

THE PRESS & DAKOTAN WEATHER CENTER

Yankton's Forecast

Monday
12

Partly cloudy skies through the day
Wind: S, 5 to 15
High: 31°
Low: 16°

Tuesday
13

Mostly cloudy, evening moisture
Wind: NNE, 0 to 10
High: 31°
Low: 28°

Wednesday
14

Rain expected through the day
Wind: ESE, 5 to 15
High: 37°
Low: 25°

Thursday
15

Partly cloudy skies
Wind: SSE, 15 to 25
High: 30°
Low: 15°

Friday
16

Partly cloudy
High: 24°
Low: 10°

Temperature

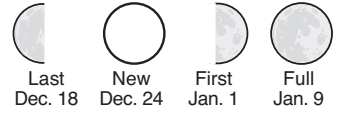
Yesterday's High / Low	36° / 27°
Normal High	32.4°
Normal Low	13.9°
Record High	61° in 1921
Record Low	-22° in 1989

Precipitation

Yesterday's	0.00"
Month to date	0.04"
Year to date	25.25"
Avg. year to date	23.48"
Maximum this date	0.36" in 1897
Yesterday's snowfall	0.00"
Total snowfall for season	1.50"
Maximum this date	2.20" in 1926

Sun and Moon

	Sunrise	Sunset
Today	7:51 AM	4:55 PM
Tomorrow	7:52 AM	4:56 PM
	Moonrise	Moonset
Today	7:09 PM	9:23 AM
Tomorrow	8:15 PM	10:00 AM

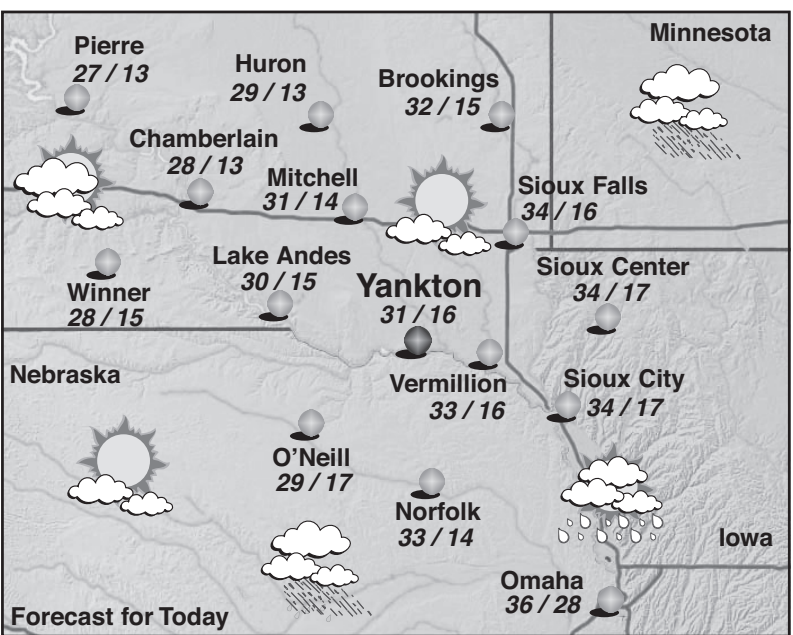


Maps & Forecast Produced by:



Weather key: su-sunny, pc-partly cloudy,mc-mostly cloudy, c-cloudy, th-thunderstorms, sh-showers, r-rain, sn-snow, fl-flurries, w-wind

Regional Forecast



	Today	Tomorrow		Today	Tomorrow
S. Dakota	Hi Lo W	Hi Lo W	Nebraska	Hi Lo W	Hi Lo W
Aberdeen	26 13 mc	27 17 mc	Vermillion	33 16 mx	31 28 mc
Brookings	32 15 pc	31 24 pc	Watertown	28 15 mc	29 22 mc
Custer	33 16 pc	34 20 pc	Winner	28 15 pc	30 22 pc
Deadwood	29 15 mc	34 20 pc	Iowa		
Mobridge	23 10 mc	25 16 mc	Des Moines	40 31 r	39 33 r
Huron	29 13 pc	30 21 pc	Sioux City	34 17 mx	31 29 mc
Mitchell	31 14 pc	31 22 pc	Nebraska		
Pierre	27 13 mc	30 19 pc	Norfolk	33 14 mx	32 31 mx
Rapid City	25 13 mc	32 23 pc	Lincoln	39 27 r	36 33 mx
Sioux Falls	34 16 mx	32 25 pc	Omaha	36 28 r	36 33 mx

