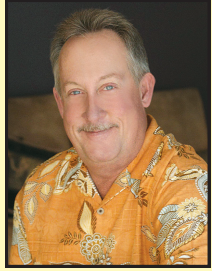


KIDS FIRST



Are You Guilty of Child Neglect?

Many people, hearing "child neglect" immediately conjure images of children beaten, molested, deprived, no-shoes-on-their-feeet, hungry, etc. These are good examples of classical neglect and abuse. There are other forms of neglect, however. Neglect that well-meaning parents often subject their children to simply because they are not aware and have not carefully thought of the consequences.

My Top Ten are:

1. Failure to have a newly born baby checked by a pediatric chiropractor for subluxations after birth. Statistics indicate that 85-90% of all children have a vertebral subluxation, usually in the neck area, from the stress and strain of simply being born. These subluxations, or spinal misalignments, affect the manner in which your baby's developing nervous system transmits information from the brain to all parts of his body. I think you'll agree, that it is extremely important to have your baby's nervous system and body function with no interference. Subluxations represent a major interference to health.
2. Children NOT receiving regular chiropractic check-ups. This is so important for normal health maintenance. Too often I check a child to find a developing spinal curvature, a budding knee

problem, the beginnings of asthma, etc.

3. More than 2 hours of TV daily. Often, the common position of a child lying on the floor, head held in the hands, supported by his elbows, puts tremendous stress on the spinal cord and can create interference with the nervous system.

4. Vaccination. This is a huge topic and one I'll address in future articles. For the time being, let's just say that many parents subject their children to this mindless ritual with no thought given to the long-term health implications. (If you would like additional honest well-researched information on vaccination, please call our Centre or our Children's Health Information Center).

5. Consumption of alcohol, prescription or over-the-counter drugs, smoking, etc., while pregnant.

6. Failure to breast-feed for a minimum of 6 months. (This will be another topic I'll cover in

subsequent issues). For an example, breast-fed babies are reportedly smarter than their counterparts and have fewer health problems.

7. The use of "Jolly jumpers" and walkers **before** a child has developed the ability to sit, stand or walk.

8. Chronic consumption of cow's milk, (it's really only meant for cows), fast foods and other forms of junk food.

9. Smoking in the presence of a child.

10. Failure to implement progressive developmental educational programs.

If you need additional information, please call me personally at 605-665-8228 and visit my website: www.plathwellness.com

Plath Chiropractic & Wellness

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Interstate Rollover Kills 1, Sends 1 To Hospital

SIOUX FALLS (AP) — One person died Friday in a rollover accident on Interstate 29 in southeastern South Dakota.

The Minnehaha County Sheriff's office said the vehicle entered the median, overcorrected, entered the ditch and rolled around 7:30 a.m.

Officials said the driver, 66-year-old Ramadan Suljic, was pronounced dead at the scene. A passenger, 38-year-old Jasmin Omerovic, was injured.

The sheriff's office said both men are from Fargo, N.D.

Omaha To Dump Raw Sewage Into Mo. River

OMAHA, Neb. (AP) — The swelling Missouri River is forcing the city of Omaha to shut down its south sewage treatment plant, which will dump 6 million gallons of raw sewage a day into the river.

Aida Amoura Rezac, spokeswoman for the Omaha mayor's office, says the release of raw sewage will continue until the sewage treatment plant "is no longer in jeopardy."

Rezac says state regulatory agencies and communities down river have been notified. People are being urged to avoid the river downstream from the Veterans Memorial Bridge in south Omaha.

The decommissioned sewage plant is one of 17 operated by the city. Rezac says the city is in the process of removing equipment from the plant and will build a berm to try to hold back flood waters from the plant.

Nebraska Nuclear Plant Prepares For Flooding

OMAHA, Neb. (AP) — Additional sandbagging and berm work are under way at a Nebraska nuclear power plant located on the west bank of the Missouri River.

The Omaha Public Power District operates the Fort Calhoun plant, which is about 20 miles north of Omaha. The OPDD says the plant has been shut down since early April for refueling.

