

## COMMUNITY NOTEBOOK

The Community Notebook appears each Monday and Thursday. Contributions to this list of upcoming events are welcome and should be submitted two weeks before the event. Submissions must be typewritten or legibly printed and include the name and phone number of a contact person. Send items to P&D Calendar, PO Box 36, Yankton, SD 57078, or e-mail to newsroom@yankton.net.

### Thursday

**Youth Alive**, 7:45 a.m., YHS Library.  
**Table tennis/darts**, 8:30 a.m., The Center, 900 Whiting Drive.  
**Wil bowling**, 9 a.m., The Center, 900 Whiting Drive.  
**Ladies Billiards**, 10 a.m., The Center, 900 Whiting Drive.  
**Sertoma**, noon, Waterfront.  
**Alcoholics Anonymous Daily Reprive**, noon, 12-24 Club, 1019 West 9th.  
**Toastmasters Club No. 8217**, noon, Sacred Heart Hospital, (605)668-8326.  
**Thursday cards**, 12:45 p.m., The Center, 900 Whiting Drive.  
**Dominoes**, 1 p.m., The Center, 900 Whiting Drive.  
**Cribbage**, 1 p.m., The Center, 900 Whiting Drive.  
**Weight Watchers**, 5:30 p.m., 23rd St. Suites, 904 W. 23rd, 1-800-651-6000.  
**TOPS No. SD 45**, 5:30-6:30 p.m. weigh-in; 6:30 p.m. meeting, RTEC, Room 134, (605)665-3738 or (605)667-9274.  
**Yankton Area Banquet**, 6 p.m., United Church of Christ, Fifth and Walnut.  
**Celebrate Recovery**, 7 p.m., Calvary Baptist Church, 2407 Broadway, (605)665-5594.

**Alcoholics Anonymous ALANON**, 8:30 p.m., 12-24 Club, 1019 W. 9th.  
**Overeaters Anonymous**, Thursday Evening, (605)665-0443.  
**SECOND THURSDAY ONLY**  
**Yankton Classic Cruisers** 7:30 p.m., 308 N. Summit Ave., Hartington, Neb. (605) 463-2660.

### THIRD THURSDAY ONLY

**HSC Friendship Club**, 5 p.m., Wiebelhauser Recreation, Crofton, Neb., (605) 665-3256.  
**Game Night**, 6-9 p.m., The Center, 900 Whiting Drive.  
**Catholic Daughters of America**, 7 p.m. rosary, 7:30 p.m. meeting, Sacred Heart Cafeteria, (605)665-2795.  
**Lewis and Clark AARE**, 7 p.m., The Center, 900 Whiting Drive (605)665-2609.

### FOURTH THURSDAY ONLY

**Connecting Artists**, 7 p.m., GAR Hall, 508 Douglas, Yankton, (605)286-3957.

### Friday

**Exercise & Current Events**, 8:30 a.m., Autumn Winds, 2905 Douglas Ave.  
**Line Dancing**, 9:30-11 a.m., The Center, 900 Whiting Drive.  
**Foster Rehabilitation Support Group**, 10-11 a.m., Trinity Lutheran Church, Room 105, (605)260-1980.  
**Exercise & Current Events**, 10:15 a.m., Pine Line Estates West, 2903 Douglas.

**Instructed cardio class**, 11-11:45 a.m., The Center, 900 Whiting Drive.  
**Alcoholics Anonymous Daily Reprive**, noon, 12-24 Club, 1019 W. 9th.  
**Contract bridge**, 1 p.m., The Center, 900 Whiting Drive.  
**Parent's Night Out**, 5:30 p.m., Calvary Baptist, By Reservation Only (605)665-5594.

**Bingo**, 7-9 p.m., The Center, 900 Whiting Drive.  
**Billiards/Snooker**, 7-9 p.m., The Center, 900 Whiting Drive.  
**Porchlight Alcoholics Anonymous**, 8 p.m., United Church of Christ, 210 W. 5th St.

