

COMMUNITY CALENDAR

The **COMMUNITY CALENDAR** appears each Monday and Thursday. Contributions to this list of upcoming events are welcome and should be submitted two weeks before the event. Submissions **MUST** be typewritten or legibly printed and include the name and phone number of a contact person. Send items to P&D Calendar, 319 Walnut, Yankton, SD 57078, or email to news@yankton.net.

MONDAY

Line Dancing, 9:30 a.m., The Center, 605-665-4685
Quilting, 9:30 a.m.-3 p.m., The Center, 605-665-4685
Exercise, 11 a.m., The Center, 605-665-4685
Daily Reprieve, noon, open meeting non-smoking, 1019 W 9th St.
Interchange, noon, Minerva's Bar and Grill, 605-660-8849.
Cribbage, 1 p.m., The Center, 605-665-4685
Pinochle, 12:45 p.m., The Center, 605-665-4685
Whist, 1 p.m., The Center, 605-665-4685
Hand & Foot Cards, 1 p.m., The Center, 605-665-4685
River City Harmony Sweet Adelines, 6:30 p.m., First United Methodist Church, 11th and Cedar, 605-661-7162
Divorce Care, 7 p.m., Calvary Baptist Church
Divorce Care For Kids, 7 p.m., Calvary Baptist Church
Daily Reprieve, 7 p.m., closed meeting non-smoking, 1019 W 9th St.

FIRST MONDAY

Yankton Republican Party Executive Meeting, 5:30 p.m., 2507 Fox Run Parkway, 605-260-1605
Yankton Lions Club, 6 p.m. dinner, 6:30 p.m. meeting, JoDeans, 605-665-4694
Heartland Humane Society Board Meeting, 6:30 p.m., 601 1/2 Burleigh
Yankton Parks Advisory Board Meeting, 5:30 p.m., RTEC, 1200 W. 21st Street

TUESDAY

Table Tennis, 8:30 a.m., The Center, 605-665-4685
Yankton Community Forum, 8:30 a.m. coffee, 9 a.m. meeting at Hill-crest, 605-664-5832
Ladies Pool, 10 a.m., The Center, 605-665-4685
Weight Watchers, 10:30 a.m., 413 W. 15th Street. Weigh in 1/2 hour before.
Yankton Alanon, noon, non-smoking session, 1019 W 9th Street
Nurse, 12:30-3:30 p.m., The Center, 605-665-4685
Pinochle, 12:45 p.m., The Center, 605-665-4685
Bingo, 7-9 p.m., The Center, 605-665-4685. (Open to the public)
Open Billiards, 7-9 p.m., The Center, 605-665-4685
Yankton Alcoholics Anonymous STEP Sessions, 7 p.m. and 8:30 p.m., 1019 W. 9th St.
Vermillion Unity Alcoholics Anonymous, 7:30 p.m., closed session, Trinity Lutheran Church at 816 E Clark St. Vermillion.
Vermillion Alcoholics Anonymous, 8 p.m., non-smoking closed session, 16 1/2 Court St. Vermillion

FIRST TUESDAY

Yankton Area Banquet, 6 p.m., United Church of Christ, Fifth and Walnut

WEDNESDAY

Line Dancing, 9:30 a.m., The Center, 605-665-4685
Nurse, 10 a.m.-noon, The Center, 605-665-4685
Quilting, 10 a.m.-3 p.m., The Center, 605-665-4685
Exercise, 11 a.m., The Center, 605-665-4685
Daily Reprieve, noon, non-smoking open session, 1019 W. 9th St.
Whist, 1 p.m., The Center, 605-665-4685
SHIINE, 1-4 p.m., The Center, 605-665-4685
Yankton Alcoholics Anonymous, 7:30 p.m., non-smoking session, 1019 W. 9th St.
Springfield Footprints, 7:30 p.m., non-smoking open session, Catholic church, Springfield

SECOND WEDNESDAY

Duplicate Bridge, 1 p.m., Partnership Bridge, The Center, 605-665-4685
Antique Auto Club, 7 p.m., The Center, 605-665-4685

BIRTHS

PAIGE ELIZABETH NOHR

Jana Nohr of Yankton announces the birth of her daughter Paige Elizabeth Nohr, who was born on July 25, 2012 on Yankton, weighing 6 pounds, 11 ounces. Jana has one sibling, Brooklynn Fulmer, age two. Grandparents are Kathy Nohr and Doug Steffen of Crofton and great-grandparents are Jim and Jan Nohr of Crofton.