In a statement Friday, officials say special berms have arrived on site and will be put in place over the weekend.

The Nuclear Regulatory Commission cited the Fort Calhoun plant last year for having an inadequate flood safety plan. The flooding problem has since been addressed, although the plant is one of three U.S. nuclear plants federal regulators have deemed in need of increased oversight because of safety problems or unplanned shutdowns.

Kolbeck To Leave S.D. Regulatory Commission

PIERRE (AP) — Steve Kolbeck is leaving the South Dakota Public Utilities Commission to take a job with a national telecommunications company.

CenturyLink said Friday that Kolbeck will become its South Dakota operations manager effective June 20.

Kolbeck was elected to the commission in 2006. He took office early when the governor appointed him to fill a vacancy on the commission until his elected term began in January 2007.

The three-member PUC regulates investor-owned utility companies and has a more limited role overseeing wireless communication companies and cooperative, independent and municipal utilities.

Gov. Dennis Daugaard said he hopes to name a replacement for Kolbeck by the end of the month.

Nebraska Guardsman Asking To Plead Guilty

LINCOLN, Neb. (AP) — A 27-year-old Scottsbluff soldier accused of faking injuries so he could get disability pay for service-connected injuries has asked the court to let him plead guilty.

Court records say a plea hearing is scheduled June 28 for Dustin Douglass. He was indicted in February on two counts of making false claims to the Department of Veterans Affairs.

Records say Douglass served in Iraq with the National Guard's HHC 67th Support Group from July 2005 to October 2006 but was never in combat. The filing says Douglass falsely received more than \$22,000 in benefits between November 2006 and October.

The indictment says Douglass claimed eye and back injuries, a stress disorder, rashes and tonsillitis, among other things.

S.D. Man Sentenced For Scissors Attack

ABERDEEN (AP) — A South Dakota man who lunged at a sheriff's deputy with a pair of scissors will spend time in prison.

The *American News* reports that 62-year-old Mearl Ashley pleaded guilty to aggravated assault of a law enforcement officer and was sentenced to serve six years in prison.

Authorities say Ashley was drunk and lunged at the deputy last October when the officer came to his home to talk to him about the theft of alcohol from another home. The deputy had to subdue and disarm Ashley.

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S.D. To Seek Death Penalty In Prison Killing

BY WAYNE ORTMAN
Associated Press

SIOUX FALLS — State prosecutors said Friday they will seek the death penalty against two inmates accused of killing a correctional officer in what authorities describe as a failed escape attempt at the South Dakota Penitentiary.

Rodney Berget and Eric Robert, both 49, have pleaded not guilty to charges of first-degree murder and felony murder committed during a kidnapping.

Authorities say the two attacked and killed 63-year-old Ronald Johnson in a work area inside the Sioux Falls prison and then used his uniform in an unsuccessful escape attempt April 12.

Attorney General Marty Jackley said the crime fits five of the 10 individual circumstances set out in state law that qualify for the death penalty.

Berget's lawyer, public defender Jeff Larson, declined to comment on the state's court filing.

Robert's lawyer did not immediately return a phone call for comment.

Jackley said it qualifies as a death penalty case because of the inmates' criminal history, the victim was a correctional officer, the death involved torture and aggravated battery, and it occurred in a prison for the purpose of escape.

The attorney general would not disclose discussions he had with Johnson's family about the death penalty.

"The decision was left wholly to the state," Jackley said.

Berget is serving life sentences for attempted murder and kidnapping. Robert is serving an 80-year sentence for kidnapping.

They are being held without bond in the county jail. A July 25 trial is scheduled.

Authorities say Berget and Robert at-

tacked Johnson as he worked alone in a part of the prison where inmates work on upholstery, signs, custom furniture and other projects.

Authorities say Robert put on Johnson's brown pants, hat and lightweight jacket before approaching the prison's west gate with his head down, pushing a cart with two boxes wrapped in packing tape. Berget was hidden inside one of the boxes, according to an investigator's affidavit.

Investigators said the escape attempt was stopped at the gate when a guard became suspicious because Robert didn't swipe an electronic ID card.

