religion

Kingsway Christian Church invites kids to "Babylon: Daniel's Courage in Captivity" this year's Vacation Bible School theme. It will be held Sunday, July 22, through Thursday, July 26, from 6:30-8:30 p.m. each evening.

Registration and check-in will begin at 6 p.m. Sunday evening. Kids will step back in time at Babylon, exploring Daniel's adventures as a captive in a foreign land. They will visit Daniel, make fun Babylonthemed crafts, sing catchy songs, play teamwork-building games, dig into Bible-times snacks, and collect Bible Memory Makers to remind them of God's Word. Plus, everyone learns to look for evidence of God all around them through something called God Sightings. Each day concludes at Celebration — a time of upbeat worship that gets everyone

All kids from age 4 through fifth grade are invited to join the adventure. Pre-registration is encouraged. Register online at www.groupvbspro.com/vbs/hl/kingsway2012 or call 605-660-7537.

#### **St. Johns Lutheran Vacation Bible School Set**

St. John's Lutheran Church, 1009 Jackson St., Yankton will host a Vacation Bible School July 22-25, with sessions running from 6:30-9 p.m. each night.

The theme of the school is "PRAISE: Where Kids Get Down & Lift God High!" The school is open to childen from age 3 to those entering grade

Registration Forms available at the church office or register by phone by calling 665-7337.

#### **Christ Episcopal Church Bazaar Scheduled**

Christ Episcopal Church in Yankton will host its 43rd annual "Christmas In July" church bazaar on Saturday, July 28, running from 9 a.m.-

This year's theme is "A Bit of Sparkle," featuring crafts, a bake sale, collectibles, and a raffle. In addition, there will be a "second time around" area with treasures from our attics. There will be a complimentary tea table for refreshments.

There will be three raffle items:

- A prime rib dinner for 8, delivered to one's home;
- A framed needle-punched verse;
- A silent auction for a Kay Jameson doll.
- Raffle tickets are \$1 each. Drawings will be held at 3 p.m.

#### **Registration For Calvary Preschool In Progress**

Fall registration for Calvary Kids Preschool is now in progress. Calvary Kids Preschool is a Christ-centered preschool which provides a quality education.

The dynamic curriculum encompasses reading, math, science, social studies, fine arts, and Bible activities. Students learn through daily reading and writing centers, journaling, SmartBoard activities, arts and crafts, and various fun and exciting field trips. They also have the opportunity to serve others.

Class ratios of 1 teacher to every 8 students allow a high standard of academic and spiritual learning as well as the opportunity for students to further develop large and small muscle dexterity. Past classes have enjoyed learning about the world around them through special trips to the zoo, music museum, grocery store, hospital, restaurant, police and fire station, aquarium, park, circus, and more.

If you would like additional information about Calvary Kids, contact Laurie Hanson at (605) 665-5594. Limited space is available so call today.

#### **Harvest Festival Planned For August**

DANTE — Assumption of the Blessed Virgin Mary Parish, Dante, is holding its annual Harvest Festival fundraiser on Sunday, Aug. 12.

Serving will begin at 4 p.m. in the air-conditioned hall with two serving lines. The menu includes a broasted chicken meal with homemade rollicky, kolaches and desserts.

Bingo, a raffle, and games for all ages will also be available downtown in our air conditioned dance hall. The church centennial cookbook will also be for sale.

## Struggles For A Meaningful Life with fellow clergy are

always concerned

both youth and

adults.

about such abuse by

From a Judeo-Christian biblical per-

spective, human life is

of critical importance.

priest, theologian, and

The late Catholic

writer. Henri J.M.

Nouwen, once said

Pastor Vangen Lutheran Church

There are a multitude of movements around the world today, which struggle for human justice, safety, and health concerns. And when you look at the essence, the makeup of these movements, they all have one thing in common: the struggle for meaningful life.