TERESE IDELL

Lucas and Jennie Johnson of Yankton announce the birth of their daughter Terese Idell, born on July 23, 2012 at 8:21 a.m., weighing 8 pounds, 10 ounces and measuring 20 3/4 inches. Siblings are Eleanor, age 6, and Lucy, age 4. Grandparents are Pete and Jan Johnson of Yankton and Gary and Mary Jo Coplan of Sioux Falls.

SAMI HABERMAN

Adam and Laura Haberman of Yankton announce the birth of their daughter Sami Jo Haberman, born July 11, 2012 at 5:17 p.m. She weighed 7 pounds 11 ounces and was 20 inches in length. Sami joins her sister, Tatum, 8. Grandparents are Darold and Jerri Haberman, Sandy and Dick Haro, Yankton and Curt and Colleen Keiser, Rapid City. Great-grandparents are Merle Keiser, Yankton and Melton and Lorna Langle, Clayton.

STELLA SCHRAMM

Greg and Abby Schramm of Rochester, Minn. announce the

birth of their daughter Stella Grace, born July 20, 2012, weighing 7 pounds 4 ounces.

Stella joins her big brother Beckett who is three years old. Maternal grandparents are Ron Turnquist of Gregory and Lavaun Turnquist of Winner. Paternal grandparents are Tom and Bev Schramm of Yankton.

DANVER REISZ

Jesse and Erin Reisz of Yankton announce the birth of their son Danver Ray, born July 25, 2012, at 1:47 a.m. He weighed 7 pounds, 13 ounces and was 19 3/4 inches long. Danver joins his sister Ada, 3. Grandparents are Ray and Kathy Quinlivan and Susan Roberts of Yankton and the late Danver Reisz. Great-grandparents are Dennis Quinlivan, Emil and Char Novak of Yankton and Sharon Roberts of Crofton, Neb.

BROOKLYN LENHOFF

Nick and Lindsey Lenhoff of Hartington, Neb., announce the birth of their daughter Brooklyn Marie, born July 14, 2012, at 12:31 a.m. She weighed 6 pounds, 6 ounces and was 20 inches long. Grandparents are Tim and Sue Lenhoff of Randolph, Neb., and Kevin and Diane Blair of Brunswick, Neb. Great-grandparents are Marie Lenhoff of Randolph, Neb., Jim and Margaret Brockmeier of Osmond, Neb., Joe Blair of Brunswick, Neb., and Arvin and Ruth Anson of Ne-ligh, Neb.

BY PATRICIA ANSTETT

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DETROIT — In a day camp for often smart but distracted kids, 11-year-old Ben Paxton has learned to see something positive in his diagnosis of attention deficit hyperactivity disorder.

Sure, many kids like him get antsy, procrastinate or lose their tempers. But they also are often bright, creative and funny, says Ben, an avid video gamer, like many with ADHD, as well as a swimmer and all-A student at Novi Meadows School.

"People think we're kind of stupid, but we're really quite smart," Ben explains. "We just have a hard time curbing our really big flaws."

Part outdoor-adventure, part ADHD social skills 101, this Training Your Dragons Camp in West Bloomfield, Mich., strives to build teamwork, leadership, goal-setting and coping skills in kids with ADHD — a diagnosis that can be befuddling, stressful, isolating and depressing.

The day camp tries to help kids understand that while their diagnosis may help define them in part, the way the color of your hair or a the shape of your nose can, they have choices in their response to situations that bring out their worst traits, says Kevin Roberts, an ADHD coach from West Bloomfield who designed the camps with Drew Yanke, a psychotherapist in Birmingham, Mich.

Dragons camp helps boys face the dragons, or issues, that kids with the disorder face: impulsivity, anger, oppositional behaviors and poor organizational skills.

These campers are kids who forget their homework, insist on having the last word and who may pull all A's but bring home report cards marked with negative comments about not following directions, says Roberts, an ADHDer, as he calls himself and those with the diagnosis.

