

2010 Legal and Public Notices

7+18+25&8+1
Invitation To Bid

Sealed bids will be received by the Department of Game, Fish and Parks Engineering Section located at the Foss Building, 523 East Capitol Ave, Pierre, South Dakota 57501-3182 until **Thursday, August 8, 2013 at 3:00 PM CDT** for labor and materials for installation of campground electrical pedestals at Chief White Crane Recreation Area in Yankton County, South Dakota.

Copies of the Plans and Specifications may be requested from, the Department of Game, Fish and Parks Engineering Section; Foss Building; 523 East Capitol Avenue; Pierre, South Dakota 57501-3182, phone (605)773-6082.

The following can be located on the engineering website:

<http://gfp.sd.gov/agency/projects/bid.aspx>

- o Advertisement - date, time and location of bid opening
- o Planholder Lists - complete list of contractors requesting plans & specs
- o Bid Tab Summary - bid tab listing all contractors bidding on projects

Technical questions can be forwarded to Bill Meyers; Phone 605-773-5824 or via E-mail to bill.meyers@state.sd.us

Each bid in excess of \$50,000.00 must be accompanied by a certified check, cashier's check or draft in the amount of 5% of the base bid and all add alternates and drawn on a State or National Bank or a 10% bid bond issued by a surety authorized to do business in the State of South Dakota and made payable to the Department of Game, Fish and Parks of the State of South Dakota.

Anyone requesting, reviewing, or copying plans and specifications for this project (such individual is hereinafter referred to as "bidder") agrees that they are doing so for the sole purpose of submitting a bid on the project. In consideration of the State of South Dakota providing such plans and specifications for the purpose of preparing a bid, bidder agrees that any copies of the plans and specifications obtained directly from the State will be returned to the State immediately after the State provides notice that bidder will not be awarded a contract, or thirty (30) days after the bid opening for the project, whichever occurs first.

Should bidder be awarded a contract for construction of the project, bidder does not need to return plans and specifications until after completion of the project.

The South Dakota Department of Game, Fish and Parks reserves the right to reject any or all bids and to waive any irregularities therein.

DEPARTMENT OF GAME, FISH AND PARKS
ENGINEERING SECTION

STEVE ELLINGSON
Engineering Supervisor

Published three times at the approximate cost of \$97.82.

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Invitation To Bid

Sealed bids will be received by the Department of Game, Fish and Parks Engineering Section located at the Foss Building, 523 East Capitol Ave, Pierre, South Dakota 57501-3182 until **Tuesday, August 13, 2013 at 3:00 PM** for labor and materials for hydraulic dredging at the Gavin's Point boat ramp in Lewis & Clark Recreation Area and at the boat ramp in Springfield Recreation Area in Yankton & Bon Homme Counties, South Dakota.

Copies of the Plans and Specifications may be requested from, the Department of Game, Fish and Parks Engineering Section; Foss Building; 523 East Capitol Avenue; Pierre, South Dakota 57501-3182, phone (605)773-6082.

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Technical questions can be forwarded to Ryan Tobin; Phone 605-773-4521 or via E-mail to

2010 Legal and Public Notices

ryan.tobin@state.sd.us

Each bid in excess of \$50,000.00 must be accompanied by a certified check, cashier's check or draft in the amount of 5% of the base bid and all add alternates and drawn on a State or National Bank or a 10% bid bond issued by a surety authorized to do business in the State of South Dakota and made payable to the Department of Game, Fish and Parks of the State of South Dakota.

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ENGINEERING SECTION

STEVE ELLINGSON
Engineering Supervisor

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Mead

From Page 1

dows, using two of the Mead Building's rooms to set up an on-site shop. Each window also will include a historically accurate storm window when completed.

"When we're done, we're going to have a clean building with a fresh coat of paint and restored windows," Nelson said.

The lead project, which will utilize inmate labor, is being overseen by a hazardous-waste consulting firm with project manager Mike Casavant of Yankton in charge of day-to-day operations. Roger Huntley of Huntley Plastering & Stucco also will consult on the project to ensure the work will not hinder the plaster restoration that will occur later.

