

# Fancy Cookies Pair Well With Fresh Fruits

**BY RUSS PARSONS**  
Los Angeles Times  
(MCT)

Strolling the Santa Monica farmers market on a recent Saturday, thinking about dinner. Five pounds of that thumb-thick jumbo asparagus from Zuckerman Farms? Of course! I already had carrots and favas from my garden. I'd ordered a leg of lamb. But what's for dessert? Almond torte maybe? Lemon curd tart?

But all that late-season citrus — Oro Blancos, grapefruits, blood oranges, tangerines — I just couldn't resist them. So maybe I'd do a fruit salad with a spiced syrup? Or just tangerine sections sweetened a little with rosemary honey? Then, suddenly, my mind was made up for me: I tasted a wedge of Page mandarin from Armando Garcia's stand. The flavor was almost explosive: sweet, spicy, perfect all by itself. Honey? Syrup? Forget it, the juice was almost syrupy just as it was. There's nothing I could do to make this thing any better.

Still, even I'm not Chez Panisse-y enough to serve just a bowl of fruit and call it dessert. That's where cookies come in.

Just as we're heading into the heart of the fruit season, a simple cookie can be a cook's best friend. Right now we've got late-season citrus like those mandarins, terrific sweet strawberries, and the first apricots and cherries, then before you know it, peaches and nectarines. There's nothing that complements a great piece of fruit like a cookie.

I've got two old favorites that I fall back on regularly. The first is an almond macaroon. It's about as simple as a cookie can get — just five ingredients: almonds, sugar, salt, egg whites and a whiff of vanilla. Grind the almonds, sugar, salt and vanilla to a fine powder; beat the egg whites to soft peaks and pulse them into the almond mixture. Roll between wet palms (they're sticky as heck) and bake.

The cookies come out of the oven crisp on the outside yet moist and chewy on the inside, with a flavor that is deeply and purely almond. A perfect match for citrus or stone fruit.

My other go-to cookie is an old-fashioned snickerdoodle. Its flavor is a little more complex than the macaroon — a combination of browned wheat, the slight bitterness of cream of tartar and

sweet spicy cinnamon sugar.

The recipe is my mom's, and I have a love-hate relationship with it. I can't tell you how many times I've labored all day over a big dinner party menu only to have everyone walk out telling me how great these danged cookies are.

I guess the only thing worse would be if they just talked about the fruit.

### SNICKERDOODLES

Total time: 40 minutes, plus chilling time

Servings: About 4 dozen cookies

Note: To make cinnamon sugar, mix 1 tablespoon ground cinnamon (or to taste) with a quarter cup of granulated sugar.

- 1 cup shortening
- 1 1/2 cups sugar
- 2 eggs
- 2 3/4 cups flour
- 2 teaspoons cream of tartar
- 1 teaspoon baking soda
- 1/2 teaspoon salt
- Cinnamon sugar



KIRK MCKOY/LOS ANGELES TIMES/MCT

**Snickerdoodles are often described as a sugar cookie but the addition of cinnamon ups the flavor.**

- 1. Heat the oven to 350 degrees. In the bowl of a stand mixer using the paddle attachment, or in a large bowl using an electric mixer, cream together the shortening and sugar until light and fluffy. Add the eggs, one at a time, beating thoroughly be-

- tween each addition.
- 2. In a separate bowl, sift together the flour, cream of tartar, baking soda and salt. Add to the shortening mixture, beating well. Gather the dough in a ball, wrap in plastic wrap and refrigerate until firm, about 30 minutes.

- 3. Tear off walnut-size pieces of dough and roll each into a ball. Dust with cinnamon sugar and place on an ungreased baking sheet, spacing the cookies about 2 inches apart. Bake until the cookies are light brown and firm on top, 10 to 15 minutes; the tops will be deeply cracked, and the centers will still be somewhat soft.

- 4. Cool the cookies on the baking sheet for 5 minutes, then transfer to a cooling rack to finish. Store in an airtight container.

Each cookie: 91 calories; 1 gram protein; 12 grams carbohydrates; 0 fiber; 5 grams fat; 1 gram saturated fat; 8 mg cholesterol; 6 grams sugar; 54 mg sodium.

