

# Registration On For Strengthening Families Program

**BROOKINGS** — Wouldn't it be nice to have a magic wand that with a simple wave guaranteed your child's pre-teen and teen years would be smooth sailing? While we may not have a magic wand, there is an innovative and fun program proven to help prevent and calm the rough waters that can accompany the adolescent years.

The SDSU Extension Strengthening Families Program for Parents and Youth 10 to 14 (SFP 10-14) can help. It is designed for parents or caregivers and their children ages 10 to 14. The goal of the program is to build youth skills and give parents more tools to help their children become responsible young adults and in turn prevent substance abuse and other problem behaviors in youth.

The program consists of seven sessions that help parents build on their strengths in showing love and setting limits; youth develop skills in handling peer pressure and building a positive future; and families grow together.

Parents and youth are asked to commit two hours per session engaging in hands on activities and discussions. The program is limited to 8 to 10 families due to its interactive nature.

SFP 10-14 has been shown to be effective in:

- Increasing resistance to negative peer pressure

- Improving skills of parents in building a positive relationship with their youth, setting appropriate limits, and following through on consequences
- Lowering aggression levels and reducing conduct problems in school
- Delaying onset of substance abuse

The program is led by three certified SFP 10-14 facilitators. To be certified, groups of at least three people per program site must receive training. SDSU Extension will be hosting and sponsoring a facilitator training March 27-29 in Chamberlain. Deadline to register is Feb. 21.

In order to carry out the program individuals or groups are also needed to help promote and coordinate logistics. This may include recruiting participants, securing a location and finding sponsors for optional components (family meal, childcare, etc.)

For more information on bringing the Strengthening Families Program for Parents and Youth 10-14 to your community and the upcoming facilitator training, contact Jessica Kirkham, SDSU Extension Prevention Coordinator at 605-688-6037, [jessica.kirkham@sdsu.edu](mailto:jessica.kirkham@sdsu.edu) or Andrea Klein, SDSU Extension 4-H Youth Healthy Living Field Specialist at 605-773-8120, [andrea.klein@sdsu.edu](mailto:andrea.klein@sdsu.edu).

# Is Induction Service A Waste Of Time

BY TOM AND RAY MAGLIOZZI  
[www.cartalk.com](http://www.cartalk.com)



CAR TALK

Tom and Ray Magliozzi

**Dear Tom and Ray:**  
The local Honda dealer charges \$120 for a fuel-induction service every 30,000 miles. I can buy a can of BG 44K injector cleaner as a gas additive for \$20. Does the gas-additive cleaner work as well as the dealer's induction service? If the gas additive is sufficient, how often should it be done? Or am I wasting my money on both options? — John

**TOM:** For \$120, the dealer probably is hooking your engine up to a machine that forces a solvent through the fuel system and cleans the injectors. The cans of BG 44K and Chevron Techron do similar things, although the machine probably does a better job.

**RAY:** But I would guess that the dealer also is cleaning the electronic throttle area — the fuel additives won't do that. That has to

be sprayed separately.

**TOM:** You can find out by asking the dealer exactly what's included in his fuel

induction service. If he says, "We dump in a can of fuel cleaner," you have your answer. But I'm guessing it's more than that.

**RAY:** On the other hand, you may not need any of these things. Unless you're having problems with misfires or rough idling, it's unlikely that anything's dirty enough to worry about. Gasolines have enough detergents in them these days that dirty fuel systems rarely are a problem. Especially on cars with fewer than 100,000 miles on them.

**TOM:** So unless the engine is idling roughly, or the computer has stored a code indicating misfires, I think you can save the \$120. And the \$20, John.

Get more Click and Clack in their new book, "Ask Click and Clack: Answers from Car Talk." Got a question about cars? Write to Click and Clack in care of this newspaper, or email them by visiting the Car Talk website at [www.cartalk.com](http://www.cartalk.com).

# Freedom Forum Seeks AIJI Applications

**VERMILLION** — The Freedom Forum is accepting applications until March 1 for the 12th American Indian Journalism Institute summer session, the premier journalism training, scholarship and internship program for Native American college students, June 13-22.

Students attend AIJI for free and receive other financial assistance. Applications are welcome from any Native American college student preparing to become a journalist. Instructions and application forms are available at [www.freedomforumdiversity.org](http://www.freedomforumdiversity.org) or by emailing a request to [jharris@freedomforum.org](mailto:jharris@freedomforum.org).

AIJI students will be eligible for college credit by taking a multimedia journalism course taught at the Freedom Forum's AI Neuharth Media Center, on the University of South Dakota's Vermillion campus.

