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The South Dakota Knights of Columbus State officers and families recently pack 4,200 meals for children in need of our care at Mercy Meals of Yankton. To learn more about how you can make a difference, please visit www.mercymealsyankton.org or find us on Facebook.

Local Oncologist Earns Diplomat Status For ABIM

Yankton Medical Clinic, P.C. is pleased to announce that Oncologist/Hematologist, Mary Lee Villanueva, MD, has been recertified as a Diplomat of the American Board of Internal Medicine (ABIM).

Dr. Villanueva earned Diplomat status by passing the ABIM's stringent recertification examination, a test of the physician's abilities in the field of adult medicine. She also met ABIM's rigorous standards through intensive study, self-assessment and evaluation. ABIM Diplomats must continue to demonstrate their competence in the specialty by taking recertification exams every 10 years. Dr. Villanueva is



Villanueva

also Board Certified in Oncology and Hematology, and is an Assistant Professor at Sanford School of Medicine of The University of South Dakota, Vermillion, SD.

Dr. Villanueva has been in Oncology/Hematology practice at Yankton Medical Clinic, P.C. since 2007. In addition to seeing patients in Yankton, she also has an outreach clinic at Avera St. Anthony's Hospital Specialty Clinic in O'Neill, Neb.

Toastmasters Club 1294 Mans Telephones At SDPB Telethon



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Front row toastmasters: Matt Stone, Lee Felder, Steaffon Newsome Harris, Janice Stone. Back row: Cara Hetland, News Director; Bob Bosse, Director of Television. Toast-

Members of the Yankton Toastmasters Club 1294 manned the phones at the South Dakota Public Broadcasting Telethon held at the Al Neuarth Media Center in Vermillion on August 8, 2015. Each member received calls from loyal SD citizens wanting to donate to SD Public Broadcasting. SDPB is a vital community resource producing and broadcasting high-quality, commercial-free programs and valuable community outreach projects that educate, enlighten and

entertain. Toastmasters is an organization that promotes the growth and practice of public speaking. Individuals who join the club are introduced to small speaking and listening duties and graduate to prepared speeches. Anyone is welcome to sit in at a meeting. Toastmasters Club 1294 meets weekly on Saturdays at 7:30 am at the Fry'n Pan in Yankton. For more information call Jack Dahlseid at 402-640-2579.

REUNIONS

KETTER REUNION

Lucy Ketter-Holder would like to thank Audrey and Dan Pinkleman for hosting the Ketter Family Reunion in Wynot, Nebraska this past July. A large family of all ages got together to celebrate. The reunion was held in the park where the family had a potluck and played games. In attendance were children of Maurice & Julia Ketter (deceased) including Norma Foster, Doral Schoreder, Maurice Ketter Jr., Linda Stodla and Stanley Ketter. Other children of Maurice and Julia are Sandra Ketter and Ronald Ketter (deceased).

WEISSER REUNION

The Gottlieb and Rosina (Hauck) Weisser family reunion was held Sunday, Aug. 9 at JoDeans in Yankton.

Those attending were - LeRoy and Shirley Weisser and Ray and Phyllis Dewald of Delmont; Marvin and Syrolla Haase, Randy and Loretta Schoenfish and Kyle Schoenfish of Scotland; Dennis and Pauline Brandt of Olivet; Darlene Holec, Bill and Kim Wenzel, Roger and Sandy Dvoracek and Brian and Amy Beran and Braden and Max of Tabor; LaVern and Arlene Schaefer, Leslie and Kathy Mehlhaff, Lennis and Judy Mehlhaff and Jeff and Becca Mehlhaff and Emily and Tyler of Tripp; Norbert Zirpel and Dave and Patty Pape of Parkston; Brian, Tammy and Bridget Weisser of Wagner; Dave and Kay Farrar of Gayville; Lynnetta and Al Dinehart of Rapid City; Char and Gary Adamson of Centerville; Te-

resa and Stephanie Faulhaber of Wessington Springs; Ileen Weisser of Vermillion; Larry and Dorothy Weisser, Barb and Norm Carda, Peggy Vortherms, Gail and Corky Livingston and Mark and Lindsay Murphy and Irelyn and Phoenix of Yankton; Elmer and Marlene Frey and Roland and Orgenia Weisser of West Bend, Wis.; Dillon Reece of Weaverville, N.C.