### ALMOND MACAROONS

Total time: 1 hour

Servings: About 3 dozen cookies

- 1 pound blanched almonds, either whole or slivered
- 2 cups sugar
- 1/4 teaspoon salt

- 1/2 teaspoon vanilla extract
- 3 egg whites

- 1. Heat the oven to 300 degrees. Grease 3 baking sheets.

- 2. Grind the almonds, sugar and salt in a food processor. Add the vanilla extract and pulse to mix in.

- 3. Beat the egg whites to soft peaks. Add them to the food processor and pulse 3 or 4 times to mix in. The mixture should form a grainy batter.

- 4. Wet your hands (this keeps the dough from sticking). Tear off walnut-sized pieces of the dough and roll each between your palms into a ball.

- 5. Place the cookies about 2 to 3 inches apart on the baking sheets and bake until they are golden, about 25 minutes. Halfway through, rotate the sheets to get even browning. Remove from the oven and cool.

Each cookie: 119 calories; 3 grams protein; 14 grams carbohydrates; 1 gram fiber; 7 grams fat; 1 gram saturated fat; 0 cholesterol; 12 grams sugar; 22 mg sodium.

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### CARS

1p178 *11 Chevrolet HHR LT, p. win-drs-seat-sunroof, htd. leather, chrome pkg., CD, XM, 11,326 miles, maroon.....	<b>\$17,889</b>
1p179 *11 Chevrolet HHR LT, auto, air, cruise, p. win-drs-sunroof, leather, gray metallic, 9,460 miles.....	<b>\$18,447</b>
1p112 *11 Ford Edge SEL All Wheel Drive, p. win-drs-seat, CD, alum whls, teal.....	<b>\$13,996</b>
1RNT1 *11 Chevrolet Aveo LT, auto, air, cruise, p. win-drs-sunroof, alum whls, leather seats, keyless entry, 13,009 miles, silver.....	<b>\$13,998</b>
1p127 *11 Ford Edge SEL All Wheel Drive, p. win-drs-seat, CD, alum whls, teal.....	<b>\$24,989</b>
2n27a *09 Mini Cooper S, p. win-drs-sunroof, leather, CD, FWD, alum whls, white, low miles.....	<b>\$19,855</b>
1157a *07 Toyota Camry, p. win-drs-seat-sunroof, CD, heated leather, alum whls, green.....	<b>\$12,889</b>
1p107b *06 Pontiac G6 SE, p. win-drs-seat, sunroof, spoiler, alum whls, air, cruise, tilt, red.....	<b>\$11,495</b>
2p9a *06 Ford Fusion SEL, 4 cylinder, p. win-drs-seat, CD, alum whls, white.....	<b>\$8,979</b>
0p120a *05 Pontiac G6, p. windows-doors-sunroof, keyless, CD, fwd, alum whls, black.....	<b>\$9,779</b>
1p95b *04 Chevrolet Impala LS, p. win-drs-seat-sunroof, CD, fwd, htd. leather, alum whls, spoiler, gray.....	<b>\$8,998</b>
1p166b *04 Pontiac Grand Prix GT, p. win-drs-sunroof-seat, keyless, rdf, cass/od, alum whls, green.....	<b>\$9,778</b>