AIJI graduates compete to be hired for six-week paid internships as reporters, copy editors, photographers and multimedia journalists in daily newsrooms beginning about July 1. Interns must be licensed drivers with

access to reliable, legally registered vehicles.

"The intent of AIJI is to recruit, train, mentor and retain Native Americans for journalism careers," said Jack Marsh, AIJI founding director, and president and COO of the Freedom Forum Diversity Institute. "AIJI is an intense and demanding academic and internship program that opens doors for those who have the passion and the potential to succeed as professional journalists."

The Freedom Forum administers and funds AIJI, including tuition, fees, books, room and board. To be eligible for AIJI, Native students must have completed at least one year of college. Applications for the program will be accepted from new participants and from returning AIJI students who want more training.

Program graduates will earn three hours of college credit from the University of South Dakota that students may transfer to their current school.

Students must be able to provide their own transportation to

and from Vermillion and must attend the full program beginning Wednesday, June 13, and ending Friday afternoon, June 22. Each student will have a room in an apartment-style dormitory. Meals will be provided on campus. AIJI forbids the use of alcohol, other intoxicants and illegal drugs at any time during the program. Violators will be dismissed from the institute.

The American Indian Journalism Institute is part of the Freedom Forum Diversity Institute's commitment to increase employment diversity in daily newsrooms.

"Having even one Native American working in a newsroom makes the organization more aware of American Indians in its community, and more sensitive and intelligent in reporting stories about them," Marsh said. "American Indians are by far the most underrepresented people of color in the news media, and this often results in stereotypical and erroneous coverage of Indian issues and Indian people."

The American Society of Newspaper Editors' annual

employment census identified about 200 Natives among the industry's 41,600 journalists working in daily newsrooms.

AIJI also offers a semester-long Visiting Scholars Program at the University of South Dakota every fall and spring. Students are mentored by a journalist in residence and take a full load of college courses in journalism and related subjects. The program was created for students from schools that don't offer journalism courses. Fellowships are available to visiting scholars to cover the cost of tuition, fees, room and board.

In addition to journalism diversity programs at the University of South Dakota and at the John Seigenthaler Center in Nashville, Tenn., the Freedom Forum funds and helps organize the Crazy Horse Journalism Workshop at Crazy Horse Memorial in South Dakota's Black Hills. The workshop, April 15-19, introduces Native high school students to journalism career options.

# Big Friend Little Friend Annual Bowl-A-Thon Set For April 7

Big Friend Little Friend, a local non-profit mentoring organization, is planning its 16th annual Bowl-A-Thon fundraiser, set for April 7 at Yankton Bowl.

Businesses are being sought to sponsor or co-sponsor teams or to donate prizes.

The sponsorship fee of \$100 sponsors one team of bowlers. Teams consist of four children in first through fifth grade. They receive two games of bowling, shoe rental, a T-Shirt and snacks/drinks. In addition, prizes are given out for various achievements such as high score, low score, most strikes, most spares, etc.

Big Friend Little Friend is a mentoring program that

matches caring, responsible volunteers with youth that need an adult role model in their lives. Funding is used to support the operation of the program as well as to host character building activities for all of the youth in the program. This program has helped improve the lives of many children in the Yankton area.

If you would like to sponsor a team, send sponsor fee to Big Friend Little Friend, PO Box 1101 Yankton, SD 57078. Businesses that can be co-sponsors or contribute gift certificates/prizes are also encouraged to get involved. If you have any questions, call Stacy at 665-6365.

# Partners Needed For Program That Feeds Children

**PIERRE** — When school is in session, 58,974 South Dakota children receive free or reduced-price meals through the National School Lunch Program. During the summer, those kids are still in need of healthy meals. The South Dakota Department of Education is searching for sponsors to continue to prepare and serve meals throughout the summer months for families in areas that qualify.

"All too often, summer means a lot of children are going with-

out nutritious meals because of tight budgets and working parents," said Sandra Kangas, director of South Dakota's Child and Adult Nutrition Services. "The Summer Food Service Program offers help to families by providing nutritious meals in a secure location at no cost to the family. Parents know their children can get a good meal without worrying about the children cooking."

The Summer Food Service Program aims to provide food service to youngsters when

school is not in session. Children under the age of 18 can receive a meal free of charge at a participating site.

Organizations are needed to serve as Summer Food Service Program sponsors. Entities such as non-profit organizations, schools and local governments can apply to be approved sponsors if they operate in a low-income area, if they serve a group of mostly low-income children, or if they are a summer camp.

To become a participating or sponsoring site, call Child and

Adult Nutrition Services at (605) 773-3413. For more information, visit <http://doe.sd.gov/cans/sfsp.asp>. Training for new sponsoring sites begins in March; registration is due Feb. 24.

