

Yankton Suffers First Region Setback

Sioux Falls West avenged two earlier losses to Yankton with a doubleheader sweep of Post 12 in American Legion baseball action on Tuesday night at Bob Tereshinski Stadium at Riverside Field.

In the opener, West handed Yankton its first Region 2A setback with a 4-2 decision.

Tyler Wildes went 3-3 with a double, and Ryan Benson, Justin Kautz and Reece Mimmack each had two hits for West. Jalen Boyd had a double and three RBI in the victory.

For Yankton, Colin Muth doubled and singled, driving in a run, to lead the way.

also

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hit in the effort.

Luke Kovaleski pitched six innings, allowing two runs and striking out three, to pick up the win. Kautz picked up the save. Mason Townsend took the loss, with Austin Johnson and Hunter Cameron each pitching an inning of

Sheldon Gant had two hits and a RBI. Brad Ulmer doubled and scored. Adam Walter and Levi Schmidt each had a

scoreless relief.

West completed the sweep with a 3-0 victory in the nightcap.

Sam Lang doubled and singled, and Wildes and Charley Illg each doubled for West.

Muth had three hits and Ulmer had two hits to lead Yankton. Townsend and Johnson each had a hit.

Mimmack went the distance for the win, striking out four and walking none. Landon Withrow took the loss, with Schmidt and Ben Cameron pitching in relief.

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JAMES D. CIMBUREK/P&D

Yankton shortstop Sheldon Gant, left, applies a tag to Sioux Falls West's Ryan Benson as Benson was caught stealing during the opening game of their American Legion baseball doubleheader on Tuesday at Yankton's Bob Tereshinski Stadium at Riverside Field.

MMC Volleyball, Track Adds Iowa Prep Standout

Mount Marty College announced Tuesday the athletic signing of Morgan Hansen of West Harrison High School in Mondamin, Iowa, to the women's volleyball and track and field programs.



Hansen

"Morgan is an awesome young lady and she isn't afraid to work," MMC head track coach Randy Fischer said. "She came

from a successful high school program in the sports of volleyball and track and field. "

Fischer said Hansen will be a great addition to his track and field team.

"She won the Rolling Valley Conference in the 100 meter hurdles her senior year. She is an excellent hurdler and sprinter and will really help out our Lancer program in those areas," he said.

"She will fit in well on our team with her enthusiasm, energy, and leadership and expect her to have a positive impact on our program," he said.

Hebenstreit, the first-year volleyball coach for the Lancers, had high praise for his new player.

"Morgan is a hard worker and very determined," he said. "She is always looking at ways to improve her performance on the court."

The daughter of William and Jennifer Hansen of Pisgah, Iowa, Morgan plans to major in exercise wellness at MMC.

Vining Wins U.S. Amateur Qualifier

SIoux FALLS — The 36-hole 2015 U.S. Amateur Qualifier is in the books from Bakker Crossing. Tom Vining of Sioux Falls won the qualifier with a four-under-par round of 70-68-138.

Vining has earned an invite to the U.S. Amateur Championship which will be played August 17-23 at Olympia Fields Country Club in Olympia Fields, Ill.

Vining, 18, recently graduated from Lincoln High School in Sioux Falls. He plans to attend the University of Minnesota in the fall and play on the Golden Gopher golf team.

Alex Shattuck and Jacob Otta, both of Sioux Falls, will serve as first and second alternates, respectively.

Yankton's Jace Guthmiller, a University of Nebraska recruit, tied for fifth at 144. Marion's Arron Lickteig, a University of Wyoming golfer, finished at 150. J.J. Cooney, the reigning South Dakota Class B champion, shot 157 in the event.

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JEREMY HOECK/P&D

Kenny Tomek is pictured in his office Tuesday afternoon at the Yankton Hy-Vee, where is employed as a registered dietitian. The 27-year-old native of Sioux Falls in his first summer playing amateur baseball for the Yankton Tappers.

Energetic Dietitian Having Fun With Tappers

BY JEREMY HOECK
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Dietitian by day, amateur baseball player by night. That's the summer routine for Kenny Tomek.

The 27-year-old from Sioux Falls is employed as a registered dietitian at the Yankton Hy-Vee and this summer is playing amateur baseball for the Yankton Tappers – a Class A squad that was looking for some veteran leadership.

Enter Tomek, a long-time baseball player, from the American Legion ranks on through amateurs.

"I haven't had a summer without baseball since I was probably five," he said during an interview this week on his lunch break at Hy-Vee.

And even though he's not that far removed from college and therefore one of the old-

est players on the Tappers roster, Tomek isn't short on enthusiasm – in the dugout or out in the field.

"It's great, though, because I feel like I have so much energy," he said.

Where does that energetic attitude come from?

"My parents have always been a huge influence on my life," Tomek said. His father passed away in 2010, the week before Tomek was to play for the University of Sioux Falls in a conference baseball tournament.

"After that, I got more of a carefree attitude," Tomek added. "But I've always had that work-hard mentality from him."

And that passion has carried off the baseball diamond, as well.

A 2010 graduate of USF, Tomek was previously a fitness specialist, personal trainer and Zumba instructor at McKennan Fitness Center in Sioux Falls. He then attended South Dakota State

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P&D FILE PHOTO

Yankton's Kenny Tomek hustles down the first base line during a South Central League game against Irene earlier this season at Bob Tereshinski Stadium at Riverside Field.