### SPORT UTILITIES & CROSSOVERS

2n30 *12 GMC Yukon XL SLT, p. win-drs-seat-liftgate, htd. leather, rear camera, remote start, brown, 12,163 miles.....	<b>\$42,878</b>
2n25 *12 Chevrolet Traverse LTZ, AWD, auto, air, cruise, p. win-drs-seat, p. liftgate, sunroof, TV/DVD, htd. quad lthr seats, white.....	<b>\$37,879</b>
2p18 *11 GMC Yukon SLT 4x4, p. windows-drs, seats-lift, rear camera, remote start, htd leather, alum whls, silver, 12,289 miles.....	<b>\$39,959</b>
2n28 *11 Buick Enclave CXL2, AWD, heated/cooled seats, remote start, DVD, navigation, rear camera, brown, 1,044 miles.....	<b>\$41,669</b>
2p13 *11 GMC Acadia Denali All Wheel Drive, auto, air, cruise, tilt, p. drs-wins-seat-sunroof, seat, htd. leather, Navigation, p. liftgate, tow pkg., heads up display, XM CD Bose stereo, 6,600 miles, silver.....	<b>\$43,998</b>
2n29 *11 GMC Acadia Denali, DVD, p. win-drs-seat-sunroof-liftgate, navigation, polished alum whls, heated/cooled seats, white diamond, 530 miles.....	<b>\$43,559</b>
2p14 *11 Chevrolet 4x4 Tahoe LT, auto, air, cruise, tilt, p. drs-wins-seat-sunroof, leather seats, video entertainment DVD system, alum whls, tow pkg., remote start, CD/XM/Bose stereo, 12,775 miles, silver.....	<b>\$38,877</b>
1p7186 *11 Nissan Xterra, 4wd, CD, alum whls, S Package, p. win-drs, silver.....	<b>\$24,889</b>
1p98a *10 Ford Explorer Eddie Bauer, 4wd, p. win-drs-seat, 3rd seat, CD, htd leather, alum whls, maroon/tan.....	<b>\$23,959</b>
1p15a *08 Jeep Grand Cherokee, 4wd, p. win-drs-seat-sunroof,	

	<b>2010 Chevrolet Cobalt LT</b> 1p68a, p. win-drs-seat, red, bright red, 27,000 miles WAS: \$18,745 <b>NOW: \$12,488</b>
	<b>2009 Honda Accord EX-L</b> 1p142a, p. win-drs-seat-sunroof, CD, htd. leather, keyless, gray WAS: \$23,950 <b>NOW: \$17,777</b>
	<b>2007 Chevrolet Silverado Ext. Cab</b> 1p106a, p. win-drs, 4wd, white, auto, air, cruise, hitch, keyless entry WAS: \$18,950 <b>NOW: \$12,997</b>
	<b>2005 Ford Freestyle Limited</b> 1p67a, p. win-drs-seat, keyless, RDF, CD, DVD, leather, alum whls, black WAS: \$9,995 <b>NOW: \$4,899</b>

### SPORT UTILITIES & CROSSOVERS

keyless, rdf, CD, alum whls, silver.....	<b>\$22,995</b>	<b>\$17,987</b>
1p82a *08 Hummer H3, p. win-drs-seat, XM, OnStar, alum whls, silver.....	<b>\$26,950</b>	<b>\$20,669</b>
2p15a1 *08 GMC Envoy SLT, 4wd, p. win-drs-seat-sunroof, keyless, rdf, polished alum whls, heated leather, black, low miles.....	<b>\$23,950</b>	<b>\$20,877</b>
2p1a *07 Chevy Tahoe LT, 4wd, p. windows-doors-seat-sunroof, CD, alum whls, maroon.....	<b>\$26,950</b>	<b>\$21,887</b>
2p16b *07 Chevy Tahoe, 4WD, p. win-drs-seat, keyless, CD, alum whls, white.....	<b>\$26,950</b>	<b>\$22,949</b>
0p107a *06 Jeep Commander 4WD Limited, p. win-drs-seat-sunroof, htd. leather, DVD, alum whls, red.....	<b>\$17,995</b>	<b>\$14,449</b>
1p57a *05 GMC Yukon Denali XL, AWD, p. win-drs-seat-sunroof, CD, DVD, htd. leather, quad seats, black.....	<b>\$22,995</b>	<b>\$17,977</b>
1p13a2 *05 Ford Explorer XLT, 4WD, p. win-drs-seat-sunroof, leather, 3rd seat, CD, alum whls, silver.....	<b>\$13,950</b>	<b>\$8,994</b>
0p98a *05 Acura MDX, p. win-drs-seat-sunroof, rdf, all wheel drive, htd. leather, silver.....	<b>\$22,995</b>	<b>\$15,439</b>
1p81a *04 Chevrolet Tahoe LT, p. win-drs, htd. leather, alum whls, gray.....	<b>\$16,950</b>	<b>\$11,488</b>
1p65a *02 Chevy Blazer LS, 4WD, 4-dr, p. win-drs, rd, CD, brown.....	<b>\$7,995</b>	<b>\$5,469</b>
2p12a *00 Chevy Suburban LT, 4WD, p. win-drs-seat, keyless, CD, heated leather, alum whls, pewter.....	<b>\$11,995</b>	<b>\$8,978</b>

