

## C O M M U N I T Y

## CALENDAR

The **COMMUNITY CALENDAR** appears each Monday and Thursday. Contributions to this list of upcoming events are welcome and should be submitted two weeks before the event. Submissions **MUST** be typewritten or legibly printed and include the name and phone number of a contact person. Send items to P&D Calendar, 319 Walnut, Yankton, SD 57078, or email to [news@yankton.net](mailto:news@yankton.net).

## THURSDAY

**Table Tennis**, 8:30 a.m., The Center, 605-665-4685  
**Ladies Pool**, 10 a.m., The Center, 605-665-4685  
**Yankton Sertoma**, noon, Pizze Ranch, 605-661-7159  
**Daily Reprieve**, noon, non-smoking open meeting, 1019 W 9th street.  
**Avera Sacred Heart Hospital Toastmasters**, noon, Benedictine Center; open session 605-665-6776  
**Pinochle**, 12:45 p.m., The Center, 605-665-4685  
**Dominos**, 1 p.m., The Center, 605-665-4685  
**Weight Watchers**, 4 p.m., 413 W. 15th Street. Weigh in 1/2 hour before.

**Weight Watchers**, 5:30 p.m., 413 W. 15th Street. Weigh in 1/2 hour before.

**Take Off Pounds Sensibly (TOPS #SD 45)**, Weigh-in 5:30-6:30 p.m., meeting 6:30-7:30. RTEC building, 1200 W. 21st St. For more information call 605-665-3736 or 667-9274.

**Yankton Area Banquet**, 6 p.m., United Church of Christ, Fifth and Walnut  
**Celebrate Recovery**, 7 p.m., Calvary Baptist Church, Youth Room #4, 2407 Broadway, Yankton, 605-665-5594

**Freeman Alcoholics Anonymous**, 8 p.m., non-smoking closed meeting, City Hall, 3rd and Poplar, Freeman.

**Yankton Alcoholics Anonymous**, 8:30 p.m., open session, 1019 W 9th St.  
**Yankton Alanon**, 8:30 p.m., 1019 W 9th Street

## FRIDAY

**Line Dancing**, 9:30 a.m., The Center, 605-665-4685  
**Exercise**, 11 a.m., The Center, 605-665-4685  
**Daily Reprieve**, noon, non-smoking open meeting, 1019 W 9th Street.  
**Bridge**, 1 p.m., The Center, 605-665-4685  
**Bingo**, 7-9 p.m., The Center, 605-665-4685  
**Open Billiards**, 7-9 p.m., The Center, 605-665-4685  
**Vermillion Alcoholics Anonymous**, 8 p.m., non-smoking closed session, 16 1/2 Court St, Vermillion  
**Porchlight**, 8 p.m., non-smoking closed session, United Church of Christ, 210 W 5th Street

## FOURTH FRIDAY

**Scrapbooking**, 10 a.m.-3 p.m., The Center, 900 Whiting Drive, Yankton.

## SATURDAY

**Weight Watchers**, 9 a.m., 413 W. 15th Street. Weigh in 1/2 hour before.  
**Each Day a New Beginning**, 10 a.m., non-smoking closed session, 1019 W 9th Street  
**Daily Reprieve**, noon, non-smoking closed session, 1019 W 9th Street.  
**Vermillion Unity Alcoholics Anonymous**, 7:30 p.m. closed session, Trinity Lutheran Church, 816 E. Clark, Vermillion.

## SUNDAY

**Alcoholics Anonymous**, 8 a.m., closed meeting, 1019 W. 9th Street  
**Tyndall Alcoholics Anonymous**, 8 a.m., non-smoking, 1609 Laurel St., Tyndall  
**Vermillion Unity Alcoholics Anonymous**, 7:30 p.m., closed meeting, Trinity Lutheran Church, 816 E. Clark, Vermillion

