### life

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# LOOK UP, OUT AND AROUND for overhead power lines.

When you're outdoors, it's critical to keep a safe distance - at least 10 feet - from power lines. Plus, electricity can arc from power lines to metal objects like ladders or boat masts. So whether you're working or having fun, before getting started, look up and look out for power lines!

For more information, call (800) 245-6977 or visit www.northwesternenergy.com.

NorthWestern Delivering a Bright Future

### Parks And Rec Hosting Late Night For Teens

The Yankton Parks and Recreation Department is sponsoring its final "Late Night for Teens" of the summer, at 8-10 p.m. Friday, Aug. 10, at Memorial Pool.

The events theme is "Making Memories: Summer 2012." Come dance the night away with this popular teen event. School starts in a few days, so join in the fun and enter to win the final belly flop and hoop shoot contest of the year.

For further information, call 668-5234 or stop by the Summit Activities Center at 1801 Summit Street, Yankton. Remember to follow the Yankton Parks and Recreation on Facebook.

### Summit Center Offering Free Demonstrations

The Summit Activities Center will be offering free demonstrations on all weight and fitness equipment for both adult and youth ages 12-14 years. The demonstrations will be conducted by Summit Activities Center weight and fitness staff and are open to all SAC members

Youth weight and fitness demonstrations will be held at 11 a.m. Saturday, Aug. 11, and 7 p.m. Monday, Aug. 20. Youth participants, ages 12-14 years, that complete the class will be allowed to use the weight and fitness area at the SAC.

Ădult weight and fitness demonstrations will be held at 11 a.m. Saturday, Aug. 18, and 7 p.m. Tuesday, Aug. 28. Upon completion of the adult demonstrations, members will receive a free personal training session.

To sign up for the class or request further information, call 668-5234 or stop by the Summit Activities Center at 1801 Summit Street. You can follow the Yankton Parks and Recreation Department on Facebook.

### Join The Fun As A S.D. State Fair Volunteer

BROOKINGS - The South Dakota 4-H program is seeking individuals to volunteer during the South Dakota State Fair Aug. 29-Sept. 3.

Positions available include; fair set up, livestock superintendents, office workers, and serving as 4-H exhibit hosts. Volunteer opportunities include helping with exhibit entry day, and assisting with all 4-H contests and events throughout the fair. State Fair 4-H positions are compensated based on experience and skill required.

A complete list of volunteer opportunities includes:

- Exhibit Entry Assistants;
- Clerks (Livestock and Non-Livestock);
- Display Area Assistants;
- Judging Contest Assistants (Livestock and Non-Livestock);
- Check-Out Assistant;

• Presentation Assistant. Registration forms can be found at iGrow.org or by contacting the Helen Geppert at 605-995-7278 or e-mail her at

Helen.Geppert@sdstate.edu. Forms may be submitted by adults and teens who would like to volunteer.

Contact Geppert if you have questions about these volunteer positions. Return completed forms by email or mail to SDSU Extension Mitchell Regional Center, Att: Helen Geppert, Box 610 Mitchell, SD 57301.

### Neb. Vietnam Veterans Reunion Set For Columbus

## **Replacing Shocks Based On Miles**

BY TOM AND RAY MAGLIOZZI King Features Syndicate

Dear Tom and Ray:

While watching a baseball game, an ad on the backstop said to change your shocks at 50,000 miles. I realize this national shock-replacement company is trying to sell shocks. What I want to know: Is 50,000 miles a hard and fast number? If not, how does one know when to change the shocks? -Ken

**RAY**: No, there's no reason to automatically change your shocks at 50,000 miles. We see lots of cars these days whose shocks last more than 100,000 miles. So these guys are just hoping to double their income.

**TOM**: If it works, we're going to try it, too! **RAY**: Even to estimate how long your shocks will last, you have to evaluate them

on a car-by-car basis. First, you have to factor in the quality of the shocks that came with the car, which varies. Then you have to consider the type of driving the car is asked to do.

