

Mount Marty | Volleyball

Lancers Set To Turn Corner In Third Season Under Climer

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EDITOR'S NOTE: This article originally appeared in the Aug. 27 edition of the Press & Dakotan.

With three years of her own recruits preparing for the 2013 volleyball season, head coach Candice Climer said she has seen the most intense practices since she began coaching at Mount Marty.

What's unique about this year's roster, Climer said, is that they've all played together on a club team previously.

"Now when I put them on the court they know what each person does," Climer said. "The first group I started recruiting and bringing in spread the word to their club team, and now we've got them here as well, and they're continually working together."

"We've also got some girls coming in with a lot of experience, and when you put them together on the court you can't tell the freshmen apart from the girls who have been there — they're all at that same level and they're all playing really well together."

Returning senior Emily Schreur has noticed the level of experience from the incoming freshmen, and said this year is challenging the returning players to step up.

"People were complacent before," she said. "They knew no one would be coming in and taking their spot, and this year someone else can easily step in during a game for you. If they compete and do better than you, they could potentially have your spot. Complacency is not your friend. This year only pushes you harder in your spot — you want to get better so you can play."

Because Climer is working with girls who she has mostly recruited herself, she said the players are picking up on her style of coaching more and more.

"It takes a while for it to set in, and now they're getting into my rhythm. That's what I like to see," she said. "You get your four years of recruits in and that helps. Every coach has a different style of what they're looking for in recruits, so I'm getting



Emily Schreur (2)

mine in."

Caitlyn Illg, returning setter and All-Conference honorable mention, said she has noticed the improvements as Climer brings in more of her own recruits.

"Over the years you see what our coach wanted, and it's finally coming together with all the quality players she's bringing in," Illg said. "This past year we might not have had the record we always wanted, but each year she's been here we've been increasing, and things just keep build-

ing up."

The Lancers ended last season with a 6-26 record, and are now looking to build off of that season, but also start fresh as a new team, Climer said.

"The last three years we've been last in the polls, and now we've moved up one," she said. I tell the players, 'Don't think much into it. Don't think about what's coming up in the future.' We're just thinking about ourselves right now — how we mesh and what our team needs to do. We're just going to do that the whole season. "We can reflect on the last

MMC Volleyball (@mmclancers)			
8/27	@ Grace		
8/30-31	Brunswick Tourney		
8/30	Illinois Tech	2 p.m.	
	Coll. of Coastal Ga.	8 p.m.	
8/31	Southeastern Univ.	10 a.m.	
	Faulkner Univ.	2 p.m.	
9/4	Dakota State	7:30 p.m.	
9/6	@ Presentation/ Dickinson State	4:30 p.m.	
9/7	@ Jameslow	2 p.m.	
9/13-14	Peru State Tourney	TBA	
9/17	@ Northwestern	7:30 p.m.	
9/20	Grace	7:30 p.m.	
9/21	Concordia	1:30 p.m.	
9/24	Briar Cliff	7:30 p.m.	
9/27	@ York	7:30 p.m.	
9/28	@ Doane	5 p.m.	
10/1	@ Dordt	7:30 p.m.	
	@ Dakota State	7:30 p.m.	
	@ Morningside	7:30 p.m.	
	@ Briar Cliff	7:30 p.m.	
	Hastings	2:30 p.m.	
	Northwestern	7:30 p.m.	
	Presentation	7 p.m.	
	@ Concordia	2:30 p.m.	
	@ Dakota Wes.	7:30 p.m.	
	Midland	7:30 p.m.	
	Neb. Wesleyan	1:30 p.m.	
	Morningside	7:30 p.m.	
	@ Hastings	2:30 p.m.	
	Dakota Wesleyan	7:30 p.m.	
	GPAC Tournament		
	First Round		
	Semifinals		
	Championship		

season and say this is what we don't want to do or this is what we did well last year. We kind of want them to remember so we don't go back to that, but we also want to be a new team this year."

The team is stepping up to do just that, Illg said.

"We're all really excited to get the opportunity to surprise some people this year," she said. "We've all been working really hard and giving everything we've got in practice to improve."

"We all want the same goal, and we've wanted it for a while. We're all pushing a little bit harder each year, so hopefully this season we can push even farther."

You can follow Emily Niebrugge on Twitter at twitter.com/ENiebrugge

Yankton | Boys' Golf

Experienced Bucks Squad Aiming High

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EDITOR'S NOTE: This article originally appeared in the Aug. 19 edition of the Press & Dakotan.

The Yankton Bucks golf team is coming off a successful 2012 season where they finished a respectable second place in the ESD and third place in the state.

"Last year we finished third place in the state," junior Jace Guthmiller said. "We didn't really have any expectations at all. But, this year we have all six guys coming back and we're ready to go."

The six returning starters

Bucks Golf			
8/19	BV Tourney		1st
8/27	@ Brandon Valley		
8/30	Huron Inv.	10 a.m.	
9/3	@ Mitchell	1 p.m.	
9/5	@ Lennox	2 p.m.	
9/13	Yankton Inv.	10 a.m.	
9/14	Brookings Inv.	8 a.m.	
9/19	Lincoln/Washington	2 p.m.	
9/20	Mitchell Inv.	9 a.m.	
9/28	ESD (Pierre)	10 a.m.	

