

P&D Anniversaries



KELLY HERTZ/P&D
 Yankton Media, Inc., which owns the Yankton Press & Dakotan, recently honored these employees who had reached milestones in service to the company. Pictured are, from left: Angella Byykkonen (5 years), Randy Dockendorf (20 years), Nathan Johnson (10 years) and Jeannine Economy (15 years). Not pictured: Gary Wood (10 years) and Kathern McIntosh (5 years).

Kids Against Hunger



SUBMITTED PHOTO
 The Marion SD EM Presbyterian Church youth group and sponsors recently packed more than 4,300 meals for children in need of our care. If your youth group would like to learn more about how you can make a difference in the lives of children, please visit www.kahyankton.org

Gentle Driving Increases Car Life

BY TOM AND RAY MAGLIOZZI
 King Features Syndicate, Inc.

Dear Tom and Ray:
 I am Kunaal from Mumbai, India, and I am a big fan of your show and column. I own a 2011 Skoda Fabia diesel hatchback that has covered 38,000 kilometers here, or 23,612 miles in your speak. Now, I know this car might not exist in America, but I quite love it. I am a car enthusiast and love my car and want it to last forever. It's a turbo diesel 3-cylinder engine that makes about 79 horsepower. Now, that's not a tarmac-tearing output, but in Mumbai, we have crazy, pothole-ridden roads and slow, bumper-to-bumper traffic most times, so the performance is good enough for use in the city. Every day when I start my car, I idle it for 30-60 seconds before driving off. And even after I start driving, I drive it slowly at first, without starting the AC for the first kilometer or two. The idea behind this is to minimize any damage to the turbo-charger and engine during its warmup phase. At the end of the day, I repeat the same exercise in reverse: I switch off the AC a kilometer or so before stopping, and get all the cold air out of the vents with only the fan running. I then idle the car for about 30-60 seconds before shutting down for the day. My question: Am I being overly obsessive? Will these things help increase the life of the car, or am I just wasting precious time and fuel? — Kunaal

TOM: Are you being overly obsessive? Yes. Will any of these things increase the life of your car? Unlikely. But on the plus side, you're doing wonderful things for India's diesel-fuel industry, Kunaal! I'm sure it's grateful.

RAY: Modern cars really don't need



CAR TALK

Tom and Ray Magliozzi

to be warmed up unless the temperature is well below freezing. Then 30-60 seconds of idling is fine. But generally speaking, if the car starts and doesn't stall when you put it in gear, it's ready to go. And driving it gently is the best way to warm it up.

TOM: Plus, I think the average daytime temperature in Mumbai is around 90 degrees Fahrenheit year-round. So if you're starting your car, and the outside temperature is well below freezing, you've got bigger problems to worry about — like how your roses are going to survive the oncoming ice age.

RAY: For cars with turbos, it's actually not a bad idea to let them idle for 30-60 seconds after driving the car hard. When there's a lot of demand on the turbo, it heats up. And allowing the oil to circulate through it for an extra minute or so allows it to cool down, which is beneficial.

TOM: But it sounds like you're hardly using the turbo, Kunaal. If you're in bumper-to-bumper traffic, that turbo probably is not kicking in at all. In which case, allowing it to cool off is

completely unnecessary.

RAY: Turning off the air conditioner is hardly worth it either. It does reduce the load on the engine a little bit, which means you use less fuel. But it makes very little to no difference in the life of the engine.

TOM: And besides, you have to think of the unintended consequences of what you're doing.

RAY: For instance, if you refuse to use the AC, you'll sweat more, which could send your dry-cleaning bills through the roof, putting a big dent in your beer budget, Kunaal. So be careful!

TOM: The best thing you can do to increase the life of your car is to simply drive it gently. Based on how much you obviously love the car, I'm guessing you already do that. And that's great.

RAY: That's what you should concentrate on, Kunaal. Avoid jackrabbit starts, sudden, hard acceleration and last-second braking when possible. Steer around a big, ugly pothole if you can do it safely. But otherwise, just enjoy the car — and the air conditioning. Happy motoring.

Don't get stuck with a lemon. Be an informed shopper. Read Tom and Ray's guide "How to Buy a Great Used Car: Secrets Only Your Mechanic Knows." Send \$4.75 (check or money order) to Used Car, P.O. Box 536475, Orlando, FL 32853-6475.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or email them by visiting the Car Talk website at www.cartalk.com.
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Spreading The Holiday Cheer



SUBMITTED PHOTO
 The Beadle Elementary kindergarten students were able to spread some holiday joy by joining voices and caroling at The Center. The trip was sponsored by J&P Electrical Services and Jack and Pam Frick.



SUBMITTED PHOTO
 Forty representatives of The Center in Yankton recently visited a number of nutrition centers on their way to Pierre.

Seniors Visit Nutrition Centers

Representatives from the Yankton Center visited other senior centers in the state on their way to view the Christmas trees in Pierre recently.

Forty Yankton seniors stopped in Mitchell to tour the Senior Center and to have caramel rolls and coffee. They then headed to Fort Pierre to have lunch at the Fort Pierre nutrition site and then on to the capital to view more than 100 Christmas trees.

There are more than 200 nutrition sites in the state of South Dakota.

Annually, more than 1.3 million meals are served to seniors, many of which who are well below the poverty level. The Meals on Wheels program serves those who are shut in and unable to get to a nutrition site. It takes many volunteers to deliver the meals. South Dakota has many remote areas which makes the delivery process and expense challenging. The state of South Dakota has been generous in financially supporting the nutrition sites and their efforts.

"Funding the sites is very difficult given the continued

higher food costs and the statewide transportation issues. Some nutrition sites have closed and others are struggling to make ends meet. We have to call upon local support to sustain our many programs," said Christy Hauer, executive director of the Yankton Center.

The goal of the statewide nutrition directors is to continue to serve those seniors in need. It is exciting to have the opportunity to partner with other sites to share experiences and to increase meal counts.

While visiting the Fort Pierre nutrition site, Lt. Gov. Matt Michels stopped by to

welcome the Yankton visitors. "We are fortunate to have leaders at our state capital who care about the statewide senior nutrition programs," said Hauer.

Nutrition directors across the state partner with the Department of Social Services to deliver hot quality well balanced and nutritional meals to those who might go without.

If you or someone you know needs to take advantage of this service, contact The Center at 665-4685 if interested in Senior Nutrition programs, or go to the state website to get more information www.dss.sd.gov/, click on Adult Services and Aging, Senior Meals.

Soup Luncheon Donation



SUBMITTED PHOTO
 Students at Sacred Heart School held a soup luncheon on Oct. 24, with proceeds going to the Contact Center and FeedingSD. The luncheon raised \$2,250, with each group receiving \$1,125.

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Refreshments & Snacks will be served

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