

## S.D. Youth Place In National 4-H Competition

BROOKINGS — South Dakota 4-H youth received national recognition during the Western National Roundup national 4-H judging competition held in Denver Jan. 8-11, 2015.

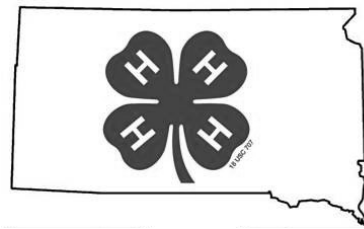
The Conference, now in its 95th year, is held annually in early January, coinciding with the National Western Stock Show.

Both 4-H and FFA members between the ages of 14 and 19 have the opportunity to qualify for Roundup by winning their home state's contest or being chosen as a state delegate.

The competitions held at Western National Roundup include horse and livestock judging, hippology, horse demonstrations and public speaking, parliamentary procedure, family consumer sciences presentations, skill-athon, and bowl, consumer decision making, public speaking prepared and impromptu, parliamentary procedure, and meats identification.

Workshops are offered throughout the week which provides a learning experience for the youth exposing them to topics ranging from communication and team building to leadership development. Youth participants develop a mastery of their respective subject matters, but more importantly, gain life-long skills. Such skills as public speaking, professionalism, and good sportsmanship along with the memories and new friendships will outlast the trophies and ribbons that were won.

The 23 youth from South Dakota who competed at this national competi-



tion pre-qualified during 2014 state 4-H contests. South Dakota 4-H took 31 people; 23 youth and eight coaches/chaperones.

- National placings 4-H State Livestock Judging Team — Team members include: Tyler Bush, Marshall County; Hannah Peterson, Miner County; Martina Albrecht, Kingsbury County and Jonathan Linke, Sanborn County. Coach is John Keimig. The team placed ninth overall. Tyler Bush of Marshall County placed tenth individually overall and sixth overall in Beef.

- Consumer Decision Making Contest Team — Team members include: Stephanie Hauger, Yankton County; Leah Waid, Yankton County; Laurel Friedenbach, Yankton County; Camille Friedenbach, Yankton County and coach, Stephanie Siebrandt, Yankton County; Placed sixth overall and fourth overall in Group Think.

- Horse Judging Team — Team members include: Kate Helmer, Day County; Bobbi Soukup, Charles Mix County; Alyssa Standifer, Moody County; Blayne Martinez, Hutchinson County and coach, Jennifer Martinez, Hutchinson County. The team placed eighth overall,

sixth in halter judging.

- Horse Quiz Bowl Team — Team members include: Taya Heisinger, Hutchinson County; Sarah Vos, Pennington County; Kaycee Szymanski, Pennington County; Stephanie DeLong, Pennington County and coach, Tiffany Meyer. The team placed fourth overall. Vos is the second place overall individual.

- Hippology Team — Team members include: Mary Nold, Brookings County; Tanegai Zilverberg, Hughes/Stamley County; Mariah Kessler, Hughes/Stamley County; Emma Mesman, Hughes/Stamley County and coaches, Collette Kessler-Hughes/Stamley County and Amy Mesman, Hughes/Stamley County. Team placed seventh overall; sixth overall in Team Problem; Ninth overall in Judging; fourth overall in Team Station and eighth place in Team Exam Total. Mary Nold was recognized with three individual placings including: Ninth Overall Individual, eighth Overall Individual in Total Station Points and Third Overall Individual in Exam Score.

- Horse Public Speaking — Morgan Janish, Roberts County, received fifth place individual; her coach was Coach Julie Nelson.

- Horse Demonstration Contest — Brittany Hinkle, Hyde County received eighth place individual. Her coach was Julie Nelson. A special thanks to the chaperones and coaches.

To learn more about how you can become involved in 4-H as a member or volunteer, visit [iGrow.org/4H](http://iGrow.org/4H).

## Registration Open For 2015 Garden Educator Workshops

BROOKINGS — SDSU Extension and Ground Works are hosting a training series in Sioux Falls for elementary teachers, afterschool programs leaders and other educators who utilize a garden as part of their educational program. The "Growing the 4-Seasons Teaching Garden" workshop offers six 2-hour sessions that will feature horticultural information, hands-on demonstrations of relevant lessons for students and food preparation and nutrition activities.

