

Let us pamper you

The staff at Avera Sacred Heart Massage are graduates of credentialed schools and licensed with the State of South Dakota. They have extensive training in several modalities and are skilled in a variety of services.

Our Treatments: therapeutic, invigorating and relaxing **Avera Select Massage**

Our signature treatments are individually customized to meet each client's needs, to stimulate circulation, or to treat muscle tension and injuries.

Prenatal Massage

Every expectant mother deserves this soothing treatment. Massage is safe for your baby and for you during this most precious time.

Reflexology Massage

Experience whole body relaxation through massage of the hands and feet.

Hot Stone Massage

Smooth, heated basalt stones incorporated in a treatment provide a deeply soothing and relaxing massage.

Couples Massage

A perfect treat for couples, or two friends or family members any time of the year!

Paraffin Wax

Indulge your aching hands and feet in a paraffin bath followed by massage to relax while improving circulation.

Chair Massage

Our therapists come to your workplace or special event and provide mini (10-15 minute) chair massages. One hour minimum travel fee is waived with two hour purchase.

Aromatherapy Oils -

Add on to any Treatment

Create a unique ambiance by customizing your massage experience with aromatherapy oils. Choose from several scents.

Facial Treatments for men, women and young adults

Clarity Facial

The classic pick me up your skin longs for, designed for pure cleanliness and relaxation.

Ageless Facial

Designed to slow skin's aging process, brighten and reduce fine lines and wrinkles.

Fire and Ice Back Facial

Treat your back to a whole new level of clean. Skin will be cleansed, exfoliated and gently massaged from neck to tailbone.

Avera Sacred Heart

Signature Facial

You haven't had luxury until you've tried this.

Oxygen Facial

This facial will allow your skin to just breathe!

Add On Services

for Facial Treatments

Scalp Massage and Aroma

Therapy - No Charge

All facials include a scalp massage and the option of aromatherapy. Several scent options are available from relaxing to energizing.

Extractions

The purpose of this simple treatment is to give your skin a brand new start.

Lip Scrub

Dry lips? This gentle scrub rejuvenates, softens, and tastes good!

Vitamin C

The antioxidant, brightening properties of the vitamin C toner can do wonders for all skin types.

Waxing Services

We offer a full line of waxing services for men and women to meet all your needs — right here in Yankton. Ask about other available waxing services and package pricing.

Pamper, Reward and Give

Pamper Package

Save money by purchasing 4 consecutive months of treatments. Call for details.

Relaxation Rewards

For every \$10 you spend, you will receive one punch on your Relaxation Rewards card. Redeem completed card for \$10 off a future purchase.

Gift Certificates

Gift certificates are always a perfect gift. Our full service spa offers massage, skin treatments and more.


**Editorial provided by
Avera Sacred Heart Massage*

Know someone
getting married?

Send a
free copy!

Call 605.665.7811
and ask for the
Advertising
Department!

Something gold...
Something new...
Something that sparkles...



*Just
For
You!*

FREE Bridal Set* For the Bride
(necklace & earrings) *With purchase of entire
bridal party jewelry. Some restrictions apply.

Rita's Purse-o-Nalities
2101 Broadway, Yankton Mall • 605-260-8362