This past spring, the Yankton Ministerial Association was made aware of a focus on stemming the influx of substance abuse (drugs, alcohol, synthetic drugs, and other dangerous substances) by youth in the community. It was heartening to note that school officials, law enforcement agencies, and other concerned organizations and individuals came together to address the synthetic drug situation. And I'm sure it was not intended to represent some "holier-thanthou" attitude or fussy moralism; nor should it ever be construed to be interpreted as that. While I was unable to attend the meetings that addressed the situation, I, along



**REFLECTIONS** 

that, the importance of life of each human being needs to be affirmed. When we affirm life, it's not so much in making speeches, but by taking significant human actions to not abuse one's own life or someone else's.

God insists on the care of our lives, and the importance of such care on a daily basis, physically, mentally, and spiritually. This is evidenced by what the Apostle Paul says: that, "we are the temple of the living God; as God said, I will live in them and walk among them, and I will be their God..." (2 Corinthians 6:16b) Nowhere in Scripture do I find God intending human life to be used in an abusive manner!

God intends us to live a full and useful life that is capable of expressing and experiencing love and forgiveness in all that we do with ourselves, our loved ones, and other significant people in our lives. But, when we allow substance abuse to overwork our physical and mental well-being, our spiritual well-being becomes ignored, which dramatically starves us of regular compassionate expression on a daily basis!

It's God's desire that we (all of us women, men, children; young and old alike) experience an immense, robust health of both body and spirit! If there is to be any "holiness" to accrue in our lives, it's in the ability to live deeply in the splendor and brilliance of God's design of being a responsible, caring, loving human being in this world — of which both (his world, and us) are His creation...

# Trail Running Led To Spiritual Awakening

BY LESLIE BARKER GARCIA

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DALLAS — Maybe it happens at 3 a.m., when he trips on a tree root that his flashlight missed. Or when he feels yet another pebble stuck in his shoes. Or when he's so hungry or tired or sweating or shivering that he'd trade just about anything for a shower and a ham-

But at various points during the 9 or 20 or 25 hours it takes him to traipse through 50- or 100-mile trail runs, Matthew Crownover starts thinking about joy, about life, and about how his own travails at the moment can seem somewhat petty.
"Half the time I have tears in my

eyes about my patients," says Crownover, who recently ran a 50mile trail event in New Mexico's Jemez Mountains. "Wouldn't they love to be out here ... (complaining) about a rock in their shoe?"

Crownover, 39, is a chaplain at Texas Health Presbyterian, working primarily on the oncology floor or with psychiatric patients. One evening, just before he was getting ready to go home, he received a call from labor and delivery. A woman was to be induced within an hour or so. What necessitated the call to Crownover was that her baby was dead.

Šo Crownover called upon on

his experience — as a chaplain, as a father of four, as a trail runner. Knowing he needed sustenance before such an undertaking, he went to his office. He ate a can of ravioli, listened to NPR and rested. Then he went to the bedside of the woman dealing with the first stage of unspeakable sorrow.

Later, telling me about that night, he says, "I know not to try to be tough and brave and macho. You can't bull— your way through climbing a mountain in the middle of the night, and you can't bullyour way through someone in a terrible situation.

Crownover, who has been a hospital chaplain for 13 years, started out as a die-hard road (i.e. nontrail) runner. He kept an eye on his watch and his fingers crossed that nothing would go wrong during races. Then he started trail running — what he calls his spiritual awakening — and all that changed.

"When you run these ultras, something different is happening," he says. "You're stepping into this vulnerability. You know something is going to go wrong. There's an element of faith that's very different. You're playing with the 'let go and let God' aspect. You're trusting you'll get through it, just trusting

"If you screw up, embrace these moments. Don't give in to fear,

keep your sense of humor. All that comes up in ultramarathoning, and that's what I love about it." Running for hours on end,

sometimes in darkness and often alone, opened up a world of learning, of coming alive, he says. Instead of worrying what would happen to his 5K or 10K time, he started thinking about the basics: How would he navigate rushing water? How could he run down a slope without the jostled dirt and stones knocking him to his knees? "All of that became like being a

kid again, which is a deeply spiritual impulse," he says. "It's keeping that sense of curiosity and wonder. I have to pace myself, stay joyful, talk with friends, enjoy being out there. It's kind of like how you get through life, right?"

