

GAZELLES: 2011 Yankton Dance Team Jazz Routine

Senior-Laden Dance Squad **Set For Run At Warriors**

BY JAMES D. CIMBUREK

james.cimburek@yankton.net A veteran lineup will look to

put the Yankton Gazelles dance team over the top in its annual struggle with Sioux Falls Wash-

Washington has won the state dance title each of the past four seasons, but the Gazelles have remained right on their heals.

"Washington is always strong," said Yankton head coach Tiffany Mueller. "They did lose some seniors from a year ago, so we're not sure how that will play out, but they're always strong competition."

While the Gazelles have looked up at Washington in recent years, they've also seen the rest of the pack edge closer in their rear view.

"The other schools are getting stronger," Mueller said.

Yankton will again look to keep itself near the top of the state dance ladder thanks to a group that includes eight seniors and four juniors. Seniors include Frae Binder, Alyssa Klimisch, Jocelyn Moon, Mackenzie Larson, Paige Medick, Jessica Winterringer, Sarah Pearson and Katie Kotschegarow. Juniors on the squad are Hailey Luken, Mariah LaCroix, Lillie Tacke and Elsie Ko-

"Practices are going really well," said Mueller, in her first season as head coach. "We have a lot of strong leaders, so we should be as competitive as we have been in years past."

YHS Golf

'We were trying to be in the

we got fourth," said Yankton head

top half of the conference, and

coach Brett Sime. "We were try-

state, but in the back of the mind

we were shooting for the top six.

go out and play a lot of golf this

summer, to improve on what we

nament golfers from a year ago

returned. Junior Ben Jensen, who

was on the Bucks' tourney team

in 2010 but was hurt last season,

"Jace (Guthmiller) has played

in three state tournaments, Mitch

(Schlingman) has played in two,"

Sime said. "Everyone else has

all played in a lot of summer

don Frick and Logan Megard.

Crofton

Pierce

Guthmiller and Schlingman are

ment experience.

9/21

9/18

9/20

played in at least one, and they

events. They have a lot of tourna-

Besides Jensen, the Bucks re-

turn juniors Lane Sawatzke, Bran-

returning sophomores. Freshman

is also back this season.

did last year.'

"That propelled a lot of kids to

All six of the Bucks' state tour-

ing to finish in the top eight at

Also on the roster are sophonore Beth Pearson and freshmen Payton Pierce, Kirsten May, Alicia Gregoire and Keeley Kleinsasser.

The team began practice on July 30 with an emphasis on the fundamentals.

"We want to make sure our skills are up to par," Mueller said. "We want to get every skill finetuned so that it shows through during our performances."

The Gazelles will begin their season earlier than they have in years past, as they will open Aug. 28 in Watertown instead of at the Sept. 8 Yankton Invitational. The schedule change, though, has its

"I think it will be good to go somewhere else for the first meet," Mueller said. "We'll have a trial run before we come home to compete. We can see how the girls handle it."

Another change is a shorter season. Instead of ending the season in November, on the same weekend as the state football finals, the Gazelles will compete at state on Oct. 20, a full three weeks sooner.

After the long season took its toll on athletes toward the end of last season, the Gazelles are not taking any chances — even with the season being three weeks shorter.

"One of the things we are doing is making sure we're stretching well," Mueller said. "We've been working on conditioning to keep everyone healthy. Hopefully we won't have as many

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Mason Sundleaf also returns after

The Bucks will host the ESD

Championships at Fox Run this

fall, a event they hope to make a

"Being able to play at home is nice," Sime said. "When we made our run of ESD Championships a

What also started during that

time was a run of six straight top-

three finishes at state, a run the

Bucks would like to restart as well.

ally good. They are probably the

team to beat in the state," Sime

said. "Pierre didn't lose a lot of

But Yankton could be in that

We have a group that will

hope will want to contend for

conference and state titles, and

are willing to work for it," he said.

Yankton opened the season

with a third place tie at the Lynx

Invitational, hosted by Brandon

Valley High School. Guthmiller

burek on Twitter at

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Wisner-Pilger

led Yankton, shooting a 71 to tie

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kids, and Stevens is always

mix as well, Sime noted.

"O'Gorman is going to be re-

few years back it started at

home.

playing varsity a year ago.

Gazelles Cheer Hungry For More After Runner-Up Finish

BY JAMES D. CIMBUREK

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After coming just a half-point shy of first in their division at state a year ago, the Yankton Gazelles competitive cheer squad is looking to build on that success.

The Gazelles return nine seniors from a team that finished just behind Aberdeen Central in the stunting/non-tumbling large group division and fifth in the overall standings. Those seniors have been key to keeping the team working hard during those tough first weeks of practice, according to co-coach Angie Luken.

"Our seniors have been absolutely fantastic with their leadership," said Luken, who has shared coaching duties with Kerry Svatos since competitive cheer became a sanctioned sport in South Dakota in 2007. "We've been able to put our routine together more quickly, which we need to because of the earlier start of the season."

Seniors for the Gazelles include Savannah Chambers, Kayle Diefenderfer, Noemi Nino, Morgan Privett, Logan Ramey, Cyndal Sathe, Allyssa Schroeder, Regan Specht and

The Gazelles have typically had nearly a month of practice before taking the floor at the Yankton Invitational. This year, the Watertown Invitational pops up on the schedule a full two weeks ahead of Yankton's event. Luken, though, considers the changed schedule a positive for several reasons.

