

Inmates, DOC Staff Members Get Into The Holiday Spirit

SIOUX FALLS — State prison inmates and staff members from the Department of Corrections are helping to make the holiday season brighter for others.

More than 1,700 wooden toys such as cars, puzzles and jewelry boxes were made from scrap lumber in prison shops in Sioux Falls and Springfield to be given to law enforcement agencies and various charitable organizations for distribution to underprivileged children across the state.

Inmates at the State Penitentiary also knitted more than 1,650 stocking caps and made nearly 600 pairs of fleece mittens for distribution to those in need.

Toys, hats and bicycles refurbished by inmates in Springfield as part of the Pedal Power from the Pen program at the Mike Durfee State Prison were also given to youth attending various holiday events and visiting DOC facilities during the month of December. More than 450 bicycles were distributed to law enforcement from across the state during the annual Law Enforcement Appreciation Game Feed in Sioux Falls in November. The bikes are taken back to their communities and given to youth.

DOC Administration staff members donated money to fund holiday meals for two families through the Pierre Area Referral Service. Staff also donated \$50 to the Pierre Animal Welfare Society. Staff members from the Parole Board and Parole Services offices donated \$300 to the Sioux Falls chapter of Kids Against Hunger and \$100 to the Children's Inn of Sioux Falls.

The Sioux Falls Juvenile Community Corrections (JCC) office donated nearly \$200 to a family of three the staff sponsored through the Center of Hope Holiday Clearing House. Staff purchased



Toys made from scrap lumber by inmates at Mike Durfee State Prison were given to youth in the Springfield area.

toiletries, hygiene items, clothes, shoes and toys for the 3-year old child. Staff members of the Yankton JCC office donated a total of \$150 for fruit baskets for those in need, the Boys and Girls Club, and Toys for Tots.

"I'm very proud of the efforts of offenders and staff alike to make Christmas special for those in need," said

Secretary of Corrections Denny Kaemling. "I have visited with inmates that are using their talents to make these gifts. They are very proud that they have been given an opportunity to give back. It certainly is a process that benefits both the inmate who made the item and the child that is receiving the gift."

SUBMITTED PHOTO

OBITUARIES

Taylor Emanuel

Taylor Michael Emanuel, age 19 and special needs son of Michael and Kim Emanuel of Hartington, Nebraska died on December 25, 2013 at his residence due to complications from pneumonia.

Mass of Christian Burial will be on Saturday, December 28, 2013 at 10:30 a.m. at Holy Trinity Catholic Church in Hartington with the Rev. Jeffery Loseke officiating. Burial will be at St. Michael's Cemetery in Hartington.

Visitation will be on Friday, at church, from 4-8:00 p.m. with a Vigil Service at 7:00 p.m. Visitation will resume one hour prior to services on Saturday at church.

Arrangements are under the direction of the Wintz Funeral Home in Hartington. Pallbearers will be Scott Lammers, Cory Lammers, Russ Lammers, Chris Goeden, Joel Emanuel, and John Fischer.

Taylor was born in Lincoln, Nebraska on April 20, 1994. Three weeks later he moved back home to Hartington with his parents Michael and Kim Emanuel. Soon he was joined by his sister Amber in 1995 and brother Brodrick in 1997.

At the age of 3 Taylor started attending school at



Emanuel

days a week throughout the year up until his last illness.

Taylor was rarely unhappy. Smiles and giggles were frequent, especially in the kitchen smelling whatever was cooking and hearing the dishes go in and out of the dishwasher. Grandpa could make him smile with a whistle and so could mom when she tried to sing! (She was better at humming!) Walks outside were among one of Taylor's favorite things especially if there was a breeze! Grandma's porch was awesome for breeze sitting! A colorful movie, (like Rio), musical bells, brushing his teeth and batting around a good Mylar Balloon were a guarantee smile and giggle to follow!

"Don't be sad the moment ended ... Be Happy the moment happened!"

Taylor is survived by his parents, Michael and Kim Emanuel; a sister Amber and

brother Brodrick at home; maternal grandparents Allen and Carol Lammers of Hartington; paternal grandparents Joseph and Bonnie Emanuel of Hartington; Aunts and uncles Scott Lammers of Ashland, NE, Chris and Carmen Goeden of Lincoln, NE, Cory and Shawna Lammers of Lincoln, NE, Russ and Dawn Lammers of Wilmar, MN, Joel Emanuel and Christy Orwig of Aberdeen, SD, John and Jana Fischer of Lincoln, NE; 9 cousins, Jack Emma and Hazel Goeden; Luke, David and Mathew Lammers; and Persephone, Selene and Willow Fischer.

Taylor was preceded in death by his sibling Aaron; great-grandparents Hugo and Hildegard Lammers; John Jr. and Rose Thoene; Eugene and Elsie Emanuel & H.M. (Butch) Haberer.

