

One Tough Mudder

Vermillion woman wades through mud, crawls through ditches during 12-mile Tough Mudder

A 12-mile course. Rolling terrain. Long slogs up steep slopes, wades through mud bogs, crawls through corrugated pipes and under barbed wire, climbs over vertical walls, traverses on rope bridges and a drop from a plank into a cold pond. Plus, a dash through dangling electrified wires. Some that carry a 10,000-volt shock, enough to knock a person to the ground.

And mud. Lots and lots of mud.

Evie Clercx experienced all of this May 18 when she and a group of other Vermillion athletes took the plunge and participated in the Tough Mudder event held in the Minneapolis, MN area.

Tough Mudder events are held at different times at various points across the country. Anyone who views photos or video of Tough Mudder may get the impression that it's a training exercise that a special forces group in the U.S. military may use, and they wouldn't be far off.

Tough Mudder is a hardcore 10-12 mile obstacle course designed by British Special Forces to test one's all around strength, stamina, mental grit, and camaraderie. As the

MUD continued on page 20



Dental Excellence for Children & Adults

We provide thorough yet gentle care for patients of all ages. Even if you haven't been to a dentist in years, we will get you back on track. With affordable, professional dental care.



- One Appointment Porcelain Crowns • Implants
- Veneers • Braces for Adults & Children
- Whitening Options • Gum Disease Treatments
- Root Canal Treatment • Invisalign
- Gentle Dental Cleanings • Emergency Care Available

Knutson Family Dentistry

New Patients Welcome

Professional, Friendly & Caring Staff

605.624.6291 1714 E. Cherry St., Vermillion