

Pray For Life Set For Jan. 25

"PRAY FOR LIFE!" — a Holy Hour including the Rosary for Life — will be held at 1 p.m. Saturday, Jan. 25, at Sacred Heart Church in Yankton. Refreshments will follow. All are welcome to attend.

ECD Breakfast To Be Held Jan. 26

WYNOT, Neb. — The East Catholic Development annual breakfast celebrating Catholic Schools week will be held Sunday, Jan. 26, at East Catholic Elementary School, Wynot, Neb. Breakfast will be served from 9 a.m.-1 p.m. The menu will include all-you-can-eat pork sausage, pancakes, eggs, fruit, juice and coffee. There will also be a book fair and raffle prizes. Everyone is welcome. For more information, call (402) 357-2732.

SHS Early Childhood Open House Set

Sacred Heart School will be hosting an Early Childhood Open House and registration night on Tuesday, Jan. 28, in the St. Benedict Church dining room as part of Catholic Schools Week. Families of all faith denominations that will have children attending Pre-school, Jr. Kindergarten or Kindergarten this fall are invited and encouraged to attend. A light lunch will be served at 5:30 p.m. with program at 6 p.m. Childcare will be provided during the program. Call Sacred Heart Elementary School at 665-5841 to RSVP.

Riverview Soup Kitchen Set For Jan. 30

Riverview Reformed Church, 1700 Burleigh, Yankton, will host a soup kitchen on Thursday, Jan. 30, running from 4:30-7 p.m. The menu will include BBQ pork sandwiches, chicken dumpling soup, ham and bean soup, chili, pies and desserts. Two serving lines will be utilized to ensure quick and convenient service with a small amount of time spent waiting in line. For more information, call (605) 664-2007 or email vpvstue@wyn.midco.net/.

Sack Packs Shopping Event Jan. 31

The Mission Board of the United Church of Christ (Cong.), Yankton, has planned a "Shop for Sack Packs" event to help provide food for the weekly sacks of food sent home to qualifying students in Yankton's grade and middle schools. From 5-7 p.m. on Friday, Jan. 31, and 10 a.m.-5 p.m. on Saturday, Feb. 1, lists of needed foods will be available at Hy-Vee's entrances. Foods purchased for this project may be bagged separately and dropped off in boxes provided in the entry areas as you leave the store. Everyone is invited to contribute.

Ups And Downs Reflected In The Season

BY PASTOR DAVE LUND
Assoc. Pastor, Trinity Lutheran Church



REFLECTIONS

I find my mind and body in confusion as I try to write this article. Just a couple of days ago it was over 50 degrees outside and now the wind chill is well below zero. Now I know we live in the great state of South Dakota, in fact I grew up 150 miles north of here where it usually tends to be 10 to 20 degrees colder, but even so my mind and body are trying to adjust to the yo-yo effect of our winter weather. It is funny how there seem to be many "yo-yo effects" in our lives, maybe you have noticed some of them yourself. We tend to have times of highs and lows, times when things go well and times when they seem to fall apart. This effect seems to occur in all phases of our lives, personal, professional, emotional, spiritual, etc. The question

is, "How do we wrap our minds and bodies around what is going on so that we can withstand these yo-yo effects?" And the answer is, "With and only with God." The problem we run into is that all too often we overlook this simple answer and instead we look to ourselves or other

things. When we look to ourselves instead of looking to God we find ourselves in the midst of freezing, apparently isolating, cold. Frozen into whatever low is overwhelming us. It is like the beginning of the Christmas hymn "In the Bleak Midwinter" in which all is hard and cold and lost, but that is not the final word. Because of God's love Christ has come and thawed the winter that surrounds us. God sent his only begotten Son for us to lift us out of the depths to which we often sink. Through him we are embraced in God's love and have hope even in the darkest of times. Our lives are indeed filled with ups and downs, we go through this yo-yo effect in many different ways, but with Christ we are always pulled back up. So as we journey through this crazy bleak midwinter let us turn to our Lord for warmth and support, may we wrap our minds around Christ, may we trust in the grace, love and mercy that come through and only through him, and may we know the comfort (the only real counter to the yo-yo effect) that comes through faith in our Lord. May God bless you and keep you safe and warm during this season.

Church Women United To Meet

Church Women United will hold their annual meeting at noon on Friday, Jan. 31, at Peace Presbyterian Church, 206 E 31st Street, Yankton. Members are asked to

bring a brown bag lunch. Beverages and dessert will be served. The agenda includes the business meeting and World Day of Prayer planning.

