

AREA DIGEST

Yankton Natives Honored By SDSU

BROOKINGS — Yankton's Kety Cornemann, Amanda (Kuchta) Frohling and Ashley Storm were honored by South Dakota State University during its inaugural Jackrabbit Athletics Senior Banquet. Frohling received the Jackrabbit Scholar-Athlete Award, and was honored as the top scholar-athlete with a perfect 4.0 grade-point average through her entire collegiate career. She majored in biology.

Also recognized as being in SDSU's Academic Top 10 were Ashley Storm, women's cross country/track and field, 3.990 GPA in nursing; and Kety Cornemann, women's basketball, 3.833 GPA in health, physical education and recreation. Cornemann was also named one of 10 recipients of the Jackrabbit Impact Award for their contributions both in the competitive arena and in the community.

Huether Earns All-MIAC Honors

ST. JOSEPH, Minnesota — Kylie Huether of Sioux Falls was named to the 2010 MIAC (Minnesota Intercollegiate Athletic Conference) Women's Tennis All Conference Team. Huether earned her third straight all-conference selection by going 10-6 for the year in number 2 singles play for the College of St. Benedict/St. John's University Blazers in St. Joseph, Minnesota. She also was 10-6 at number 2 doubles for the Blazers as well. Huether is a junior at the College of St. Benedict and is a Sioux Falls Washington graduate. She is the granddaughter of Earl and Diane Reese and Vern and Marilyn Loecker of Yankton.

Firecracker 5K July 3

SPRINGFIELD — The Annual Firecracker 5K run and 1-mile walk will be held Saturday, July 3, in Springfield. Registration will be held inside Club Fit, held just behind Doug's Food Center on Main Street. Race will begin just west of the First Savings Bank on Main Street. The course will wind through the streets of Springfield, passing by the scenic Missouri River and over the bike trail. The course will begin and end near the intersection of 8th and College Streets. Trophies will be presented to the top qualifiers in each division. Men and women will be split into age groups on race day. For questions, contact Craig Libis at 605.428.6150 or craig@ercjobs.com, or Chris Libis at 605.369.2110 or chris@ercjobs.com.

Youth Volleyball Camps Coming Up

The Yankton High School volleyball coaching staff will offer volleyball day camps later this month. All camps will be held at Yankton Middle School. Camps for players entering grades 5-9 will be on June 14-15, with sessions for grades 5-7 from 9-11 a.m., and grades 8-9 from 1-3:30 p.m. The camp for grades 10-12 will be held June 16-17, with sessions from 1-4 p.m. each day. To register contact Leasa Woodward at LWoodward@ysd.k12.sd.us.

Family Fishing Nights Program Returns To Nebraska

LINCOLN, Neb. (AP) — The Nebraska Game and Parks Commission is bringing back its Family Fishing Nights program. This summer, however, the program includes several lakes outside the Omaha and Lincoln areas. The program is an opportunity for people who have never fished or haven't fished in years to learn and enjoy the activity. The first event is Thursday at Holmes Lake in Lincoln. Rods and reels, as well as bait and fishing instruction, will be available. Appropriate fishing and park permits are required. The events will be held on various days through Aug. 10.

Former UNK Baseball Coach Murray Dies

KEARNEY, Neb. (AP) — Longtime Nebraska-Kearney baseball coach Guy Murray has died. He was 69. A spokeswoman at Horner, Lieske McBride & Kuhl Funeral in Kearney said Monday that Murray died Saturday morning at a Kearney hospital. Murray coached the Lopers from 1972 to 2001. He retired with 614 victories and led his players to 10 National Association of Intercollegiate Athletics district titles. Eleven times he was named coach of the year for the district. Eleven times he was named coach of the year for the district. Eleven times he was named coach of the year for the district. Eleven times he was named coach of the year for the district. He took over for his father as the Lopers head coach. He told the Kearney Hub that he wanted his dad to be remembered as a "person that helped hundreds of high school kids develop into young men." A funeral is set for Friday morning in Kearney.

■ **Get Updates At Yankton Online** (www.yankton.net)



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SCOREBOARD

From Page 10

Philadelphia 3, Houston 2
Colorado 1, Seattle FC 0
Real Salt Lake 4, Kansas City 1
Toronto FC 3, San Jose 1
Wednesday, June 2
Houston at New York, 6:30 p.m.
Columbus at San Jose, 9 p.m.

