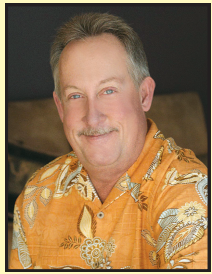


KIDS FIRST



Vaccination: For Health or Profit?

Part 2

Vaccination is based on essentially "fooling" the immune system. A "weakened" or killed virus is introduced into the body in the hope that it will stimulate the body to produce defense agents called antibodies which will then be able to protect the individual when the real thing comes along. Unfortunately, vaccination is plagued with many problems; immunity is not lasting, many people have serious complications, virtually no follow through on vaccine consequences, conflicts of interest, financial gain, just to name a few.

If the theory of vaccination was successful there would be no need for "boosters." Research has found that the body has specific "lines of defense" ways of handling an invading "bug." These are your skin and mucous lining, your antibodies, and your white blood cells. All of these need to be mobilized in a very exact sequence in order for your defense system to be most effective. Vaccination by-passes this sequence and as a result, does not give lasting immunity. That is one of the reasons why "boosters" are needed. Consider this: Alaska recently experienced a severe outbreak of measles - all cases occurring in a single high-school, and all among students already vaccinated against measles. As a result, the new CDC policy is that all students should now receive TWO doses of the measles vaccine. Brilliant!

Many parents, as well as the scientific community, are becoming uneasy regarding

Vaccination. There is increasing evidence that vaccination shots actually impair the function of the immune system. According to Howard Weiner, a Harvard immunologist, vaccination actually "skews" the activity of the immune system. He feels that a child's immune system needs to be "exercised", otherwise a child may be more susceptible to serious health problems later in life.

The childhood diseases, such as measles, mumps, chickenpox, etc., actually exercise a child's immature immune system. In adults, these diseases can be serious, but in a child, they actually play a very important role. They teach a child's nervous system how to fight off an infection on its own. This is a good thing! Vaccination, on the other hand, does not exercise the immune system in this manner and may leave your child susceptible to more serious complications later in life. As a matter of fact we are now seeing a dangerous shift in the age

groups getting measles. For instance, children under 1 are coming down with measles which means that they did not obtain proper immunity from their mother's breast milk. Why? The answer is that those mothers did not have antibodies for measles.

If you, as a parent, feel that there is something inherently wrong with injecting your child with a foreign, gene-altering substance, your gut instinct is correct! Recent research indicates that vaccination is responsible for the increasing numbers of autoimmune diseases seen: Everything from diabetes, asthma, autism, AIDS, cancer, etc.

See you in two weeks for Part III.

If you need additional information, please call me personally at 605-665-8228 and visit my website: www.plathwellness.com

Plath Chiropractic & Wellness
402 E. 3rd Street • Yankton, SD

Records

From Page 1

Ultimately, Gertsema made the decision to release the documents to the *Press and Dakotan*. "The Yankton School Board is still of the belief that we followed the state law in not releasing the contract based on the fact that it is a personnel record," said YSD board chair Kathy Greenway. "But Dr. Gertsema has voluntarily given his contract to the P&D because he does not want to see additional legal fees that are a potential if we continue to have appeals going forward."

Greenway said that the district's stance was based on South Dakota Codified Law.

"There are a couple different codes that we looked at ... an older one and a more current one that is more explicit. If we look at the older law, we would probably be able to release it, but the newer law gives us more of a definitive answer," she explained. "The board has taken the stance that the salary is available as public record; however, the contract is not."

"I just really want to reflect the board is still in agreement that we did follow the law, but it was Dr. Gertsema's choice to release the contract."

The debate over whether an administrator's contract is a public document was part of a request raised by Althoff to the district in an appeal with the South Dakota Office of Hearing Examiners.

In a decision dated July 8, Administrative Law Judge Hilary J. Brady agreed with the district's interpretation of the law.

"The Yankton School District's denial of information contained in the administrator's employment contracts except for 'salaries and routine directory information' is affirmed," she wrote.

David Bordewyk, general manager of the South Dakota News-

paper Association (SDNA), called the decision troubling.

"First of all, the SDNA would disagree with the interpretation that a personnel contact between a school employee and the school district is a confidential record," Bordewyk told the *Press and Dakotan*. "I know the Office of Hearing Examiners ruled that way, too. But I would disagree with that assessment. I understand the (citation) which they point to in the open access law says 'only routine directory information and salaries' needs to be released. But we make all other contracts public — vendor contracts at all levels of government."

He stressed that when the issue concerns a contract between a public official working for a public entity, the contract should be made available.

"If there were personal information like a Social Security number or some personally identifiable information that, if made public, would harm the individual personally, then redact that information — but the contract should be public, pure and simple," Bordewyk added.

Bordewyk believes the district cannot pick who can receive documents.

"Now you have a public entity deciding who gets to receive the information and who doesn't — picking who to release the information to and who not to release it to," he said. "That is not a right they have. The open records law is not designed to be selective in terms of who the recipients are. It is either a public record or it is not, regardless of who is trying to access or get a copy of it."

Althoff said he has made numerous attempts during the last several months to gain access to information he feels should be made available to the public. He also said he would drop his legal case if the district would allow him access to the documents.

"It is an understanding that it is a citizen's right," Althoff recently told the *Press and Dakotan*. "... It would be better for them to just lay (the docu-

ments) out there."

When asked why he is pursuing this action, Althoff said it was so that district personnel understand they have a responsibility to the public.

Following the July 8 hearing, Althoff requested that the Board of Examiners revisit the case.

