

American Life in Poetry

A Poetic Look At The Stages Of Grief

BY TED KOOSER
U.S. Poet Laureate

Here's a fine poem about the stages of grief by Helen T. Glenn, who lives in Florida.

NOGUCHI'S FOUNTAIN

The release of water in the base so controlled that the surface tension, tabletop of stability, a mirror, remains unbroken. Moisture seeps down polished basalt sides. This is how I grieve, barely enough to dampen river stones, until fibers in my husband's tweed jacket brush my fingers as I fold it into a box. How close the whirlpool under my feet.

American Life in Poetry is made possible by The Poetry Foundation (www.poetryfoundation.org), publisher of "Poetry" magazine. It is also supported by the Department of English at the University of Nebraska-Lincoln. Poem copyright © 2012 by Helen T. Glenn, and reprinted from the Nimrod International Journal, Vol. 56, no. 1, 2012, by permission of Helen T. Glenn and the publisher. Introduction copyright © 2013 by The Poetry Foundation. The introduction's author, Ted Kooser, served as United States Poet Laureate Consultant in Poetry to the Library of Congress from 2004-2006. We do not accept unsolicited manuscripts.

Author To Speak In Vermillion Aug. 22

VERMILLION — The public is invited to the Edith B. Siegrist Vermillion Public Library at 7 p.m. Thursday, Aug. 22, to meet Young Adult author Anne Greenwood Brown. This event is free and open to the public.

The evening will include a presentation by Brown followed by a Q & A session along with a book signing. She will talk about her path to becoming an author and how ideas for her books developed. Brown will be speaking about her current novels, "Lies Beneath," and her sequel, "Dark Betrayal." The books are set on Lake Superior, and involve a family of murderous mermaids. The story is told by Calder White, the only brother in the family. He is the bait in a plan for revenge, but things do not go according to plan ...

This special program will be held in the library's Teen Room. There will be refreshments and door prizes including signed copies of the book. Also, books will be available for purchase at the library the evening of the event.

Students Returning To Campus At USD

VERMILLION — The University of South Dakota will welcome new and returning students with USD Welcome Week 2013, which begins Friday, Aug. 23 with Move in Day.

Move in Day kicks off at 7 a.m. on Friday at the DakotaDome parking lot where students and their families will check-in; receive their information packets, residence hall keys and instructions on driving to the residence halls. This convenient "drive-through" process eliminates long lines and avoids potential traffic congestion. Volunteers are also available to help students move into to their residence hall rooms.

Welcome Week 2013 also includes New Student Convocation, an invitation of membership to the university's academic community, at 4 p.m. on Friday. The ceremony starts with a student procession from the North Complex and concludes inside the DakotaDome at 4:30 p.m. with the official matriculation statement led by Provost and Vice President for Academic Affairs Chuck Staben, Dean of Students Kimberly Grieve, Student Government Association President Erik Muckey and USD President James W. Abbott.

"Convocation is a unique opportunity for new students to begin their academic journey at USD as well as a reminder to the campus community that we are invested in student development and learning," said Kimberly Grieve, dean of students at USD. "This special ceremony is a great way to welcome the students and their families to the USD family."

Additional Welcome Week 2013 activities include a reception for parents, the Provost's Picnic, a Graffiti Dance Party, Student Tailgate Nation, a Student Organization Fair, live music, including concerts by Xclusive and Nappy Roots, and fraternity and sorority recruitment activities. More information about Welcome Week 2013, including a complete list of events, can be found at www.usd.edu/orientation/.