**Alcoholics Anonymous Alano Group**, 8:30 p.m., 12-24 Club, 1019 W. 9th.  
**SECOND FRIDAY ONLY**  
**Parkinson Support Group**, 1:30 p.m., Benedictine Center, (605)665-7158 or (605)668-8326.  
**Town & Country Garden Club**, 1:30 p.m., Community Library.

### Saturday

**Speaker's Voice Toastmasters**, 7 a.m., Fryn Pan Restaurant.  
**Weight Watchers**, 9 a.m. (weigh-ins 30 minutes before meeting time), 904 W. 23rd, 1-800-651-6000.  
**Alcoholics Anonymous Daily Reprive Group**, noon, 12-24 Club, 1019 West Ninth. Non-smoking meeting.  
**Games of Choice & Socializing**, 2 p.m., 2905 and 2903 Douglas Ave.  
**Alcoholics Anonymous Daily Reprive**, 6:45 p.m., 12-24 Club, 1019 W. 9th.

**FIRST SATURDAY ONLY**  
**Friends of the Yankton Community Library Book Sales**, 10 a.m.-1 p.m., Enter by west door off alley.  
**SECOND SATURDAY ONLY**  
**La Leche League of Yankton**, 10:30 a.m., Yankton Community Library, (605) 260-2638.  
**A.L.S. (Lou Gehrig's disease) Support Group** for patients and care givers, 11 a.m., Sanford Hospital, Sioux Falls, 665-5883.

### Sunday

**Alcoholics Anonymous Daily Reprive**, 8 a.m., 12-24 Club, 1019 W. 9th.  
**Alcoholics Anonymous Alano**, 8 a.m. and 8 p.m., 12-24 Club, 1019 W. 9th.  
**Marian Prayer Group**, 1 p.m., Adoration of the Blessed Sacrament, Chapel of St. Joseph, House of Mary Shrine, Lewis and Clark Lake, 665-1119.  
**Coffee Time and Visiting**, 2 p.m., 2905 and 2903 Douglas Ave.  
**VFW Auxiliary Bingo**, 6:30 p.m., VFW Club.  
**One Hour Experience**, 6:30 p.m., MUC building USD campus, 712-251-8860.  
**THIRD SUNDAY ONLY**  
**Yankton Jaycees**, 7 p.m., Chamber of Commerce meeting room.

## DAVE SAYS:

# Is It The Right Time To Take Advantage Of Gold?

**Dear Dave,**  
 I agree that historically gold is an extremely volatile investment. But wouldn't it be a good idea to take advantage of this gold bubble and its popularity due to the market's current hysteria? — Kevin

**Dear Kevin,**  
 A bubble is when an investment is no longer based on numbers, but on greed or fear. So, you're right on about it being a gold bubble. That's exactly what's happening at this point. Now, should you take advantage of that? Absolutely not. You never know when a bubble will burst, but trust me—the bubble will burst on gold.

Here's what happens during a bubble, using the real estate market as an example. Several years ago, Las Vegas was the fastest growing city in North America. People were drawn by the flashing lights and the commercials. Most of them didn't know the city had a vibrant, legitimate economy without all the gambling and glitter. There was a gold rush mentality when it came to buying property, and an irrational level of excitement drove the prices. In the end, it was a lot like playing musical chairs. The music stopped, and lots of folks were left without a seat. Someone gets booted every time!

A lot of this stuff about gold comes from the foolish idea that it's the standard the world is based upon. This simply is not true. Gold is not the standard that wealth is based on, and it hasn't been since the days of the



Roman Empire. Gold has no intrinsic value. As a matter of fact, silver is probably a better investment. It's being used like crazy in manufacturing for microchips and other products, and because of this has an actual mechanical, utilitarian value.

I work way too hard for my money to mess around and see it disappear in the blink of an eye. That's why I don't mess with bubbles. When it comes to investing, I want to be the tortoise—not the hare. I'm going to invest in things that are steady, slow, and have long track records of success!