Nelson said the YCHS had hoped to begin the project earlier this summer but suffered a few setbacks.

"There were a couple of

Chase

From Page 1

"(The suspects) took off at a high rate of speed just on sight of him," Howe stated, noting that speeds of approximately 90 mph were reached. "They fled from Wakonda, through Irene and back toward Volin, where they jumped out of the pickup and ran."

K-9 units from the Yankton Police Department were deployed to track the suspects, who were not located.

The Yankton County Sheriff's Office and the South Dakota Highway Patrol were also involved with the case.

"We're just happy we got the pickup back, and they didn't wreck it," Howe said. "We're hopeful to come up with the name of the driver through the investigation. If so, we'll charge him with the traffic offenses of eluding, stop sign violations and speeding."

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Economy Grew At 1.7% Pace In Q2

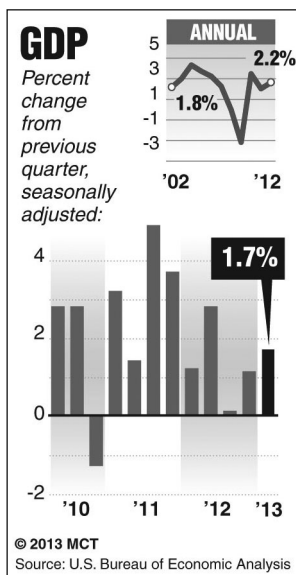
BY CHRISTOPHER S. RUGABER
AP Economics Writer

WASHINGTON — The U.S. economy grew from April through June at a modest seasonally adjusted annual rate of 1.7 percent, as businesses spent more and the federal government cut less.

The Commerce Department said Wednesday that growth improved from a 1.1 percent rate in the January-March quarter, which was revised from an initial 1.8 percent rate.

While growth remains sluggish, the pickup was surprising as most economists predicted a far weaker second quarter. And it suggests the economy could accelerate later this year as businesses step up spending and the drag from steep government cuts fade.

The second quarter figure indicates "the recovery is gaining momentum," Paul Ashworth, an economist at Capital Economics, said in a note to clients.



Businesses increased their spending 4.6 percent in the second quarter after cutting by the same amount in the previous quarter. And spending on home construction grew 13.4 percent, in line with the previous quarter.

At the same time, the fed-

eral government cut spending only 1.5 percent after an 8.4 percent plunge in the first quarter. And state and local governments increased spending for the first time in a year.

The biggest part of the economy is consumer spending and that grew more slowly in the second quarter. And a surge in imports reduced growth by the most in three years.

Still, economists are hopeful consumer spending will rebound and growth could improve to around 2.5 percent in the third and fourth quarters.

There were signs in the report that companies expect demand to pick up. Businesses added to their stockpiles in the second quarter, which is typically a sign they foresee greater sales.

The government also released comprehensive revisions that updated the nation's gross domestic product, or GDP, over the last several decades. Those figures showed that the economy

grew at a stronger 2.8 percent in 2012, up from an earlier estimate of 2.2 percent. Last year's first quarter was revised much higher, while the economy barely expanded in the fourth quarter.

GDP is the broadest measure of the nation's output of goods and services, including everything from manicures to industrial machinery.

Other recent data have been encouraging and suggest that growth will continue to improve.

Home construction, sales and prices have been growing since early last year. Americans purchased newly built homes in June at the fastest pace in five years. That's raised builder confidence to a seven-year high, which should lead to increases in construction and more jobs.

Overall hiring has accelerated this year. Employers have added an average of 202,000 jobs a month from January through June. That's up from 180,000 in the previous six months.

Diabetes

From Page 1

and Yankton counties, as well as Cedar and Knox counties in Nebraska.

In addition to consulting the medical community, the assessment included focus groups consisting of people representing the broad interests of the communities ASHH serves.