The state said it has implemented several changes at the prison, including the installation of more security cameras, restricting inmate traffic, improved lighting and requiring body alarm "panic buttons" for staff.

Two men currently are on death row in South Dakota.

In S.D., Some Blame Corps For Flood Threat

BY CHET BROKAW
Associated Press

FORT PIERRE — Sitting atop a 6-foot wall of white sandbags hastily stacked to protect his home from the rising Missouri River, 82-year-old Helmut Reuer doesn't buy the official explanation that heavy rains caused a sudden flood threat.

Along with his neighbors in an upscale section of Fort Pierre, Reuer thinks the U.S. Army Corps of Engineers blew it, waiting until too late to begin releasing water through the Missouri's six dams to give itself a cushion against potential flooding.

"It's human error," Reuer said as rising water neared his trim gray house.

Corps officials insist otherwise. They say they were in good shape to handle spring rain and melt from a massive Rocky Mountain snowpack until unexpectedly heavy rains of 8 inches or more fell last month in eastern Montana and Wyoming and western North Dakota and South Dakota.

"This is just a massive rain that fell in the exact wrong place at the exact wrong time," said Eric Stasch, operations manager at Oahe Dam, the huge structure that controls the Missouri's flow just above Fort Pierre and nearby Pierre, South Dakota's capital.

Crews have worked urgently all week to build up levee protections for the two cities, and say they expect to have 2 feet to spare. But Gov. Dennis Daugaard advised people in neighborhoods nearest the river to leave voluntarily in case levees don't hold, and hundreds have done so

after a hectic week of moving possessions and adding sandbags around their houses.

They face weeks out of their homes until the river begins cresting in mid-June, with high water expected to linger for up to two months. The small town of Dakota Dunes, S.D., in the southeastern tip of the state, has also erected levees, as has Bismarck, N.D., though the situation is less serious there.

"I think they screwed up royally," former Gov. Mike Rounds said of the Corps, as he moved some possessions from the riverbank house he and his wife built and moved into after he left office in January. "I think they forgot their No. 1 mission, and that's flood protection."

People here were prepared for some higher flows, but many were startled when the Corps announced May 26 it needed to release water much faster than expected from the dams in Montana and the Dakotas.

Jody Farhat, chief of Missouri River Basin water management in the corps' Omaha District, said the agency made no mistakes and has managed releases in accordance with its manual. She said conditions on May 1 indicated peak releases at only a third of what they're now projected, and the reservoir system had full capacity to deal with flood control at the start of the runoff season. All that changed with the record rainfall in the upper basin and additional snow in the mountains, she said.

Farhat said heavy runoff from last year was released before the start of this year's runoff season, and discharges this spring were above normal even before the heavy rainfall upstream.

Residents Of 9 Neb. Counties Evacuate For Flooding

LINCOLN, Neb. (AP) — Residents in nine eastern Nebraska counties have decided to leave their homes amid flooding of the Missouri and Platte rivers, state officials said Friday.

The Nebraska Emergency Management Agency reported mandatory evacuations have been ordered in some parts of Washington and Burt County but residents in the other affected counties are leaving voluntarily. Those counties include Richardson, Nemaha, Cass, Sarpy, Dixon, Dakota and Lincoln.

"Due to the high volumes of water entering the Missouri and Platte rivers, it will be some time before the waters can recede. You need to prepare to be affected for weeks and months," said Al Berndt, assistant director of NEMA. "We need the citi-

zens of Nebraska to be proactive and assess their personal situations and take whatever proactive measures they can."

NEMA did not provide an exact number of affected residents.

From the agency's update, the most affected communities appear to Lake WaConDa in Cass County, where an estimated 40 to 110 homes are being voluntarily evacuated, and large parts of Newcastle and Ponca in Dixon County.

The American Red Cross has opened shelters in Fort Calhoun and South Sioux City.

The Missouri River flows along the state's eastern border. The Platte forms from the North Platte and South Platte rivers at the city of North Platte, cutting through central Nebraska and to the southeast.

The only rock I know that stays steady, the only institution that works is family. — Lee Iacocca

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