### TRUCKS & VANS

2n23 *11 GMC Sierra SLE, crew cab, 4x4, amp in CD, p. windows-drs-seat, remote start, rdf, polished alum whls, black, 7,325 miles.....	<b>\$43,860</b>	<b>\$33,839</b>
1p175 *11 Chevrolet Silverado, ext. cab, 4x4, auto, air, cruise, tilt, p. windows-doors, AM/FM/CD, bed liner, polished chrome wheels, bright red.....	<b>\$33,970</b>	<b>\$24,889</b>
1p183 *11 Chevrolet Crew Cab Silverado 4x4, air, p. win-drs, alum whls, boxliner, chrome pkg, hitch, CD, silver.....	<b>\$34,995</b>	<b>\$29,889</b>
2p17 *11 Chevrolet Silverado LTZ pkg., 3/4-ton crew cab, 4x4 pickup, htd leather, rear camera, remote start, TV/DVD, alum whls, black, 14,551 miles.....	<b>\$51,995</b>	<b>\$39,993</b>
1p138 *11 Dodge Caravan Mainstreet, auto, air, cruise, stow & go, p. win-drs-seat-sliders, alum whls, black, 28,000 mi.....	<b>\$26,995</b>	<b>\$19,985</b>
1p143 *11 Chevrolet Express Van, 12 passenger, p. win-drs-seat, keyless, white, 19,300 miles.....	<b>\$35,795</b>	<b>\$22,778</b>
1p16 *10 Ford F-250 Super Duty Ext. Cab Diesel XLT, 4x4, p. win-drs, keyless, CD, 24,078 miles, white.....	<b>\$48,950</b>	<b>\$32,475</b>
1p165c *09 Chevrolet Silverado LTZ, crew cab, 4WD, p. windows-drs-seat, htd lthr, polished alum whls, diamond white, AM/FM/CD, remote start, 20,000 miles.....	<b>\$37,995</b>	<b>\$33,879</b>
2p 10a *07 Ford Explorer Eddie Bauer, 4x4, p. win-drs-seat, leather, CD, blue.....	<b>\$15,995</b>	<b>\$10,988</b>
2cm1 *07 GMC Sierra SLE, crew cab, 4WD, p. windows-doors-seat, htd lthr, TV/DVD, navigation, tow pkg, alum whls, black, chrome pkg.....	<b>\$27,995</b>	<b>\$19,988</b>
1p74a *06 Chrysler Town & Country Ltd., p.win-drs-seat, keylesssss, fwd, htd. leather, DVD, navigation, blue.....	<b>\$13,995</b>	<b>\$10,994</b>
1p147a *06 Chrysler Town & Country, p. win-drs-seat-slider, DVD, FWD, alum whls, quad seats, silver.....	<b>\$11,795</b>	<b>\$7,779</b>
2p4b *05 Chevrolet Colorado LS, 4wd, p. win-drs, keyless, rdf, CD,		

	<b>2010 Ford F-250 Super Duty Ext. Cab Diesel XLT</b> 1p16, 4x4 p. win-drs, keyless, CD, 24,078 miles, white WAS: \$48,950 <b>NOW: \$32,475</b>
	<b>2009 GMC Yukon Denali XL</b> 1p162a, AWD, p. win-drs-seat-sunroof, navigation, rdf, CD, alum whls, silver WAS: \$47,995 <b>NOW: \$35,987</b>
	<b>2006 Chrysler Town &amp; Country</b> 1p139b, p. win-drs-seat, keyless, fwd, black WAS: \$9,995 <b>NOW: \$6,998</b>
	<b>2003 Pontiac Bonneville</b> 2n31a, p. win-drs-seat-sunroof, CD, leather, bronze WAS: \$8,995 <b>NOW: \$5,997</b>