—Dave

### USE THE GOLDEN RULE

**Dear Dave,**  
 I make big commissions leasing cars, but I'd never lease one myself. Should I quit?

—Stan

**Dear Stan,**  
 Yes, I think you should. I think you need to find something to do with your life that makes you feel proud.

I'm not saying you need to get out of the

sales game, but find something that you could sell with great pride and joy—even to family or your best friend. Don't just run out and quit today, though. Take a look at what's out there, and start formulating a plan for some adjustments in your career track. If you can't be proud of what you sell, or you wouldn't buy it yourself, then you really don't need to be selling it, do you?

I'm sure some people believe this is high-brow thinking, but it's also a matter of honesty and the proper way to live your life. If you're trying to get people to buy something you wouldn't purchase, then basically you're saying that you're willing to lie to people just to make a buck. At the end of the day, it really is an integrity issue.

There's an old rule called the Golden Rule. And I'm not talking about the one that goes, "He who has the gold makes the rules." Do unto others as you would have them do unto you, Stan. It's as simple as treating other people the way you'd want to be treated.

Find something to do with your life that you can do with excellence, pride and a sense of higher calling. You'll make even more money over the scope of your life doing work you're passionate about, instead of something that makes you feel like you're ripping people off!

—Dave

\* For more financial help, please visit [daveramsey.com](http://daveramsey.com).

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 Regional Support Associate  
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 605-665-2341

## Final Week Of Vermillion Summer Reading Program Set

VERMILLION — Don't miss the final week of Vermillion Public Library's Summer Reading Program next week.

Craft Day is Monday at 1:30 p.m. or 2:30 p.m. We will be doing some recycling by making CD fish, egg carton sea creatures and pop bottle fish.

Tuesday at 1:30 p.m., the library will be showing the movie "Shark Tales." There will be free popcorn.

The final presenter for the summer will be in the Community Room at 1:30 p.m. on Wednesday. Ron Demers from KTVI will tell kids all about weather.

Thursday is the last day for

the library's reading clubs. The Super Splashers meet at 1:30 p.m. to present "The Three Little Pirates and the Big Bad Shark" and enjoy some snacks. The Water Wizards will be discussing "Flush and Abel's Island" at 2:30 p.m., followed by a little party with a game and snacks.

Preschool story timers will hear the book "Ballyhoo Bay" and make an underwater scene. Kids will be going for a ride on the Yellow Submarine during Toddler Time on Tuesday. Registration is required for the story times.

The library's July family party will be from 5-6 p.m. Thursday, July 29. Readers who have com-

pleted all four weeks in July are invited to join us at Prentiss Park Pool to really "Make a Splash!" Successful readers should bring logs in to the library to get Week 4 for July punched and receive Swimming Passes for themselves and their families.

On Friday, July 30, the library will hold its Closing Carnival. It is an Open House and readers and their families may join any time between 1:30-4 p.m. There will be games, activities, snacks and prizes. The quilt raffle drawing will take place at 4 p.m. Tickets are available at the library until that time. The quilt squares were created by our young readers.

The 1000-Minute Club Party will take place at Westside Inn and Mini-Golf at 1:30 p.m. Monday, Aug. 2. This party is for Beginning and Intermediate Readers who met the goal every week throughout June and July and also read at least an additional 200 minutes. Stop in the library with your log and get your button if you qualify. The library's readers have turned in more than 180,000 minutes so far.

Readers need to complete their minutes and bring logs in before 9 p.m. on Wednesday, July 28. The Tide Pool Treasures Store will be closed after that so we can prepare for the carnival.

## Face-To-Face Meetings Are Part Of ACCESSNebraska

ACCESSNebraska modernizes how economic assistance services are provided through three components: The ability to apply online at [www.accessnebraska.ne.gov](http://www.accessnebraska.ne.gov); document imaging or scanning and storing of case files; and four customer service centers.