HOVORKA REUNION

A Hovorka family reunion will be held Sunday, Aug. 16, at the Dakota Territorial Capitol Replica, (South Douglas & Levee Street Riverside Park), Yankton.

A potluck picnic will start at 12:30 p.m. Please bring lawn chairs and lawn games. Plates, silverware, tea, lemonade and coffee will be furnished.

If you have any questions please call Cheryl Hovorka at 605-665-5635 or Joanie Hovorka Auch at 605-760-0675. All Hovorka relatives are welcome!

YHS CLASS OF 1990 REUNION

The Yankton High School Class of 1990 will be hosting its 25-year reunion during Riverboat Days Aug. 21-23. The central meeting spot will be the Riverside Park picnic shelter immediately east of the Beer Tent Shelter at 7 p.m. Aug. 21-22. There will also be a Happy Hour & Dining at JoDeans, from 5-7 p.m. Saturday, Aug. 22, no RSVP needed. For further information, visit the website: <http://yhs1990.flavors.me/> or the Facebook page "YHS Class of 1990 25 Year Class Reunion."

Things We Don't Tell Our Parents

BY DR. MIKE ROSMANN

Sometimes we choose to not tell our parents about adventures we experience, thinking they won't understand or approve. We may wait until years later, and laugh together.

Teenagers especially don't want to tell their parents about experiments they undertake, like consuming alcohol, driving the family vehicle without permission while Mom and Dad are gone and smoking tobacco or marijuana. Frequently the parents know "something is going on," because they did many similar things themselves.

When the conversation is opened about a difficult subject, the kids and parents can often relate and learn together.

I couldn't tell my parents for four years of grade school (3rd to the 6th grade) that I couldn't see the teachers' writing on the blackboard wall, perhaps in more ways than one. The days of old-style blackboards in school are mostly gone, having been replaced with computers in the hands of most students and teachers.

During my middle years of elementary school I cajoled my teachers that I needed to sit in the front row, even though they usually wanted me to sit in the back row so I wouldn't disturb other students. My teachers realized I couldn't see the blackboard well and wrote letters to my parents that "Michael needs to have his eyesight checked."

The nuns who were my teachers sent the letters home with me—big mistake. I destroyed the letters, until one arrived home because my 6th grade teacher figured out she should give it to my older brother instead of me.

When my older brother presented the letter to my parents at the supper table, my father asked me to stand behind the kitchen table and to read the dates of the calendar hanging on the wall a few feet away.

I could barely see the calendar, much less the numbers on it. I knew



Dr. Mike ROSMANN

what would happen if I had to wear glasses.

Schoolmates would tease me, I proclaimed. I was right.

They called me "four-eyes" and "owl" when I got the corrective lens I needed. I hated wearing thick glasses because I was extremely near-

sighted.

Years later I learned that nearsightedness results because the eyeballs grow too long in many youngsters, partly due to good nutrition. Myopia wasn't the big flaw I had made it out to be in my mind because of the teasing I encountered.

By then I had readily adapted to wearing contact lens, for they became available when I was in college. As anyone might guess, I didn't tease my children when they said they needed to have their vision checked, or were considering LASIK surgery.

There are some matters that are best not to worry parents with, however, if we are confident we are doing the right thing. I didn't tell my parents that I witnessed people getting stabbed in knife fights when I was working in western states after completing college and that I got involved in altercations when I had to protect myself.