Roberts is the author of a new book, "Movers, Dreamers and Risk-Takers, Unlocking the Power of ADHD" (Hazelton, \$14.95). It summarizes Roberts' own life growing up with ADHD in Redford as well as skills he's acquired through a master's degree program and 14 years of work as an ADHD coach for kids.

REUNIONS

SCHRAMM-FROHREICH

The Schramm-Frohreich reunion will be held Labor Day weekend, Sept. 2, 2012, from 11 a.m.-7 p.m. at Westside Park, Yankton. A potluck dinner will be served. For more information, contact Betty Walker at 665-2247.

MENUS

Menus listed below are for the week of August 6. Menus are subject to change without notice.

The Center — Yankton

Monday — Grilled Ham and Cheese
 Tuesday — Meatloaf
 Wednesday — Beef Tips With Gravy
 Thursday — Pork Chops and Gravy
 Friday — Chicken Dumpling Soup

Tabor Senior Citizens Center

Monday —
 Tuesday — Vegetable Beef Soup
 Wednesday — Baked Ham
 Thursday — Chili
 Friday —

BIRTHDAYS

RUTH DRUGLEY

Ruth Drugley of Yankton celebrated her 87th birthday on Aug. 5. A card shower is requested, and cards can be sent to 207 Anchor Drive, Yankton, SD 57078. She has three children, six grandchildren, seven great-grandchildren and one great-great grandchild.

BILL RYKEN

Wish Bill Ryken a happy 80th birthday on August 10. Call him at 263-3413 or at 221 E. Park St. Irene, SD 57037.

Neb. Vietnam Veterans Reunion Set For Columbus

COLUMBUS, Neb. — A reunion of all Nebraska Vietnam Veterans is planned for Aug. 16-19 at the New World Inn at Columbus, Neb. This will be the 28th year of this annual event of which all Vietnam veterans, their spouses, family members and guests are invited.

This outstanding get-together has become one of the premier reunions for Vietnam vets bringing brother veterans and their families together from various parts of Nebraska as well as neighboring states. The gathering provides fellow vets the opportunity to rekindle friendships from past Vietnam reunions, plus the opportunity to meet new friends who are first timers to the event.

Approximately 400 Vietnam veterans from Nebraska and surrounding states were in attendance last year at Gering, Neb. This year's turnout is expected to top that number.

Noted for its unique hospitality and welcoming atmosphere, the Nebraska reunion presents many different programs, workshops, seminars, and entertainment. It will also offer the latest information available for the Vietnam veteran and their families.

Each registration includes daily programs, speakers, workshops, Thursday barbecue, Friday evening meal, Sunday breakfast plus three evenings of entertainment plus a commemorative T-shirt. Extra T-shirts will be available at the reunion for \$10.

For further information and/or to print out a registration, a web site has been set up: www.vetsreunion.com. Additional information and registration forms may also be acquired by contacting Bruce and Patty Bounds, pbounds@conpoint.com, Ph: 402-841-5524; or Marv Olmer, dmolmer@frontier.com.



In Memory of Annabelle Johnson A Special Thank you!

The family of our dear mother, grandmother and great grandmother would like to thank you for sharing and celebrating Mom's life with us! She was truly a very remarkable person. We miss her so deeply, but we have wonderful memories and stories to tell forever.

Thank you all so much for your kind words, the memorials, cards, flowers, plants, food, phone calls, etc. It is so deeply appreciated.

Special thank you to Mark Ostrem, Autumn Winds, Dr. Beth Mikkelsen, Avera Behavioral Health Center, Avera Sacred Heart Hospital Hospice, Avera Sunset Manor, WMF, and Wintz & Ray Funeral Home.

Home in Heaven

I am home in heaven, dear ones
 Oh! So happy and so bright!
 There is perfect joy and beauty
 In this everlasting light.
 All the pain and grief are over,
 Every restless yearning past.
 I am now at peace forever,
 Safely home in Heaven at last.

derstand what they are facing every day. A lot of these boys never have been challenged to ask, "What distracts you? What do you need? Are you angry and impatient? Do you get in other people's space? Do you argue?"

The boys at the camps — girls are welcome but to date none have enrolled — are typically 7 to 14 years old. The cost is \$350, and some financial help is available.