## MONDAY

**Line Dancing**, 9:30 a.m., The Center, 605-665-4685  
**Quilting**, 9:30 a.m.-3 p.m., The Center, 605-665-4685  
**Exercise**, 11 a.m., The Center, 605-665-4685  
**Daily Reprieve**, noon, open meeting non-smoking, 1019 W 9th St.  
**Interchange**, noon, Minerva's Bar and Grill, 605-660-8849.  
**Cribbage**, 1 p.m., The Center, 605-665-4685  
**Pinochle**, 12:45 p.m., The Center, 605-665-4685  
**Whist**, 12:45 p.m., The Center, 605-665-4685  
**Hand & Foot Cards**, 1 p.m., The Center, 605-665-4685  
**River City Harmony Sweet Adelines**, 6:30 p.m., First United Methodist Church, 11th and Cedar, 605-661-7162  
**Divorce Care**, 7 p.m., Calvary Baptist Church  
**Divorce Care For Kids**, 7 p.m., Calvary Baptist Church  
**Daily Reprieve**, 7 p.m., closed meeting non-smoking, 1019 W 9th St.

## SCHOLASTICS

## AMY SULLIVAN

CAPE GIRARDEAU, Mo. — The following student has been named to the fall 2012 Dean's List at Southeast Missouri State University.

Amy Sullivan of Yankton has been named to the Dean's List for academic achievement during the fall 2012 session.

Students named to the list earned at least a 3.5 grade point average on a 4.0 scale and completed at least 12 degree credit hours during the fall session.

## ANDREW ADAM

Congratulations to Andrew Adam of Yankton. Andrew is a graduate of Yankton High School and he is the recipient of the 2012/2013 Lewis and Clark Home-builder's Association scholarship.

Andrew's educational experience at RTEC and interest in the Heating Ventilation and Air-Conditioning field has made his application stand out.

Andrew is attending Mitchell Technical Institute this year with plans to graduate with an Industrial Maintenance Degree.

## Dave Says

BY DAVE RAMSEY

**Dear Dave,**  
We're debt-free except for our house, and that's on a 15-year, fixed-rate mortgage. We also have an emergency fund in place. We'd like to give back this year, and do some Secret Santa things and a little extra giving. At what point should we start giving over and above what we tithe?

— Jeremy

**Dear Jeremy,**  
My advice would be to wait until you finish Baby Step 3, which it sounds like you've done. That way, you've paid off all of your debt, except the house, plus you have a fully-funded emergency fund of three to six months of expenses.

You mentioned tithing, so I'll cite the Scripture that says he who doesn't take care of his family is worse than an unbeliever. I'm paraphrasing, of course, but in my mind, from a financial

point of view, taking care of your family means having your emergency fund in place and being out of debt, except for your house. At that stage, you're beginning to build wealth and you can really help others while knowing those closest to you aren't going without.

My wife and I made the decision a long time ago to live on a certain amount of money. We apply a formula to everything above that figure for tithing and taxes. The rest we allocate for giving, saving and spending. It works great for us, but be responsible and realistic with what you have. You don't want one of those areas to hinder the others.

— Dave



Dave  
**RAMSEY**

## WISE GIVING DURING THE HOLIDAYS

**Dear Dave,**  
Do you have any advice for deciding which charities to give money to during the holidays?

— Danny

**Dear Danny,**  
There are so many great organizations out there. It's virtually impossible to pick three or four and say with any certainty they're the best.

When it comes to choosing, I think the amount of diligence you put into the decision-making process should correspond directly to the amount of money you're giving. There's no reason to spend hours in exhaustive study over a \$20 donation. However, you'd want to put some time and thought into research if the amount is \$2,000.

In situations like this, I'd want to see full disclosure. I'd like to

know the expense ratios of the organization and how much money goes toward administrative costs. Every organization has bills to pay and salaries to consider, but you don't want overhead to eat up 90 percent of every dollar donated.

Helping a good cause is wonderful, but you've got to be reasonable and wise about these things. Don't feel bad about asking to visit a site and take a tour. Lots of times you can get a feel for what's going on by just walking around and gauging the people you encounter. Regardless, the bigger the gift, the more time you should spend investigating!

— Dave

*Dave Ramsey is America's trusted voice on money and business. He's authored four New York Times best-selling books. The Dave Ramsey Show is heard by more than 5 million listeners each week on more than 500 radio stations. Follow Dave on Twitter at @DaveRamsey and on the web at daveramsey.com.*

## Mike Rosmann

## The Roots Of Agriculture: Crop Production

BY DR. MIKE ROSMANN

Most archeological and genetic evidence indicates the history of agriculture extends back 13,000-15,000 years. In his Pulitzer Prize-winning book, *Guns, Germs and Steel*, Jared Diamond declares that the earliest deliberate cultivation of crops occurred on the plains that intersect the Zagros Mountains of modern-day Iran, Turkey and Iraq. Though dryer today, this was the Fertile Crescent of southwest Asia.