Centerville Sidewalk Arts Festival Set

CENTERVILLE — The Centerville Community Arts Council, Inc. is making plans for "Art in the Garden: A Celebration of the Arts in Centerville." The event will be held on Sunday, Aug. 25, from 4-7 p.m. in front of the Centerville Community Garden downtown on Broadway. (In case of rain, the festival will be held in the Centerville School Gold Gym, Centerville)

Artists from Centerville, Vermillion, Beresford, Canton, Viborg, Irene, Sioux Falls and the surrounding area will be demonstrating, displaying, and selling. A variety of arts will be presented (paintings, photography, quilts, jewelry, woodworking). Musical entertainment will be provided by area groups and individuals (including Turkey Creek Revival Band, Immanuel Quartet, Raelyn Hunnicutt, Kristin Lambert, Amy Redhage, Joel Finnesgaard, Sound of the Trumpet), Debra Lee, and more). Food vendors will be on the street and the Centerville Steakhouse will be open for dining. Activities for children will be available including sidewalk chalk art, face painting, a fun photo booth, and caricature booth. The White Headed Robin Winery of Centerville will be open for tasting and sales. Revamped home furnishings & decor at 1049 Railway St. will also be open during the show.

If You've Got Back Pain, It May Be Time For An Automatic

BY TOM AND RAY MAGLIOZZI
King Features Syndicate, Inc.

Dear Tom and Ray:
I have painful, incapacitating sciatica on the left side, most likely from constantly engaging the extremely hard clutch in my 2000 Toyota Celica. Have you heard of this association? I'm wondering if the clutch can be adjusted so that it's looser. Or, if not, how should I go about finding an easier-to-clutch used car with manual transmission that is not a lemon or too costly to maintain? — Jill

RAY: We're not doctors, Jill ... although my brother does make the other mechanics at the shop work in hospital johnnies every week as part of Casual Friday.

TOM: That's just to give the customers some laughs. And because they find the open-back design to be cooler in the summer.

RAY: You can't adjust the feel of the clutch, Jill. Assuming it's always been like this and didn't suddenly change, it is what it is. In fact, we've always found Toyota clutches particularly light and easy to shift.

TOM: So forget about making an appointment with your mechanic. Instead, make an appointment with a good physical therapist. On top of that, we'd recommend several other things if we were your medical-automotive advisers:

RAY: No. 1, get a car with an automatic transmission. If a clutch is causing you incapacitating pain, why not eliminate that from your life? Even if it's



CAR TALK

Tom and Ray Magliozzi

not the cause of your sciatica, it's got to make it harder and less comfortable for you to drive.

TOM: So, your next car should be an automatic. It also should have a power driver's seat. In our extremely limited knowledge of lower-back issues, seating position and the angle of your legs vis-a-vis your torso make a great deal of difference.

RAY: So it might not be the clutch in the Celica that caused your sciatica; it might be that the seating position is so low that your legs are folded up and putting strain your lumbar spine.

TOM: I like how you threw in the term "lumbar spine" there. Makes it sound like you almost know what you're talking about.

RAY: Thanks. If you have a power-adjustable seat, you should be able to raise the height of the seat, which changes the angle at which your legs are sitting. The more seat adjustments

you have available to you, the better the chance of finding a comfortable, less painful driving position.

TOM: So I think you need a different car. And if you're looking for a used car, you might want a copy of the pamphlet we wrote called "How To Buy a Great Used Car: Things Detroit and Tokyo Don't Want You To Know." (To order, send \$4.75 (check or money order) to Used Car, P.O. Box 536475, Orlando, FL 32853-6475.) That contains our best advice for finding and inspecting a used car.

RAY: But whether you go new or used, go automatic. And go with a power seat. And go see a physical therapist. Good luck, Jill. Hope you feel better.

Which is cheaper, buying or leasing? Should you keep a car forever or dump it after three years, before trouble starts? Find out in Tom and Ray's pamphlet "Should I Buy, Lease, or Steal My Next Car?" Send \$4.75 (check or money order) to Next Car, P.O. Box 536475, Orlando, FL 32853-6475.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or email them by visiting the Car Talk website at www.cartalk.com.

