

Weight Watchers Center Open New Year's Day

The Yankton Weight Watchers Center, located at 413 W 15th St, will be open Sunday, New Year's Day. Open hours are 1-3 p.m.

The Center To Be Closed Monday For Holiday

The Center, 900 Whiting Drive, Yankton, will be closed Monday, Jan. 2, for the New Year's holiday. It will reopen Jan. 3.

YCL Ready To Begin Baby And Me Lapsit

The Yankton Community Library, 515 Walnut, announces the winter session of its Baby and Me lapsit program. The first session will be held at 11 a.m. on Wednesday, Jan. 4. Lapsit programs are available on Wednesdays at 1 a.m. and Mondays at 5:30 p.m. for six weeks. Pre-registration is required.

Lapsit is an interactive program for infants birth through 12 months and their parent or caregiver. Infants sit on the lap of or on the floor with their adult. Programs run approximately 20 minutes. Lapsits typically incorporate rhymes, songs, finger plays, board books and shakers. The library staff guides parents/caregivers in one-on-one interactions with their baby that stimulate brain development while strengthening bonding.

Toddler Time is for children ages one year to three years. This twenty-minute program introduces children to music, action songs, finger plays, short books and nursery rhymes. You and your child will have fun singing, dancing, and learning rhymes together. The winter session begins on Thursday, Jan. 5, at 11 a.m. and runs through Thursday, Feb. 9.

For more information, contact the library at 605-668-5275.

YCL To Host Civic Reflection Discussion Jan. 4

In celebration of its 40th anniversary, the South Dakota Humanities Council is looking for stories and poems to answer the question "What Makes a South Dakotan?" Citizens in communities all across the state are engaging in Civic Reflection discussions to get them thinking about the question.

The Yankton Community Library, 515 Walnut, is hosting a discussion on Wednesday, January 4, running from 7-9 p.m. Norma Wilson will facilitate the discussion. Participants will be encouraged to submit their writings for publication in a book to be released in 2012 at the South Dakota Festival of Books.

The public is invited, and refreshments will be served.

For further information, contact Norma Wilson, Norma.Wilson@usd.edu, or www.sdhumanities.org.

S.D. Unveils New Lobbyist Registration System

PIERRE — Secretary of State Jason Gant has unveiled the new on-line lobbyist registration and reporting system to all of South Dakota.

"I am very pleased at the progress we continue to make in transforming the office," Gant said. "With our new 'EZ Lobby system, lobbyists and their employers will be able to register for the 2012 session and complete their registration payments on-line. There are other new capabilities being added that will improve the ability of citizens to review lobbyist expense reports."

"Moving from paper forms to compiling the information electronically will not only save tax dollars, but it's a key part of our 'open drawer policy,' as we continue to move paper documentation to the Internet."

Gant noted, "The on-line registration is also paired with regulatory changes meant to reform practices that had been in place for decades, while not increasing the lobbyist registration fee."

"The EZ Lobby system joins our recently unveiled on-line campaign finance system, as well as the conversion of our corporate annual report filing system to an on-line system. All of these actions have helped my office to save taxpayer dollars, both in the immediate short term by reducing our postage expenses, as well as by reducing our long term expenses in record storage, and other factors," Gant said. "The best part is we are only getting started."

YCL To Start Story Time Session Jan. 4

The Yankton Community Library, 515 Walnut, will begin its winter preschool Story Time session on Wednesday, Jan. 4, starting at 10:15 a.m. The winter session runs through March 29 with story times on Mondays at 6:30 p.m., Wednesdays and Thursdays at 10:15 a.m.

Preschool story time introduces 2- to 6-year-olds to books and reading through songs, stories, finger plays, crafts, and movies. Story time meets in the meeting room of the library. We ask that parents/caregivers stay in the room with the child.

Story time, which lasts approximately 30-45 minutes, is an opportunity to introduce children to the library and to the joy of reading. It is a great way to enjoy read-aloud stories, sing old and new songs, discover new books and authors, and meet new friends.

For more information, contact the library at 605-668-5275.

Bon Homme Democrat Christmas Set For Jan. 5

TYNDALL — The "Bon Homme Old Fashioned Democrat Christmas" will be held at 6:30 p.m. Thursday Jan. 5, at Gibbys Corner Bar in Tyndall.

