



Bananas & Cinnamon Rice Pudding — Spoon rice pudding into a small dish. Top with sliced bananas and a sprinkle of ground cinnamon.



Peaches & Blueberries Rice Pudding — Layer diced fresh peaches, Kozy Shack Rice Pudding and blueberries in a small dish. Top with any remaining fruit.



Candied Almond Slivers and Tapioca Pudding — Spoon tapioca pudding into a dish. Top with candied almond slivers.



Chocolate Pudding — Spoon Kozy Shack Chocolate Pudding into a colorful cup. Top with a dollop of whipped cream and a cookie.



Banana Split Pudding Snack — Cut a banana in half the long way. Stand one half in a small cup. Spoon chocolate pudding into the cup and top with a maraschino cherry.

Pudding-Powered Snacks

Pair wholesome, delicious pudding with ingredients from your own pantry or fridge

FAMILY FEATURES

What do you reach for around 3 in the afternoon? Something salty? Something crunchy? Something creamy, smooth and sweet? These days, more and more snackers are looking for something wholesome and satisfying to get them through the afternoon.

Here's one snacking choice you may not have thought of: pudding. When pudding is made right — just the way your grandma used to — it's made with real ingredients like milk and eggs, cooked slowly until it's creamy and delicious. While cooking up your own pudding is a fun and satisfying weekend or evening project, when you need a quick afternoon snack, that's probably not in the cards.

Fortunately, there are still some companies making pudding just the way you would at home, slowly simmered to perfection. This is great news for people who want a smooth and creamy snack they can feel good about. There's a good reason why simple, comforting pudding was a favorite childhood snack — and is still a wholesome snack choice today.

Simple Ideas for a Delicious Snack

Pudding is perfect straight out of the refrigerator, of course, and all you need to enjoy it is a spoon. But you can make it your own with other ingredients that you probably have right in your kitchen. Take a look at your spice rack: You've probably got cinnamon, nutmeg and cayenne pepper. In your pantry, you've got crunchy cookies, pretzels and nuts. Fresh and frozen fruit are always good to have on hand. Even canned and shelf-stable packs of tropical fruits can top your pudding. Before you know it, you'll be seeing surprising pudding pairings everywhere you look.

With a little creativity, you could have a unique pudding snack every day of the week. We've got a few ideas to get you started.

Find out more about Kozy Shack® Pudding at www.kozysack.com.

Mango & Coconut Tapioca Pudding — Cut a fresh mango into small pieces. Spoon Kozy Shack Tapioca Pudding into a small dish. Top with mango and sprinkle with toasted coconut.

Blackberry Rice Pudding — Dice a handful of fresh blackberries. Layer blackberries and Kozy Shack Rice Pudding in small dish. Top with any remaining fruit and a mint leaf.

Fresh Raspberries and Chocolate Pudding — Layer fresh raspberries, whipped cream and Kozy Shack Chocolate Pudding in a small dish. Top with extra raspberries and a dollop of whipped cream.

Lemon Tapioca Pudding — Crush a couple of lemon shortbread cookies. Spoon into the bottom of a small dish. Top with Kozy Shack Tapioca pudding, a sprinkle of lemon zest and assorted fresh berries.



Minty Chocolate Pudding — Cut mint and chocolate layered candies into smaller pieces. Spoon Kozy Shack Chocolate Pudding into a small bowl. Top with mint pieces.



Chocolate Drizzled Strawberries and Tapioca Pudding — Drizzle strawberries with melted dark chocolate and allow to set. Layer chopped strawberries and Kozy Shack Tapioca Pudding in a small dish. Top with a chocolate-drizzled strawberry.

S.D. Livestock Industry Creates Huge Benefits

BROOKINGS — According to a recent report, South Dakota's livestock industry provides more than 29,000 jobs and contributes \$7.3 billion to the state's economy. The report was commissioned by the United Soybean Board. It highlights the economic importance of domestic animal agriculture to South Dakota and to the nation as a whole.

Kim Dillivan, SDSU Extension crops business management field specialist, reviewed the report and shares his summary.

For the report, estimated economic impacts were calculated by a modeling process that quantified the effects U.S. animal agriculture has on employment, income and taxes for the entire economy. These include impacts created by all employment connected to the U.S. livestock and poultry industries — including activities from associated industries.

LIVESTOCK AND POULTRY INDUSTRIES BENEFIT U.S. ECONOMY

Based on 2012 figures, the report showed that in the United States, animal agriculture positively contributed to the economy by providing the following:

- 1,851,000 jobs;
- \$346 billion in total economic output;
- \$60 billion in household income;
- \$15 billion in income taxes paid;
- and \$6 billion in property taxes paid.

These estimates of U.S. total economic output, income, and taxes are contributions originating directly from the nation's animal livestock industry.

LIVESTOCK AND POULTRY INDUSTRIES BENEFIT SOUTH DAKOTA ECONOMY

South Dakota's livestock industry contributed to the economy, based on 2012 data, by the providing the following:

- 29,020 jobs;
- \$7.3 billion in total economic output;
- \$1.1 billion in household income;
- \$235 million in income taxes paid;
- and \$149 million in property taxes paid.

"Again, these estimates include impacts from all industries related to animal agriculture and can be directly traced to originating from South Dakota animal agriculture," Dillivan said. "Essentially, without animal agriculture in South Dakota,

the benefits to the state's economy listed above would cease to exist."

RELOCATION OF ANIMAL AGRICULTURE

The report also documented changes in production levels that occurred in animal agriculture from 2002 to 2012 on a state-by-state basis.

In South Dakota over this period, growth has been pronounced for the following industries:

- Milk production increased 52.7 percent;
- Pork production increased 32.4 percent;
- Turkey production increased 22.2 percent;
- and Egg production increased 17.3 percent.

"A common reason for production increases in U.S. agriculture has been technological advances. However, according to this report, increases in South Dakota livestock and poultry production occurred while other states lost production," Dillivan said. "Another would be access to feed."

As a result, he said the increases reported are at least partially the result of shifts in animal production between states and do not just represent overall increases in productivity or efficiency.

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