What factors led humans to practice agriculture? The answer is not as simple as "Food is needed to survive." This and next week's column indicate how and why people began to raise crops and livestock.

Accumulated knowledge from several disciplines, chiefly anthropology, archeology and paleontology, suggests our earliest ancestors were highly territorial hunter-gatherers in Africa who scavenged plants and their seeds or fruits, tubers, insects, birds, eggs, fish, and the meat, bones and skins of small animals and the carcasses of larger animals, usually slain by more powerful predators.

As the clans outgrew the carrying capacity of their African territories, successive waves of early humans, such as Neanderthals, migrated into Europe and Asia in search of favorable sources of essentials for their survival—chiefly foods, garments and shelter. Life remained uncertain for these aboriginals, as the plants and animals on which they subsisted varied in their availability.

The most recent wave of our progenitors also migrated out of Africa, about 50,000 years ago. What is considered modern man



Dr. Mike  
**ROSMANN**

something about refining metals, which greatly improved tool-making.

These modern humans found ample plants and animals in the fertile regions of southwest Asia where the terrain was warming after the most recent glacial period. Receding ice across Europe and Asia, and in North America as well, followed by numerous cycles of healthy grasses and manure from grazing animals, resulted in rich loam soils available for tilling and growing selected crops.

The keen observation skills of modern humans enabled them to select seeds from available grasses in the Fertile Crescent, such as wheat and barley, and from indigenous legumes, such as lentils and other pulses. They began to collect and store the tastiest seeds with the most nutritional value.

Some seeds inadvertently fell into the soil around the living quarters of human groups and sprang into the plants they desired. Learning to tuck seeds into moist ground, to scrape away competing plants and to select the most usable and nutritious seeds from among those they grew, benefited the community.

This was the beginning of agri-

brought greater capacities with them than preceding humans. Their brains were larger; their language and observation skills were more refined. They probably knew

culture. As described in next week's column, raising livestock followed crop production. Most importantly, domesticating animals and cultivating land to produce food, clothing and shelter allowed modern man to survive lean times, such as winter and droughts, and to proliferate faster than hunter-gatherers.

Researchers of our origins suggest the emergence of agriculture enabled people within their agrarian communities to specialize in various tasks. Some became tool-makers, perhaps capitalizing on information passed along by central African ancestors about how to smelt metals.

Others specialized in acquiring knowledge about medicinal plants and healing rituals, thus becoming the first medical and behavioral healthcare providers. Some specialized in building, to become the first construction engineers. Others became the village artists and musicians. Still others became the leaders of religious practices, government and so forth.

Development of modern culture was facilitated by people not having to spend most of their time securing adequate food, clothing and shelter. The systematic observation methods of early agriculturists were the basis of the scientific method.

The need to count and calculate sufficient food, as well as to construct buildings, inspired the development of a numeral system and mathematics. The need to record information contributed to the invention of written language.

In order to keep clans from killing each other off, govern-

ments and judicial proceedings were devised to settle territorial disputes.

What couldn't be explained by logic was attributed to deities, leading to the development of religions. Some faith communities believed God created or inspired all this.

As agricultural communities proliferated in southwest Asia, some members had to secure additional territories to raise crops and livestock. Over successive generations they migrated into Europe, Asia, Australia and some crossed the still-ice-covered Bering Strait to settle into the western hemisphere.

There is some evidence which suggests agriculture and human societies developed independently in eastern Asia and the Americas, but perhaps these migrants brought remnant knowledge of agricultural methods with them.

As David Montgomery argues in his 2007 book, "Dirt: The Erosion of Civilization," how we behave today is greatly due to agriculture. He also warns if we aren't good stewards of our lives and environments, we could contribute to our demise.

In addition to the aforementioned books by Jared Diamond and David Montgomery, I am indebted to other popular and scholarly books and articles — too numerous to list here — for the information in this article. I have posted a bibliography on my website.

Readers can contact Dr. Rosmann at the website: [www.agbehavioralhealth.com](http://www.agbehavioralhealth.com).

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