A second hearing was held on Aug. 5, with Brady upholding her earlier decision and denying Althoff's request that the motion be reconsidered. He has filed an appeal against the district in Circuit Court.

In releasing the information to the *Press and Dakotan*, Gertsema also authorized a copy of his contract to be released to Althoff's attorney Jon Arneson, stating, "... It is my hope that voluntarily production of my contracts will put an end to the litigation instituted by Mr. Althoff."

Following receipt of the contract from Gertsema, the *Press and Dakotan* also contacted eight other area districts — Gayville-Volin, Irene-Wakonda, Bon Homme, Crofton, Vermillion, Mitchell, Brookings and Sioux Falls — with an identical request for a copy of the superintendent's contract from each district.

Within 48 hours, the P&D received copies of the contracts from Gayville-Volin, Irene-Wakonda, Mitchell and Brookings, and had been notified by the Vermillion School District that it will be releasing the contract, as well.

"I am glad to see that," Bordewyk said. "It is encouraging and it just goes to show it is an employment contract at a public level, public official, public entity, public employee, and that those should be open and accessible to anyone."

As for SDCL 1-27-1.5(7), Bordewyk said it is just one of the open-records law exceptions that needs to be addressed by the South Dakota Legislature.

"What is troubling to me is the ruling coming out of the Office of Hearing Examiners ... and is perhaps something that needs to be looked at in the Legislature,

specifically addressing the exemption of the open records law," he said. "I don't know what the answer is there, but this scenario in Yankton points to one of many exceptions in the open record law that can be interpreted much too broadly, or cause problems when trying to access information. We knew when that law was written in 2009 that there would be a need to come back and try to address some of those exceptions. ... Obviously, this is one that needs to be fixed."

Bordewyk added that an employment contract between a public official and a public entity should be public, excluding sensitive, private information.

"To not release it just raises questions by the public about what is in that contract," he said. "It is the age-old story where a public entity, government, denying access to records just raises questions. When if you just release it to begin with a lot of the problems just go away."

To see copies of all contracts and documents received by the *Press and Dakotan* go to:

- <http://www.yankton.net/Yankton.pdf>
- <http://www.yankton.net/Brookings.pdf>
- <http://www.yankton.net/GayvilleVolin.pdf>
- <http://www.yankton.net/Mitchell.pdf>
- <http://www.yankton.net/IreneWakonda.pdf>

YOUR NEWS! THE PRESS & DAKOTAN

Lodge

From Page 1

swimming pool. It is open from May through October each year.

Jeff Van Meeteren, the regional park supervisor for the South Dakota Department of Game, Fish and Parks, said during the groundbreaking that he is excited for the lodge to be built.

"It adds another element of opportunity for overnight stays and can accommodate different-sized groups," he said. "One of

the most difficult things at the park because of our popularity is trying to get groups to come here. This affords them that opportunity, especially if they're not campers. Hopefully, it will help us expand our off-season use."

The lodge is just the sort of thing that visitors regularly inquire about, according to Lisa Scheve, director of the Yankton Convention and Visitors Bureau.

"I think this is one of those avenues that will definitely help fill the void that has been there and provide more opportunities to bring people into the area," she said.

Hines

From Page 1

to begin working on the case. Fox expressed the hope that the investigation, as well as the psychiatric evaluation, could be done by the end of October.

A reciprocal discovery motion submitted by the prosecution was also granted by Eng Friday. It allows the county to see case materials collected by the defense.

The judge set the next status hearing in the case for 11 a.m. Oct. 31.

"Perhaps by then we'll know where we stand," he said.

Hines remains in the Yankton County jail on bond.

What's For Dinner?

Hy-Vee Kitchen Daily Specials **served 4-8pm**

MONDAY NIGHT
SENIOR NIGHT MEATLOAF
\$4.00 (Age 60+)

TUESDAY NIGHT
2-PIECE CHICKEN DINNER
\$4.00

WEDNESDAY NIGHT
HOT TURKEY SANDWICH
\$3.00

THURSDAY NIGHT
CHINESE EXPRESS 2 ENTREE MEAL
\$5.00


FRIDAY NIGHT
BIG BOB'S COD DINNER
\$5.00

SATURDAY NIGHT
GRAND BUFFET (DINE-IN ONLY)
\$8.00

SUNDAY NIGHT
1/2 LB. BURGER WITH FRIES
\$3.00

HyVee EMPLOYEE OWNED
2100 Broadway
Yankton, SD
665-3412

Meet Dr. Sternquist, OBGYN




YANKTON MEDICAL CLINIC, P.C. IS PLEASED TO ANNOUNCE THE ASSOCIATION OF
Jill F. Sternquist, M.D.
Board Eligible Obstetrics and Gynecology

Dr. Sternquist is a graduate of the University of South Dakota School of Medicine. She completed her Obstetrics and Gynecology residency training at the Creighton University Medical Center in Omaha, Nebraska.

Dr. Sternquist will provide medical and surgical treatment of diseases unique to women, regular examinations, pap smears, infertility treatment, family planning and care of women before, during and after childbirth.

The Clinic is pleased to welcome Dr. Sternquist, her husband, Jason Nelson, and their sons, Easton and Xavier, to Yankton.

Dr. Sternquist began seeing patients at the Yankton Medical Clinic, P.C. on August 15, 2011. Appointments can be made by calling 605-665-5538.



YANKTON MEDICAL CLINIC®, P.C.
www.yanktonmedicalclinic.com

So Much Care, So Close to Home.