House Minority Leader Bernie Hunhoff and Senate Minority Leader Jason Frerichs will attend, and congressional candidates Matt Varilek and Jeff Barth have been invited to attend.

All are welcome to attend.

Quitting Smoking A Good New Year's Resolution

LINCOLN, Neb. — At the top of the list for New Year's resolutions, many smokers make quitting their goal for the year.

In Nebraska, 18.4 percent of adults are smokers. But state statistics show that people with mental illnesses smoke at rates twice as high as the general population (41 percent).

"People with mental illnesses and substance use disorders die about 25 years earlier than the general population," said Scot Adams, director of Behavioral Health at the Nebraska Department of Health and Human Services. "Smoking is the leading cause of

preventable death in the U.S."

"Smoking can cause lung and other cancers, cardiovascular disease, and respiratory diseases, like bronchitis and emphysema, among other conditions," said Dr. Joann Schaefer, the state's chief medical officer. "In Nebraska each year, more than 2,200 adults die prematurely because of cigarette smoking."

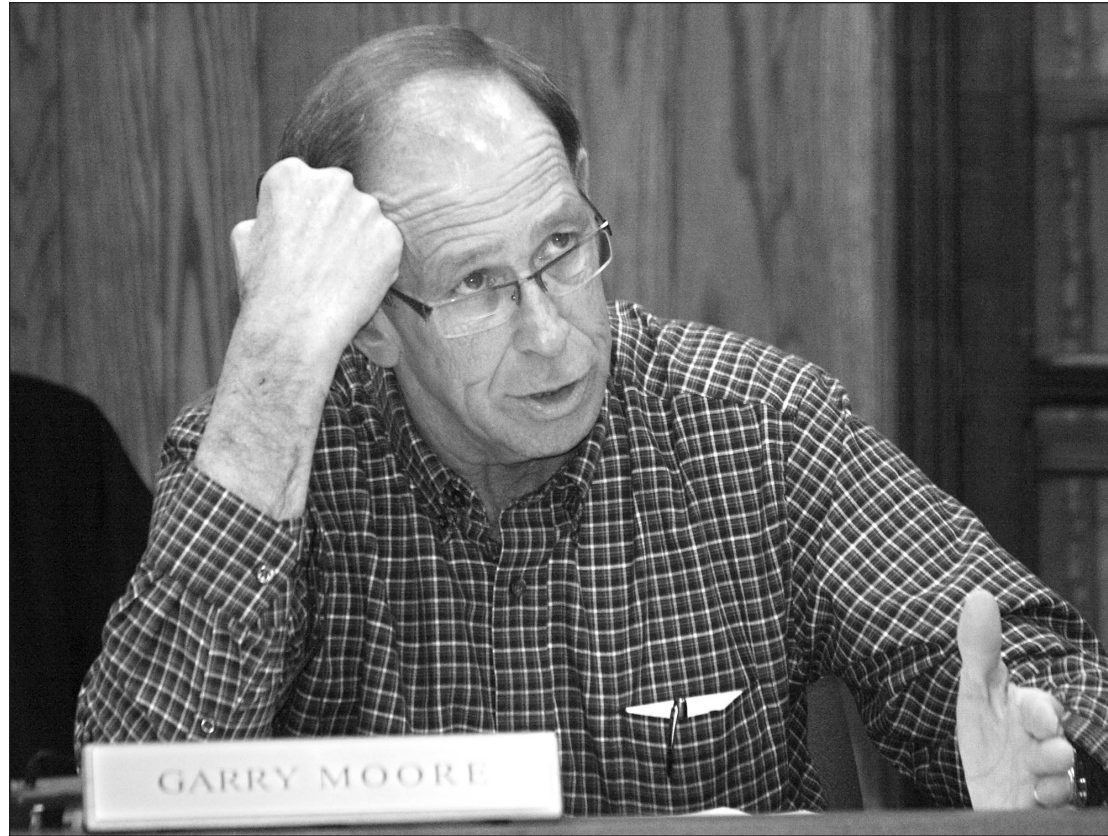
Nearly half of the cigarettes smoked annually in the U.S. (44 to 46 percent) are consumed by people with co-occurring psychiatric or addictive disorders. The smoking prevalence rates are even higher (60 to 80

percent) for those who are diagnosed with depression, bipolar disorder, or schizophrenia.