NHL Finals

Saturday, May 29
Chicago 6, Philadelphia 5
Monday, May 31
Chicago 2, Philadelphia 1
Chicago leads series 2-0
Wednesday, June 2
Chicago at Philadelphia, 7 p.m.
Friday, June 4
Chicago at Philadelphia, 7 p.m.
x-Sunday, June 6
Philadelphia at Chicago, 7 p.m.
x-Wednesday, June 9
Chicago at Philadelphia, 7 p.m.
x-Friday, June 11
Philadelphia at Chicago, 7 p.m.

NBA Playoffs

CONFERENCE FINALS
Friday, May 28
Boston 96, Orlando 84, Boston wins series 4-2
Saturday, May 29
L.A. Lakers 111, Phoenix 103, Los Angeles wins series 4-2
NBA FINALS
Thursday, June 3
Boston at L.A. Lakers, 8 p.m.
Sunday, June 6
Boston at L.A. Lakers, 7 p.m.
Tuesday, June 8
L.A. Lakers at Boston, 8 p.m.
Thursday, June 10
L.A. Lakers at Boston, 8 p.m.
Sunday, June 13
L.A. Lakers at Boston, 7 p.m.
Tuesday, June 15
L.A. Lakers at Boston, 8 p.m.
Thursday, June 17
x-Boston at L.A. Lakers, 8 p.m.

Transactions

BASEBALL
National League
CHICAGO CUBS—Selected the

contract of RHP Andrew Cashner from Iowa (PCL). Placed LHP John Grabow on the 15-day DL. Transferred RHP Angel Guzman to the 60-day DL.
COLORADO ROCKIES—Purchased the contract of INF Jonathan Herrera from Colorado Springs (PCL). Optioned OF Dexter Fowler to Colorado Springs.
LOS ANGELES DODGERS—Activated OF Andre Ethier from the 15-day DL. Optioned OF Xavier Paul to Albuquerque (PCL).

PHILADELPHIA PHILLIES—Activated RHP Brad Lidge from the 15-day DL. Designated RHP Nelson Figueroa for assignment.
SAN DIEGO PADRES—Placed C Yovit Torrealba on the restricted list. Recalled C Dusty Ryan from Portland (PCL).
SAN FRANCISCO GIANTS—Placed INF Ryan Rohlinger on the 15-day DL. Recalled INF Matt Downs from Fresno (PCL).
ST. LOUIS CARDINALS—Recalled OF Allan Craig from Memphis (PCL). Optioned LHP Evan MacLane to Memphis.

FOOTBALL
Canadian Football League
WINNIPEG BLUE BOMBERS—Added LB Giancarlo Rapanaro to the roster.

HOCKEY
National Hockey League
VANCOUVER CANUCKS—Signed D Yann Sauve, D Lee Sweatt and D Chris Tanev.

SUNDAY TRANSACTIONS
BASEBALL
American League
CLEVELAND INDIANS—Recalled RHP Jensen Lewis from Columbus (IL). Optioned LHP Aaron Laffey to Columbus.

DETROIT TIGERS—Recalled RHP Max Scherzer from Toledo (IL). Designated LHP Dontrelle Willis for assignment.
LOS ANGELES ANGELS—Placed 1B Kendry Morales on the 15-day DL. Recalled INF Robo Quinlan from Salt Lake (PCL).

TEXAS RANGERS—Placed OF Nelson Cruz on the 15-day DL, retroactive to May 29. Recalled OF Craig Gentry from Oklahoma City (PCL).

National League
LOS ANGELES DODGERS—

Recalled RHP Travis Schlichting from Albuquerque (PCL). Optioned LHP Scott Elbert to Albuquerque.

SATURDAY'S TRANSACTIONS
BASEBALL
American League
BALTIMORE ORIOLES—Recalled RHP Chris Tillman from Norfolk (IL).
DETROIT TIGERS—Designated LHP Dontrelle Willis for assignment.
KANSAS CITY ROYALS—Placed

RHP Gil Meche on the 15-day DL. Recalled RHP Victor Marte from Omaha (PCL).

