

Practice Food Safety At Outdoor Gatherings

PIERRE — As the summer picnics and campouts get under way, a health official reminds South Dakotans to make safe food handling part of those outdoor activities.

"Cooking and eating outdoors is a summer treat but without safe food handling there is a risk of bacterial food-borne illness, commonly called food poisoning," said Clark Hepper, health protection administrator for the Department of Health. "The best way to prevent food-borne illness at outdoor gatherings is with the same safe food handling practices you use indoors."

The major bacterial food-borne illnesses reported in

South Dakota are E. coli, Salmonella and Campylobacter. Another common, but underreported illness is "staph food poisoning," caused by the toxins of the common Staphylococcus aureus.

South Dakota reported nearly 600 cases of such food-borne illnesses in 2009 and a great many more cases were likely unreported. Although these diseases can be transmitted by food, they can also be spread directly by farm animals and their manure.

Symptoms of food-borne illness can include mild or severe diarrhea, fever, vomiting and abdominal pain. Most people will recover at home without medication but some may

require fluids to prevent dehydration.

The department recommends these steps when cooking food for outdoor meals:

- Begin with hand-washing. Consider using moist disposable towelettes for outdoors.
- Keep raw foods separate from cooked foods. Don't use a plate that previously held raw meat unless you first wash it in hot, soapy water
- Marinate foods in the refrigerator, not on the counter or outdoors. Don't reuse marinade — to use as a sauce, reserve some separately before adding food.
- Cook food thoroughly, using a food thermometer to be sure. Cook hamburgers to

160°F and chicken to at least 165°F.

• Keep hot food hot (at or above 140°F) and cold food cold (at or below 40°F).

• Refrigerate or freeze leftover food promptly. Don't let perishable food sit out longer than two hours and no more than one hour if temperature is above 90°F.

To learn more about food safety, see the department website at <http://doh.sd.gov/HealthProtection/> or the Food and Drug Administration site at <http://www.fda.gov/ForConsumers/ConsumerUpdates/ucm094562.htm>.

Brokaws To Serve As Race's Honorary Chairs

VERMILLION — Susan G. Komen South Dakota will hold its third annual Race for the Cure on Sunday, Sept. 26, in Vermillion. Participants in the Race for the Cure will raise funds for local breast health education, screenings, treatments and grant programs supporting breast cancer research for South Dakota women. Registration for the race will begin at 7 a.m. at the DakotaDome.

Tom and Meredith Brokaw are the honorary chairs for this year's Race for the Cure. Brokaw, a special correspondent for NBC News and former anchor and managing editor of NBC Nightly News, and his wife are natives of South Dakota.

Tam Baker, a 22-year breast cancer survivor, will be this year's "honorary survivor." Baker's role during the race will be to motivate participants and team captains.

Baker says she is honored to get others excited about the race. "Participation in the race is an encouragement for those of us who have had breast cancer and are survivors," she says. "It's an encouragement to people who are newly diagnosed to look at all those folks who are using their time and resources to be part of the race."

Baker says she sees the race as a way to communicate to those struggling with breast cancer that they have support, and encouragement to not give up and to stay positive.

Online registration is now open at komensouthdakota.org/race. Seventy-five percent of the money raised stays in South Dakota to fund breast health research, diagnostics, screening, treatment, services and education for uninsured or underinsured women. The remaining 25 percent helps fund national research to discover the causes of breast cancer and, ultimately, its cures.

The Komen Race for the Cure is a unique event, designed and implemented to promote positive awareness, education and early detection of breast cancer. As well as being a road race, the Komen Race for the Cure is an emotionally charged event that attracts many first timers and recreational runners. The Komen Race for the Cure is an opportunity for thousands of women, men and their families, running or walking, to spread the breast cancer message within their communities.

Eateries With Flood Damage Should Call NDA

LINCOLN, Neb. — The Nebraska Department of Agriculture (NDA) is encouraging owners of Nebraska restaurants, grocery stores and food establishments that have experienced flooding or flood damage to contact NDA's Bureau of Dairies and Foods.

The bureau staff can answer questions about food safety, clean-up and water issues dealing with the proper handling and preparation of food, said NDA Director, Greg Ibach. Bureau staff will also inspect establishments following flood damage to ensure proper clean

up, determine if food products are safe for consumption or need to be destroyed, and can provide verification of destroyed products for insurance purposes.

"The NDA has been in contact with the restaurant and grocers associations in Nebraska, along

with owners of many individual restaurants that may have been directly affected," said Ibach. "Assessments will be made as soon as possible after the waters recede."

The Bureau of Dairies and Foods can be reached at (402) 471-2536.

OBITUARIES

Harvey Schnabel

TRIPP — Funeral services for Harvey Schnabel, 77, of Tripp will be held at 1:30 p.m. on Wednesday, June 23 at the Emmaus Lutheran Church in Tripp with Rev. Richard Weeman officiating. Interment will follow in Gracehill Cemetery, Tripp.