Keeping the boys on task is a challenge. Mac Willcock, 11, of Rochester Hills, one of the dozen boys at the West Bloomfield camp, is "very smart" and "always going," says his mother, Lisa Willcock.

She and her son, who has attended the camp twice, are working on arguing less over what needs to get done. "He is more willing to do what he has to do if he has a say in it," she says.

"ADHD kids don't plan well in advance so if you give them time to do it, they delay," she says. "It's better to say it has to be done now."

Katie Paxton, Ben's mother, says the camps have taught her son to understand why he sometimes acts the way he does.

"The stories I hear on the ride home, I'll say, 'Wait, why did you do that?' Or, 'Do you understand how somebody else might feel?'" At least we're planting the seed. He understands it intellectually, but in the heat of the moment it's unclear what he'll do and how it will end up."

Ben says he is learning to "try to do the right thing, instead of going with my gut instinct." He found the approach useful at school last year when kids bullied him.

He knows now to weigh his choices rather than going with the first emotion that comes to mind.

Ben has not mastered the same coping skills at home, however. He admits to arguing with his mom, playing video games too much, and having a very messy room.

Why the messy room and clutter?
 "It's just too organized," he explains. "I'm just a bit of a slacker. Most kids with ADHD are slackers. I get my schoolwork done on time but if my mom tells me to clean my room, a week later she has to tell me again. I'd rather be doing something like swimming."

He pauses. Then adds: "I'm working on it."

LifeLight Coming To Yankton Pizza Ranch

LifeLight is hitting the road to 15 cities in the month of August to celebrate the 15th Anniversary of the upcoming LifeLight South Dakota Festival. One of those stops will be at the Yankton Pizza Ranch on Friday, Aug. 10. The LifeLight bus will be in the parking lot from 11 a.m.-1:30 p.m.

Pick up information about the upcoming festival, visit with LifeLight Founders Alan & Vicki Greene, and get yourself signed up for a chance to win backstage tour passes for this year's festival (one pair given away at each stop).

The Center Hosting Grandparents Day Activities

The Center, 900 Whiting Drive, Yankton, will host Grandparents Day activities on Saturday, Aug. 11. Events will be held from 11 a.m.-1 p.m.

A small fee includes lunch and games, and it is open to the public. The activities are sponsored by Edward Jones Investments.

For more information, contact Christy Hauer at 605-665-4685 or director@thecenteryankton.org.

Yankton Artist Being Featured At Museum

VERMILLION — Louise Lyman of Yankton will exhibit a series of paintings entitled "Natures Treasures" at the W.H. Over Museum at 1110 University Street, Vermillion, during the month of August.

As a skilled painter, Lyman works in oils, acrylics, watercolors and pastels. Being a cosmetologist for years has given her the sense of freedom to develop a keen sense of perfectionism and style, which serves her well in producing tones, values and quality of stylistic work.

Lyman owns and operates "Accents On Art" in Yankton. She will be on hand during a reception at the museum at 5-7 p.m. Aug. 11.

Regular museum hours are 10 a.m.-4 p.m. Monday through Saturday.

Yankton Library Hosting Book Signing

The Yankton Community Library, 515 Walnut, will be hosting an author talk and book signing with author Nancy Hoffman at 7 p.m. Monday, Aug. 13.

Hoffman is the co-author of the book "Was Justice Served?" It focuses on the life and murder of Julie Grace due to domestic violence.

Books are available for purchase online at Amazon, Barnes & Noble, and iUniverse.com, and the author will have books available that evening. Doors will open at 6:30 p.m.

For more information, contact the library at 668-5275.

Back-to-School Savings Sale!
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New & Used Hottubs
Lots of models in stock
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Open: Monday - Friday 10AM - 6PM, Sat. 10-5PM, Sunday 1-5PM
www.leisureworldsd.com

In Memory of Annabelle Johnson
A Special Thank you!

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 All the pain and grief are over,
 Every restless yearning past.
 I am now at peace forever,
 Safely home in Heaven at last.

**Bob & Corliss "Cory" Simonsen,
 Dennis & Midge Johnson & family,
 Jennifer, Allen, Logan & Madison Eickhoff,
 & Jeff, Kelli, Brynn & Brody Simonsen**