


KIDS FIRST



Infertility

One of the most devastating problems facing many couples today is not being able to have a child - infertility. I see this in many patients that I have had the good fortune to meet. The anguish is nothing short to heart breaking for many. Many such couples have been everywhere - fertility clinics, have had fertility enhancing drugs, vitamin injections, counseling, etc. All to no avail.

In my own experience, I have found most cases of fertility to be fairly one-sided. In other words, I have found that it is usually women that seem to be at fault and unable to achieve pregnancy. Now, do not get me wrong, I am not blaming women for this difficulty in any way, and this is not a sexist remark, but the problem, I have observed, seems to be more with women than with men. Let me explain.

Women are much more familiar with this function whereas most men are not. For you who are not all that aware of exactly how this all takes place, let's look at the following. When a woman ovulates, the egg goes down one fallopian tube one month and

then down the other fallopian tube the next month. In other words, it tends to alternate to give one or the other a break. The egg starts at one end of the fallopian tube and ends up at the uterus or womb at the other. The egg does not swim or have any flippers, arms, or legs, and so it is carried along by what we call passive transport. In other words, it is simply a bystander going for a ride; much like a ride in a convoluted water tube of a water park. The reason this takes place is because of a very exact function of the different muscles that make up the walls of the fallopian tubes. They literally “squeeze” the egg from one end of tube to the other. The purpose of this function is to meet the sperm at the other end so that fertilization can take place and a baby starts to be developed. In other words, the egg starts at one end of the fallopian tube and the muscles of the tube gently squeeze it from one end to the other. This process is called peristalsis and is very similar to swallowing while you eat; the muscles in your esophagus, the tube which you swallow food through, literally guide what you have just swallowed, all the way down into your stomach. The same goes with the Fallopian tube.

Let's look at this in the light of a couple not being able to achieve pregnancy:

In most couples who are labeled “INFERTILE” (and you know how much I detest labels) it seems that the egg is not able to make it through the fallopian tube to meet the sperm. Unless that union is allowed to take place, there is no pregnancy, hence no baby. Not a good thing.

Let's look at this even closer for a moment:

As I mentioned, the function of the muscles of the fallopian tubes is to propel the egg from one end to the other, in order to meet the sperm. In cases of infertility, however, this does not take place. Why would the muscles that are *designed* and *programmed* to perform that very special function every month, decide suddenly that they simply won't do it? Well, the answer is quite simple — it is not their decision. The muscles of your body do not decide, on their own, what to do. They are literally ordered or not ordered to do their job. In cases of infertility, I have found that the muscles are simply not able to take the egg from one end of the fallopian tube to the other. In most cases, it is the fault of the nervous system which controls that very function. In most cases I have found that the culprit is a vertebral subluxation, generally in the lower part of the spine, which interferes with the manner in which the Fallopian tubes would normally

function. By correcting the subluxation, and allowing the nervous system to be then able to control the function of those Fallopian tubes normally, couples, I have found, can achieve pregnancy.

So, If you have been having difficulties in this area, Please call us - we can help.

JOIN US!

Tuesday, Dec. 20, 2011

@ 7pm

For a special lecture on

Natural Options for Infertile Couples

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Dr. Scott Plath has practiced in Yankton for 32 years. He is a Certified Industrial Consultant, Certified Med X Rehab technician and a fellow of Applied Spinal Biomechanical Engineering and is a member of their advisory board.

If you need additional information, please call me personally at 605-665-8228 and visit my website: www.plathwellness.com

Plath Chiropractic & Wellness

402 E. 3rd Street • Yankton, SD

House GOP Introduces Bill Renewing Payroll Tax Cut

BY ALAN FRAM
AND RICARDO ALONSO-ZALDIVAR
Associated Press

WASHINGTON — House Republicans unveiled a bill Friday renewing the Social Security payroll tax cut and extending but trimming unemployment benefits but barreled toward a showdown with President Barack Obama by including language jumpstarting work on a controversial oil pipeline.

With Democrats claiming the measure is too stingy toward jobless and lower-income people, next week's House vote looms as the opening scuffle in a year-end battle that will let each party spotlight its economic priorities ahead of November's presidential and congressional elections.

The two parties generally agree on the bill's pillars: preventing the Jan. 1 expiration of payroll tax cuts and of extra coverage for the long-term unemployed, and avoiding a mandated cut in payments the government sends doctors for treating Medicare patients.

But the GOP tax cut and jobless benefits are less generous than Democrats want. And Republicans ignore the White House's preference to finance the bill by boosting

taxes on millionaires, instead paying their bill's price tag — more than \$180 billion — by extracting money from federal workers, boosting federal fees and requiring higher-earning seniors to pay more for Medicare.

“This package does not include everything Republicans would like, nor does it have all that Democrats have called for,” said House Speaker John Boehner, R-Ohio. “But it is a win for the American people and worthy of the president's signature.”

White House spokesman Jay Carney derided the GOP package, saying, “Their plan seeks to put the burden on working families while giving a free pass to the wealthiest and big corporations by protecting their loopholes and subsidies.”