Yankton Press & Dakotan
 December 27, 2013



Norman Ochsner

Norman Ochsner, 83, of Scotland died Thursday, Dec. 26, 2013, at his residence in rural Scotland.

Funeral arrangements are pending with Goglin Funeral Home, Scotland.

Goglin Funeral Home

Tyndall - Scotland - Tripp



www.goglinfh.com

Marie Runnels

Funeral services for Marie Runnels, 67, of rural Santee, Neb., are pending at Brockhaus Funeral Home in Creighton, Neb.

Marie died Thursday, December 26, 2013, at Faith Regional Health Services in Norfolk, Neb.

Loretta Jones

Loretta Jones, 85, of Yankton died Wednesday, Dec. 25, 2013, at the Avera Sacred Heart Hospital, Yankton.

Funeral services are at 11 a.m. Monday, Dec. 30, at the United Church of Christ (Congregational), Yankton, with the Rev. Dr. Paul M. Opsahl officiating. Burial will be in the Yankton Cemetery, Yankton.

Visitations will be one hour prior to the service at the church.

The Opsahl-Kostel Funeral Home & Crematory, Yankton, is assisting with service details.

Melva Schmer

Melva Jean Schmer, 71, of Yankton died unexpectedly at her residence early Thursday, Dec. 26, 2013.

Funeral services are pending with the Opsahl-Kostel Funeral Home & Crematory, Yankton.

Bernadette

'Bernie' Wollman

Bernadette "Bernie" Wollman, age 78, of Yankton, South Dakota died Monday, December 23, 2013 at Wakonda Heritage Manor in Wakonda, South Dakota.

Mass of Christian Burial will be 10:30 a.m. on Tuesday, December 31, 2013 at St. Benedict Catholic Church in Yankton, South Dakota with Reverend Ken Lulf officiating. Burial will be in the Garden of Memories Cemetery in Yankton.

Visitation is from 5:00 to 8:00 p.m. on Monday, December 30, 2013 at the Wintz & Ray Funeral Home in Yankton. Visitation will resume one hour prior to the Mass on Tuesday.

Pallbearers are Kenneth Hausman, Brad Schrempp, Jeff Nooney, David Wollman Jr., Mike Shutt, and Dan Shutt.

Bernadette "Bernie" Wollman was born October 1, 1935, in Yankton, South Dakota, to Bernard and Marcella (Borszich) Klimisch. She grew up on the family



Wollman

farm outside of Utica, South Dakota. She attended Klimisch School and graduated from Mount Marty High School in 1953. She married Rudy Wollman in 1959 at Sigel Catholic Church in rural Utica. After their marriage they moved to Yankton where Bernadette started working as a Bookkeeper at Freeman Manufacturing for a few years and then went to work for Morgan Manufacturing, where she continued to work for over 30 years. She retired from Morgan Manufacturing and for the last five years has been working at Hy-Vee in Yankton.

Bernadette was a member of St. Benedict Catholic Church where she was always willing to volunteer. She enjoyed word search books, crocheting, playing solitaire, and chasing her dog, Buster. She was a very hard working woman who loved her family above all else.

Survivors include her four sons: David Wollman Sr. of Sioux Falls, South Dakota; Robert Wollman of Yankton; Richard (Sandra) Wollman of Jacksonville, Florida; and Todd Wollman of Yankton; seven grandchildren: David Jr., Danielle, Marissa, Christopher, Kailey, Angelina, and Peter; two great grandchildren: Shadow and Zane; two sisters: Frances Shutt of Utica, South Dakota and Ruth Chapman of Mount Pleasant, Michigan; and many nieces and nephews.

She was preceded in death by her parents; husband, Rudy on September 6, 1993; and sister, Helen Klimisch.

To send an online sympathy message visit wintzrayfuneralhome.com.

Yankton Press & Dakotan
 December 27, 2013



Online condolences at: www.wintzrayfuneralhome.com

YCL Classes For Children Begin Jan. 6

The Yankton Community Library, 515 Walnut, will begin its winter session for two of its programs for children on Jan. 6.

Story time for preschoolers ages 2 through 5, will meet on Mondays at 6:30 p.m., and Wednesdays and Thursdays at 10:15 a.m. The winter session will run for 12 weeks from Jan. 6 through March 31.

Story time introduces preschoolers to books and reading through songs, stories, finger plays, crafts and an occasional movie. Parents or caregivers attend with their child and help assist with learning the songs and making crafts. It is an excellent way for children to enjoy read-aloud stories, sing old and new songs, and meet new friends. Pre-registration is not required.

"Baby and Me" lap sit for newborn babies through 12 months of age and their parents/caregivers begins on Jan. 6. The class meets on Mondays from 11:30-11:55 a.m. Jan. 6 through Feb. 24.

A lap sit program is an interactive program for infants and their parents or caregivers that include songs, board books, shakers and bubbles. Pre-registration for this class is required. Families may register by visiting or calling the library.