Brownson To Speak

Scott Brownson will be the guest speaker and singer for the annual Valentine Banquet, set for Feb. 8 at Calvary Baptist Church in Yankton. Brownson is a worship leader and songwriter as well as director of outreach at Clydehurst Christian Ranch in Montana. His focus is congregational worship music. His latest EP release, entitled "I

Lay It All Down," includes "For Your Name" and "Grace Upon Grace." The evening will begin with a banquet served at 6 p.m., followed by Brownson. The Yankton community is invited for great food and worship. Tickets are available by calling Calvary Baptist Church at (605) 665-5594.

MVCA Soup Kitchen Set

The Missouri Valley Christian Academy of Yankton will host a soup kitchen at 5-8 p.m. Saturday, Feb. 8, at the Riverside Reformed Church,

1700 Burleigh. The public is invited to attend. A free-will donation will be accepted.

Oblate Orientation Set For Monastery

New member orientation will be under way for Benedictine Oblates at Sacred Heart Monastery during February. An Oblate of St. Benedict is a Christian lay person who associates one's self with a Benedictine monastery in order to share in the spiritual and material good works of the community. An Oblate does not live within the monastic community nor take vows, but carries out the usual duties of one's particular state in life, wherever one is, continuing whatever profession or occupation in life one has by caring for family, friends, and others. The purpose of affiliation with a Benedictine community is to receive direction for deepening one's

Christian life and to realize more completely the teachings of Christ as set down and interpreted by St. Benedict in his Rule for monastics. Being an Oblate can allow one to live a fuller Christian life. For centuries, many have chosen to follow Benedict as Oblates — men and women who live and work in the world and who strive to live according to The Rule of Benedict to the best of their ability as single or married Christians of various traditions. If interested, contact Sister Joelle Bauer at 605-668-6009 or email jbauer@mtmc.edu. You may read more about Oblates at the website www.yankton-benedictines.org/oblates-LinkOne.html/.

CHURCH SCHEDULES

Abundant Life

ABUNDANT LIFE MINISTRIES, Pastors Butch and Barbara Hladky, 517 Burleigh, Yankton. 665-0889. Open for prayer daily. FRI Shabbat Service 6pm Youth Service 7pm. SUN. 10am Worship.

Alliance of Renewal Churches

LIVING WATER CHRISTIAN FELLOWSHIP, Sun. 10am Yankton Middle School (2000 Mulberry) Weds. 7pm Prayer. David Olson, pastor. (605)260-2138.

Assembly of God

First Assembly of God, 801 W 25th. (605)665-6362 (office). SUN. 10 am. Bible teaching sermons WED. 6:30pm Midweek service and Bible study for all ages. www.yanktonassembly.com

Baptist

ANTIOCH BAPTIST CHURCH, 100 E. 6th St., Kevin Caskey, pastor, 665-0066. SUN. 9:30am Sunday School, 10:45pm Preaching Service, 4pm Preaching Service. THU. 7pm Preaching Service.

BETHEL BAPTIST CHURCH, 301 Ohio St., Wakonda. Dr. Calvin Jones, pastor, (605)267-1100. SUNDAY Worship, 11:00a.m.

CALVARY BAPTIST CHURCH, SUNDAY: 9:00 Sunday School for all ages, 10:30 Worship Service. MONDAY: Service broadcast 7:30pm Channels 3 & 98. WEDNESDAY 5:30pm Family meal; 6:30pm AWANA, 7-8th Grade Youth Group; 7:00pm 9-12th Youth Group, Adult Bible Study. Pastor Jon Cooke, Associate Pastor Rick Slattery, Youth Pastor Adam Ansel, Children's Ministry Director Allie Klopenstein. www.cbchurch.com<http://www.cbchurch.com> 2407 Broadway, (605)665-5594.

HARVEST INDEPENDENT BAPTIST, 100 W. 3rd, Mission Hill. Pastor Nathan Martin, 668-0708 (ch.) 665-1481 (home). SUN. 9:30am SS. 10:30am Worship. 5:30pm Worship. WED. 7:00pm Worship.

YANKTON BAPTIST CHURCH, SBC, 607 East 15th St., Yankton, 665-7587. SUN. 9:30am Bible study, SS; 10:45am Worship. WED. 7pm Midweek service.

