

# Chef Inspired Recipes

## Guacamole

I like to use guacamole for more than just a dip, its great as a topping for nearly anything grilled and makes for a healthy alternative to mayonnaise on sandwiches.

- 3 avocados
- 1/2 red onion
- 1 roma tomato
- 1 jalapeno
- 2 cloves garlic
- 1/2 cup cilantro
- 1 lime (zest and juice)
- 1 tbsp sour cream
- 1 tbsp kosher salt
- 1 tsp cumin
- 1 tsp coriander
- 1 tsp paprika

Begin by cutting onion and tomato into small dice, mince jalapeno and garlic, zest the lime and chop cilantro. Place all in one bowl. Cut the avocados around the center lengthwise, twist to open, remove pit and scoop out flesh with a spoon into a separate bowl.

Add salt, cumin, coriander, paprika, sour cream, and lime juice. Mash the avocados with the spices. Once thoroughly mashed and mixed add the remaining ingredients and mix together. To help prevent oxidization (browning) when storing cover with a paper towel soaked in lime juice.



Cole Blom  
Executive Chef  
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Watch the next issue of Her Voice for more "Chef Inspired Recipes"!

# Her Voice Scarecrow Photo Contest

If you've had a scarecrow in your garden, we'd love to see him (or her!) Enter photos of your garden in our *Her Voice Scarecrow Photo Contest*. Submitted photos will be published in the next *Her Voice* issue as space allows.

You can also see your photos and all of the other entries at [hervoiconline.com](http://hervoiconline.com), where you can comment on the photos and share them on social media.

One scarecrow photo will be randomly selected as the winner of a 3-month subscription to the Yankton Daily Press & Dakotan.

The *Her Voice* team will be looking for overall shots of your scarecrow, but close-ups also can be submitted.

To enter, email your photos to [melissa.bader@yankton.net](mailto:melissa.bader@yankton.net) by Thursday, August 21.



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