


KIDS FIRST



## Are You Guilty of Child Neglect?

Many people, hearing “child neglect” immediately conjure images of children beaten, molested, deprived, no-shoes-on-their-feet, hungry, etc. These are good examples of classical neglect and abuse. There are other forms of neglect, however. Neglect that well-meaning parents often subject their children to simply because they are not aware and have not carefully thought of the consequences.

**My Top Ten are:**

1. Failure to have a newly born baby checked by a pediatric chiropractor for subluxations after birth. Statistics indicate that 85-90% of all children have a vertebral subluxation, usually in the neck area, from the stress and strain of simply being born. These subluxations, or spinal misalignments, affect the manner in which your baby’s developing nervous system transmits information from the brain to all parts of his body. I think you’ll agree, that it is extremely important to have your baby’s nervous system and body function with no interference. Subluxations represent a major interference to health.
2. Children NOT receiving regular chiropractic check-ups. This is so important for normal health maintenance. Too often I check a child to find a developing spinal curvature, a budding knee

problem, the beginnings of asthma, etc.

3. More than 2 hours of TV daily. Often, the common position of a child lying on the floor, head held in the hands, supported by his elbows, puts tremendous stress on the spinal cord and can create interference with the nervous system.
4. Vaccination. This is a huge topic and one I’ll address in future articles. For the time being, let’s just say that many parents subject their children to this mindless ritual with no thought given to the long-term health implications. (If you would like additional honest well-researched information on vaccination, please call our Centre or our Children’s Health Information Center).
5. Consumption of alcohol, prescription or over-the-counter drugs, smoking, etc., while pregnant.
6. Failure to breast-feed for a minimum of 6 months. (This will be another topic I’ll cover in

subsequent issues). For an example, breast-fed babies are reportedly smarter than their counterparts and have fewer health problems.

7. The use of “Jolly jumpers” and walkers ***before*** a child has developed the ability to sit, stand or walk.
8. Chronic consumption of cow’s milk, (it’s really only meant for cows), fast foods and other forms of junk food.
9. Smoking in the presence of a child.
10. Failure to implement progressive developmental educational programs.

*If you need additional information, please call me personally at 605-665-8228 and visit my website: [www.plathwellness.com](http://www.plathwellness.com)*

**Plath Chiropractic & Wellness**  
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# Environmental Questions Hound ‘Green’ Wind Turbines

BY TED GREGORY  
© 2012, Chicago Tribune

DEER GROVE, Ill. — The plains hognose snake is a tan, brown and gray blotchy creature that measures nearly 30 inches and dines on frogs, toads and salamanders.

Now, it’s something else: a problem for a wind turbine project that proposes nearly 100 of the towers in three counties in north-west Illinois.

The hognose, ornate box turtle and the regal fritillary butterfly that slither, burrow and flit in Whiteside, Lee and Bureau Counties do so with a certain privilege. It’s their habitat and all three species are considered threatened in Illinois.

The dilemma is that the first phase of the Green River Wind Farm project probably will harm that habitat, the Illinois Department of Natural Resources contends.

The promise of wind turbine energy is starting to give way to the realities of energy production. As more wind farm proposals sweep into Illinois — the nation’s leader in new wind turbines last year — questions surface about how “green” an energy source they are.

“Everything has an environmental cost; it’s a question of which environmental cost do you want to pay,” said Keith Shank, a natural resources manager for IDNR and author of a 21-page report assessing the Whiteside County portion of the project.

Shank said it is challenging to build a wind farm that spreads across “dozens and dozens of square miles” and doesn’t have an environmental impact.

“In a general sense, I believe that wind is beneficial compared to other forms of energy generation,” he said. “But it’s a new thing and it’s a different thing.”

This latest concern, potential damage to rare habitat, comes at a somewhat tumultuous time for windmills in Illinois.

Boosted by one of the most aggressive renewable energy policies in the nation, the state last year built 404 of the turbines, the American Wind Energy Association reports. Every year, the association notes, wind turbines in Illinois generate \$27 million in taxes and lease payments and enable the state to avoid releasing 4.7 million metric tons of carbon dioxide.

But a federal tax credit for wind turbine developers expires at the end of the year, creating a rush to complete projects. At the same time, uncertain funding has hampered a state program aimed at helping to pay for renewable energy development through electric bills.

And, pockets of citizen discontent are percolating around the

white towers that stand 400-500 feet tall from base to rotor tip. About 90 miles west of Chicago in DeKalb County, where a group filed a lawsuit over zoning issues in 2010, residents contended “shadow flicker” from the blades in sunlight causes headaches and nausea.

Others said rotor noise disrupts sleep. One DeKalb County resident suggested wind turbines contributed to the deaths of his goats.

Both sides of the lawsuit settled for undisclosed terms in 2011 but litigation is in the air in Whiteside County, about 40 miles west of DeKalb. The issues, like the DeKalb litigation, center on Green River’s purported violation of Whiteside County’s zoning ordinance.

Critics contend that plans for Green River Wind Farm Phase I, which call for building nine wind turbines and a substation in Whiteside County, conflict with the county ordinance by failing to specify the size of the wind turbines and failing to include a decommissioning plan, among other issues.

The state Department of Natural Resources report notes that construction and excavation for the turbines and substation “run a high risk of injuring or killing unobserved animals,” including the hog-nose snakes and box turtles.

In addition, new roads would be built to serve each turbine. Those strips of pavement “pose a significant threat” to turtles, which use the roads as basking areas and pathways. Shank also stated that shadow flicker “may mimic the movement of both aerial and terrestrial predators,” which could stress the snakes and turtles and inhibit feeding and breeding.