I was a researcher collecting data on migrant farm laborers' adjustments to working long hard days and moving frequently to new locations. Fights sometimes broke out as laborers took sides in disputes and "went at it," usually around their living quarters.

When a worker kicked me in the mouth I had to defend myself, even though I tried to remain neutral. Another episode occurred when two sets of family members were trying to settle rivalries and everyone was fighting except a fellow researcher and me.

Couple Wins The Rural Roots Music Commission's CD Of The Year Award

Today, when the words 'country music' enter a conversation, it has many different meanings. One of the biggest objections in the usage of the word in today's music world, is the astonishing fact that today's producers of this musical genre have removed the steel guitar, they have removed the fiddle, they have removed the acoustic guitar, and they have removed the 'soul' from the words of the songs they peddle, and they have removed the honesty and sincerity of an earlier music originally called 'country music.'

The Rural Roots Music Commission, is a group of very real 'country' folks. They reside in perhaps America's most rural state of all, Iowa. They are rural folks, not one of them a music review journalist from New York City, but rather farmers that know what the history of country music is. From the earliest recognition of Jimmie Rodgers or Hank Williams, Sr. They are farm men and women, of the land, who 'know' what country music's past sounded like, and still does among the songwriters, recording artists, performers, and musicians that record their style of country music somewhere other than Nashville, Tennessee. Or perhaps a farmwife just in from the garden who knows what the hits of country music from the past sounded like, and how they sound nothing like that today in commercial country music. Even young 'judges' find that the 'sound-alike' country music of today does not impress them. But put some classic country music in front of them, and you have someone who 'knows' taste in country music, and in their opinion, how it should sound.

St. Helena, Nebraska once

the Cedar County Seat, now boasts a population of 96 citizens. It was settled in 1858 in the northeast corner of Nebraska, close to Yankton on one side, and Sioux City, Iowa on another. Living there, and contemplating the rural life style, are two people devoted to America's rural music. Ted & Alice Miller record America's rural music, and their new CD "Small Talk" containing a generous helping of rural politeness and observation has caught the ear of the Rural Roots Music Commission. They are going to award the Miller's their "Americana CD of the Year" during the 40th National Old Time Music Festival in LeMars, Iowa.

The Millers will receive their honors on Wednesday, September 2, at 6:30 p.m. on the main stage during a special presentation. All relatives, friends, fans, and supporters are invited to attend.

The Ag-Expo festival holds the record for the longest running event ever devoted to America's 'real' country music, and the largest event of its kind in the entire upper Midwest of America. It lasts seven days (Aug 31-Sept 6, 2015) and needs ten stages running from 9 a.m.-midnight every day to accommodate over 600 participating musicians that congregate for this annual gathering of America's 'real' country music. Celebrities over the years have contributed their time, talent, and fame to the efforts of Bob Everhart, the president of the National Traditional Country Music Association, a 501(c)3 non-profit corporation whose entire reason for existence is to 'save' America's truly wonderful rural musical history, past, present, and future. Everhart is quick to point out some of his

favorites. "When Patti Page came out of retirement from her home in California to be with us in supporting our efforts at 'saving' America's rural music, it stunned us. She was still able to sing really well, and the "Tennessee Waltz" and "How Much Is That Doggie In The Window," never sounded so good as it did with her singing with our acoustic old-time music makers. We've managed to keep the event 'acoustic' in nature, which means no loud electric guitars, or drums, or electronic devices which alters the voice. We don't allow karaoke. Add to that a list of celebrities like Bill Anderson, Jim Ed Brown, Michael Martin Murphey, Mickey Gilley, Lynn Anderson, the list is huge and manifold after 40 years. This year we are very fortunate to have the presence of Rex Allen, Jr. (Arizona's Singing Cowboy); Roni Stoneman (the banjo player from Hee Haw and the youngest daughter of the famous Stoneman Family); and perhaps another of those very famous artists that takes the time and effort to be with us, as she is inducted into America's Old Time Country Music Hall of Fame, Anita Bryant. Her huge hit "Paper Roses" and her early work with Bob Hope and the USO Christmas shows took her around the world. Add to that another 150 prestigious and famed artists, also from around the world, and you begin to understand the massive interest in keeping America's old-time rural music alive."

