

APPLIED ENG. AWARDS



Employees of Applied Engineering were recently recognized for their years of service with the company. Pictured (from left): Roger Hamilton, 5 years; Danielle Davis, 10 years; Pat Carroll, 25 years.

James Steel Named To Top 100 By National Publication

The metal building industry's leading publication has named James Steel Inc. of Yankton to its list of the nation's Top 100 Metal Builders of 2009.

Metal Construction News, announced its annual list in its April 2010 edition. For the past twenty one years, the magazine, targeted to personnel involved in the construction industry, has been compiling and publishing an annual list of companies who sell and erect the largest square footage of pre-engineered buildings per calendar year.

James Steel Inc., at 3605 East Highway 50, Yankton sold and erected 420,400 square feet of buildings in 2009 to rank 16th on the national list.

"Being part of this list certainly puts us in an exclusive company and we are excited about being there," said Dale R. James. "This represents the loyalty of our customers and lot of hard work and dedication by everyone in our company."

Founded in 1976, James Steel Inc. is an authorized Varco Pruden Builder. Varco Pruden Buildings is one of the nation's largest manufacturers of metal buildings.

USDA Seeks Applicants For Grants To Spur Job Creation

WASHINGTON — Agriculture Secretary Tom Vilsack today announced that USDA is accepting grant applications to assist rural businesses and create job opportunities through cooperative development centers.

"Cooperative development centers create jobs by providing rural businesses owners with technical and managerial skills to improve their operations," Vilsack said. "The Obama Administration is working to create a path of opportunity for all hard-working Americans to enter the middle class, and strengthen small and mid-sized communities. These centers further that effort."

Grants of up to \$225,000 may be awarded to colleges, universities, and non-profit groups to create and operate centers that help individuals or groups establish, expand or operate rural businesses, especially cooperatives. The centers promote President

Obama's goal to bring increased economic opportunities to rural residents by allowing them to acquire tools to help their businesses grow. Cooperative program grants can be used, among other things, to conduct feasibility studies, create and implement business plans, and help businesses develop new markets for their products and services.

USDA may award up to \$7.9 million in grants through this notice of funding availability. Grants may finance up to 75 percent of the cost of establishing and operating the cooperative centers. Recipients must match 25 percent of the total project cost. Applications are due August 9, 2010. The application guide for this grant program can be found at <http://www.rurdev.usda.gov/rbs/coops/rcdg/rcdg.htm>. For more information, please see the June 25, 2010 Federal Register at <http://edocket.access.gpo.gov/2010/2010-15428.htm>

Meditation Workshop To Be Offered June 29

If you are curious about the practice of meditation, and are seeking a way to reduce stress, and live your life more openly and with joy then consider this free workshop to be held Tuesday, June 29, running from 7-8:30 p.m. at the Avera Pavilion.

This free workshop will explore the ancient art of meditation and is sponsored by the Avera Center for MindBodySpirit. The class will be instructed by Michael R. McVay MD Medical Director, Avera Center for MindBodySpirit

In this free workshop participants will:

- Learn about mindfulness

meditation and how it can be used to counter stress and live a more balanced life.

- Understand how meditation is distinct from thinking, and how meditation practice can allow us to become aware of how our thinking mind may limit or free us.

- Experience basic meditation practice.
- Learn about an eight-week mindfulness based stress class offered by Dr. McVay beginning this September.

To register for this free program, call The Avera Center for MindBodySpirit at 605-668-8715.

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Michele Courtney

Monastery Recognizes Employees For Service



Front (l. to r.) Diane Cameron RN, Susan Shuey RN, Sandra Neth RN, Teresa Holan; Back (l. to r.) Violet Dangel, Linda Aldridge, Marvin Ebel, Barbara Peck RN

Seventeen employees of Sacred Heart Monastery were recognized for their years of service during the annual Employee Recognition Picnic on June 19.

Recognized for 5 years of service were: Marvin Ebel (build-

ing & grounds director), Linda Aldridge (housekeeping), Susan Shuey RN (Care Center), Jim Wieseler (housekeeping), Diane Cameron RN (Care Center), and Jean Fish (business office).

Paul Jensen (IT) and Violet Dangel (Care Center) received



Front (l. to r.) Lavonne Kleinsasser, Jan Lane, Hattie Wallock, Liz Brinkman, Jean Fish; Back (l. to r.) Jim Wieseler, Keith Williams, Paul Jensen. Not pictured-Jay Magorian.

their 10 year pins and certificates.

Completing 15 years of service are: Hattie Wallock (dietary), Lavonne Kleinsasser (dietary), and Liz Brinkman (business office). Honored for 20 years of service were: Teresa Holan

(housekeeping), Jan Lane (Care Center), Jay Magorian (grounds), Sandra Neth RN (Care Center), and Keith Williams (powerhouse).