HARRY LANE ELECTRIC, 1600 E. 39th St., Yankton. *Commercial *Residential *Farm Wiring *Prompt Service *Quality Work *Competitive Prices New Construction or Remodeling Home: 665-6612 • Mobile: 661-1040

STEVENS CONSTRUCTION, Inc., (402) 388-2477 Crofton, NE

WINTZ & RAY FUNERAL HOME and Cremation Service, Inc. Garden of Memories Cemetery 2901 Douglas • Yankton • 605-665-3649

LEADER CONCRETE CONSTRUCTION INC. Basements • Bankers • Manure Pits Residential & Commercial Call Larry Leader Yankton • 665-2717

LARRY'S PLUMBING SERVICE, 703 Burleigh St. 665-4322

YANKTON PRINTING COMPANY, 319 Walnut, Yankton, SD • 665-7811

TOPKOTE, INC. Asphalt Maintenance 43439 SD Hwy 50 • Yankton (605) 665-8106

KORANDA WELL COMPANY, LLC Well Drilling & Repair Pure Water Distillers 605-463-2244 42719 307th St., Tabor

Bible Church

GRACE BIBLE CHURCH, Home Fellowship during the fall and winter. Call Pastor Joel Finck for times and locations. (605)760-4701.

Catholic

HOLY FAMILY CHURCH OF CEDAR COUNTY (Sacred Heart), Wynot, NE. Rev. Eric Olsen. (402)357-2400. Mass times, Saturdays 5pm.

HOLY FAMILY CHURCH OF CEDAR COUNTY (Sts. Peter & Paul), Bow Valley, NE. Rev. Eric Olsen (402)357-2400. Mass: Sundays 9am.

HOLY FAMILY CHURCH OF CEDAR COUNTY (Immaculate Conception), St. Helena, NE. Rev. Eric Olsen. (402)357-2400. Mass: Sunday 11:00am.

MOUNT MARTY COLLEGE, Peace Chapel, MMC campus. SUN. 10am Mass with the Sisters in the Bishop Marty Chapel. Public is welcome to attend.

SACRED HEART, 509 Capitol, Yankton, Rev. Mark Lichter pastor. 665-3655 (office). SAT. 4:30pm Mass. SUN. 8am, 9:30am, 11am Mass. THUR. 12:30pm, 2:30pm and 7:30pm Confessions.

ST. AGNES PARISH: SIGEL, rural Utica. SAT. 4pm Mass, confessions 1/2 hour before Mass. Father Joseph Forcelle, administrator.

St. Andrew's Catholic Church Bloomfield, Nebraska Fr. Michael Schmitz, Pastor SUNDAY Mass-10:30 AM; 2nd, 4th, 5th TUES DAY Mass-8 AM; THURSDAY Mass-8 AM.

ST. BENEDICT CATHOLIC CHURCH, 1500 St. Benedict Drive, Yankton, Father Ken Luff, 664-6214 (church). Masses: SAT. 5pm. SUN. 8:30am&10:30am.

ST. BONIFACE CATHOLIC CHURCH, Menominee, Neb., Rev. David Fulton, pastor. SUN. 8:30am Mass.

ST. BONIFACE CHURCH, rural Freeman/Idylewild. JANUARY WEEKEND Mass Saturdays @ 5:30pm.

ST. COLUMBA CHURCH, rural Irene/Mayfield. JANUARY WEEK-END Mass Sundays @ 11am.

ST. GEORGE CHURCH, Scotland, SD. Sundays 9:30 am. JANUARY WEEKEND Mass Sundays @ 9am.

ST. JOHN THE BAPTIST CATHOLIC, Lesterville. SUN. 10:30am Mass. Confessions 1/2 hour before. Father Joseph Forcelle, administrator.

ST. JOHN THE BAPTIST CATHOLIC, Fordyce, Neb. Rev. David Fulton. SUN. 10:30am Mass.

ST. JOSEPH'S CATHOLIC CHURCH, Constance, Neb., Father David Fulton, pastor. Saturday Mass: 7:30pm.

Catholic

St. Leo Catholic Church, Tyndall. Saturday 5:30pm Mass; Sunday 8:30am Mass. Confessions 45 mins. before each Mass. Father Joseph Forcelle, pastor (605)589-3504.

ST. PATRICK'S CATHOLIC, Wakonda, Father Jeff Norfolk, 605-624-2697. Sunday 8:30am Mass.

ST. ROSE OF LIMA, Crofton, Neb. Fr. Michael Schmitz. SAT. Mass: 8:00am & 5:30pm. SUN. Mass: 8:30am. WED/FRI Masses: 8:15am. Confessions: WED. 11am-11:30am, SAT. 5-5:20pm.