Educators can participate in one or all workshops for \$10 per session. Refreshments will be provided. Sessions run from 6-8 p.m. on

the following dates:

- February 17 — Garden design, scheduling succession planting, starting transplants indoors, low cost lighting systems;
- April 21 — Bed preparation, planting care, a related curriculum lesson, harvest, storage preparation lesson;
- June 16 — Food safety, good bug-bad bugs- identification control, a related curriculum lesson, harvest, storage preparation lesson;
- July 21 — Pest control-managing insects, diseases weeds, a related curriculum lesson, harvest, storage preparation lesson;
- August 18 — Season extension frost protection,

cover crops, a related curriculum lesson, harvest, storage preparation lesson;

- September 15 — Garden clean-up, winter activities, vermicomposting, harvest, storage preparation lesson; Continuing education units (CEU's) are available through South Dakota State University. Attendees seeking CEU credit must complete 5 training hours for 1/2 CEU or 10 training hours for 1 CEU. The application and certificate payment of \$5 will be collected once contact hours are reached by the participant.

The workshops will be held at the Teaching Garden Demonstration and Training

Center at the Mary Jo Wegner Arboretum, 1900 Perry Pl. Sioux Falls. Registration forms are available at [iGrow.org/events](http://iGrow.org/events), under the date of the event. Completed registration forms should be emailed to [christina.vanruler@sdstate.edu](mailto:christina.vanruler@sdstate.edu) or printed and mailed to SDSU Extension, 2001 E. 8th St., Sioux Falls, SD 57103. Registration and payment is due 1 week prior to the specified class.

Contact Chris Zdorovtsov, SDSU Extension Community Development Field Specialist at [christina.zdorovtsov@sdstate.edu](mailto:christina.zdorovtsov@sdstate.edu) or Tim Olsen at [revtim93@gmail.com](mailto:revtim93@gmail.com) or at 605-275-9159 for more information about the training.

## Mount Marty College Students Make Difference On Service Trip

Ten Mount Marty College students plus two staff members departed on December 31, 2014 for a service trip. The group traveled to Key West, Fla. and assisted St. Mary Star of the Sea (SOS Mission), St. Mary's Grade School, and St. Peter's Parish. The group sorted clothing for a clothing closet, worked in a food pantry, provided landscaping assistance at the grade school and parish, and cleaned up garden plots at the school.

Each day of the trip began with prayer together, breakfast and work and ends with group reflection and sharing about what was encountered that day followed by group prayer.

Trip organizer and Mount Marty College Director of Campus Ministry, Sr. Maribeth Wentzlaff, says this is a meaningful event each year for the students. "The students give up a portion of their Christmas Break, a time away from family and friends, to travel to a place that needs them more. It's a trip dedicated to serving others and helping in ways that they typically may not. Our students had the opportunity to experience a different part of the country, a different socio-economic situation and were able to work each day and make a difference."

Each person on the trip kept a



SUBMITTED PHOTO

personal journal of their experiences and reflections of their time.

Sr. Maribeth continued, "It really is a memorable, and sometimes life changing experience. It was hard, rewarding work that these students performed. One day our group sorted four tons of tangerines for the local food pantry, which was no small feat."

The students and staff were also able to enjoy some free time while in

Florida. They took time to tour Key West, went to the Ripley's Believe it or Not Museum, toured historical Ft. Jefferson, and had some beach/snorkeling adventures.

The group traveled back to Yankton, So. Dak. on January 9.

For more information contact Sr. Maribeth Wentzlaff at [mwentzlaff@mtmc.edu](mailto:mwentzlaff@mtmc.edu).

## A 'Winter Miracle'

The Yankton Figure Skaters and Yankton Area Ice Association are hosting their 1st open local competition inviting other rinks to compete at "Yankton Winter Miracle" Saturday, February 21, 2015. Clubs from Brookings, Sioux Falls and Luverne, MN along with the Yankton Figure Skaters will be in attendance. Thirty-seven figure skaters ranging from 7-18 years of age will be competing in various events. Stroking, Solo Compulsory, Footwork, Light Entertainment Spotlight, Character Spotlight, Dramatic Spotlight, Rhythmic Ball, Rhythmic Hoop, Rhythmic Ribbon, Interpretive, Jump & Spin, Team Compulsory and an individual 1-2 minute originally choreographed program in the skater's level make up the 69 different events. The event is a day-long competition starting at 8:30 am. The event is free and open to the public and located at the Pine Acres 4-H Kiwanis Ice Center, 901 Whiting Drive, Yankton. Go to [www.yanktonice.org](http://www.yanktonice.org) for more information. (Submitted Photo)



## SCHOLASTICS

### KELSEY MOSER

Kelsey Moser of Yankton was named to the Fall Dean's List at the University of Minnesota. She is enrolled in both the Carlson School of Management and the College of Liberal Arts. She will graduate this fall with two degrees — Business for Marketing and Strategic Communications for Advertising.