National Forecast

Location:	Today	Tomorrow	Wednesday
	Hi Lo W	Hi Lo W	Hi Lo W
Anchorage	30 6 ls	23 18 pc	25 22 pc
Atlanta	50 39 r	63 43 pc	65 44 pc
Boston	47 34 su	47 33 pc	45 36 pc
Chicago	38 34 pc	39 37 mc	47 43 r
Dallas	53 45 c	62 57 c	69 55 th
Denver	43 22 pc	41 25 pc	42 24 pc
Detroit	39 30 pc	42 34 mc	42 39 r
Green Bay	37 31 mx	38 32 c	39 35 r
Houston	62 49 c	69 64 mc	76 63 mc
Kansas City	47 37 mc	46 42 sh	56 38 th
Las Vegas	58 43 r	57 41 r	56 41 pc
Los Angeles	60 47 th	62 47 th	62 48 pc
Miami	80 72 sh	78 66 pc	78 66 pc
Minneapolis	37 28 mx	34 28 mc	36 27 r
New York City	46 36 su	49 43 pc	45 41 pc
Philadelphia	47 31 pc	51 35 pc	49 38 pc
Phoenix	66 50 mc	61 45 th	58 43 sh
San Francisco	56 45 pc	57 46 pc	56 48 r
Seattle	41 37 fg	44 38 r	42 36 r
Tampa	80 60 sh	79 56 pc	77 57 pc
Washington, D.C.	47 32 su	51 34 pc	50 36 pc

Livestock Outlook

Some early morning fog across the region today will burn off by the afternoon. Temperatures will be mild and conditions will stay dry until Tuesday night.

Military Abroad

Location:	Today
	Hi Lo W
Baghdad, Iraq	61 45 pc
Diego Garcia	82 81 th
Doha, Qatar	72 66 pc
Frankfurt	44 34 r
Kabul, Afghan.	39 20 pc
Kuwait City	61 46 pc
Seoul, Korea	39 27 pc
Tokyo, Japan	49 40 pc

Gavins Point Dam

Lake Temperature	35
Lake Elevation	1207.10
Discharge	40,000 cfs
Tailwater	1156.24

Touch

From Page 1

Steckler has 28 years of nursing experience in the areas of medical, surgical, home health, administration and education. HT is proving to compliment traditional medical treatment. Steckler combines her nursing expertise with the healing touch principles she's learned to offer healing options for people struggling with unresolved pain or illness.

"When people come to my office I complete an assessment before I utilize any Healing Touch methods," Steckler said. "I gain as much understanding as I can about what clients expect, what their healing goals are. I also explain to them what they can expect to happen during a Healing Touch session. Healing Touch research has shown that even healthy people can benefit from the therapy because it boosts the immune system and stimulates numerous positive responses in the body."

Healing Touch clients lie on a massage table, fully clothed, for a therapy session. Typically, a session lasts from 30 to 60 minutes. Some may be shorter or longer, depending on client health and healing needs. One Yankton woman, Sandi Isburg, personally experienced the benefit of healing touch when she experienced painful burning after radiation treatments for

cancer.

"I had radiation treatments daily for about seven weeks," Isburg said. "My skin began to feel like it was constantly burning. I decided to try Healing Touch treatments and went once each week for seven weeks. Within a week of the first treatment, my skin felt significantly better."

Avera Sacred Heart Hospital Physician Recruiter Mindy Schweitzer used Healing Touch before and during her pregnancy to prepare for her child-birth experience.

"The sessions before delivery really helped me feel closer to my baby," Schweitzer said. "I had planned for natural childbirth, but in the end I had to have a c-section. Just before the surgery I experienced intense back pain. Tweeter was able to provide a treatment, which greatly eased the back pain. It made our son's arrival so peaceful and enjoyable. It was the most amazing experience I've had in my life."