The report is a little more general in offering potential threats to the regal fritillary butterfly. Shank states that “fairly extensive areas of potentially suitable habitat” exist in and near the footprint of the Green River project and urges wind turbine developers to restore habitat nearby.

The DNR report is advisory to the county board, which will make the final decision. The next step in Whiteside County is a zoning commission hearing Wednesday. Lee County is set to start public hearings on July 5.

John Martin, senior development project manager for the wind farm company, said the applications have “gone above and beyond the ordinance requirements in providing information.” The company — Mainstream Renewable Power Ltd. — has offices in Chicago.

In addition, Martin said Mainstream has “taken the recommendations of the IDNR and are already implementing studies and



Big Sky Wind turbines in Lee County, Illinois, seen approximately eight miles away, from the 143 acres of native and restored prairie owned by Greg Wahl in Whiteside County, foreground, on Wednesday, June 13. The promise of wind turbine energy is starting to give way to the realities of energy production. As more wind farm proposals sweep into Illinois — the nation’s leader in new wind turbines last year — questions surface about how ‘green’ an energy source they are.

protocol, specifically to protect the ornate box turtle, plains hog-nose snake and regal fritillary butterfly, among others.”

He noted that the wind turbines and substation would be in tilled fields where farming routinely upturns the earth for crops. The company has spent “a good amount of time, money and effort” studying many species in the area, Martin said.

“We expect to spend more ... and recognize that these species deserve extra care and consideration,” he said.

The area where zoning overlaps with environmental issues is what most concerns Greg Wahl and Deb Murphy.

Wahl is chairman and chief executive officer of Wahl Clipper Corp., a company that makes hair clippers and other grooming products. Also an amateur ecologist involved in native prairie restoration, he owns about 143 acres directly across the road from the planned wind farm site. His acreage includes 22 acres considered “virgin prairie,” untouched by settlement.

Among his many concerns about the wind farm proposal, Wahl said Green River has a limited view on the impact. Shadow flicker, noise and other wind turbine effects reach much farther than the company acknowledges, Wahl said.

He opposes the project outright, but as a compromise is asking the county to move the wind

turbines and substation at least a half-mile from environmentally sensitive areas. Green River opposes that change.

Wahl also maintains that county officials may be overwhelmed by the depth of issues facing them. They need to “take a deep breath and think about what’s best. There are so many issues,” he said, “that people just haven’t had enough time to sort everything out.”

Murphy, whose family has lived in a farmhouse directly across the road from the wind turbine site for more than a century, said the plan would place two turbines less than a half-mile from her door. A third would be less than three-quarters of a mile away from her home. The substation is about 800 feet from her.

“I’m not just a little dot on the map,” Murphy said. “I’m a person with a house.”

She said she doesn’t understand why the turbines must be placed precisely where they are proposed, and she worries her property values and quality of life will plummet.

“My first gut reaction is tears,” Murphy said. “This place is heaven to me and honestly, all this scares me to death. It makes me so sad, more than anything.”



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## What’s For Dinner?

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2100 Broadway  
Yankton, SD  
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## Olympic Torch: A Cultural Happening In UK

BY DANICA KIRKA  
Associated Press

BLACKPOOL, England — Sgt. Richard Clement plowed up Dickson Road on Friday, the Olympic torch attached to the side of his wheelchair, flame burning despite pouring rain.

He didn’t seem to mind the drenching - or the fact that his section of the torch relay was all uphill - but he did want everyone to think about other service people, some far, far way.

Scenes like this have made the torch relay an event across the length of Britain, with huge crowds coming out to meet it wherever it goes. Spectators have stood in the rain and wind, in doorways and on sidewalks, along country lanes and beside super-highways, just hoping for a glimpse of a lone runner, torch in hand, flame held high.

The torch is winding its way to every corner of the country ahead of its showcase moment at the July 27 Opening Ceremony. On Friday, it was halfway through its 70-day journey, a route which will see it travel within 10 miles (16 kilometers) of 95 percent of the British population.

Organizers of the London Olympics assumed that the world would be excited about the London Games. But they were worried about what people in Britain would think - particularly given

that Brits are often a cynical lot and proud of it, thank you. This was particularly important given that the bill to taxpayers for 9.3 billion pounds (\$14.7 billion) to host the event that comes at a time of economic austerity. People wondered whether the money was well spent.

All over the country, people have been touched by the torch. In one central England city, Worcester, 70,000 people - out of a population of 93,300 - turned up for the celebratory lighting of the flame cauldron. The numbers are already making city planners further along the route think twice.

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STIP Public Meetings				
S.D. Dept. of Transportation has developed a Tentative 2013-2017 Five-Year Statewide Transportation Improvement Program (STIP). The Tentative STIP includes all the state sponsored transportation projects for this time period.				
Prior to final approval of the STIP by the Transportation Commission, public meetings will be held on the following dates and locations to receive public comment on the tentative program.				
July 17, 2012.....	Ramada Convention Center .....	Aberdeen .....	7:00 PM	
July 18, 2012.....	Ramkota Hotel.....	Sioux Falls.....	7:00 PM	
July 19, 2012.....	MTI Tech. Center (1800 E. Spruce).....	Mitchell .....	7:00 PM	
July 24, 2012.....	Ramkota Hotel.....	Pierre.....	7:00 PM	
July 25, 2012.....	Ramada Hotel.....	Rapid City .....	7:00 PM	
<i>Individuals with disabilities or special needs call 605-773-3540 or 1-800-877-1113 (TDD). For more information please go to <a href="http://www.SDDOT.com">www.SDDOT.com</a></i>				