AP Source: Timberwolves Give Kevin Garnett Two More Years

MINNEAPOLIS (AP) — Only two players in NBA history have made it to season No. 21 in their careers. Kevin Garnett is about to become the third.

Garnett agreed to terms on a two-year deal to return to the Minnesota Timberwolves, a person with knowledge of the situation told The Associated Press on Tuesday. The person spoke on condition of anonymity because the deal has not been announced.

Garnett spent his first 12 seasons

in Minnesota before being traded to Boston in 2007. He won a championship and played in another NBA Finals with the Celtics before moving on to Brooklyn.

The Timberwolves acquired him in a February trade that sent Thaddeus Young to the Nets, and the franchise icon was given a thundering welcome by the adoring home crowd upon his return. But Garnett only played five games for the Wolves after the trade, sitting out with knee problems as

Minnesota sank to the bottom of the league.

His return for at least another season was widely expected, with coach and president Flip Saunders saying that Garnett chose to rest much of the end of last season to preserve his 39-year-old legs for next season. Terms of the deal were not immediately known, but Garnett was expected to take a healthy pay cut from the \$12 million he made last season.

Garnett's statistical impact has

been in decline for several years as he's morphed from an MVP-winning force of nature into more of a supporting role predicated on being the fulcrum of his team's defense. But the Timberwolves believe that he still has enough left in the tank to contribute about 20 minutes a game while serving as a much-needed mentor to a roster teeming with young talent, including 20-year-olds Andrew Wiggins and Zach LaVine and 19-year-olds Karl-Anthony Towns and Tyus Jones.



JAMES D. CIMBUREK/P&D

Yankton Fury Crush's Chloe Koletzky puts the ball in play during the first game of a girls' softball doubleheader with the Vermillion Flamez on Tuesday at Yankton's Riverside Park.

Xtreme Split In Regular Season Finale

The Yankton Fury Xtreme tuned up for state with a doubleheader split against the Sioux Falls Smash in girls' softball action on Tuesday at the Summit softball fields.

In the opener the Smash claimed 9-5 victory.

Holly Mines doubled and singled, driving in four, to lead Yankton. Traia Hubbard went 2-2 with a triple and a run scored. Alix Peterka also had two hits. Lexie McCorkell added a hit in the effort.

Mines took the loss, allowing three earned runs and striking out two.

In the nightcap, Yankton rallied from a 5-0 deficit to claim an 8-5 victory.

Hanna Cummins went 2-3 with four RBI to lead Yankton. Bailey Peterka doubled and singled, scoring twice. Mines went 2-3 with two RBI and two runs scored. Liz Suing, Britney Davis and Dani Dvorak each had a hit in the victory.

Cummins picked up the win, striking out four.

The Fury Xtreme, 28-24-2, will face either

Diamond Ice or the Watertown Cobras to open 16-Under 'B' division play in the state girls' fastpitch tournament on Saturday. Game time is set for 8 a.m. in Sioux Falls.

10U: Wayne 5-6, Fury White 5-5

The Yankton Fury White finished the regular season with a tie and a setback against the Wayne (Nebraska) Dirt Devils on Tuesday at the Summit softball fields.

In the opener, a 5-5 draw, Yankton had Ellie Karolevitz, Elle Feser, Emma Yost, Hannah Sailer and Thea Chance each score a run. Karolevitz pitched, striking out nine.

In the nightcap, Sailer had a double, a RBI and a run scored for Yankton in a 6-5 loss. Karolevitz had a hit and a RBI. Grace Behrns took the loss.

The Fury White face the Sioux Falls Diamond Storm to open 10-Under 'A' division play on Friday at Harmodon Park in Sioux Falls.

NASCAR To Try New Setups At Three More Tracks

CHARLOTTE, N.C. (AP) — NASCAR will use track-specific rules packages at three more race tracks as the sanctioning body continues to try to improve the racing.

A unique rules package already had been announced for Saturday night's race at Kentucky. NASCAR executive Steve O'Donnell said Tuesday a similar low downforce package will be used at Darlington in September.

Teams will use a higher drag rules package at Indianapolis Motor Speedway later this month and Michigan International Speedway in August.

The Kentucky package is expected to cut about 1,000 pounds of downforce from the cars. Drivers have cautioned not to expect too much from Kentucky because Goodyear can't provide a soft enough tire to match the lower downforce package.

But Goodyear was able to determine a tire for the Darlington package during a one-day test last week with Tony Stewart, Matt Kenseth and Brad Keselowski.

"The ideal package for us is matching the tire with lower downforce, and when we looked at the schedule, the most ideal venue for that was Darlington, so we feel like we have the lead time for Goodyear to come in and build that specific tire, so that's why we moved forward on the Darlington package," O'Donnell said.

For Indy and Michigan, the aero package will feature a 9-inch spoiler and 1-inch wicker bill; a rear fascia extension panel similar to what is currently used for superspeedway events; a 2-inch leading edge on the splitter; and a 43-inch splitter extension panel. That high drag package could cut speeds by nearly 10 mph.

"You'll see some significant mile-per-hour differences," O'Donnell said. "I think we're looking at over 200 (mph) before, and kind of the 191 range that we'd be looking at now."

Additional track time will be added to Indy, Darlington and Michigan to test the new package, and Kentucky opens Wednesday for teams to try the rule changes.

NASCAR is not expected to use any unique rules packages in the 10-race championship playoff series.