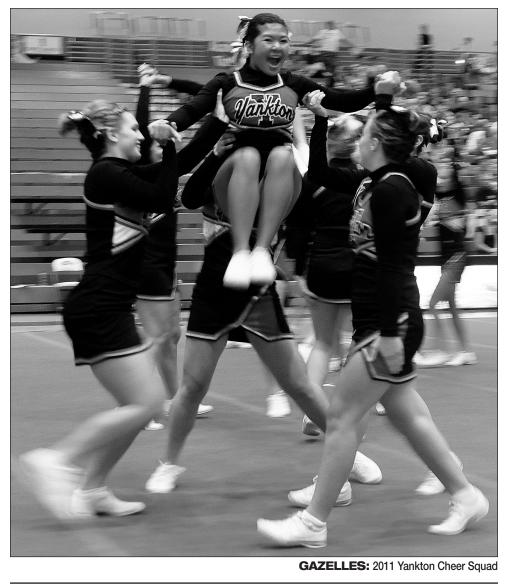
"Normally we get four or five weeks (before the first event), and that gets to be too long," she said. "This year we go to a competition after three weeks, which has focused the kids and focused us (coaches). We've started cleaning up our routine sooner."

Having the first event be away from home also has its advantages.

"I think (opening away from home) is good for the kids," Luken said. "There are a lot of nerves when we are at home. Last year we got disqualified at home because we hadn't worked out all the kinks. This year we can work out the kinks before the home crowd can see them."

Another change for the Gazelles is the ability to bring in young athletes who have cheer experience. A third of this year's squad has trailed with River City Cheer in Yankton during the off-season, including several eighth graders who are in their first year of competition with YHS.

We're not as green (to start the season) as we have been in previous years," Luken said. "We only have three on the team that



are new to cheer - everyone else has either been with us or River City Cheer. The kids already know a lot of the basics.'

Juniors for the Gazelles include Brooke Lange, Jessica Popovich and Gabrielle Swenson. Bailey Franzen, Jessica Kotschegarow and Kelsey Rokahr are sophomores. Jenna Trail is the lone freshman on the roster. Eighth graders include Cheree Becvar, Britney Bradwisch, Kaitlin Guthmiller, Elle Hiltunen and Kolbi Kennedy.

Other than changes to the starting and ending dates — state is now Oct. 20 in Watertown — there were only minor changes to the rules for this season, according to Luken.

"The changes come down to some basic

tweaking," she said. "They've learned to streamline things, make them as safe as possible for the kids. There is a good flow to state at this point."

The Gazelles go into the Aug. 28 debut in Watertown with the goal of building towards the top of their division.

'We have a good routine that needs a lot of polishing and work at this point," Luken said. "But our degree of difficulty to start the season is higher than it has been in a couple of years. That's because of the experience we

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Tennis: Young Gazelles Squad Takes The Court

Yankton Has One Senior, One Junior On The Roster

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EDITOR'S NOTE: This article originally appeared in the Aug. 17 edition of the Press & Dakotan. It has been updated to reflect the on-

With just one senior and one junior among the dozen girls in practice for the Yankton Gazelles, the squad won't take a lot of experience to the court when they opened the girls' tennis team on Aug. 17. But coach Ginger Larsen expects that the experience the Gazelles gain — along with the experience they return — will get them ready to go by the time state rolls around in early Octo-

The Gazelles opened the season 1-2 in a quadrangular held Aug. 17-18 at the YHS/SAC Tennis

Senior Sarah Santos, junior Taylor Rothenberger and sophomore Sarah Rockne return with experience from last year's squad. Rockne finished third at flight five singles, and teamed with Rothenberger to advance to the consolation finals at flight three doubles. Santos competed at flight six singles.

"We've got a good nucleus," Larsen said. "They've come in with great attitudes. We do not have a lot of experience, but we've got great leadership."



GAZELLES: Sarah Rockne

Besides the three returning letterwinners, Yankton has sophomores Jaclyn Arens, Alexa

Bryan, Kim Cap, Kaitlyn Frank and Madeleine Logue, eighth

grader Anna Kokesh and seventh

graders Mimi Garcia, Anne Knoff and Abby Van Osdel competing for varsity and junior varsity po-

The Gazelles have proven willing to put in hard work to improve, even volunteering to have two-a-day practices during the first week of the preseason. In addition, Rockne and Rothenberger have both been working to rehab major injuries from the off-season. Larsen expects that hard work to continue.

"Having 12 players in competition means that anybody could step up and challenge for a varsity position," she said. "It's going to make everyone better knowing that someone could challenge for their spot.' The lineup for early matchups

will probably not look like the lineup that takes the court for the state tournament, Oct. 4-6 in Rapid City. The first couple of weeks are

going to be a feeling out period," Larsen said. "We're looking for continued improvement and a good attitude when they step on the court." The Gazelles will be looking to

build back the squad after graduating four players from a team that placed eighth in the state tournament a year ago.

'We were about the only team that lost a big chunk of its lineup," Larsen said. "We'll see where we're at after this weekend.'

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Trails

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Even after her graduation this past May, Grossenburg still plans on utilizing the trails to train. Except this time for the Division I level as she will be continuing her running career as a Jackrabbit at South Dakota State University this fall, competing in both cross country and track and field.

"I think it should help because

I've been running them a lot this summer," she said. "I just feel like it will prepare me for some courses to come."

For Yankton, the 2012 season has no less expectation than to be the top team once again, especially since the state meet will be held in Huron, a fairly hilly course compared to others in the state.

We think by running those hills, we are going to increase our strength, increase our downhill technique, and it's going to help us on that one day we need to run good on October 20 at the state meet," Dannenbring said.

But with the change in scenery, coach Dannenbring thinks hill training Tuesdays are also a way to shake up the daily routine and have some fun with the team.

"We get those hard runs in every week at a beautiful place, we stop at the Dairy Dock on the way back and have ice cream, and call it a great day.'



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