A "fairly traditional sense of calling" led Crownover into the ministry, he tells me (after first saying, "Like any good Presbyterian, I have a complicated answer.") As he got older, he became interested in people of all faiths, as well as those with no faith at all. A Dallas native, Crownover at-

tended Austin College and Perkins School of Theology, then ecumenical seminary in Cuba for a year. He served as a chaplain at Parkland and Baylor, Texas, hospitals before coming to Presbyterian five years

Dr. Kenneth Adams, medical di-

rector of inpatient rehabilitation at Presbyterian, appreciates Crownover's affinity for listening. The two only met a few months ago, but for several years Adams had read Crownover's pastoral notes in patients' folders.

"Sometimes he brings up issues we were unaware of," Adams says. One might be what a patient's church family is doing, perhaps. Or maybe the patient is depressed or suicidal.

"You have to sit with a patient to get that out." When Crownover is working, he

strives for an 80-to-20 ratio of listening to talking. So when he's not on chaplain duty, it seems as if all he has held inside comes out, in an effortless eloquence that begs not to be interrupted.

His thoughts — joy, trust, gratitude, "the whole becoming human thing" \_ drop into conversation as easily as ice cubes into a refreshing glass of water. Maybe that's honed by solitary hours of running with only his heartbeat and footfall and rushing water for rhythm; who can say?

"It keeps coming back to gratitude. It keeps coming back to paying attention to what I am called to be. I guess you could call it discernment. It's a great chance to be present.'

## **CHURCH SCHEDULES**

#### **Abundant Life**

ABUNDANT LIFE MINISTRIES, Pastors Butch and Barbara Hladky, 517 Burleigh, Yankton. 665-0889. Open for prayer daily. FRI Shabbat Service 6pm Youth Service 7pm. SUN. 10am Worship.

#### Assembly of God

First Assembly of God, 801 W 25th. (605)665-6362 (office). SUN. 10 am: Bible teaching sermons by Pastor Jeff Mantz. WED. 6:30pm Midweek service and Bible study for all ages. Communion 1st SUN of the month. www.yanktonassem-

#### **Baptist**

ANTIOCH BAPTIST CHURCH, 221 W. 3rd, Kevin Caskey, pastor, 665-0066. SUN. 9:30am Sunday School, 10:45pm Preaching Serv ice. 4pm Afternoon Service. THU 7pm Preaching & Prayer Service.

**BETHEL BAPTIST CHURCH. 303** Ohio St., Wakonda. Mike Lindsay, pastor, (605)759-5020. SUNDAY Worship. 11:00a.m. evenina 6:00pm WEDNESDAY Bible Study 12Noon.

CALVARY BAPTIST CHURCH. SUNDAY: 9:00 Sunday School for all ages. 10:30 Worship Service Service broadcast 7:30pm Channels 3 & 98. WEDNESDAY 6:30pm AWANA, 7-8th Grade Youth Group: 7:00pm 9-12th Youth Group, Adult Bible Study. Pastor Jon Cooke, Associate Pastor Rick Slattery, Youth Pastor Jeremy Nelson. www.cbchurch.com 2407 Broadway, (605)665-5594.

HARVEST INDEPENDENT BAP TIST, 100 W. 3rd, Mission Hill. Pastor Nathan Martin, 668-0708 (ch.) 665-1481 (home). SUN. 9:30am SS. 10:30am Worship. 5:30pm Worship. WED. 7:00pm Worship.



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## **Baptist**

YANKTON BAPTIST CHURCH. SBC, Pastor Matt Green, 607 East 15th St., Yankton, 665-7587. SUN. 9:30am Bible study, SS; 10:45am Worship, WED, 7pm Midweek serv-

#### Bible Church

GRACE BIBLE CHURCH, Meeting at Pierson Ranch recreation area 10:30am Sundays. From Memorial Day through Labor Day. Call Pastor Joel Finck for more information. (605)760-4701.

#### Catholic

HOLY FAMILY CHURCH OF CE-DAR COUNTY (Sacred Heart), Wvnot, NE. Rev. Eric Olsen. (402)357-2400. Mass times, Saturdays 5pm.