By 2012, four customer service centers will process and approve requests for economic assistance benefits like SNAP (food stamps), Aid to Dependent Children, Kids Connection and Medicaid. Customer service centers will be operating in Lincoln (this fall), Fremont (March 2011), Lexington (fall 2011) and Scottsbluff (January 2012).

Some people feel more comfortable talking about their situation face to face, and it should be made clear that talking to staff in person will continue to be an option. Even when the centers are up and running, approximately 250 economic assistance staff will still be available in local offices all across the state.

## Stroke Screening Planned For Wed., July 28

Stroke Detection Plus will host a stroke screening on Wednesday, July 28, at the Farm Bureau Financial Services in Morgan Square, Yankton. Stroke Detection Plus uses

ultrasound technology to determine blocked blood vessels. The screening will be held by appointment from 9 a.m.-4:30 p.m. To make an appointment, call 1-877-732-8258.

With customer service centers, clients will call an 800 number with questions instead of having an assigned caseworker. They can be helped by whoever answers their call right then and there. Many Nebraskans appreciate ACCESSNebraska's convenience. Since September 2008, 104,990 people have applied for economic assistance benefits online. As of May 2010, 32 percent of the total-monthly applications (both paper and electronic) were received electronically. Since January 2009, DHHS has been doing telephone interviews for people who prefer not to have to travel to a local office. Currently, about 90-95 percent of all interviews are being completed over the phone.

Other people prefer to sit across the desk from a worker and get their questions answered or get assistance in filling out an application, and we'll make that possible.

Both options will continue to be available to the public.

## Neb. Seventh Graders Need Whooping Cough Booster Shot

LINCOLN, Neb. — Do you have a student entering seventh grade in a Nebraska school this year? State law now requires proof of a whooping cough booster shot. Students enrolled in seventh grade must provide documentation — Tdap.

"Whooping cough can be very serious and potentially deadly," said Dr. Joann Schaefer, the state's Chief Medical Officer and the Director of Public Health for the Nebraska Department of Health and Human Services (DHHS). "It's important for students to get the booster shot, not only because it's required, but because it protects their health."

Whooping cough is a highly contagious disease marked by severe coughing. It's caused by bacteria found in the mouth, nose and throat of an infected person. Whooping cough is spread through close contact when an infected person talks, sneezes or coughs.

Older children, teenagers and adults who may be harboring the disease in their nose or throat can spread the infection to infants and young children in the household. That's why

it's so important for children to be immunized against whooping cough and other diseases. Without protection from a vaccination, kids are at risk of being exposed and exposing others to what can be a deadly disease under the right circumstances.

So far this year, Nebraska has had 47 cases of whooping cough. In 2009, there were 121 cases and 213 cases in 2008. Two Nebraska babies died from the illness, one in 2008 and one in 2004.

Before the booster shot at age 11 or 12, children are vaccinated against diphtheria, tetanus and whooping cough as part of a 5 shot series. Children usually receive doses at 2, 4 and 6 months old, a fourth dose is given when a child is 15-18 months old and then the fifth dose is received prior to entering school.

For vaccination information, contact your local health care provider or your local health department. DHHS' Immunization Program is another good resource at 402-471-6423. For more information on whooping cough, go to <http://www.dhhs.ne.gov/immunization/>.

## Please Verify Your Calendar Listings

In an effort to assure that the *Press and Dakotan* is offering the most up-to-date information available, please verify that your listing is correct.

We are asking that you e-mail us at [newsroom@yankton.net](mailto:newsroom@yankton.net) with any listings you would like to have continued to run in the Community Notebook section which runs on Monday and Thursday. New listings are also invited. Information submitted should include:

- Name Of Group
- Contact Phone Number
- Time The Group Meets
- Day The Group Meets
- How Often Group Meets
- Location Of Meeting

Please Note: The Updated Calendar Will Begin Running August 1.

## Comments Wanted On Nebraska's Federal Mental Health Block Grant

LINCOLN, Neb. — The public is being asked to comment on Nebraska's federal Community Mental Health Services Block Grant application for 2011.