OAKLAND ATHLETICS—Activated LHP Brett Anderson from the 15-day DL. Optioned LHP Cedrick Bowers to Sacramento (PCL).
TEXAS RANGERS—Activated RHP Matt Harrison from the 15-day DL. Optioned RHP Guillermo Moscoso to Oklahoma City (PCL).
National League
CINCINNATI REDS—Placed C

Ryan Hanigan on the 15-day DL. Activated INF Paul Janish from Fresno (PCL). Purchased the contract of C Corky Miller from Louisville (IL). Optioned INF Drew Sutton to Louisville. Transferred OF Chris Dickerson to the 60-day DL.

ST. LOUIS CARDINALS—Recalled RHP Adam Ottavino from Memphis (PCL). Purchased the contract of LHP Evan MacLane from Memphis. Optioned RHP Fernando Salas and OF Joe Mather to Memphis.

SAN FRANCISCO GIANTS—Called up C Buster Posey from Fresno (PCL). Optioned RHP Waldis Joaquin to Fresno. Agreed to terms with OF Pat Burrell on a minor league contract and assigned him to Fresno.

WASHINGTON NATIONALS—Optioned OF Justin Maxwell to Syracuse (IL). Recalled RHP J.D. Martin from Syracuse.



SUBMITTED PHOTO

The Yankton Spitfire won the 16-under division of the Vermillion Summer Slam girls' fastpitch softball tournament. Team members include (front) Jessica Wirth, Hannah Horn, (middle) Taylor Hutchison, Tiffany Townsend, Vanessa Milk, Steph Campbell, Kourtney Ericksen, (back) Coach Jerry Wirth, Janessa Ekeren, Haley Hinseth, Tara Blaha, Katie Koletzky, Brooke Loecker and Coach Robin Wirth.

SLAM

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Koletzky struck out 10 as Yankton picked up its lone pool play win. Janessa Ekeren went 3-3 for Yankton. Jess Wirth doubled. Brooke Loecker and Tiff Townsend each had a run-scoring singles. Hannah Horn, Koletzky and Kourtney Ericksen added hits.

S.F. ACTION 7, SPITFIRE 6: Jessica Wirth had two hits, and Tara Blaha, Brooke Loecker and Katie Koletzky had hits for Yankton. Kourtney Ericksen and Taylor Hutchison drove in runs.

Steph Campbell and Haley Hinseth each struck out five in three innings of work.

14-Under

LIGHTNING 3, R.C. POISON 2: Abby Schulte had a hit and two RBI to lead the Lightning in the championship game.

Karlee Kozak had a hit and a RBI in the win. Also recording hits were Andi Sprakel, Kalya Peterka, Jenny Feilmeier and Madison

Dangler.

LIGHTNING 4, S.F. DIAMONDS 2: Jaclyn Arens struck out nine and Jaclyn Rothschild had a bases-clearing triple to lead Yankton past the Sioux Falls Diamonds. Andi Sprakel had two hits for Yankton. Kalya Peterka, Arens and Taylor Rothenberger added hits.

LIGHTNING 8, S.F. RIOT 2: Andi Sprakel, Jaclyn Arens, Karlee Kozak, Jenny Feilmeier and Madison Dangler had hits to lead Yankton past the Sioux Falls Riot to open elimination play. Molly King drove in a run in the win.

Arens struck out five in the win. **LIGHTNING 13, S.F. NITRO 0:** Andi Sprakel, Kalya Peterka, Jenny Feilmeier, Jaclyn Rothschild and Abby Schulte had two hits apiece as the Lightning routed the Sioux Falls Nitro in pool play.

Karlee Kozak, Lexi Schremp, Molly King, Jaclyn Arens, Taylor Rothenberger and Kaley Ulmer also had hits.

Arens struck out seven in the win. **LIGHTNING 10, LEMARS 0:** Madison Dangler struck out 10 and got plenty of offensive support in a pool play win over LeMars, Iowa.

Andi Sprakel and Abby Schulte had two hits each. Kalya Peterka, Jaclyn Arens and Kaley Ulmer added hits.