### WESTERN IOWA TECH COMMUNITY COLLEGE

Western Iowa Tech Community College (WITCC) is pleased to announce the President's List, full-time students who achieved a 4.0 grade point average during the 2014 fall semester.

This is followed by the

Scholar's List, full-time students who achieved a 3.5-3.99 grade point average during the 2014 fall semester.

The area President's List members are:

#### SOUTH DAKOTA

Dakota Dunes — Paul Michel Gayville — Jennifer Masterson Hudson — Kadee Klarenbeek Jefferson — Dustin Wagner

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The area Scholar's List members are:

#### NEBRASKA

Ponca — Holly Gregg

#### SOUTH DAKOTA

Elk Point — Cody Gregg, Kaylee Smith, Heaven Zevenbergen

North Sioux City — April Bosse, Alan Ratley, Zachary Schubauer,

Pamela Wittern Vermillion — Cody Martin, Brian Mayer

Yankton — Jake Broscha, Lindsay Christensen, Brianna Nickles

#### GAYVILLE-VOLIN

Congratulations to the following Gayville-Volin Junior High and High School students for their outstanding academic achievement and attendance for the fall 2014 semester.

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Fall 2014 Semester: High Academic Honor Roll (3.60 and above semester GPA)

• High School — Dagny Anderson, Parker Bailey, Kella Barta, Meghan Buckman, Sarah Buckman, Maren Buffington, Elianna

Clark, Genevieve Clark, Ashley Craft, Grace Dangel, Cameron Emmick, Bailey Gale, Jammie Hoffman, Luke Hummel, Viola Ishmael, Wyatt Jorgensen, Cameron Jueden, Katie Lee, Justin Logue, Jeran Mikkelsen, Joanna Mikkelsen, Laura Nelson, Grant Rice, Thanyathorn (Top) Terminglinchan, Brandon VanOsdel, Brook VanOsdel, Michelle Weber

• Junior High School — Abbey Emmick, Ashley Emmick, Garrett Jorgensen, Abigail Larson, Steven Leggett, Shelbi Lindner, Heather Maier, Olivia Petrik, Sally Quatier, Jenna Wilhelm

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Fall 2014 Semester: Academic Honor Roll (3.00-3.59 semester GPA)

• High School — Destinee

## Reed Featured In Documentary

MOORHEAD, Minn. — A short documentary featuring three senior Concordia College volleyball players is one of 12 finalists in an international film competition. The film, "Libero, Middle, Right," was made by filmmakers Dr. Greg Carlson, associate professor of communication studies and theatre art at Concordia, and Tucker Lucas.

The title is a reference to the positions of volleyball players: Alyssa Schmidt '15, daughter of Neal and Kathy Schmidt, Fosston, Minn.; Kelly Reed '15, daughter of Brett and Monique Reed, Elk Point; and Kynndyl Ross '15, daughter of John and Lynnette Ross, Winger, Minn.

The film premiered at the Fusion Doc Challenge Screening at the Slamdance Film Festival Jan. 23-29. Slamdance is an edgier counterpart to the Sundance Film Festival. The film will then screen at the Big Sky Documentary Film Festival in Missoula, Mont., Feb. 6-16.

The five-minute film looks at the end of the season and the players' time on the team. The international contest challenged participants to create short documentaries — four to seven minutes long — in five days. Filmmakers were given a theme and chose between two genres.

## Our Own 'Advocate For Change'

EDITOR'S NOTE: The following item was reprinted from the winter 2015 edition of "LifeQuest Profile." Tony Lucas of Mitchell is the grandson of Dan and Cathy Lucas of Tabor.

Tony Lucas is big on communicating with people. He has presented in front of crowds and has taken on leadership positions. He enjoys speaking on behalf of other people who have disabilities who cannot speak for themselves.

Tony is a member of South Dakota Advocates for Change. "It is a statewide network of self-advocates who help teach other people the skills to speak up and advocate for themselves," said Lucas. "I believe that every one has a voice and every one should be heard."

Lucas has been to Sioux Falls and Aberdeen at networking conferences. Earlier this summer, Lucas and DSP Thomas Madut went to Oklahoma City for the national conference. Lucas took advantage of the opportunity to speak to other self-advocates from all over the country. Tony was able to speak at the conference on positive relationships. Speaking in front of crowds is nothing new for Tony. "Oh no, big groups of people don't bother me at all," said Lucas.

"I got to meet a lot of new people. It was a great time. We were all there for the same reasons: to advocate for ourselves, and help others speak up for themselves."

Tony and Thomas were able to present their experiences from the Oklahoma City trip at LifeQuest's All Staff Meeting in December.