Visitation will be held on Tuesday from 3:00 p.m. until 7:30 p.m., followed by a prayer service at 7:30 p.m. at the Goglin Funeral Home in Tripp.

Harvey passed away on Saturday, June 19, 2010 at the

Good Samaritan Society of Tripp. Online condolences may be sent at www.goglinfh.com.

Goglin Funeral Home
Tyndall - Scotland - Tripp



www.goglinfh.com

Linda Bauder

SCOTLAND — Funeral services for Linda Bauder, 93, of Scotland will be held at 10:00 a.m. on Wednesday, June 23 at the Zion Lutheran Church in Scotland with Rev. Jonathan Vehar officiating. Interment will follow in Rosehill Cemetery, Scotland.

Visitation will be held on Tuesday from 3:00 p.m. until 8:00 p.m. at the Goglin Funeral Home in Scotland.

Linda passed away on Sunday, June 20, 2010 at the Good

Samaritan Society of Scotland. Online condolences may be sent at www.goglinfh.com.

Goglin Funeral Home
Tyndall - Scotland - Tripp



www.goglinfh.com

Agnes Stortvedt

CENTERVILLE — Agnes Helen (Kozak) Stortvedt, age 92, of Centerville, South Dakota, died Saturday, June 19, 2010, at Sanford Medical Center in Sioux Falls, South Dakota.

Funeral services will be 11:00 a.m. on Tuesday, June 22, 2010, at the Seventh-Day Adventist Church at 8th and Locust in Yankton, South Dakota, with Pastor George Shaver officiating. Burial will take place in the Yankton City Cemetery in Yankton.

Visitation is Monday from 5:00 to 8:00 p.m. with a prayer service and video tribute at 7:00 p.m. at the Wintz & Ray Funeral Home in Yankton.

Agnes was born May 4, 1918 in Utica, South Dakota, to Emanuel and Antonia (Kralicek) Kozak. Due to a tragedy, she and her siblings were left without their mother or father and were all placed in the Sioux Falls Children's Home. Two days later, Agnes was adopted by her aunt and uncle, Marie and Alois Kozak of Janousek, South Dakota. Agnes attended country school at Peterka School District 46. She worked as a housekeeper in several homes around the area before her marriage to Peter Norman Stortvedt on August 8, 1941. To this union were born four daughters; Ella, Rita, Beverly, and Vicki. Agnes was baptized into the Lutheran faith on July 30, 1944, in Yankton. On March 30, 1963, the



Stortvedt

family became members of the Seventh-Day Adventist church of Hurley, South Dakota where Agnes has been an active member. Agnes and Peter farmed in the Wakonda and Viborg areas for over 45 years. In addition she did various kinds of self-employment work throughout the area.

Her family was her biggest joy. Those left to cherish her memory are her four daughters, Ella (Gordon) Grimsrud, Rita (Jim) Joseph, Beverly (Gordon) Johnson, and Vickie (Paul) Kendle; 10 grandchildren; 10 great grandchildren; numerous nieces and nephews; and a host of friends.

She was preceded in death by her husband, Peter; son-in-law, Terry Flyger; parents; and all of her siblings from both biological and adopted families.

To post an online sympathy message, please visit wintzrayfuneralhome.com.

Yankton Press & Dakotan
June 21, 2010

WINTZ & RAY
FUNERAL HOME
and Cremation Service, Inc.
Online condolences at:
www.wintzrayfuneralhome.com

Rose Donovan

LAKE ANDES — Rose Donovan, 93, died at Lake Andes Health Care Center in Lake Andes on June 18, 2010.

Funeral service will be Monday, June 21, 2010 at 2:00 p.m. at St. Mark's Catholic Church in Lake Andes with burial following in St. Mark's Catholic Cemetery. Officiating will be Fr. David Tickerhoof, T.O.R., and Br. Marty Zatsick, Music will be by Diane Eldridge, organist. Casket Bearers will be Clint Hawley, Dennis Walker, Gary Kietzmann, Joey Kietzmann, John Kietzmann, Reed Saunders and Terry Chytka.

A wake service will be Sunday, June 20, 2010 at 7:00 p.m. at St. Mark's Catholic Church in Lake Andes.

Arrangements by Koehn Bros. Funeral Home in Lake Andes.

Rose Donovan was born on March 9, 1917 to Walter and Hattie (Braatz) Grajkowske on the family homestead in Charles Mix County near Lake Andes, SD. She attended country school in Charles Mix County, SD. She lived with George and Flo Schekel while she attended and graduated from Lake Andes High School in Lake Andes. She worked in government offices in Lake Andes. She married Donald Donovan in Lake Andes on June 23, 1941. They lived in Lake Andes where



Donovan

she worked for Charles Mix County Treasurers office. Donald died on August 16, 1992. Rose was a member of St. Marks Catholic Church, Catholic Daughters, and Altar Society. She died on June 18, 2010 at Lake Andes Health Care Center in Lake Andes at the age of 93.