HOLY FAMILY CHURCH OF CE-DAR COUNTY (Sts. Peter & Paul), Bow Valley, NE. Rev. Eric Olsen (402)357-2400. Mass: Sundays,

HOLY FAMILY CHURCH OF CE-DAR COUNTY (Immaculate Conception). St. Helena. NE. Rev. Eric Olsen. (402)357-2400. Mass: Sundays 11am.

MOUNT MARTY COLLEGE. Peace Chapel, MMC campus. 10am Mass with the Sisters in the Bishop Marty Chapel. Public is welcome to attend

SACRED HEART, 509 Capital, Yankton, Rev. Mark Lichter pastor. 665-3655 (office). SAT. 4:30pm Mass. SUN. 8am. 9:30am. 11am Mass. THUR. 12:30pm, 2:30pm and 7:30pm Confessions

ST. AGNES PARISH: SIGEL, rural Utica. SUN. 9am Mass, confessions 1/2 hour before Mass

ANDREW'S CATHOLIC CHURCH, Bloomfield, NE. Fr. Michael Schmitz SUN. Mass: 10:30am; TUE. Mass: 8am; THUR Mass: 7pm. Confessions: THUR.

BENEDICT CATHOLIC CHURCH, 1500 St. Benedict Drive, Father 664-6214 (church). Masses: SAT. 5pm. SUN. 8:30am&10:30am.

BONIFACE CATHOLIC CHURCH, Menominee, Neb., Rev. David Fulton, pastor. SUN. 8:30am

ST. BONIFACE CHURCH, rural Freeman. July WEEKEND Mass Saturdays @ 6:15 p.m. www.Parishesonline.com/stbonifacesd

#### **Catholic**

ST. COLUMBA CHURCH, rural Irene. July WEEKEND Mass, Sundays @ 8:30 a.m. ST. GEORGE CHURCH, Scotland,

> 10:30a.m.www.Parishesonline.com /stgeorgescotlandsd ST. JOHN THE BAPTIST CATHO-

SD. July WEEKEND Sundays @

LIC, Lesterville. SUN. 10:30am ST. JOHN THE BAPTIST CATHO-LIC. Fordyce, Neb. Rev. David Ful-

ton. SUN. 10:30am Mass. JOSEPH'S CATHOLIC CHURCH, Constance, Neb., Fr. David Fulton, pastor. SAT. Mass:

ST. PATRICK'S CATHOLIC, Wak-Scott Trayner, 624-2697. SUN. 8:30am Mass.

ST. ROSE OF LIMA, Crofton, Neb. Michael Schmitz. SAT. Mass: 8:00am & 5:30pm, SUN, Mass: WED/FRI Masses: Confessions: 11am-11:30am, SAT, 5-5:20pm,

WENCESLAUS, (605)463-2336. Rev. Joseph Puthenkulathil, SAT. 7pm Mass. Joseph SUN. 8:30am Mass.

THE HOUSE OF MARY SHRINE, 6-mi. W. Yankton, Hwy.52. Masses: Monday 8:30 through October. Masses Saturday 9:00 every Satur-Rosary Sunday 4:00. Rosary 4:00. Open 7 days a week for prayer. thehouseofmaryshrine.org

#### Christian

**KINGSWAY CHRISTIAN** Church,19th&Burleigh, 665-6317. Joseph Mason, Pastor, 9am-SS: Worship 10:15am. Wed.- 7pm Kids for Christ/Adult Bible Study. www.kingswaychristianyankton.org

### **Church of Christ**

CHURCH OF CHRIST, 1114 West 12th, Yankton, 665-6379. SUN. 9:30am Bible study; classes for all ages. 10:30am Worship.

#### Church of Jesus Christ

CHURCH OF JESUS CHRIST LATTER-DAY SAINTS, 2300 Douglas, Yankton. Randy Campbell, (605)565-2016. Family History Ctr 665-0901. SUN. 10am Sacrament meeting.

#### **Episcopal**

CHRIST EPISCOPAL CHURCH, 517 Douglas, Yankton. Rev. James Pearson, (605)665-2456. Sunday Serenity 9:30am Holy Eucharist Wednesday Noon Holy Eucharist.