For additional information, call 668-5275.

SAC To Offer Free Demonstrations

The Summit Activities Center will be offering free demonstrations on all weight and fitness equipment for both adult and youth ages 12-14 years. The demonstrations will be conducted by Summit Activities Center weight and fitness staff and are open to all SAC members.

A youth weight and fitness equipment demonstration will be held on Saturday, Jan. 11, at 11 a.m. Youth participants, ages 12-14 years, that complete the class will be allowed to use the weight and fitness area at the SAC. Parents of youth participants are required to attend.

An adult weight and fitness equipment demonstration will be held on Saturday, Jan. 18, at 11 a.m.

To sign up for the class or request further information, call 668-5234 or stop by the Summit Activities Center at 1801 Summit Street.

OTJ

From Page 1A

person of his age.

"It's a little later than a lot of people are diagnosed," he said. "Most people with Type I diabetes are diagnosed in their childhood or adolescence, so it was a little bit of a shock to me."

Hofkamp said the news wasn't easy to take at first.

"It was difficult because I wasn't in the medical field at the time — I didn't know a whole lot about diabetes," he said. "It was a challenge to be able to learn about the disease and manage my own blood sugars. It's a long learning curve trying to figure out your own body."

While it doesn't make his training job — or his studies — any more difficult, he said he still needs to take extra considerations due to the condition.

"It doesn't come into play a lot of the time, but it's always in the back of my head," Hofkamp said. "I'm always having to think about 'When did I last test?'"

"What's my blood sugar going to be?" "Am I going to be standing a long time?" "Is there going to be a lot of walking?" "If I'm going into surgery, I need to make sure I'm not going in low or going in high (blood sugar)."

There's a lot of different things I'm always having to account for — always making sure I have food at hand."

However, Hofkamp has found he's able to use his own experiences with diabetes to help other diabetics who come in seeking training advice.

"If you're taking insulin, it makes working out a little more of a challenge," he said. "Your body normally regulates its insulin secretion and blood sugars naturally, but with artificial insulin, your body doesn't have a way to turn that off. ... That meant a lot of people who didn't really know how to initially start didn't know why they were going low during their workouts or why they were feeling so terrible during their workouts. Being able to explain, 'This is what's going on, I've had this before and here's what I do', sometimes I can help them have a better experience working out."

You can follow Rob Nielsen on Twitter at twitter.com/RobNielsenPandD/. Discuss this story at www.yankton.net/

Beyond being a trainer though, Hofkamp also finds himself helping many patients who have also been recently diagnosed and counseling them on how to deal with it.

"A lot of times I try to find other people — especially working at the hospital, I'm able to meet a lot of patients who were recently diagnosed," he said. "I'm able to talk to some of the kids, teenagers and adults who were just diagnosed and don't know where they're at. And being able to just sit down, talk with them and tell them 'It's going to be OK, it's going to take a while but here's some of the things I've done. Here's some of the resources I know of that are available to help you pay for things.' ... And then I also just give them my cell phone number and e-mail and tell them if they have a question or just want to vent, to give me a call because I know what it's like to be completely frustrated and have no one around you know what it's like."

He has also counseled parents whose children have been recently diagnosed, as well.

"It's a challenge especially for parents," he said. "(Not) Because the kids don't understand it, but just being able to sit down with the parents and tell them 'Your kid is going to live. It's going to be scary, you're going to have bad times but you're going to get through this' — and just being an ear and shoulder to them — makes a big difference to them, I think."

From here, Hofkamp said he's looking into the OB/GYN field and a fellowship in gynecologic oncology as well as conducting clinical trials following his graduation in 2015.

Hofkamp had one last piece of advice for those who are battling diabetes.

"Don't give up," he said. "There's nothing in diabetes that says you can't keep going or (can't) do the things you want. It's not a life sentence — you can always exercise, work out or change your diet and doing that will make a world of difference."

The perfect combination
Funeral Home. Cemetery.
 We offer the convenience of having everything at one location with our family taking care of all the important details. Call us for more information.

 WINTZ & RAY FUNERAL HOME and Cremation Service, Inc. 605-665-3644 www.wintzrayfuneralhome.com

 WINTZ FUNERAL HOME INC. Hartington, Coleridge, Crofton 402-254-6547

FEELING
Stressed?
 • Moody?
 • Feeling Overwhelmed?
 • Unable to Relax?

 Affordable Fees
 Convenient Hours
 Medicaid & Most Insurances
 Call
 605-260-9284
 1700 Burlleigh St.
 Yankton, SD
 www.fecfccinc.com

2014 Fox Run Annual Pass
No Interest Payment Plan
 4 payments Feb/Mar/April/May
 Must sign up by Feb. 10th
 Current rates apply for 2014!
 Good January 1-December 31

 Call (605) 668-5205 For Details