



must freeze. The traffic light then turns his or her back and says, "Green Light!" while the group tries to get as close to the traffic light as possible. The traffic light turns around quickly, again saying "Red Light!" and if anyone is spotted moving, they have to go back to the starting place. The first person to tag the traffic light wins and gets to the next traffic light.

Number of Players: A small group.
Equipment: None



Mother, May I: This game is set up in the same way as Red Light, Green Light. One person in the group asks the person in the front, "Mother, may I take <insert number> steps forward?" The person at the front then says, "Yes, you may" or "No, you may not." The requests can be varied by including such options as taking baby steps, spinning steps, leaps or whatever you can imagine. Again, the first person to tag the person in the front wins and is the next person in the front.

Number of Players: A small group.
Equipment: None



Tag: Most everyone know how to play tag. A group of kids decides who will start out as being "It." That person chases the other people around, trying to tag one of them with their hand. The newly tagged person is now "It." There is often a rule of "no tag-backs" where you can't tag the person who just tagged you. The game ends when everyone is tired of playing.

Variations: Shadow Tag — In this fun version, you tag each other's shadow with your feet instead of tagging their body. Thus, it must be played on a sunny day. The closer to noon, the greater the difficulty.

Freeze Tag — If the person who is "It" tags you, you have to freeze where you are. Another participant can tag you to unfreeze you.

TV Tag — A variation of freeze tag where the person unfreezing the frozen player has to call out a TV show title. That show can't be used again during that game.

Marco Polo — This variation of tag is played in a swimming pool. Whoever is "It" closes their eyes and yells "Marco!" The other players then yell "Polo!" The "It" person has to tag one of the others, and then that person is "It."

Blind Man's Bluff — The person who is "It" wears a blindfold and tries to tag the other players. Be sure to play in an area safe from obstructions and other hazards.

Number of players: A small group

Equipment: None, a swimming pool, a blind fold, depending on variation.



Spud: Every player gets a number and crowds around the person who is "It" for that round. "It" then tosses the ball straight up and the other players run away. As the ball reaches the top of its toss, "It" calls out the number of one of the other players and then runs away also. The player whose number was called must run back and catch the ball (or chase after it if it is bouncing around). Once that person has the ball, they yell, "Spud!" Then everyone else must freeze. The person with the ball must try to hit one of the players with the ball. If they do, that new person gets a letter (first S, then P, then U, then D) and is not "it." If they miss, the person who threw the ball is "It" for the next round.

Number of players: A small group
Equipment: Playground ball.

Sources: www.wired.com and <http://grandparents.about.com>

Make Sure Summer Fun is Safe

Get the most out of your favorite outdoor activities with these precautionary tips, courtesy of GHI Insurance company.

Sun Safety

Skin cancer is the most common cancer in the United States. It can be prevented by taking steps to protect your skin. Remember, the sun's ultraviolet (UV) rays shine down even on cloudy days. So even when the sun seems to be hiding, follow safety measures.

- Wear sunscreen with a sun protection factor (SPF) of 15 or higher. Apply sunscreen to dry skin 15 to 30 minutes before going outside, again every 2 hours once in the sun, and even more often if you're swimming or sweating.
- Stay out of the sun from 10 a.m. to 4 p.m., when the sun is strongest. Seek shade when it's available and cover up as much as reasonably possible.
- Wear a wide-brimmed hat and sunglasses that block UV rays.

Bug Safety

For most people, insect bites and bee stings aren't dangerous. But for people who are allergic to them, bites and stings can cause a potentially fatal allergic reaction called anaphylactic shock. This must be handled as a medical emergency. When in the woods, wear long sleeves and pants to prevent tick bites. Most tick bites are harmless. But many types of ticks carry and spread Lyme Disease. Check your clothing, socks and body for ticks when returning from your trip to spot potential ticks early on before they bite.

Heat Safety

To avoid heat-related illness, drink plenty of water or liquids with electrolytes. Know the symptoms of heat rash and heat stroke to prevent serious problems. If you have young children or pets, never leave them alone in the car with the windows rolled up. If a person has stopped sweating, heat injury can occur and medical attention should be taken promptly.

■ Courtesy of Metro Creative Services

YOUR LIFE IS UNIQUE ARE YOUR INVESTMENTS?

Special needs deserve a specialized strategy.

No two people are alike. Nor will they have the same vision of success. As your financial advisor, I'll take the special care and attention to listen to your unique needs and circumstances to help create a custom plan for meeting your goals. Call me today for a no-obligation consultation.



Kathy Greenway
Certified Financial Planner™
225 Cedar Street, Yankton
605-665-4940



First Dakota Brokerage Services, Inc. A Subsidiary of First Dakota National Bank. Securities offered through Raymond James Financial Services, Inc. Member FINRA/SIPC an independent broker/dealer.

*Securities are offered through Raymond James Financial Services, Inc., member FINRA/SIPC, and are not insured by FDIC, NCUA or any other government agency; are not deposits of the financial institution; and are subject to risks, including the possible loss of principal. First Dakota National Bank and First Dakota Brokerage Services are independent of RJFS.