TOM: If you do a lot of smooth highway driving, the shocks mostly are just sitting there, doing very little. They'll last a long time when they're doing nothing.

**RAY**: My brother's hoping for the same result for himself.

TOM: Whereas if you drive on a lot of



**CAR TALK** 

Tom and Ray Magliozzi

unimproved roads with potholes and bumps and lots of dead armadillos, you easily could go through a set of shocks in 50,000 miles.

**RAY**: And how does a mechanic know if you need new shocks? He looks for leaks. If a shock is leaking, it's either worn out or it's well on its way to being worn out. That's the definitive sign.

**TOM**: There's also a practical test you can do at home. You get someone big (try a mother-in-law, for instance) to push hard on a corner of the car and get it bouncing down and up, down and up. Then, when it's at the

bottom of its cycle, you let go and see what happens.

**RAY**: If the corner of the car comes up and stops, without going down and up again, that shock is good (assuming it hasn't started leaking). If the car keeps cycling up and down, even a little bit, after you let go of it, the shock is worn out.

TOM: Shocks don't really degrade over time. They're usually either good or bad, so there's no need to replace them unless they've actually stopped working. Good luck, Ken

Used cars can be a great bargain, and reliable, too! Find out why by ordering Tom and Ray's pamphlet "How to Buy a Great Used Car: Secrets Only Your Mechanic Knows." Send \$4.75 (check or money order) to Used Car, P.O. Box 536475, Orlando, FL 32853-6475.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or e-mail them by visiting the Car Talk Web site at www.cartalk.com.

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## High Temperatures Can Decrease Garden Yields

BROOKINGS — Gardeners may be noticing the effects of our recent high temperatures, according to Dr. Rhoda Burrows, Extension Horticulturist.

"Hot dry winds can also exacerbate the combined effect of heat stress and water stress, as it can be difficult to deliver sufficient water to the plant under those conditions," Dr. Burrows said. The following are some of the

effects Burrows said gardeners may observe on vegetables:

• Tomatoes: Ideal temperatures for growing tomatoes are 75 to 80 degrees. Temperatures over 100 degrees F can prevent fruit set, and temperatures in the 90's can also prevent fruit set if nights are warm (over 70 degrees) or the humidity is high. On ripening fruit exposed to strong sun, sunburn can occur, and temperatures over 85 degrees decrease development of red color in the fruit. Heat also tends to increase blossom end rot because the fruit expands too rapidly for the plant to take up

calcium quickly enough to distribute it to the expanding fruit. Uneven watering will also result in the same problem, as the plant needs moisture in order to take up and move calcium to the fruit. • Squash: High temperatures

(over 86 degrees) accelerate flower closing (mid to late morning), so pollination must be accomplished by bees early in the morning. Squash and pumpkin flowers must be pollinated within a few hours of opening, or will fall off the plant.

• Peppers: Drought stress early in the season decreases leaf area and fruit yield, especially during blossoming. The optimal

• Cucumbers: Heat and drought increase bitterness.

• Green beans: Fruit set of beans will be reduced or stopped altogether at temperatures over 85 degrees, with some variation in cultivars. Bush-type (as opposed to pole) beans have fairly shallow root systems, so gardeners need to be careful to keep their soil moist. Smaller-seeded cultivars germinate better in warm (over 80 degrees) soils; larger-seeded cultivars in cooler (54 degree) soils.

• Sweet corn: Corn is one of the most heat-tolerant vegetables, but is still sensitive during silking. The primary concern with hot temperatures is to maintain water supply to the roots to ensure good "tip-fill" of the ears. • Lettuce: Many types of lettuce will not germinate when soil temperatures are over 80 to 85 degrees, so late summer plantings for a fall crop must be grown from transplants germinated in a cooler place.

rupt head development, leading to small scattered bunches of florets. Water stress can cause the heads to develop too quickly, with similar results.