#### **Evangelical**

Cornerstone Evangelical Church, Pastor Oliver Omanson, Stewart Elementary School; Morning Service 10 a.m. Wednesday College Bible Study 1306 Maple Street. Mike Stevens 665-8750.

#### **EMMANUEL CHURCH** YHS Theater, 1801 Summit,

Worship Service, 9:30 am Starting 8/5, Meeting at YMS Thteater-2000 Mulberry www.emmanuelyankton.com (605)665-0404

### Lutheran

CHRIST THE KING LUTHERAN CHURCH NALC: 305 W. 25th. Yankton, 665-8848. Rev. Dani Jo Ninke. SUN: 8:30am & 10am Worship, no Sunday School.

FAITH UNITED LUTHERAN, 44874 303rd St., Volin SD 57072, SUN. Worship (605)267-2277. Services 9:30am. Children's Education WED. Evening (WOW) 6:30-7:30pm.

CHURCH, AFLC 300 S. Carpenter St., Tripp. (605)935-6941 9:30am Sunday School: SUN. 10:45 Worship firsthope@santel.net

FIRST AMERICAN LUTHERAN

**GAYVILLE-BERGEN LUTHERAN** Pastor Ralph Egbert. (605)267-4342 (church) Sunday: Bergen Worship-9:00am, SS-10:15am GLC SS- 9:15am, GLC Worship-10:30am.

HOPE LUTHERAN CHURCH,

AFLC 200 South Wilson, Delmont.

(605)935-6941. SUN 9am Worship. Sunday firsthope@santel.net Martinus Lutheran Church, Utica. Pastor Dean Schroeder Sunday Divine Service 8:30am

www.MartinusLutheran.org OUR REDEEMER LUTHERAN, rural Irene. 263-3724. SUN. 9am

(605)589-3195

SAVIOR'S LUTHERAN. OUR LCMC/NALC, Menno. Pastor Theresa Jacobson Office 605-387-5241 Worship 9am, Brunch, SS 10:20am Wednesday Lenten Services at Grace, 7:30pm

#### Lutheran

SAVIOR'S LUTHERAN LCMS, 12th and Elm, Springfield. Rev. Kenneth Johnson, pastor. 8am Worship. 9am SS. THUR. 7pm Adult Bible study.

PRINCE OF PEACE, Wisconsin Synod, 201 East 25th St., Pastor Werre, 665-4793. Sat. 6pm Wor-

South Dakota Lutheran Church Missouri Synod, MAIN STREET LIVING television program, 10a.m. (CST) on KDLT-NBC; and 11a.m. (CST) on KAUN-PAX; and 10a.m. (MST) on KKRA-PAX.

St John Lutheran Church, Tyndall Pastor Dean Schroeder Sun-Divine Service: 10:30am (605)589-3195.

www.StJohnsTyndallLCMS.org ST. JOHN'S LUTHERAN CHURCH (LCMS), 1009 Jackson. David Gunderson, Pastor. SUN. 8am Worship, 9:15am Education Hour, 10:30am Worship.

TRINITY LUTHERAN CHURCH, 403 Broadway, Yankton, 665-7415. Saturday-5:30p.m. Worship; Sunday-8:15a.m./10:00a.m. Worship; -Coffee fellowship-9:30a.m

TRINITY LUTHERAN CHURCH, Hartington/Crofton, NE, Justin Wi interum pastor; (402)254-6606. SUN. 9am Worship (Hartington), 10am SS (Hartington), 11am Worship (Crofton).

TRONDHJEM LUTHERAN **CHURCH** (AFLC), rural Volin. 263-3841. SUN. 9:15am; 10:30am

#### Non-Denominational

FAITH ALIVE, 501 Cedar St., Yankton. 665-4797. Contemporary Worship & Family Values. SUN: 10am service, WED, 7pm Care-Cells "Small Groups For Building Relationships" Various Locations.

GLORY CHRISTIAN CENTER, 901 E 11th St. Yankton. Gail Ryken, pastor, 665-2369. SUN. 10am Service. WED. 6pm Prayer. GC School, call (605)665-1988.

