



Gazelles Go 0-2 In Tennis
Season Debut • **7**

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Anglers Take On Lake Yankton's Loosened Limits

A Liberal Lure

BY JEREMY HOECK

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As he readied his fishing pole on the shoreline, Shawn Bishop said he was anxious for the chance to catch more than the usual number of fish at Lake Yankton.

The angler from Yankton was one of many who took to the shores and the waters of Lake Yankton on Saturday to take advantage of increased or rescinded limits ahead of an upcoming renovation project.

"I like the idea of getting rid of those obnoxious species," Bishop said. "You're seeing more Asian carp and other things that they're worried about."

At the same time, though, he understands the argument against killing every species, he said.

"It seems a little excessive," Bishop said. "Yeah, you're getting rid of the bad ones, but what other damage are you doing?"

On Sept. 10, the entire fish population of the lake will be eradicated because of the abundance of invasive species present. The project will be conducted jointly by the South Dakota Game, Fish and Parks Department, the Nebraska Game and Parks Commission, and the U.S. Army Corps of Engineers.

Ahead of that start date, both states established separate fish harvests. The Nebraska Game and Parks Commission authorized a salvage from Aug. 20-Sept. 8, while the South Dakota GF&P period runs from Aug. 22-Sept. 9.

Length and daily bag limits were rescinded for licensed Nebraska anglers,



JEREMY HOECK/P&D

ABOVE: Shawn Bishop of Yankton removes a hook from a freshwater drum at Lake Yankton on Saturday. Bishop, like many other anglers (below left), fished at the lake to take advantage of the increased daily and possession limits. The entire fish population in the lake will be eradicated starting Sept. 10, to eliminate invasive species. **BELOW RIGHT:** These signs around Lake Yankton advise anglers of the liberalized rules now in place.



JEREMY HOECK/P&D

while South Dakota increased its daily and possession limits three-fold for licensed anglers. News of the increased

limits reached the Nyhof family in Brandon and they made the trip to Yankton on Saturday.

"We've been down here

before, but we heard about the limits, so we thought, 'Let's try it out,'" said Evan, who traveled with his wife, Kelli, and son, Hayden. "As long as we catch something," Evan said with a smile.

As he stood near the handful of fishing poles lined up along the shoreline, Evan said he understood the need to drain the lake and eventually restock it.

"It took me by surprise," Evan said. "I didn't realize there were that many rough fish down here."

"It's sad to hear, but I understand."

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KELLY HERTZ/P&D

Nebraska Works To Restore Death Penalty

BY GRANT SCHULTE

Associated Press

LINCOLN, Neb. — Nebraska's attorney general said the state's corrections department has been too busy dealing with myriad problems to focus on resolving drug shortages that have halted executions in the state, which hasn't carried out the death penalty in 17 years.



Bruning

Attorney General Jon Bruning told The Associated Press he's confident Nebraska will resume executions, but he thinks it will take a while before officials can work out a new approach using different drugs or a new supplier.

"I have a high degree of confidence that we'll have a workable death penalty in the future," said Bruning, who is leaving office in January. "Whether that's a year or two years from now, I can't say. But in the near future, there's no reason that Nebraska shouldn't have a functional death penalty."

Nebraska lost its only approved method to carry out executions when its supply of sodium thiopental, an anesthetic required under the department's rules, expired in December. The drug is no longer

DEATH | PAGE 11

Setting Sail



JEREMY HOECK/P&D

Sails were unfurled and boats were zipping across the waters of Lewis and Clark Lake this past weekend in the annual Bash to the Colonies Regatta. It's one of the final sailing events on the lake as the summer season quickly winds down.

Don't Wait To Lose Weight

After One-Year Break, YankTON Challenge Ready To Weigh In

BY JEREMY HOECK

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Awareness and education.

That's the spirit of the third YankTON Challenge, a community-wide weight loss event that begins with a kickoff on Sept. 2 and a final weigh-in on Nov. 24.

After a one-year hiatus in 2013, the event returns with the same goals as the first two years, according to Cindy Smith, chairperson of the Community Health & Safety Committee through the Yankton Area Chamber of Commerce.

"The main thing is, it's not just about losing weight," Smith said. "It's about trying to get people involved more actively with activities and walking."

Each business or group across Yankton can put their own spin on a weight loss challenge, Smith said.

"It's got to be a lifestyle," she said.

The first YankTON Challenge was held in 2011, and 757 participants lost a total of 4,635 pounds. A year later, 498 participants lost a combined 3,172 pounds.

As of last week, there were 17 businesses signed up for this year's challenge, according to Smith.

"It's a great opportunity for everybody to challenge themselves to make changes in their life," she said.

Plus, there's a sense of accomplishment for someone who works at long weight with co-workers, according to Angie O'Connor, the community wellness manager for Avera Sacred Heart Hospital.

"I think it helps give people some accountability," O'Connor said. "Even if you have individual goals, you're working to lose weight with co-workers who are relying on you."

Even for those who do not plan to be as

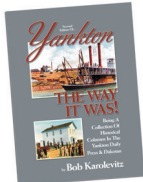
competitive as others, the challenge can be a nice reminder to lead a healthier life, O'Connor said.

"If they learn a little bit about nutrition and how it can help you lose weight, that would be great," she said. "If nothing else,

WEIGHT | PAGE 11



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In 1999 Bob Karolevitz compiled all his weekly Press & Dakotan columns into a book, "Yankton: The Way It Was!". This book is now available once again with new additional columns.

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TOMORROW: City Commission Discusses Meridian Plaza Bid

YANKTON RECYCLING THIS WEEK:

SOUTH
OF 15TH STREET