## USD Expands FARM Program

VERMILLION — The University of South Dakota Sanford School of Medicine has announced its second group of students to participate in the school's Frontier and Rural Medicine (FARM) program. The school also announced new FARM communities — Vermillion, Pierre and Spearfish — joining other hosting communities across the state.

Each student selected for the FARM program will receive nine months of intense and hands-on clinical training in a single, rural location that will help them understand the opportunities and rewards of practicing medicine in a small-town setting. Selected students are in their third year of medical training.

Dr. Susan Anderson, M.D., director of the FARM program, said the program introduces students to rural health care, and encourages students to practice in South Dakota's non-urban locations. "Providing South Dakota with physicians who will practice medicine in our smaller communities is an important mission of the medical school," said Anderson. "The FARM program is a useful tool to help us accomplish that."

FARM students are supervised by practicing physicians in clinical, hospital and other health care environments in host communities.

The first group of FARM students launched the program in fall, 2014. That group included six students and five hospitals in five rural South Dakota communities. The second group includes seven students and hospitals in six locations. The program's original host communities were Milbank, Mobridge, Parkston, Platte and Winner. Those communities will continue to host FARM students. New FARM communities hosting FARM students in the future are Vermillion, starting in February 2016, and Pierre and Spearfish, beginning in February 2017.

## Garden Workshop Series To Begin Soon

BROOKINGS — SDSU Extension and Ground Works-Midwest are hosting a series of training workshops for teachers, garden-based educators, 4-H leaders and Master Gardeners who use teaching gardens for education programs.

The workshop series titled, "Growing the 4-Seasons Teaching Garden...at schools and other places," will be held at the Mary Jo Wegner Arboretum Teaching Garden Demonstration and Training Center, east of Sioux Falls (1900 South Perry Place, 57110), and other selected locations beginning Feb. 17 and continuing through September 2015. The workshops run from 6-8 p.m.

The workshop series will provide basic horticulture techniques for a growing a four seasons teaching gardens at schools and other places located in the upper Midwest. Each workshop session will encourage participants to practice the application of multiple classroom subject lessons within a teaching garden context.

Participants can select from a menu of six workshop sessions. One half CEU credit is offered for the completion of five training hours and 10 completed hours of training is required for 1 CEU.

CEU's will be issued by South Dakota State University.

For registration information visit [iGrow.org/events](http://iGrow.org/events) or contact: SDSU Extension — Sioux Falls, 2001 E. 8th St., Sioux Falls, SD 57103; telephone: 605-782-3290; email: [Christina.Vanruler@sdstate.edu](mailto:Christina.Vanruler@sdstate.edu), or Ground Works-Midwest, 201 N. Weber Ave. Ste. 201, Sioux Falls, SD 57103; telephone: 605-275-9159; email: [gwgrowshope@gmail.com](mailto:gwgrowshope@gmail.com).

## Smile Mobile Returning To Yankton

Lack of access to oral health care is a major problem for many South Dakota children, including here in Yankton. The Delta Dental Smile Mobile program provides comprehensive oral health care to children up to age 21. If your child has not seen a dentist in two years, the recommended dental care is too costly or you do not have a dentist, the Smile Mobile dental office will be offering free dental care.

The Smile Mobile is set to return to Yankton March 16-20. Preregistration is required to participate. Registration forms can be printed online at [www.yanktonunitedway.org](http://www.yanktonunitedway.org) or obtained at the Contact Center, County Health Nurse, Clothing Closet, Head Start and United Way & Volunteer Services.

Return completed registration forms to United Way & Volunteer Services' at 610 W 23rd Street, Suite 11, Yankton, by March 4 for scheduling purposes.

Call 605-665-6766 for more information.



AM 1450

**MORNING COFFEE**

**WEEKDAYS 7:40AM THRU FRIDAY**

*Yankton's Home Team!*

Bahn, Adisson Bertrand, Matthew Buckman, Tara Doty, Mishelle Dukich, Jayden Engen, Alexis Heier, Anna Honeywell, DaNeila Jensen, Taven McKee, Kayla Nedved, Madison Nelson, Cade Rickford, Colby Rickford, Hannah Rolfs

• Junior High School, Hannah Bartos, Cole Crawford, Robbie Cutts, Tori Gale, Breeanna Gilbery, Tristan Gustad, Chase Huether, Caden Namminga-Jost, Mathias Nelson, Skyler Olson, Taya Rose, Jacob Westergaard, Paige Wise, Shaela Wuesselwald

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Fall 2014 Semester: Perfect Attendance (no tardies or absences)

- High School — Parker Bailey, Maren Buffington, Joanna Mikkelsen, Colby Rickford
- Junior High School — Skyler