LIGHTNING 8, DAKOTA VALLEY 7: Karlee

Kozak, Kalya Peterka, Jaclyn Rothschild, Abby Schulte and Madison Dangler each had hits for Yankton. Peterka earned the win, striking out six.

12-Under

S.C. BLAZE 3, YELLOW JACKETS 1: The Sioux City Blaze avenged a pool play loss to Yankton, knocking the Yellow Jackets from the tournament.

Becky Frick and Alicia Gregoire had hits for Yankton. Frick took the loss, striking out four.

VERMILLION HEAT 9, YELLOW JACKETS 2: Heather Hauer and Sophie Drotzmann had doubles for Yankton. Savannah Woods and Becky Frick added hits.

Hauer struck out four in 3 1/3 innings of work. Frick struck out three batters in relief. **YELLOW JACKETS 7, S.C. BLAZE 4:** Sophie Drotzmann and Becky Frick each had two hits for Yankton. Heather Hauer and Julie DeWitt added hits.

Frick picked up the win, striking out five. **YELLOW JACKETS 9, S.F. FUSION 2:** Becky Frick struck out six in three innings of work in the win.

Frick, Heather Hauer, Sophie Drotzmann, Savannah Steffen, Mikayla Trenhaile and Savannah Woods had hits for Yankton.

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WELLNESS EVENTS June 2010

Dairy Month
Tuesday, June 1st - 1:00 p.m. - 4:00 p.m. (Dairy Department)
June is Dairy Month! Honor our dairy farmers and join your Yankton HyVee dietitian in the Dairy Department for a sample and learn the many health benefits of dairy products. Have you had your 3-A-Day of dairy?

Gluten-Free Friends Meeting
Do you or a family member have celiac disease or a food allergy? The Yankton Celiac Support Group invites you to join them for their monthly meeting. This month the group has planned a picnic for June 2nd at 6:00 p.m. Contact Sarah Mellem at 665-3412 or Carla Scott at 668-8643 for more information and location.

Dietitian Pick of the Month - Whey Protein
Wednesday, June 9th - 1:00 p.m. - 4:00 p.m. (HealthMarket)
Did you know that Healthy 100% Whey Protein contains 22 grams of protein per serving and is sweetened with natural sweetener, Stevia? Healthy 100% Whey can be used for weight loss, exercise recovery or for a quick breakfast. Join Brenda in the HealthMarket as she samples a variety of delicious flavors of Healthy 100% Whey!

Men's Health Month
Wednesday, June 16th - 10:00 a.m. - 4:00 p.m. (HealthMarket)
June is Men's Health Month! Research shows that men do not see physicians for a physical exam nearly as often as women. The best Father's Day gift we can give is to heighten awareness of preventable health problems and encourage early detection and treatment of disease among men and boys. Join Brenda in the HealthMarket as she provides information regarding Men's Health Month and how a healthy diet can be essential for fighting off disease.

Cherries - America's Super Food!
Tuesday, June 22 - 10:00 a.m. - 1:00 p.m. (Produce Department)
Cherries are one of the best ways to relieve pain naturally. Although they are available year-round, their peak season is this month! The anthocyanins contained in cherries have the ability to block inflammatory enzymes and offer pain relief. Stop by the produce department to sample some cherries and learn more about this "super food" from your HyVee dietitian.

Healthy Dad's Are Happy Dad's - Happy Father's Day
Saturday, June 19th - 10:00 a.m. - 3:00 p.m. (HealthMarket)
Father's Day is a day honoring dads everywhere and typically involves gift-giving, special dinners and other family oriented activities. This year help dad, along with the entire family, have a healthy and happy Father's Day. Stop by the HealthMarket for a sample of grilled Alfresco Chicken Sausages, a tasty and healthy alternative for Father's Day!

It's Time for Iced Tea!
Wednesday, June 30th - 1:00 p.m. - 4:00 p.m. (HealthMarket)
Summer is a great time for iced tea! Join Brenda in the HealthMarket for a taste of a variety of teas that are not only refreshing, but bursting with disease-fighting antioxidants!

Look for these and other specials in the Health Market in the month of June:
June 1-7 Mrs. Meyers products 10% off
June 8-14 "Say Yes to" products 10% off
June 15-21 Method products 10% off
June 25th 10% off stock up sale!

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