St. Vincent Catholic Church, Springfield. SUN 10:30am Mass; confessions 1/2hour before. Father Joseph Forcelle, pastor. 606-589-3504.

ST. WENCESLAUS, Tabor, (605)463-2336. Saturday 6pm Mass. Sunday 8:30am Mass confessions 1/2 hour before each mass. Father Joseph Forcelle, administrator.

THE HOUSE OF MARY SHRINE, 6-mi. W. Yankton, Hwy.52. Masses: Monday 8:30 through October. Masses Saturday 9:00 every Saturday. Rosary Sunday 4:00. Rosary 4:00. Open 7 days a week for prayer. thehouseofmaryshrine.org

KINGSWAY CHRISTIAN CHURCH, 19th&Burleigh, 665-6317. Joseph Mason, Pastor. 9am-SS; Worship 10:15am. Wed.- 6:30pm Kids for Christ/Adult Bible Study. www.kingswaychristianyankton.org

Church of Christ CHURCH OF CHRIST, 1114 West 12th, Yankton, 665-6379. SUN. 9:30am Bible study; classes for all ages. 10:30am Worship.

Church of Jesus Christ CHURCH OF JESUS CHRIST LATTER-DAY SAINTS, 2300 Douglas, Yankton. Michael Maxwell (402)586-2645 Family History Ctr 665-0901. SUN. 10am Sacrament meeting.

Episcopal CHRIST EPISCOPAL CHURCH, 517 Douglas, Yankton. Rev. James Pearson, (605)665-2456. Sunday 9:00 am Serenity; 10:15 Holy Eucharist; Wednesday; Noon Holy Eucharist.

Evangelical Cornerstone Evangelical Church: Pastor Steve McHone, 208 West 21st Stewart Elementary School; Sunday School 9:30a.m.; Morning Service 10:30a.m. Contact Mike Stevens at (605)661-0057.

OUR SAVIOR'S LUTHERAN, LC/MC/NALC, Menno. Pastor Theresa Jacobson Office 605-387-5241 Worship 9am, Brunch, SS 10:20am.

OUR SAVIOR'S LUTHERAN, LCMS, 12th and Elm, Springfield. Rev. Kenneth Johnson, pastor. SUN. 8am Worship. 9am SS. THUR. 7pm Adult Bible study.

Prince of Peace Lutheran Church, Wisconsin Synod, 201 E. 25th Street, Yankton. Pastor Christian Sulzle, (605)665-4793. Sunday 9:15 am Worship; 10:15 am Bible Study.

South Dakota Lutheran Church Missouri Synod, MAIN STREET LIVING television program, 10a.m. (CST) on KDLT-NBC; and 11a.m. (CST) on KAUN-PAX; and 10a.m. (MST) on KKRA-PAX.

St. John Lutheran Church, Tyndall. Pastor Dean Schroeder. Sunday Divine Service: 8:30am; Sunday School 10:00am (605)589-3195. www.StJohnsTyndallLCMS.org

EMMANUEL CHURCH We gather together for worship every Sunday at 9:30AM at the Yankton Middle School (2000 Mulberry Street). www.emmanuelyankton.com (605)760-1143

CHRIST THE KING LUTHERAN CHURCH NALC: 305 W. 25th, Yankton, 665-8848. Rev. Dani Jo Ninke. SUN: 8:30am & 10:45am worship services; 9:45am Sunday School.

FAITH UNITED LUTHERAN, 44874 303rd St., Volin SD 57072, (605)267-2277. SUN. Worship Services 9:30am. Children's Education WED. Evening (WOW) 6:30-7:30pm.

Evangelical

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Lutheran

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FIRST AMERICAN LUTHERAN CHURCH, AFLC 300 S. Carpenter St., Tripp. (605)935-6941 9:30am Sunday School; SUN. 10:45 Worship firsthope@santel.net

GAYVILLE-BERGEN LUTHERAN Pastor Ralph Egbert. (605)267-4342 (church) Church: 10:30am-GLC Worship, 9:15-GLC SS, 10:15am-BLC SS, 9:00am-BLC Worship.

HOPE LUTHERAN CHURCH, AFLC 200 South Wilson, Delmont. (605)935-6941. SUN 9am Worship. 10am Sunday school. firsthope@santel.net

Martinius Lutheran Church, Utica. Pastor Dean Schroeder Sunday Divine Service 10:30am (605)589-3195 www.MartiniusLutheran.org

OUR REDEEMER LUTHERAN, rural Irene. 263-3724. SUN. 9am Worship.