Smokers who are trying to quit can get support from the DHHS Nebraska Tobacco Quitline, 1-800-QUIT-NOW (1-800-784-8669).

For quitting resources, check out the Tobacco Free Nebraska website at <http://dhhs.ne.gov/tfn>.

A smoking cessation guide from the Division of Behavioral Health's Office of Consumer Affairs can be found at http://dhhs.ne.gov/behavioral_health/Pages/beh_mh_mhadvo.aspx.



KELLY HERTZ/P&D

Yankton County Commissioner Garry Moore asks a question during Friday's commission meeting.

County

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imately \$174,000 annually for the shop project by using a property-tax opt-out authorization that has not yet expired. Because the Yankton County Government Center was paid off early, the commission has existing authorization for a maximum annual property tax opt-out of \$300,000.

Besides work that needs to be done on roads and bridges,

Jensen said the shop project will be the last of the major building projects of the county for the time being.

"As we look at the infrastructure in Yankton County, we're in pretty good shape for many, many years to come," he said. "The important thing now is to maintain and take care of what we've got."

Also Friday, the commission was informed by Sheriff Jim Vlahakis that the county has received a \$28,900 Homeland Security grant to update the personal protection alarms throughout the Yankton County

Courthouse and Safety Center. The current system does not indicate exactly where the alarm has been activated, while the update will make that possible.

Vlahakis also told the commission that the South Dakota Attorney General's Office has awarded Yankton County, as well as some other counties, a grant for 2012 to pay for a part-time 24/7 Program coordinator. He said it will take pressure off jail employees in mid-level counties that have sizable numbers of people participating on a daily basis but aren't making a lot of revenue to hire extra help.

Don't

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fight against drunk driving, but we cannot and will not let up."

The effort against drunk driving during the holidays is supported by a \$7 million national Drive Sober or Get Pulled Over advertisement campaign that is running through Jan. 2. The ads feature "invisible" law enforcement officers observing alcohol-impaired individuals and then apprehending them when they attempt to drive their vehicles. The ads are designed to raise awareness and support law enforce-

ment activities in all 50 states.

In an effort to contribute to safer roadways, AAA South Dakota offers these three tips for motorists and would-be drivers who are celebrating this holiday weekend with alcoholic beverages:

- Assign a designated driver. Usually in any group of friends or family, there is at least one person who doesn't drink and would be happy to drive the rest of the group home safely. Or, if not, rotate the responsibility from person to person, from night to night. Or, draw straws.
- Mix and enjoy "mocktails." Alcohol-free mocktails can be the life of a party, allowing drinkers to intersperse their alcoholic beverages with zero-proof concoctions,

slowing the rate of alcohol absorption into the blood stream, and giving non-drinkers and kids a fun way to be a part of the party.

Here's the recipe for the Margarita Meter Maid, an original beverage which competed in AAA's Great Pretenders Mocktail Mix-Off:

- 1 1/2 oz. grapefruit juice
- 1 oz. lemon juice
- 1 teaspoon Rose's lime juice
- a squeeze of a fresh lime wedge
- 1 cup ice
- Shake all ingredients well in a shaker. Pour into a glass with a salted rim and float a fresh lime slice.

For more free mocktail recipes, look under Safety Brochures in the AAA News & Safety section of

AAA.com.

• Call for AAA's Topsy Tow service. Now until 2 a.m. Monday, AAA will give the caller and one more person plus a car a free ride home, no questions asked. The program is open to AAA members and nonmembers alike at no charge in Sioux Falls, Rapid City, Aberdeen, Mitchell and Yankton. AAA will tow within a 15-mile radius from point of pickup, but will only offer rides home. Call (800) 222-4357 and ask for Topsy Tow.

Individuals in Yankton in need a ride this weekend are also encouraged to use one of the city's taxi services, which include Excellent Cab of Yankton at 605-664-3222, River City Cab at 605-665-2777 and Dean's Cab at 605-665-4551.

OBITUARIES

Raymond Bouza

Funeral services for Raymond E. Bouza, 77, of Brookings and formerly of Tripp will be held at 10:30 a.m. on Monday, January 2 at Frieden's Reformed Church in Tripp with Rev. Greg Way officiating. Interment will follow in Gracehill Cemetery, Tripp.

Visitation will be held on Sunday, January 1 from 3 p.m. until 8 p.m., with family present to greet visitors from 5 p.m. until 8 p.m., at the Goglin Funeral Home in Tripp.

Ray passed away on Friday,

December 30, 2011 at Sanford USD Medical Center in Sioux Falls.

Online condolences may be sent at www.goglinfh.com.

Goglin Funeral Home

Tyndall - Scotland - Tripp



www.goglinfh.com

Veronica Heimes

VERMILLION — Veronica Ann Heimes, 88, of Vermillion, SD passed away Thursday, December 29 at the Sanford Vermillion Care Center.

Veronica Devine was born August 18, 1923 in Wakonda, SD to Philip and Helen "Nell" (Buckley) Devine. She graduated from Wakonda high school and attended the National Business Training Center in Sioux City, IA and married Harold Heimes on August 25, 1950 in Wakonda, SD.

Veronica worked at Glidden's Market in Wakonda, and worked for Dr. Schwartz and Dr. Fericks in Wakonda before becoming a Librarian for the University of South Dakota for over 30 years retiring in 1990.

She was a member of the St. Agnes Catholic Church and Altar Society, she loved to dance, play cards and was a Lawrence Welk Lover.

She is survived by a son Dale Heimes of Vermillion, a daughter Mary (Fred) VonRavensberg of Reno, NV, and two sisters; Mary Ellen Powell of Vermillion, her

twin sister Monica Ballard also of Vermillion, two grandchildren and many nieces and nephews.

Funeral Mass will be 10:30 a.m. Tuesday, January 3 at the St. Agnes Catholic Church in Vermillion with burial to follow in the Calvary Cemetery in Vermillion. Visitation will begin at 6:00 p.m. Monday, January 2, with a Rosary at 7:00 p.m. all at the church.

In lieu of flowers please send donations to the Sanford Vermillion Care Center. hansenfuneralhome.com.

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Patricia Fredrich

WAGNER — Patricia Fredrich, 84, of Wagner died Friday, Dec. 30, 2011, at the Good Samaritan Society, Wagner.

Funeral Mass is at 10:30 a.m. Tuesday at St. John's Catholic Church, Wagner. Burial is in the church cemetery, rural Wagner.

Visitation is noon-5 p.m. Monday at Crosby-Jaeger Funeral Home, Wagner. Rosary/Wake services are 7 p.m. Monday at the church.

Anna Martian

NORFOLK, Neb. — Anna Martian, 75, of Crofton, Neb., and formerly of Norfolk, Neb., died Friday, Dec. 30, 2011, at Avera Yankton Care Center, Yankton.

Funeral services are at 10 a.m. Tuesday at Brockhaus-Howser-Fillmer Funeral Home, Norfolk. The Rev. Randall Coffin will officiate, with burial in the Hillcrest Memorial Park Cemetery in Norfolk.

Visitation is 4-8 p.m. Monday at Brockhaus-Howser-Fillmer Funeral Home, Norfolk.

Wayne Peterson

VIBORG — Wayne F. Peterson, 79, of Ida Grove, Iowa, and formerly of Viborg, died Dec. 28, 2011.

A memorial service will be held at 10 a.m. Monday at United Methodist Church, Viborg.

Edna Starr

Edna V. Starr, 93, of Yankton died Friday, Dec. 30, 2011, at Sanford Medical Center, Sioux Falls.

Funeral services are pending with Opsahl-Kostel Funeral Home & Crematory, Yankton.

The family of Ted Mueller would like to thank everyone for their kindness in sending flowers, cards, food, memorials and prayers for the loss of our husband, father, grandfather and great-grandfather. Everyone's kindness is truly appreciated.

Visit our funeral home without leaving your home...
www.wintzrayfuneralhome.com

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New Year's Eve Dinner 5-9pm
Petite Filet Mignon \$10.95
OR Burgundy Sirloin \$12.95
Either served with choice of potato, soup & salad bar
Yesterday's Cafe 23rd & Broadway Yankton, SD