### TRUCKS & VANS

alum whls, silver.....	<b>\$15,995</b>	<b>\$13,979</b>
1p59a *05 2005 Ford F250, 4wd, p. win-drs, keyless, rdf, CD, white/silver, diesel.....	<b>\$22,950</b>	<b>\$15,478</b>
2p1a *105c *05 Chrysler Town & Country, p. win-drs-seat, keyless, fwd, alum whls, quad seats, silver.....	<b>\$11,995</b>	<b>\$8,969</b>
1p169a *04 Dodge Dakota Sport Ext. Cab, 4wd, p. win-drs, CD alum whls, white.....	<b>\$10,995</b>	<b>\$7,987</b>
1p181a *03 Ford Ranger Edge, extended cab, 4wd, CD, keyless, alum whls, blue.....	<b>\$12,995</b>	<b>\$11,487</b>
0p1a, *02 Pontiac Montana, p. win-drs, CD, fwd, alum whls, bronze.....	<b>\$8,995</b>	<b>\$6,977</b>

### JUST IN

- 2n35 2012 Chrysler Town & Country "L" Touring, quad leather seats, p. windows-doors-seats, Stow n Go, backup rear camera, dual TV/DVD, blue, dual TV/DVD
- 2n43 2012 Chevy Captiva Sport LT, p. windows-doors, Bluetooth, CD, SM, polished alum whls, crystal red, 11,300 miles
- 2n32 2012 Chevy Sonic LTZ, p. windows-doors-seat-sunroof, leather, XM, alum whls, white, 4,800 miles
- 2n33a 2011 GMC Yukon Denali XL, AWD, p. windows-doors-seat-sunroof, heated/cooled seats, navigation, TV/DVD, polished alum whls, white, 6,900 miles
- 2n34a 2011 GMC Yukon Denali, AWD, p. windows-doors-seat-sunroof-lift, navigation, TV/DVD, leather, black, low miles
- 2n36 2011 Chevy Malibu LS, p. windows-doors, CD, keyless, white, 19,300 miles
- 2n37 2011 Chevy Impala LT, p. windows-doors-seat, remote start, alum whls, blue
- 2n38 2011 Chevy Impala LT, p. windows-doors-seat, remote start, alum whls, white, 20,700 miles
- 2n39 2011 Chevy Impala LT, p. windows-doors-seat, remote start, alum whls, blue
- 2n40 2011 Chevy Impala LT, p. windows-doors-seat, remote start, alum whls, red
- 2n41 2011 Chevy Impala LT, p. windows-doors-seat, remote start, alum whls, silver
- 2n42 2011 Chevy Impala LT, p. windows-doors-seat, remote start, alum whls, black
- 2p19 2011 Chevy Tahoe LT, p. windows-doors-seat, heated leather, remote start, black
- 2n44a 2011 GMC Sierra Crew Cab 4WD Denali, auto, air, Navigation, TV/DVD, running boards, cruise, tilt, p. windows-doors-seat, heated & air conditioned leather seats, polished alum whls, black
- 1p170a 2007 Pontiac Grand Prix, p. windows-doors-seat-sunroof, keyless, rdf, CD, FWD, heated leather seats, white
- 1p148d 1998 Chevy Blazer SLT, 4WD, p. windows-doors-seat-sunroof, CD, leather, alum whls, black

## Fishing

From Page 1A

something educational and hands-on for the kids.

"Learning how to use the poles and the bait and how to cast a fishing pole is really good for the kids to learn," Specht said. "It's a better experience and completely different when you can teach the kids with a hands-on experience, rather than just telling them what to do."

Specht said it's always exciting to see the kids enjoy the event.

"The kids love seeing the bobber go underwater, actually catching the fish and getting their picture taken afterward," she said. "I would encourage anyone who is interested at all to come out with us. It's always a lot of fun."

The program also allows community members to take advantage of the resource the lake provides, Kallis said.

"Living in Yankton, you see a lot of people who fish for a lot of different reasons," she said. "There are some people who fish for food, and others who fish as a social activity because they really enjoy being outside."

Kallis said the lake can be used not only as a resource for fishing, but also for teaching.

Because of the flooding that occurred last year, the Fishing Basics program was unable to be held last summer. Specht said that is why it is so important to take advantage of the class this year.

For more information about the program call the Chief White Crane Recreation Area at 668-2985.

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