She is survived by her daughter, Mary Jo Kietzmann and husband, Gregg of Ft. Collins, CO, sister, Sadie Bahmuller of Springfield, SD, grandchildren, John Kietzmann and wife, Elise of Spearfish, SD and Laura Saunders and husband, Reed of Thornton, CO, and a great-granddaughter, Emily.

She was preceded in death by her parents, husband, 4 brothers, and 5 sisters.

Yankton Press & Dakotan
June 21, 2010

Doreen Parkinson

IRENE — Doreen E. Parkinson, of Irene, passed away, Friday, October 2, 2009 at her home.

Doreen was born January 11, 1940 to Willard and Hazel (Brandon) Cook in Mission Hill, S.D.

Doreen married E.L. (Butch) Parkinson on August 16, 1956 in Kadoka, S.D. Their 53-year mar-

riage was blessed with three sons and one daughter. Their children gave them ten grandchildren and three great-grandchildren.

She was a member of the Irene Methodist Church. She also was a member of the Red Hat Valley Girls of Irene and loved her Red Hat sisters very much.

Survivors include her husband, Butch, two sons; Keith (Kari) of Hillsboro, Oregon and Bradley of Woodburn, Oregon; one daughter, Lynda (Mike) Vigus of Freeman, SD, also one sister, Norma Heese of Rapid City, SD.

She was preceded in death by her parents and son, Kevin. Memorial services will be 1:00 p.m. Wednesday, June 23, 2010 at the Hansen Funeral Home in Irene, SD.

Yankton Press & Dakotan
June 21, 2010

Kathleen Mettler

MENNO — Kathleen Mettler, 75, of Menno died Saturday (June 19, 2010) at the Menno-Olivet Care Center, Menno.

Funeral services are at 2 p.m. Wednesday at Grace Lutheran Church, Menno, with the Rev. Brad Danielson officiating. Burial will be in the Menno Cemetery.

Visitation is 6-8 p.m. Tuesday at Aisenbrey-Opahl-Kostel Memorial Chapel,

Menno, with a 7 p.m. prayer service. Visitations will resume one hour prior to the service at the church.

James Austad

VERMILLION — James Edward Austad, 45, of Vermillion died Saturday (June 19, 2010) at Sanford Vermillion Hospital.

Arrangements are pending with Hansen Funeral Home, Vermillion.

Fr. Leonard Fox

ELK POINT — Fr. Leonard D. Fox, 82, of Elk Point, formerly of Vermillion died Saturday (June 19, 2010) at Prairie Estates Care Center, Elk Point.

Funeral arrangements are pending with Iversen-Sieck-Kober Funeral Home, Vermillion.

www.yankton.net

HONORING THEIR MEMORY
Our Thoughts And Prayers Are With Them

Our care and concern does not end with the funeral service. This week we remember with family and friends the anniversary of the deaths of:

Bonnie Kautz
who passed away on
June 26, 2009

This remembrance is brought to you free of charge. If you have a loved one you would like remembered, contact us at Opsahl-Kostel Funeral Home & Crematory. Guiding and serving families with compassion and trust.

PSAHL-KOSTEL
FUNERAL HOME & CREMATORY INC.
Funeral Home & Crematory, Yankton
Memorial Resource Center, Tyndall
Memorial Chapels, Tyndall, Tabor & Menno
665-9679 • 1-800-495-9679
www.opsahlkostelfuneralhome.com

Viola Bauder

SCOTLAND — Funeral services for Viola L. Bauder, 86, of Scotland will be held at 10:30 a.m. on Tuesday, June 22 at the Zion Lutheran Church in Scotland with Rev. Jonathan Vehar officiating.

There will be two hours of visitation prior to the service at the church on Tuesday. Interment will be held at 1:00 p.m. on Tuesday at the Bethany Lutheran Cemetery in Hurley.

Viola passed away on Thursday, June 17, 2010 at the Good Samaritan Society of Scotland.

Arrangements are under the direction of Goglin Funeral Home of Scotland, and online condolences may be sent at www.goglinfh.com.

Goglin Funeral Home
Tyndall - Scotland - Tripp



www.goglinfh.com

KYNT Yankton's Home Team!

AM 1450

MORNING COFFEE

WEEKDAYS 7:40 AM MONDAY-FRIDAY

Tuesday
7:40 Paula Tacke and Josh Swatas,
Boys and Girls Club
8:15 The Center

Yankton's Home Team!

Even a princess occasionally chooses to get dirty.



There's a good reason why you didn't always play 'dress up' with your friends on Saturdays. His name was Dad. With him, even fishing was fun. And while you've idolized Dad your entire life, you'll want to celebrate these times after his death.

A meaningful funeral allows you to grieve and say goodbye, as well as remember and laugh. It's a significant celebration that honors Dad. One that in many ways, is also for you.

WINTZ & RAY
FUNERAL HOME
and Cremation Service, Inc.
Yankton, 605-665-3644
wintzrayfuneralhome.com
Garden of Memories Cemetery