The festival requires ten stages to accommodate over 600 performers, but it also provides workshops for beginners in any of the older styles of instrumentation learning to play an instrument from scratch. There's even an old-time rendezvous

The sparring families wanted us to take sides. We fended off attackers until the sheriff arrived and the stabbing victims were transported to the hospital.

In spite of the mayhem, I never felt scared. The fighting occurred within ethnic groups of migrant laborers, not between them.

As this project and additional later research indicated, perhaps their social conditions of distance from family members, having few familiar institutional supports (e.g., adequate healthcare and schools, spiritual congregations and a legal system and dominant culture that understood them) as they moved from one work location to another, uncertainty about work and wages and occasionally too much alcohol all contributed to their internal fighting.

I learned not only about migrant worker life, but how to take care of myself. I developed knowledge about my limits and confidence in my judgments.

How can parents deal with their children not telling them everything? It sends the correct message when parents let their children know that experimenting—within legal limitations—helps them figure out what they can and can't handle.

It sends a signal that the parents trust their children to be responsible for their behaviors but it also makes it easier for the children to approach their parents if they find themselves in a situation for which they might need help or already regret. They usually aren't mistakes.

Don't use the word "mistake," they are better called "learning experiences."

Dr. Mike lives near Harlan, Iowa; he can be contacted at: www.agbehavioralhealth.com.

village where the music of autoharps and zithers, dulcimers and ukuleles can be heard. Another stage specializes in old-style dances from early clog dancing to polka parties. Sheila Everhart, Bob's wife, does

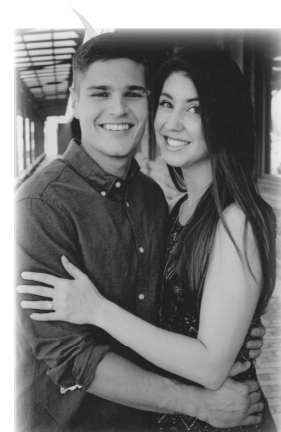
some of the scheduling of the huge number of performers that attend. "I really like some of the foreign performers that play America's old-time country music," she said. "They are so good, and they still play instruments that are not as popular in mainstream America, as they once were. Autoharps, piano accordions, dulcimers, harmonicas, concertinas, banjos, old-time piano, zithers, acoustic guitars, the Dobro, fiddles, button accordions, mandolins, concertinas, upright acoustic bass, even the Ocrina and flute can be found at one of the many staging locations. And much more, each of those instruments have a very general and knowledgeable instructor to help any beginner learn how to play. There are contests too, anyone can enter to play an instrument, sing a song, even write a song. It seems this is the 'hobby of choice' for many of our baby boomers, and they come to be with us too."

More information about the Rural Roots Music Commission, and the 40th annual old-time music festival, can be found at National Traditional Country Music Assn. or simply e-mailing the Everharts at bobeverhart@yahoo.com.

A big THANK-YOU for the "Happy Birthday" card extravaganza. God Loves you and so do I. Arda Hoffman

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Roed - Helland

Dr. Thomas and Karen Roed of Paulina, IA are pleased to announce the engagement of their daughter, Kaitlin to Zachary Helland, son of Wayne and Vickie Helland of Yankton, SD.

Katie is a 2009 graduate of South O'Brien High School and a 2014 graduate of USD. She is employed as a dental hygienist in Ankeny, IA.

Zach is a 2009 graduate of Yankton High School and a 2014 graduate of USD. He is employed at Prairie Life Fitness as a personal trainer in West Des Moines, IA.

An outdoor wedding is planned at the Roed Acreage for September 12.