One local woman saw significant reduction of lymphoma after combining HT with her chemo treatments.

"I had battled cancer for six months before receiving the HT treatment," Yankton's Barb Rhode said. "With the help of my therapist, Marci Pederson, we were able to balance and energize my physical, emotional and spiritual health to accept the healing that was taking place in my body. I'm very grateful for the healing this treatment (facilitated)."

Mind Clearing is one

technique Healing Touch practitioners learn and practice. A series of hand techniques involving the hand and fingers are used to touch the head. The therapy has been found to release tension and relieve some types of headaches as well as sinus conditions.

"Interest in Healing Touch is growing," Steckler said. "There's a list of certified practitioners on the national Healing Touch website. It took years for massage to be accepted as a form of health care and HT is now going through this process."

Isburg, also a nurse, said respect for Healing Touch therapy is growing among medical practitioners as people are experiencing relief from illness through Healing Touch treatment.

"Research is revealing many things about our bodies now," Isburg said. "I expect that scientists will continue to look at Healing Touch therapy and discover scientific evidence for its beneficial effects in the near future. It was hard for me to explain my own Healing Touch experience, but it was very effective for my pain and provided me with a sense of peace and calmness."

More information about Healing Touch can be found on the national website at www.healing-touchinternational.org or by contacting Avera Education & Staffing Solutions at 605-668-8475 or visiting www.averasolutions.org. Steckler can be reached at 605-661-5724.

YSD

From Page 1

the City Commission.

She added that employers in the community need quality-educated workers and that the Yankton School District needs to do a better job of preparing students to be a part of the Yankton workforce, specifically in the manufacturing community. She emphasized that technical education is a vital component that needs to be emphasized in the school district.

Rick Althoff, who said he was "armed" with citizens' rights, questioned what the school district was hiding and what it feared?

"I want to know why won't you let the public speak," he asked. "What are you protecting? Why do you continue to violate the citizens' rights and statutes?"

Paul Lowrie, who also said he was there as a concerned resident of Yankton and not as a city commissioner, stated he felt that the school district had been disrespectful of the voters of the district.

"If you do choose to attempt a second opt-out, bring it to the voters immediately," he said. "Don't be afraid of public comment. Your first attempt disenfranchised the voters, because you didn't bring it to them right away. They felt like you were trying to pull something over on them and were being dishonest."

However, a majority of the comments during the meeting were supportive of what the board was trying to do and the education that students receive in the district.

Mark Westerman challenged people who have said that school taxes have gone up significantly to actually look at their tax levies and compare them to where they were years ago.

"School tax levies have actually dropped," he said. "Property values do go up. Your taxes have gone up. But if you look at the school tax levy amounts and compare them to where they were several years ago, you will see that the percentage of your taxes actually going to the school district, have dropped significantly."

Another individual echoed

Westerman's statements about the tax levies, then added the question. "Why do our tax dollars have to go to the state and then be given back to the district? Who knows what happens to that money once it is sent to Pierre. Is there a reason it can't be just given to our school locally?"

State Rep. Bernie Hunhoff said that Pierre has to do a better job funding the schools.

"We need to work together," he said. "People in both parties need to do a better job of funding education."

Hunhoff said that in the last 10 years in Pierre, while state revenues were at record levels, the state budget was growing at a rate that was not passed on to the schools. But when the recession hit, the schools were expected to share in the cuts, without having received the benefits the rest of state government had seen.

The Yankton Democrat also said the money that was supposed to have come to the schools in the form of \$26 million in federal government relief was not given to the schools as it should have been.

Several people commended the board on being more proactive about sharing the districts budget information with the public, stressing that if the board wants any chance of passing a second opt-out attempt in the future, sharing everything with the public is vital.

"Input from the community is huge," said one concerned citizen. "People are saying they don't have enough input on what is going on with the school. Communication going forward is huge."

Teacher Angie Hejl challenged the members in the audience to be a part of the discussion.

"I am here not as a teacher but as a member of the community," she said. "But I think it is important that members of the community who agree and see funding education as important need to be part of the discussion. Be vocal, offer to go to the training sessions and be a part of the discussions going on in the community."