State AA Championships
10/7-8 at Brandon Golf Course

are seniors Lane Sawatzke, Brandon Frick, Logan Megard and Ben Jensen. Guthmiller and Mitch Schlingmen round out the juniors. Mason Sundleaf is the lone sophomore in the top seven. "Coming in we have everyone coming back," head coach Brett Sime said. "We had some guys put in a lot of work during the summer; I'm expecting these guys to play a lot of good holes."

Look for the Bucks to lean on the experience of Guthmiller, who placed second in the amateur division of the Hillcrest Pro-Am earlier this month.

"There is more weight on my shoulders being a leader and a captain this fall," Guthmiller said. "Now that we're older, we're able to show the younger guys what we've learned."

Guthmiller has spent time on the varsity roster since his seventh grade year, more than any other Buck on the roster.

from a year ago.

"The first few games we're going to move people around quite a bit," Goeden said. "We lost five from last year, including two of our main infielders and two of our main outfielders."

Abby Schulte (.402, 6 triples, 1 HR, 33 RBI), Andi Sprakel (.368, 1 HR, 22 RBI), Brooke Loecker (.368, 13 RBI) and Jenny Feilmeier (.353, 4 triples, 13 RBI) are among the returning hitters for the Gazelles.

"Andi has improved greatly, and most of it is confidence in herself," Goeden said. "Abby gets in streaks. Brooke and Jenny have hit the ball well. So has Jaclyn."

Arens (.295, 11 RBI) and Peterka (.386, 11 RBI) also hit well a year ago.

Loecker and Schulte will handle catching duties, according to Goeden. Brynn Albers, Arens and Dangler could spend time at first. Bailey Kortan, Peterka and Schulte could see time at second. Sprakel will anchor shortstop, with Kortan also spending time there. Feilmeier, Loecker and Arens have spent time at third during the preseason.

In the outfield, Heather Hauer, Kortan and Dangler have worked out, with Alisa Ruzick and Kelsey Hovorka also spending time in the outfield.

"We're going to have a lot of feeling out where everyone should play," Goeden said. "We have quite a few new girls."

As they have in previous seasons, Goeden's team will focus on defense.

"Every run you give up, you have to score one to get even," he said. "Hitting takes a while to come around."

You can follow James D. Cimburek on Twitter at twitter.com/JCimburek

Tennis

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on Tuesdays and Thursdays all summer, and we had two-a-days last week. It's amazing the difference I see from June to August, because of the work they put in."

After spending all summer working on technique, Termansen looks to help them put that to use.

"The girls can hit the ball and serve," he said. "Now we need to get more into strategy, learning how to win." Junior Sarah Rockne finished fourth in the ESD and seventh at state in flight one singles, and teamed with senior Taylor Rothenberger to finished fourth at flight one doubles in the ESD. Rockne is coming off a second straight summer of rehab after an ACL tear, but feels more confident about where she's at going into this season.

"I was cleared (to resume activity) a lot sooner this year," she said. "I knew what to expect, and I wasn't as scared to approach new things. I worked a lot harder because of it."

Rockne, who posted a 17-10 singles mark last season, didn't receive medical clearance until mid-July, meaning she still has work to do.

Gazelles Tennis (1-2)			
8/24	Vermillion/Stevens/ Watertown		1 W, 2 L
8/30	@ Brookings/Aberdeen		
	Central/Marshall	1 p.m.	
8/31	Brookings Jamboree	9 a.m.	
9/6	@ Mitchell/Pierre	2 p.m.	
9/10	@ O'Gorman	4 p.m.	
9/12	Vermillion	4 p.m.	
9/13	@ Brandon Valley	4 p.m.	
9/14	@ Roos/Roncalli	9 a.m.	
9/17	@ Mitchell/Lincoln	1 p.m.	
9/19	@ Vermillion	4 p.m.	
9/21	@ Mitchell/Spearfish	noon	
9/23	@ Madison/Brandon Valley	1 p.m.	
9/26	SF Washington	2 p.m.	
9/28	@ Brookings/ Mibank	10 a.m.	
10/3	ESD (Pierre)	9 a.m.	

State Tournament
10/10-12 at Sioux Falls

"I've worked hard to get back to it, but I still have a ways to go," she said. Being the lone senior on the roster, Rothenberger (12-

12 in singles last year) has added responsibilities.

"I want to be a good role model for my teammates, since I'm the only senior," she said. "I've worked hard on my endurance and tried to work on my mental game. I want to improve myself as a whole."

Juniors Kaitlyn Frank, Alexa Bryan (9-17) and Kim Cap (9-14) also return to the varsity lineup. Freshman Anna Kokesh (3-16) and eighth graders Mimi Garcia and Anna Knoff will compete for the last spot in the lineup. Junior Maddie Logue, sophomores Adrienne Kusek, Ashley Lacey and Laurel Friedenbach, and freshman Sophie Kouri will also compete to earn varsity and JV court time.

Rockne and Rothenberger will continue as the Gazelles' flight one doubles team, with

Bryan and Cap at flight two. Frank will be paired with whoever earns the flight six singles job at flight three doubles.

"Sarah and Taylor are in their fifth year of doubles together, so I look for them to have success," Termansen said.

With plenty of experience returning for the Gazelles, the bar is being raised.

"We'd like to finish in the top 10 at state, top three at ESD," Termansen said. "All our girls would like to have .500 or better records."

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