Some GOP proposals — for example, charging some seniors more for Medicare, freezing civil servants' pay and raising some federal fees — are similar to past proposals by Obama.

While the measure's chief ingredients had been clear for days, the 369-page legislation revealed new details. These included letting states administer drug tests to some unemployment benefit applicants; barring welfare recipients

from using their benefits at strip clubs, liquor stores and casinos; and cracking down on illegal immigrants collecting federal checks for the children's tax credit by requiring them and others to first produce Social Security numbers.

The GOP plan also staves off a threatened Medicare cut that would slash fees paid to doctors by 27 percent, which no one wants since it would destabilize health care for 47 million seniors and disabled people. The price would be paid by higher-earning seniors, who would pay higher monthly premiums for Medicare outpatient services and prescriptions starting in 2017.

Currently only about 7 percent of Medicare recipients pay higher premiums because of their income. Under the proposal, 25 percent would eventually pay higher monthly charges.

That would affect not only the wealthy but many retirees who consider themselves solidly middle class. Advocates for the elderly were quick to object, but Republicans said their idea is a virtual clone of an earlier plan by Obama.

Upper-income seniors have long paid higher Medicare premiums. But the GOP bill would increase

those premiums for single retirees earning more than \$80,000, rather than the current \$85,000. The threshold for married couples would be \$160,000 instead of the current \$170,000.

In addition, those thresholds would stop growing to reflect inflation until 1 in 4 Medicare beneficiaries were paying the higher premiums.

Without action, the payroll tax paid by 160 million workers would return to its normal 6.2 percent on Jan. 1, up from 4.2 percent this year. That reduction, enacted in an effort to spur job creation, saved \$1,000 this year for a family earning \$50,000.

The GOP bill would keep the payroll tax at 4.2 percent through 2012. Obama proposed just a 3.1 percent levy next year and wanted to give similar tax breaks to employers.

The Republican bill would also gradually reduce the maximum 99 weeks of unemployment coverage to 59 weeks by mid-2012, coverage many Democrats consider too short with the current weak economy. Without a renewal, about 2 million jobless people would lose benefits by February.

The marquee dispute, though,

appears to be over GOP language that would give the administration two months to issue a permit allowing work on the proposed Keystone XL pipeline, to be built from Canada to Texas.

That pipeline has been fought by environmental groups but favored by labor and business. Obama had delayed a decision on the project until after the November elections.

Obama this week said he would reject the overall bill if it included pipeline language. That threat has galvanized conservative support for the overall measure, with Republicans hoping to use Obama's opposition to portray him as favoring environmentalists over jobs.

Senate Majority Leader Harry Reid, D-Nev., stood by Obama Friday, saying, “If the House sends us their bill with Keystone on it, they are just wasting valuable time because it will not pass the Senate.”

Setting the stage for another clash over the environment, the Republican bill would also head off a proposed Environmental Protection Agency rule curbing pollution from industrial incinerators and boilers.

The bill would also:

- Limit where welfare recipi-

ents could spend their benefits by preventing ATMs at strip clubs and other establishments from reading the electronic cards through which most people on welfare receive their monthly payments.

—Cut about \$21 billion from Obama's health care overhaul by tightening rules for tax credits that will help pay premiums for the uninsured and by squeezing a fund for preventive care — a strategy Democrats are certain to resist.

—Freeze federal workers' pay in 2013, extending a freeze already planned through 2012, and increase their contributions to their own pensions.

—Require people receiving unemployment benefits to try getting a high school diploma or an equivalent and join programs aimed at helping them get new jobs.

—Raise fees the government-run Fannie Mae and Freddie Mac charge to guarantee mortgages they buy from lenders, and sell portions of the broadcast spectrum.

—Symbolically bar millionaires from collecting food stamps and unemployment benefits, raising a tiny \$20 million.

—Let businesses deduct the full cost of their equipment investments in as little as one year.

Pentagon Wins A \$5 Billion Budget Increase

WASHINGTON (AP)—Congressional negotiators have tentatively settled on a relatively small \$5 billion increase for the Pentagon's non-war budget as a mammoth spending bill takes shape behind closed doors on Capitol Hill.

That's a 1 percent increase that would give the Pentagon \$518 billion to cover everything except

direct war spending.

The measure would also cut President Barack Obama's budget request for Afghanistan's security forces, as well as the amount he sought for special vehicles that are resistant to roadside bombs.

The measure would provide \$115 billion for operations in Iraq and Afghanistan, a drop of almost \$43 billion from last year as U.S.

troops leave Iraq.

The Pentagon budget is the anchor of a \$900 billion-plus catchall spending bill that's being negotiated in anticipation of floor votes next week, before stopgap funding expires next weekend.

The spending bill is advancing at the same time separate legislation setting Pentagon policy is also being negotiated.

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Vision Care Associates

would like to welcome **Dr. Laura Slowey**

to our **Yankton** Office!

YANKTON DAILY

PRESS & DAKOTAN

Wedding Planner & Bridal Fest

Sunday, January 29

Bridal Registration Starts at Noon

Exhibits Open Noon-4:00pm

Fashion Show 3:30pm

Riverfront Events Center, Downtown Yankton