Answering the question posed by the board as to what programs the community felt were vital to the district and wanted to see saved or reinstated, Dave Carda said he felt the district needed to

get back to where it was before last spring's cuts, specifically funding middle school activities and reinstating the library aides that were cut.

School board president Kathy Greenway said she felt that the information received at Saturday's forum from both sides was valuable to the community.

"I think we got a lot of great comment from both sides — support, suggestions, opportunities where we might need to pursue for contacting the public," she told the *Press and Dakotan*. "I was very happy with what we got today. We knew we were going to be looking at pretty grim numbers, but now that we have more specific numbers and can see the picture, it is time to determine what our options are. That is why we are coming to the public, to let them know that we do have a situation that needs to be handled."

Greenway said the board has heard the comments that the district went for too much and for too long with the first opt-out, which is why the board is coming to the public for suggestions.

"We learned the first time ... (so) we are doing more of the public forums and getting more information and suggestions from the public," she said. "We want to make sure that the public is able to give input, and that is why we are having the forums and discussing with the public to get that feedback."

Greenway said the board will discuss the budget at tonight's (Monday) school board meeting, set for 5:30 p.m. at the administration building. In addition, she said the board will be doing more public forums.

"(Everything) is still just a work in progress so we can determine what will be our best solution," she said. "I don't know that we have anything that is forcing us to set a specific time frame (on deciding to pursue or not pursue another opt-out). We are taking our time and getting the information out to the public so that if we do decide to do an opt-out, we do it correctly so we can get the support and get it passed. We don't want to be in a hurry with that."

ON THIS DATE

75 YEARS AGO

Saturday, December 12, 1936

• Edward turns his back on homeland. George the sixth is proclaimed British King. George the Sixth, the year's third King of England, was proclaimed liege lord of the British empire today before the old and turreted battlements of the royal palace of St. James's.

• Yankton will acclaim its own talent on the choral stage Monday night. Five outstanding soloists, of which any community many times larger might well be proud, will negotiate the classic solos of Handel's masterpiece "Messiah."

25 YEARS AGO

Friday, December 12, 1986

• The South Dakota Legislature will face a tough task in 1987 to deal with the state's economic woes. State Sen. C. "Red" Allen and Reps. Loren Anderson and George Means traveled to

50 YEARS AGO

Tuesday, December 12, 1961

• Winter strengthened its foothold on the Yankton area Monday as bitter cold temperatures prevailed during a day-long snowfall which brought an additional 2.40 inches of snow to add to the weekend cover here.

• A 5-10 backcourt phenom, sent to Yankton college from Mitchell, South Dakota and the ranks of the Eastern South Dakota conference, now in his junior year of competition, established a new individual basketball single game scoring record here last night on the Nash gymnasium floor. Gary Schuster had 15 field goals matched with 13 out of 16 free throws and totaled 43 points beating the former record of 39 points set twice in 1952.

LOTTERIES

SATURDAY'S RESULTS
2 BY 2: Red Balls: 1-16, White Balls: 1-9
MY DAY: Month: 12, Day: 30, Year: 32
PICK 3: 7-3-7
PICK 5: 13-15-17-26-31

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YANKTON DAILY PRESS & DAKOTAN

Fill the puzzle so that every row, every column, and every section contain the numbers 1-9 without repeating a number.

7	5					1	9
6			1	2			
	2		3	5			6
3	5	6	2	7	9		4
4	7		6	8	1	5	2
5				4	8		9
			5	3			
2	4					3	8

EASY EA BOOK 27 #5

Yesterday's Solution

3	2	6	7	4	8	1	5	9
7	9	1	3	5	2	4	6	8
8	5	4	1	9	6	7	2	3
2	7	3	5	8	4	9	1	6
9	6	5	2	1	7	8	3	4
1	4	8	6	3	9	5	7	2
6	8	2	4	7	5	3	9	1
5	3	9	8	6	1	2	4	7
4	1	7	9	2	3	6	8	5

su | do | ku

Check tomorrow's paper for the solution to today's puzzle.

CH BOOK 27 #4

Use your smart phone to scan this QR Code to take you to our e-Edition. (Firefox is the preferred cell phone browser)