 touchdowns.

"We want to improve his passing game. Phenomenal runner, great athlete. Can make things happen when things break down," Farley said. "We have to change because of some of the dynamics that (Rennie) brings to the table, and then (Rennie) has to adjust that, we need him to be a great thrower."

North Dakota State went 4-4 in the Valley last year. But the Bison took advantage of the move to a 20-team playoff system, pounding Robert Morris and Montana State before falling to eventual national champion Eastern Washington 38-31 in overtime during the quarterfinals.

The Bison have 15 starters back, including eight on defense, and appear poised for a serious push at the league title.

"Our guys are very focused on our conference. We've got a great deal of respect for the teams in our conference," North Dakota State coach Craig Bohl said.

North Dakota State hosts Northern Iowa on Oct. 29 in a matchup that could determine the Valley's regular season champion.

Southern Illinois has won at least a share of the Valley title five times since 2003 and last won it outright in 2009, though it stumbled to a 5-6 mark in 2010.

The Salukis should be strong up

front, with both center Bryan Boemer and tackle David Pickard earning first-team all-league selections. Sophomore quarterback Paul McIntosh will step in for Chris Dieker, who went 20-9 in three years as a starter, and low transfer Jewel Hampton joins Sharif Harris and Steve Strother in a crowded backfield.

Perhaps the most fascinating team to watch in the Valley this season will be the Sycamores.

Indiana State broke through with a 6-5 record and a 4-4 finish in 2010, snapping a staggering streak of 60 losses in its last 62 games.

Coach Trent Miles was named the Valley's Coach of the Year for leading the once-moribund program to its first winning record since 1996, and 18 starters on offense and defense return this fall.

"Our expectation level is never to be satisfied with being a 6-5 football team. We don't want to be average," Miles said.

Recruits

From Page 8

working with him. If Jason says he's excited to watch a kid hit, he's someone you want to bring in."

Davis, the son of Bryan and Marla Davis, plans to major in pre-physical therapy at MMC and will receive a Benedictine Academic Scholarship and a baseball scholarship. His major also played a factor in the decision.

"It had a lot to do with it," he said. "Mount Marty's medical field majors are pretty good."

Janish was a valuable pitcher and infielder for Yankton, going 4-4 on the mound during the summer and 1-3 during the spring. He batted .309 this summer and .281

during the spring.

He also made two starts in the state tournament, which were cut short due to injury. He also went 2-6 at the plate, including a pinch-hit in Friday's victory over Watertown.

"Mike's a workhorse," McClemons said. "He's thrown a lot of innings and done a lot of good things. That's part of why we're so glad he's going to Mount Marty."

Bernatow plans to use Janish as a pitcher.

"We are going to change Mike's arm action and make him a side-arm/submarine style pitcher. This different look could prove to be beneficial and provide for some big outs for us in the future out of the bullpen," he said. "Mike loves to compete and will feel this will give him a good chance to have a productive career at the college level."

Janish, the son of Patty Janish, plans to major in pre-occupational therapy. He is the recipient of the Trustee Academic Scholarship, Catholic Leadership Scholarship, and Baseball Scholarship.

Bromley caught 39 of the 43 innings over five days of the state tournament, and had a key RBI single during the tournament. He batted .297 during the season.

His addition will help a Lancer program that took a graduation hit in the catching department.

"Having depth at the catching position is key for any program," Bernatow said. "Kory is a hard worker and determined athlete. He's a very coachable kid that works well with pitchers. His commitment should aid in future success for our pitching staff."

Bromley, the son of Connie and Dale Bromley, will major in secondary education. He is a recipient of an Academic Incentive

Scholarship and Baseball Scholarship.

His decision to go into education was a major factor in his decision to go to MMC.

"The education program was not a factor until I talked to S. Candy (S. Candyce Chrystal)," Bromley said. "Talking to her made me want to go there."

Gullikson could potentially provided a strong left-handed bat for what was a predominantly right-handed Lancer lineup. He batted .415 in the spring and .378 this summer with a combined 49 RBI and two home runs. In the state tournament, he batted .421 with two doubles.

"Devin is a good fit. He is the ultimate teammate and loves being around the game," Bernatow said. "Devin has a smooth left-handed swing. He has been playing at the varsity level for three seasons now for Yankton

and does an excellent job competing."

Gullikson is the son of Mike and Darla Gullikson and plans to major in radiologic technology. He is the recipient of an Incentive Academic Scholarship and a Baseball Scholarship.

Teichrow made two starts for Yankton in the state tournament, including pitching seven strong innings in the championship game against Sioux Falls East. He went 3-1 with a save during the spring, and went 5-2 with a save in Legion ball going into state.

"It's not often when you have a kid moving up to the college level that has three different pitches for strikes," McClemons said. "He has a bright future ahead of him."

Besides the ability to throw three pitches for strikes, Teichrow displayed an aptitude for learning the game.

"Josh was a sponge - a very coachable kid," Bernatow said.

"He has really improved and has a high ceiling; I think his best baseball is in front of him."

Teichrow, the son of Robin and Kevin Teichrow, will major in secondary education and physical education. He is the recipient of an Academic Achievement Scholarship and Baseball Scholarship.

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Crockpot & Chili Recipes

For our upcoming September/October HerVoice Magazine

Deadline August 15 Watch to see if your recipe has been selected!

Please include baking/cooking times and number of people the recipe will serve.