Barbara Peck RN (education coordinator) was recognized for 25 years of service.

BUSINESS DIGEST

Local Women Named Certified Hand Therapists

Tiffany McCorison, MA, OTR/L, CHT and Kendra Hilsenroth, MOTR/L, CHT of Orthopedic Institute have achieved distinction as Certified Hand Therapists (CHT), the highest certification in hand therapy, as a result of additional training and a rigorous examination. A Certified Hand Therapist (CHT) is an occupational therapist or physical therapist who has a minimum of five years of clinical experience, including 4,000 hours or more in direct practice in hand therapy. In addition, the Certified Hand Therapist has successfully passed a comprehensive test of advanced clinical skills and theory in upper quarter rehabilitation. There are 5,410 Certified Hand Therapists worldwide.



McCorison



Hilsenroth

Bell Appointed Examiner For Malcolm Baldrige

David Bell of Avera Sacred Heart Hospital located in Yankton has been appointed by Dr. Patrick Gallagher, Director of the Commerce Department's National Institute of Standards and Technology (NIST), to the 2010 Board of Examiners for the Malcolm Baldrige National Quality Award. The Award, created by public law in 1987, is the highest level of national recognition for performance excellence that a U.S. organization can receive.



Bell

As an Examiner, Bell is responsible for reviewing and evaluating applications submitted for the Award. The board is composed of approximately 500 leading experts selected industry, professional and trade organizations, education and health care organizations, and nonprofits (including government).

Those selected meet the highest standards of qualification and peer recognition. All members of the board must take part in a preparation course based on the Baldrige Criteria for Performance Excellence and the scoring and evaluation processes for the Baldrige Award.

Information about the Baldrige National Quality Program and the application process is available the Baldrige National Quality Program, at (301) 975-2036 or nqp@nist.gov, or the Baldrige Program's Web site at <http://www.nist.gov/baldrige>.

ASHH Cardiac Rehab Receives Certification

The Cardiac Rehab Team celebrated Cardiac Rehabilitation Week, as well as the certification they received from the American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR). They are one of only eight programs in the state that is certified.

Becoming Certified is an extensive process which requires documentation to verify that each of the standards set forth by the AACVPR are met. This ensures that programs are providing the highest quality of patient care. This process also facilitates program improvement and outcomes of patient improvement and service.

The AACVPR was founded in 1985, and is dedicated to the mission of reducing morbidity, mortality and disability from cardiovascular and pulmonary disease through education, prevention, rehabilitation, research and disease management.

Haver Promoted At First National Investments

Amy Haver with First National Investments and Planning located at First National Bank South Dakota was recently promoted to Financial Advisor.

Haver earned the promotion by passing the Financial Industry Regulatory Authority (FINRA) General Securities Exam (Series 7) and the Uniform Combined State Law Exam (Series 66). The exams qualify an investment professional as a securities agent and investment advisor and permit them to make different types of trades with all types of corporate securities, excluding commodities and futures.



Haver

Haver joined First National Investments and Planning in November 2009 as a Sales Assistant. Prior to that, she was a Business Banking Assistant for First National Bank South Dakota for two years.

Haver is a volunteer for the Yankton High School Cross Country and Track and Field teams. She also assists with serving The Banquet and the Yankton Community Appreciation Day events. Amy and her husband, Ryan, live near Wakonda.

McKee Receives HealthLinx Scholarship

HealthLinx, a hospital leadership firm, is pleased to announce the recipient of the first annual HealthLinx scholarship. The scholarship was launched earlier this year to an aspiring nurse leader who is pursuing an advanced degree. The inaugural winner is Laurie A. McKee of Yankton, South Dakota.

McKee was selected out of 355 applicants based on the quality of her essay, past and current leadership performance, potential for continued success and commitment to the health care field. Laurie currently works as a Department Director of the Critical Care Unit at Avera Sacred Heart Hospital. She is currently enrolled in the Masters of Science in Health Care Administration Program at Independence University California College for Health Sciences. Laurie stated in her application, "The future of health care is very uncertain right now with changes in our countries leadership and economic issues. The only sure thing in health care is that change is a constant. I hope to further my education so that I can gain the knowledge and skills necessary to lead my department to follow best practice guidelines with excellent patient outcomes." McKee has been a nurse for over 30 years and with Avera Sacred Heart Hospital since 1991.

Fitzgerald Attends Evidence Based Academy

Dr. Jay Fitzgerald of Wagner & Tyndall Chiropractic recently chose to participate in the Best Practices in Chiropractic Academy.™ This program assists the chiropractic physician in their clinical decision making by utilizing evidence-based research.

As part of the program Dr. Fitzgerald will also be involved in a research study on low back pain. With the data compiled from this research the Academy will be using performance-based outcomes measurements, along with additional data, to determine the effectiveness of various approaches in the chiropractic management of low back pain.

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