It was determined that the hospital should have screening and education programs in one of the high-priority areas of diabetes, heart disease or cancer.

"We're going to be focusing a majority of our education in the next year on diabetes and prediabetes," said Kara Payer, vice president of mission for ASHH. "The medical community felt that if we concentrated especially on pre-diabetics — those at most risk — that is where we could get the most impact."

According to the Centers for Disease Control and Prevention National Diabetes Education Program, the increase in diabetes has reached epidemic proportions. The num-

ber of people diagnosed with diabetes has risen from 1.5 million in 1958 to 18.8 million in 2010.

A total of 25.8 million Americans have diabetes — 8.3 percent of the U.S. population, the National Diabetes Education Program reports. Of these, 7 million do not know they have the disease.

Additionally, it is estimated that 79 million adults aged 20 and older have prediabetes, a condition in which blood glucose levels are higher than normal but not high enough to be called diabetes.

Barnes said that studies have shown that by losing weight and increasing physical activity, people can prevent or delay prediabetes from progressing to diabetes.

"There is a lot we don't know yet about why diabetes is exploding," she added. "We do know that those people who are obese or overweight have a higher incidence of becoming diabetic. Also, those people who are inactive and not getting a half-hour of exercise most days of the week are more at risk."

According to the National Diabetes Education Program, cardiovascular disease is the leading cause of death among people with diabetes —

about 68 percent die of heart disease or stroke. The overall risk for death among people with diabetes is about double that of people without diabetes.

Total health care and related costs for the treatment of diabetes is estimated at \$174 billion annually.

"If we can get the 35 percent of people who have prediabetes identified and educate them so they can take some personal action to make lifestyle changes to prevent diabetes in the first place, not only does it help that person and their family, but it also helps the community through decreased costs of illness," Barnes said.

After holding diabetes screenings in the community, ASHH plans to take its education efforts to another level.

"We will have formal classes utilizing several people who are trained as lifestyle coaches by the Centers for Disease Control and Prevention," Barnes said. "It's a series of 16 weekly sessions and six monthly sessions that go through a specific curriculum that is research-based. It's been shown to help people lose weight and change behaviors in a way that prevents diabetes."

According to the Centers

for Disease Control and Prevention, research on the prevention program has shown that making modest behavior changes, such as improving food choices and increasing physical activity to at least 150 minutes per week, helped participants lose 5-7 percent of their body weight and reduced the risk of developing type 2 diabetes by 58 percent in people at high risk for diabetes.

Payer said the CHNA and resulting focus on the prevention or control of diabetes fits well with ASHH's mission of, essentially, doing health care the way Jesus would.

"Jesus never looked at one thing. It was always about wholeness: Who are we? Who are we called to be?" she said. "We are called to help make our communities better. We want to be a beacon for good choices around health care. I think this is going to be an excellent way for us to do that. We want you to stay so healthy that you don't need to come into the hospital. That is really the vision of health care moving forward."

You can follow Nathan Johnson on Twitter at twitter.com/AnInlandVoyage

things that we needed to get in place before we started, and it took a little longer than we had expected," she said. "But it worked out OK, because those things we needed have fallen in place."

Nelson said the delays involve an agreement with the State of South Dakota. She could not provide further details.

She added that since the construction will be done year-round, the later start

should not create much of a setback for the planned work, and it is a small price to pay when considering the overall project.

"This is going to be a huge step forward," Nelson said. "Once the lead-based paint is taken care of, it will be very clean, and it will be very easy to work with the next steps, which will be the plaster and the mechanical systems."

During the course of the

lead project, restoration work also will be done on the front steps and the building's facade. The construction will be funded by grants by the Daughters of the American Revolution and the South Dakota Questers, respectively.

Nelson added that anyone visiting the building to view the project's progress is expected to stay clear of the construction zone. Individuals are also prohibited

from entering the building, regardless if the doors are open, she said.

"We want to make sure people aren't walking into a situation that would be hazardous to their health," she said.

You can follow Derek Bartos on Twitter at twitter.com/d_bartos

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