The Summer Food Service Program is a federally funded program operated nationally by the U.S. Department of Agriculture and administered by the South Dakota Department of Education. This agency is an equal opportunity provider.

## SCHOLASTICS

### UNIVERSITY OF MONTANA DEAN'S LIST RELEASED

At the University of Montana (UM), 3,027 students made the autumn semester 2011 Dean's List. To qualify for the Dean's List, students must be undergraduates, earn a semester grade point average of 3.50 or higher and receive grades of A or B in at least nine credits. No grades of C+, C, C-, D+, D, D-, F, NC or NCR are allowed.

A "\*\*\*\*" indicates a grade-point average of 4.0. An "\*" indicates a GPA of greater than 3.5 but less than 4.0 was earned.

Brandi Broekemeier\* from Yankton is on the Dean's List.

### UNIVERSITY OF MINNESOTA ANNOUNCES DEAN'S LIST

MINNEAPOLIS, Minn. — The following area students have made the dean's list for the University of Minnesota Twin Cities

campus 2011 Fall Semester. Students on the list all achieved a grade point average of 3.66 or higher while taking 12 or more credits.

Lennox: Matthew J Styles, College of Liberal Arts;

North Sioux City: Nathan B McKewon, College of Design;

Vermillion: Sarah L Day, College of Liberal Arts; Patrick Hought, College of Liberal Arts; Yankton:

Emmalynn Bauer, College of Liberal Arts

### DRAKE UNIVERSITY PRESIDENT'S LIST ANNOUNCED

DES MOINES, Iowa — The following local students have been named to the President's List at Drake University. This academic honor is achieved by earning a grade point average of 4.0 during the Fall 2011 semester at Drake. Elizabeth Fiedler of Yankton

## FARMLAND FOR SALE: BY SEALED BIDS

L & E Mercantile Co., a South Dakota corporation, will offer the following land for sale by sealed bids:

T37N, R37W, Bennett County, South Dakota, excepting parcels previously conveyed, generally located at the intersection of Highways 18 and 73, consisting of approximately 306 acres, with approximately 284 acres of cropland with gently rolling terrain. Tax identification #1285. All bids must be received on or before 5:00 p.m. on Tuesday, February 28, 2012, mailed or hand delivered to Kevin J. Dostal, 2002 Douglas Street, #200, Omaha, Nebraska 68102, (402) 898-7000. Bids must be accompanied by a cashier's check (earnest money), payable to L & E Mercantile Co. in the amount \$15,000.00. Closing will be on a date mutually agreed upon by Buyer and Seller prior to March 30, 2012. The property is being sold by legal description only. Property survey, if required, is at the expense of the Buyer. The property is being sold "AS-IS". Title Insurance and closing through First American Title Company of South Dakota. Direct questions or comment to Linda L. Benson or Kevin J. Dostal at (402) 898-7000 or contact [Linda at \(402\) 898-7000](mailto:Lbenson@pdhlaw.com) or contact [Linda at \(402\) 898-7000](mailto:Linda at (402) 898-7000).

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## MOUNT MARTY COLLEGE introduces Center for Active Learners



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For More Information Contact

Sr. Cynthia Binder  
[cbinder@mtmc.edu](mailto:cbinder@mtmc.edu)

Sr. Jacquelyn Ernster  
[jernster@mtmc.edu](mailto:jernster@mtmc.edu)

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## 'Promoting Agricultural Youth' Scholarship Announced

Area High School seniors who plan on pursuing an agricultural related degree are invited to apply for the "Promoting Agricultural Youth" scholarships being award by the Yankton Chamber.

Two awards of \$1,000 each will be given to 2012 graduates planning to pursue an agricultural-related major at a two or four year university, college, technical school or other recognized program preparing people for careers in agriculture related fields. Applicants must be residents of Yankton, Bon Homme, Clay, Hutchinson or Turner counties in South Dakota or Boyd, Cedar or Knox counties in Nebraska.

The objectives of the scholarship program are to recognize local youth who are leaders in agriculture, provide local financial support for academic study and leadership development and foster the development of future leaders in rural America, agribusiness and production agriculture.

Applications may be obtained at the Yankton Chamber and Visitors Center. They must be completed and returned to the Yankton Chamber by March 2. The recipients will be selected by the P.A.Y. Scholarship Committee Members and awarded at the 2012 Ag Gala by the Yankton Chamber.

For an application, go to [www.yanktonsd.com/pay](http://www.yanktonsd.com/pay) or contact the Chamber at (605) 665-3636.



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