• What can a gardener do to ameliorate the effects of high temperatures? "Some tomato growers in other areas of the country are resorting to shadecloth or even mist systems to cool the plants" Burrows said. "Although we generally encourage drip systems to avoid plant diseases and to conserve water, short periods of overhead watering may be beneficial to cool the plants during the hottest hours of the day, especially when humidity levels are low. However, avoid having water on the foliage for more than a few hours at a time, as longer periods of leaf wetness allow diseases to invade.'

COLUMBUS, Neb. — A reunion of all Nebraska Vietnam Veterans is planned for Aug. 16-19 at the New World Inn at Columbus, Neb. This will be the 28th year of this annual event of which all Vietnam veterans, their spouses, family members and guests are invited.

This outstanding get-together has become one of the premier reunions for Vietnam vets bringing brother veterans and their families together from various parts of Nebraska as well as neighboring states. The gathering provides fellow vets the opportunity to rekindle friendships from past Vietnam reunions, plus the opportunity to meet new friends who are first timers to the event.

Approximately 400 Vietnam veterans from Nebraska and surrounding states were in attendance last year at Gering, Neb. This year's turnout is expected to top that number.

Noted for its unique hospitality and welcoming atmosphere, the Nebraska reunion presents many different programs, workshops, seminars, and entertainment. It will also offer the latest information available for the Vietnam veteran and their families.

Each registration includes daily programs, speakers, workshops, Thursday barbecue, Friday evening meal, Sunday breakfast plus three evenings of entertainment plus a commemorative T-shirt. Extra T-shirts will available at the reunion for \$10.

For further information and/or to print out a registration, a web site has been set up: www.vetsreunion.com. Additional information and registration forms may also be acquired by contacting Bruce and Patty Bounds, pbounds@conpoint.com, Ph: 402-841-5524; or Marv Olmer, dmolmer@frontier.com. Veterans are also reminded to "Like" the Nebraska Vietnam Veterans Reunion on Facebook, which is also a means to receive updates.

### Heartland Humane Hosting Pooch Plunge

The Heartland Humane Society, along with the City of Yankton Parks and Recreation Department, invites the community to the third annual Pooch Plunge at the Memorial Park Pool in Yankton. The dog swim event will be held on the evening of Monday, Aug. 20, running from 6-8 p.m.

There is a fee for each dog that is brought in to swim and each dog must be accompanied by a human companion.

Dogs and their humans are invited to swim as lifeguards will be on duty. Proceeds from the Pooch Plunge will go toward the care of Heartland Humane Society's shelter pets.

All dogs should have a collar, carry ID tags, be properly licensed, vaccinated and in good health to participate. Ensure all dogs are leashed until ready to take the plunge. Please be courteous and be prepared to clean up after your dogs.

For more information, contact the Summit Activities Center at (605)665-5234 or the Heartland Humane Society at (605) 664-4244.

### 25th Wedding Anniversary 🔊



Mr. and Mrs. Jerry and Pam (Reinbold) Varilek will celebrate their 25th anniversary on August 8, 2012.

Jerry and Pam were married August 8, 1987, Scotland, South Dakota.

Jerry and Pam are the very proud parents of four children: Terence Scepaniak of Yankton, SD, Alicia Clocksene (Brandon) of Groton, SD, Jessica Scepaniak of Aberdeen, SD, and Jake Varilek of Sioux Falls, SD. They are also the proudest grandparents of the two greatest grandchildren, Kira and Loaan.

Please help us celebrate this very special occasion, which honors our love for each other, with a card shower. Cards may be sent to: 2309 Walnut Jerry & Pam Varilek Street, Yunkton, SD 57078.

temperature for growing bell peppers is 72 degrees; hot peppers can withstand somewhat higher temperatures. Temperatures above 90 can stop fruit set altogether on bell peppers, especially under dry conditions, and even temperatures in the 80s can decrease yield by 50 percent.