### Presbyterian

PEACE **PRESBYTERIAN** (PC/USA), 206 E. 31st. 665-0448. Rev. Dr. Nelson Stone & Rev. Marilyn Stone. Sun-10am worship, Coffee to follow. SS for kids 10:30am. Aired at 8pm Fri. on Ch. 3 & 98.

## Reformed

RIVERVIEW REFORMED, 17th St. & Burleigh, Rev. Rodney Veldhuizen, pastor. 665-9204. SUN. 9:30am Worship, 10:15am SS. WED. Youth group & adult choir.

#### **Seventh-Day**

SEVENTH-DAY ADVENTIST, 722 Locust St., Yankton, 665-1032, Services: 9:30am & 11am. Pastor Nick Osborn (605)760-7791. Yankton Fruit Program. yanktonfruitprogram.org

#### **United Church**

CONGREGATIONAL CHURCH OF CHRIST, Newcastle, Neb., 303 Highway 12, Rev. Gary Kimm, pastor. SAT. 6PM Church 7PM Worship. Second THUR. 2PM Ladies Aid.

CONGREGATIONAL

**FIRST** 

Worship.

(402) 254-6563 or 664-5310. Rev. Gary Kimm, pastor. SUN. 8:15am Church school, 9am Worship. PILGRIM CONGREGATIONAL UCC, 103 S. Elm St., Coleridge, Neb (402) 283-4824 or 664-5310

Rev. Gary Kimm, pastor. SUN.

9:30am Church School, 10:30am

UNITED CHURCH OF CHRIST,

301 W. Franklin, Hartington, NE,

UNITED CHURCH OF CHRIST, (Congregational) 210 West 5th St., Yankton. (605)665-7320 Dr. Richard W. Jensen, Pastor. SUN.-10am Worship, 11am-Fellowship,

11:05am Church School.

UNITED CHURCH OF CHRIST, Crofton, Neb., 412 W. Main St., (402)388-4124, Pastor Les Parmenter. SUN. 10:00am Worship.

#### **United Methodist**

FIRST UNITED METHODIST, Yankton. Rev. Ron Johnson Pastor. 665-2991. Sunday, Contemporary Worship 9:00; Trad. 10:30. Childcare 8:45-11:45. 8:30 UM Hour, KYNT.

**GAYVILLE-VOLIN UNITED METH-ODIST,** Rick Pittenger, pastor. 624-2179. 9am Worship Service. 10:00am Sunday School.

WAKONDA, IRENE, VIBORG, **UNITED METHODIST, Pastor Mark** Gronseth. SUN. 8:30am Worship at Wakonda; 9:45am Worship at Irene; 11am Worship at Viborg.

Commercial

**KYNT 1450 AM** Radio KYNT 1450 AM Radio SAT.

10:30am "Saturday Morning Live."

SUN. 8:30am United Methodist

#### Hour. 9:05am "God's Good News." 9:30am St. John's Lutheran Church

WNAX 570 AM Radio WNAX 570 AM Radio. Lutheran Shows-6:30am, 8am, 11am. Wings of Healing-7:30am. Words of Hope 8:30am, Prov. Ref. Church-8:45am, Voice of Prop.-9:30am. Hr. of Hope

WNAX 570 AM Radio. Lutheran Shows-6:30am, 8am, 11am. Wings of Healing-7:30am. Words of Hope 8:30am, Prov. Ref. Church-8:45am. Voice of Prop.-9:30am. Hr. of Hope 10am.ChristianCrusaders-10:30am.

10am.ChristianCrusaders-10:30am.

#### MIX 106 FM Radio

CLASSIC HITS 106 KVHT FM Radio SUN.-THUR. 10:05PM "Family Radio Rosary" with Bishop Robert

ESPN Radio 1570

#### ESPN RADIO 1570 SUN. 10:30AM Trinity Lutheran Church, Vermillion,

Knology

KNOLOGY. MON. 6:30pm St. John's Lutheran; 7:30pm Calvary Baptist. TUE. 6:30pm Trinity Lutheran. WED. 6:30pm Antioch Baptist; 7:30pm Grace Bible. THUR. 8pm Assembly of God. FRI. 7pm United Church of Christ: 8pm



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