© 2013 by Tom and Ray Magliozzi and Doug Berman

First National Bank Assists KAH



SUBMITTED PHOTO

Employees of First National Bank recently packed over 2100 meals for children in need of our care. If your business would like to learn more about how you can make a difference in the lives of children, please visit www.kahyankton.org

YCC Auditions Slated Aug. 26

Final auditions set for 2013-2014 season of the Yankton Children's Choir auditions will be held Monday, Aug. 26, running from 5:30-7:30 p.m., at United Church of Christ, located at Fifth and Walnut, Yankton (entrance by alley).

Auditions are open to all children in grades 3-8 during the 2013-2014 school year and may be attending any school in the Yankton area. Singers must be accompanied by a parent or guardian. Singers will be asked to sing "My Country 'Tis of Thee" and "Row, Row, Row Your Boat."

Rehearsals for Yankton Children's Choir will begin Tuesday, Sept. 10, and continue weekly through May.

Tuition is charged for participation in the choir, but Executive Director Dot Stoll stated, "We don't want financial concerns to stop any child from being in the choir. Scholarships and payment plans are available."

The choir is directed by Jaclyn Mathison and accompanied by Dixie Church. For further information, contact Executive Director Dot Stoll at 605-660-1819 or dotster700@hotmail.com/.

NAMI Sponsors Family Class On Mental Illness

NAMI Yankton is sponsoring a Family to Family 12-week educational course for families touched by mental illness. This course is free. The two presenters have been thoroughly trained to teach this course. It will be offered on Tuesday nights from 6:30-9 p.m. beginning on Tuesday, Sept. 3. Meetings will be held at the Yankton Chamber of Commerce Building, located at 803 E. 4th St.

The course was developed by mental health professionals with personal experience with ill family members.

The course is designed for parents/guardians or others who have a mentally ill family member. Some topics to be discussed are information about all the major mental illnesses. Basic information about medications, Coping

skills and communication techniques, Problem-solving skills, Recovery and rehabilitation, family self-care and stigma and Advocacy.

The instructors do request that you be serious in your intent to attend all of the sessions and be on time. The student manuals contain about 300 pages and are costly to print. If interested, call Mike Slama at 605-661-4434 or e-mail at

mamals@iw.net for early registration. Organizers would like to see registrations completed by today (Tuesday) so these manuals can be ordered in time for the beginning class.

MENUS

The lunch menu that ran for Sacred Heart School in Monday's Press & Dakotan was incorrect. Here is this week's correct menu:

- Sacred Heart Schools**
- Tuesday — No school
- Wednesday — No lunch served
- Thursday — Hot dog
- Friday — Breaded Chicken Sand.

RED WING SHOES Comfortable Shoes
Slip On or Lace in Black or Brown

Boston Shoes to Boots
312 W. 3rd • Yankton • 665-9092

State Farm Providing Insurance & Financial Services

NEW OFFICE LOCATION
(4th & Walnut)
200 West 4th St.
Yankton

Roy Wilcox
www.roywilcox.com
(605) 665-7140

Labor Day Deadlines

The Yankton Daily Press & Dakotan will be closed Monday, September 2, for the Labor Day holiday.

The following deadlines will apply:

Out On The Town.....Noon, Wednesday, August 28
Tuesday, September 3 newspaper..... 5 p.m., Wednesday, August 28
Wednesday, September 4 newspaper..... 5 p.m., Thursday, August 29
Thursday, September 5 newspaper..... 5 p.m., Friday, August 30

There will be no newspaper on Monday, September 2, 2013

YANKTON DAILY
PRESS&DAKOTAN

60th Anniversary Celebration

Mr. & Mrs. Leon Maggied

Mr. and Mrs. Leon Maggied are celebrating their 60th wedding anniversary on August 23, 2013. Leon and Joyce (Klarin) were married in Dayton, Ohio, on August 23, 1953. They have two sons, Michael of Mesa, AZ, and Mark of Nashville, TN, a grandson, two granddaughters, and two great-grandsons.

Happy 25th Anniversary Scott & Shannon Hirsch

Love, Taylor