• Potatoes: Drought can cause tubers to crack, resulting in misshapen tubers at harvest.

 Broccoli/Cauliflower: Temperatures over 80 degrees dis-

For more resources during this time of drought, visit iGrow.org/drought.

### Cigarette Consumption Down, Use Of Others Up

#### BY THOMAS H. MAUGH II © 2012 Los Angeles Times

Sales of cigarettes in the United States are continuing to decline, but that decline is being partially offset by increases in the sales of loose tobacco and cigars, the Centers for Disease Control and Prevention said Thursday. Cigarette consumption fell 2.5 percent from 2010 to 2011, but the overall drop in tobacco consumption was only 0.8 percent because of an increase in the sale of other smokable tobacco products, the agency reported in its Morbidity and Mortality Weekly Report. At least part of the alteration

in consumption patterns arose because of a 2009 increase in the federal tobacco excise tax on cigarettes that made loose tobacco and cigars cheaper than cigarettes. Regulations prohibiting the addition of menthol and other additives to cigarettes are also less stringent for non-cigarette products.

The CDC has not historically tracked cigarette sales \_ that task fell to the U.S. Department of Agriculture. That agency stopped reporting consumption in 2007. CDC thus decided to take over the task because of the importance of smoking to Americans' health. Smoking is the primary cause of

lung cancer, as well as a major contributor to heart attacks, strokes and other diseases. Cigarette use and exposure to secondhand smoke kill an estimated 443,000 Americans each year, and for every death, an additional 20 live with a smoking-related disease. It is the only U.S. product that, if used according to the manufacturers' directions, will kill half its consumers.

From 2000 to 2011, the agency reported, overall consumption of tobacco fell by 27.5 percent, from 450.7 billion cigarette equivalents to 326.6 billion. During that same period, however, the proportion of non-cigarette combustible to-

bacco products increased from 3.4 percent to 10.4 percent. The largest increases were a 482 percent increase in pipe tobacco and a 233 percent increase in large cigars. Some of that increase reflected a simple change in labeling to avoid the excise taxes. Much roll-your-own tobacco, for example, was relabeled as pipe tobacco, which is taxed at a lower rate — but the product continued to be marketed for making cigarettes. Similarly, some small cigars that were previously taxed as cigarettes were enlarged slightly to be classified as large cigars for tax purposes.



### Wintz - Arens

2010 with a Bachelor of Science Jim and Carla Wintz of Hartington, Degree in Turfgrass and Landscape and Marcel and Janet Arens of Management. They are both Coleridge, announce the employed at the Prarie Club Golf engagement and upcoming marriage Resort in Valentine, Nebraska of their children, Janeen Marie Wintz Janeen is the Event Coordinator and and Brandon Irvin Arens. Brandon

Grandparents of the couple are the late Bernard and Geraldine Bruening

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of St. Helena, Nebraska; the late 2012 wedding at Immaculate The couple is planning an August 25, Richard and Kathy Wintz (Abts) of Conception Catholic Church in St. Helena, NE. the late Erwin and Denelda Suing of

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Ծ ര) St. Helena and Irvin and the late Arens of Randolph Ianeen graduated from Cedar Catholic High School in 2008 and the University of Nebraska in Lincoln with a Bachelor of Science

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#### Ellingson-Doctorman

Lindsey Ellingson and Bill Doctorman were married June 1, 2012, in Skagway, AK. Parents of the couple are Duke and Peg Ellingson of Yankton, SD, and Bill and Sharyl Doctorman of St. Louis, MO.

The Best Man was Chris Baldwin of Skagway, AK; and the Matron of Honor was aimie Ellingson Lawson of Skagway, AK.

The bride currently is teaching at the University of Alaska-Southeast in Juneau, AK The groom is employed by the National Park Service.

The reception was held at Stowaway Restaurant in Skagway, AK.