The block grant application documents recent developments in behavioral health in Nebraska and the strategies being proposed to address unmet needs.

Comments can be provided through Aug. 12 in any of the following ways:

- Going to [http://www.dhhs.ne.gov/beh/mh/MH\\_BlockGrant.htm](http://www.dhhs.ne.gov/beh/mh/MH_BlockGrant.htm);
- E-mailing to [jim.harvey@nebraska.gov](mailto:jim.harvey@nebraska.gov) and

writing "MH Block Grant" in the subject line;

- Sending written comments to the Division of Behavioral Health, P. O. Box 95026, Lincoln, NE 68509-5026; or
- Commenting in person at the Aug. 12 State Advisory Committee on Mental Health Services meeting, which runs from 9:00 a.m. to 4:00 p.m. at Country Inn and Suites, 5353 No. 27th Street, Lincoln.

Nebraska receives approximately \$1.9 million in block grant funding, which is passed on to local Behavioral Health Regions for community services.

## Bonding For School Rehabilitation, Construction Available

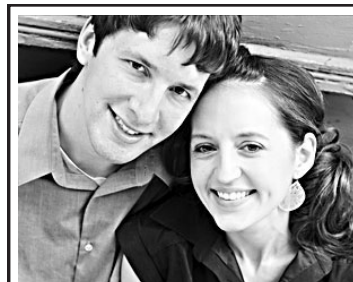
PIERRE — South Dakota public school districts can apply now for two types of bond authorizations. The bonds help schools raise funds for a variety of construction and rehabilitation projects.

Qualified Zone Academy Bonds, or QZABs, may be used for rehabilitating public school facilities and providing equipment, instructional materials and professional development for teachers at qualified schools. The state has about \$4.6 million available for those purposes. Schools may apply for bond authorization in the amount of \$250,000 to \$500,000. The initial deadline to apply is Aug. 11, 2010.

Qualified School Construction Bonds, or QSCBs, may be used for new construction or rehabilitation of public school facilities and to purchase land for school construction. QSCBs are financial tools available under the American Recovery and Reinvestment Act.

They were available last year for the first time. The state has up to \$11.5 million available for QSCBs. Schools must apply for a minimum amount of \$250,000 in bonding authority. The deadline to apply is Aug. 11, 2010. The bonds must be

issued by Dec. 31, 2010. Information, including eligibility requirements, and applications are available on the Department of Education's ARRA website at [www.doe.sd.gov/stimulus](http://www.doe.sd.gov/stimulus). Look for "School Modernization."



### Roth-Arens

Tisha Roth and Steve Arens announce their engagement. Parents of the couple are Martin and Arla Roth of Dorchester, NE, and Bill and Carol Arens of Yankton, SD.

Tisha is a 2004 graduate of Dorchester High School and a 2008 graduate of the University of Nebraska-Lincoln. She is a chemical engineer at Cargill in Blair, NE. Steve is a 2003 graduate of Yankton High School and a 2007 graduate of the University of Nebraska-Lincoln. He is a structural engineer at Shuck-Britson, Inc., in Des Moines, IA. The couple is planning an Aug. 7, 2010, wedding.

Episcopal Church Women invite you to...

# Christmas In July 2010

## "Tokens, Treats & Treasures"

Saturday, July 24th • 9am-3pm

Featuring the new 150th Anniversary Cookbook, Second-Time Around Keepsakes, Hand-Sewn Items, Handmade Soap, Towel Sets, Jewelry, Gift Cards with Tattering Accents and much more!

Raffle for Hand-Crafted Doll House & Barbie Accessories  
 Giant Book Sale on the Church Lawn  
 Bake Sale of fantastic treats from the Episcopal Women  
 Complimentary Tea & Cookies while you shop!

Join us on the lower level of Christ Episcopal Church at 6th & Douglas. Elevator access available on the north side of the church.