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ST. JOHN'S LUTHERAN CHURCH (LCMS), 1009 Jackson. David Gunderson, Pastor. SUN. 8am Worship, 9:15am Education Hour, 10:30am Worship.

TRINITY LUTHERAN CHURCH, 403 Broadway, Yankton, 665-7415. Worship: Saturday 5:30; Sunday 8:15am & 10:45am; Classes, coffee fellowship 9:30am.

TRINITY LUTHERAN CHURCH, Hartington/Crofton, NE. Amanda Jertson pastor; (402)254-6606. SUN. 9am Worship (Hartington), 10am SS (Hartington), 11am Worship (Crofton).

TRONDHJEM LUTHERAN CHURCH (AFLC), rural Volin. 263-3841. Sunday 9:15am; 10:30am Worship.

VANGEN LUTHERAN CHURCH, Mission Hill. 665-5426. Worship 9:30am.

Lutheran

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VANGEN LUTHERAN CHURCH, Mission Hill. 665-5426. Worship 9:30am.

Non-Denominational

FAITH ALIVE, 501 Cedar St., Yankton. 665-4797. Contemporary Worship & Family Values. SUN: 10am service. WED. 7pm Care-Cells "Small Groups For Building Relationships" Various Locations.

GLORY CHRISTIAN CENTER, 901 E 11th St. Yankton. Gail Ryken, pastor, 665-2369. SUN. 10am Service. WED. 6pm Prayer. GC School, call (605)665-1988.

Presbyterian

PEACE PRESBYTERIAN (PC/USA), 206 E. 31st. 665-0448. Rev. Don Barbalace. Sun-10am worship, Coffee to follow. SS for kids 10:30am. Aired at 8pm Fri. on Ch. 3 & 98.

RIVERVIEW REFORMED, 17th St. & Burleigh, Rev. Rodney Veldhuizen, pastor. 665-9204. SUN. 9:30am Worship, 10:15am SS. WED. Youth group & adult choir.

Seventh-Day

SEVENTH-DAY ADVENTIST, 722 Locust St., Yankton, 665-1032. Worship Services: Saturday 9:30am & 11am. Pastor Nick Osborn (605)760-7791. Yankton Fruit Program. yanktonfruitprogram.org

United Church

CONGREGATIONAL UNITED CHURCH OF CHRIST, Newcastle, Neb., 303 Highway 12, Rev. Gary Kimm, pastor. SAT. 6PM Church school, 7PM Worship. Second THUR. 2PM Ladies Aid.

FIRST CONGREGATIONAL UNITED CHURCH OF CHRIST, 301 W. Franklin, Hartington, NE, (402) 254-6563 or 664-5310, Rev. Gary Kimm, pastor. SUN. 8:15am Church school, 9am Worship.

Home Delivery 665-7811

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United Church

PILGRIM CONGREGATIONAL UCC, 103 S. Elm St., Coleridge, Neb., (402) 283-4824 or 664-5310. Rev. Gary Kimm, pastor. SUN. 9:30am Church School, 10:30am Worship.

UNITED CHURCH OF CHRIST, (Congregational) 210 West 5th St., Yankton. (605)665-7320 Rev. Molly Carlson, Pastor. SUN.-10am Worship, 11am-Fellowship, 11:05am Church School.

UNITED CHURCH OF CHRIST, Crofton, Neb., 412 W. Main St., (402)388-4124, Pastor Rev. Woodrow Weidner SUN. 10:00am Worship.

United Methodist

FIRST UNITED METHODIST, Yankton. Rev. Ron Johnson, Senior Pastor, Associate Pastor Bob Cappel, 207 W. 11th St. 665-2991. Sunday School, 9:45, Contemporary Worship 8:45; Trad. 10:45.

GAYVILLE-VOLIN UNITED METHODODIST, Rick Pittenger, pastor. 624-2179. 9am Worship Service. 10:00am Sunday School.

WAKONDA, IRENE, VIBORG, UNITED METHODIST, Pastor Judy Saylor. SUN. 8:30am Worship at Wakonda; 9:45am Worship at Irene; 11am Worship at Viborg.

KYNT 1450 AM Radio KYNT 1450 AM Radio SAT. 10:30am "Saturday Morning Live." SUN. 8:30am United Methodist Hour. 9:05am "God's Good News." 9:30am St. John's Lutheran Church

WNAX 570 AM Radio WNAX 570 AM Radio. Lutheran Shows-6:30am, 8am, 11am. Wings of Healing-7:30am. Words of Hope 8:30am. Prov. Ref. Church-8: