## Abuse

#### From Page 1

Individuals interested in attending the event can contact Michelle Ziegler at (605) 665-1055.

At the event, the ASA provides attendees with information on elder abuse, where to report suspected cases, and other resources to help the elderly across South Dakota protect themselves.

Yankton Police Chief Brian Paulsen noted his office forwards all of its abuse cases to the state ASA office and doesn't separate out elder abuse.

However, he said his office does maintain separate records on fraud cases involving adults over the age of 50. Those cases targeting older adults saw a slight increase from 42 cases in 2013 to 48 cases in 2014.

For Yankton, the total number of reports to Adult Services and Aging stood at nine for all of 2014, according to the South Dakota Department of Social Services. That figure has already been surpassed this year with 11 reports for the first four months of 2015.

Yankton County Sheriff Jim Vlahakis said his office has handled more fraud cases than elder abuse.

"We've not had a case of elder abuse reported to this office for many years," he said. "We've had incidents where the elderly have become the victims of typical phone scams - where they've been told they've won something and have sent money to claim their prizes.

Unfortunately, those phone scams are difficult to prosecute, the sheriff said.

The majority of these scams originate out of country, and the chances of recovery of monies or catching the perpetrators is very low," he said. Both South Dakota and

Nebraska state statutes list the groups of "mandatory" reporters who must contact the authorities with cases of suspected abuse or neglect. The mandatory reporters cover a wide range of medical personnel, mental health professionals, law enforcement, care givers and other groups.

The Yankton County ambulance crew falls under those mandatory reporters, according to Emergency Medical Services (EMS) director Steve Hawkins.

'We've received training on (handling elder abuse and neglect)," he said. "We're trained on things to look for and how to go about doing a report. If we even suspect it, we're to report it.'

#### NEBRASKA OFFICIALS RESPOND

Nebraska officials are using the 10th observance of World Elder Abuse Awareness Dav as Phillips, CEO of the Nebraska Department of Health and Human Services (HHS). Every year, about one in 10 older Americans is a victim of elder abuse, neglect or exploitation, Phillips said. It's estimated that, for every report of elder abuse or neglect, as many as 23.5 cases go unreported, she said. "With the number of older Americans expected to grow to 20 percent of our population before 2030, elder abuse must be an ever-present concern," Phillips said. "They (older adults) are likely to live longer, but not necessarily better as cognitive and physical abilities decline. We must be there for them and learn the warning signs.' In Nebraska, the state Health and Human Services office tracks elderly abuse and neglect cases. The Northern Service Area, headquartered in Norfolk, reported 334 cases of abuse and neglect in 2014. The Norfolk office reported 122 cases during the first three months of this year.

Services (APS) has seen fairly constant trends in recent years, according to Nebraska HHS spokesman Russ Reno. "The number of reports of adult abuse and neglect reports to the APS Hotline has increased 13 percent the last four years," he said, "but the

#### relatively constant.' **PROVIDING FOR SENIORS'** NEEDS

number that was accepted for

investigation has remained

Tony Erickson serves as the executive director for senior services for Avera Sacred Heart Hospital in Yankton. He said his long-term care facilities act quickly on any suspected elder abuse.

"We really take a pretty hard stance on it because of regulations that require it," he said. "From that perspective, we have immediate reporting guidelines that we have got to meet if we suspect it."

Elder abuse covers a wide range of areas and can occur in any setting, Erickson said.

"If you look at it, the public perception of elder abuse is on the physical or sexual side, but that's not necessarily always the case," he said. "You have the neglect side or the exploitation side or the emotional abuse with humiliation, intimidation or threats.

The elderly are also vulnerable to scams, Erickson said. You have the case where (elderly homeowners) are told they need a new roof, and they don't need one at all," he said.

The public has gained more awareness about elder abuse, he said. However, an emphasis also needs to be placed on helping older residents meet their daily needs, he added, noting self-neglect falls under elder abuse.

In his work, Erickson sees area residents not only living longer but also remaining in their own homes longer before entering a long-term care facility. Quite often, family members have moved away and aren't readily available on a daily basis to meet an elderly person's needs, he said.

"Most seniors out there in the community setting are still living in their homes," he said. "But in some respects, they need assistance in certain ways with meals (and things) like that."

An individual may wish to remain independent as long as possible, Erickson said. However, there comes a time when the person is no longer able to take care of daily tasks such as eating and taking medication, he said.

"In some cases, the one thing we do see with any per-son is pride –'I can still do it, I can still handle it," he said. "But there are some triggers where the 'doc' says you can't stay home anymore. You see their health deteriorating, and they aren't physically able to take care of themselves."

At times, an elderly person may fall or face other emer-

## **Elder Abuse: Signs**

#### SOME COMMON SIGNS OF PHYSICAL ABUSE **INCLUDE:**

- Frequent unexplained injuries or complaints of pain without any obvious injury;
- Burns or bruises suggesting the use of instruments, cigarettes, etc.;
  - Passive, withdrawn, and emotionless behavior;
  - Lack of reaction to pain;
  - Patient reports physical abuse.
  - Signs of sexual abuse include: Šexually transmitted diseases;
  - Injuries to genital area;
  - Difficulty sitting and walking;

  - Fear of being alone with caretaker;
  - Patient reports sexual abuse.
    SOME COMMON SIGNS OF NEGLECT INCLUDE:

  - Obvious malnutrition;
  - Lack of personal cleanliness;

 Individual is routinely dressed in torn or dirty clothing;

- Obvious fatigue and listlessness;
- Person is begging for food or water;
- Person is in need of medical or dental care;
- Person is left unattended for long periods of time.
- SOME COMMON SIGNS OF THE DENIAL OF ESSEN-
- TIAL SERVICES OR SELF-NEGLECT INCLUDE: • Living Environment:
  - Unsafe-shelter
  - Lack of food, clothing, medicine, or edible food
  - Human or animal feces on floors/furniture
  - Rotting floors, ceilings
  - Housing does not protect from weather
  - Victim Conditions:
  - Activities of daily living being neglected
  - Untreated medical conditions or injuries
  - Advanced bed sores

- Lack of needed prosthetic devices - glasses, dentures, walkers, hearing aids

- Poor personal hygiene such as untrimmed nails, matted hair, soiled clothing, and odors

- Improperly clothed for winter or no clothing

- Person shows signs of not enough food or water for no good cause

- Lack of proper supervision

ness of abuse or providing more services, it's all part of preparing for a growing elderly population in the years ahead, Erickson said.

We need to be able to meet their needs. That's the big thing," he said.

Persons who suspect someone is being abused, neglected or exploited are encouraged to contact local law enforcement, the state's attorney's office or the Department of Social Services.

In South Dakota, contact the Office of Adult Services and Aging at 605-773-3656, or the Attorney General's Med-

605-773-4102. The Fraud Unit can also be reached by logging onto atg.sd.gov. In Nebraska, call the 24hour toll-free hotline at 1-800-652-1999 or contact local law

icaid Fraud Control Unit at

enforcement. More information on elder abuse can be found on the South Dakota Department of Human Services website at dhs.sd.gov and the Nebraska Department of Health and Human Services website at dhhs. ne.gov/.

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NFAA From Page 1

in a western setting. Cull said the venue will continue with the South Dakota-theme, including teepees, covered wagons, hay bales and a Mount Rushmore replica.

The finals field is being constructed with increased spectator viewing in mind, according to Cull.

"We had a big crowd for the opening ceremony, and we expect and hope to see a sizeable one for this weekend's finals," he said. "This is the grand finale of the whole (competition), and what we've been telling the community is the really big spectator competition.

Cull described viewing the WAYC finals as the same as watching archery competition at the Olympics. The finals will be a head-to-head format consisting of archers competing for first through fourth places.

The observers at the complex in Yankton won't be the only spectator's at the weekend's finals.

Should a final test scheduled for Friday evening determine a fix in an earlier issue with The World Archery YouTube link, World Archery will broadcast the finals matches live via Archery TV on its YouTube Channel, said Chris Wells, World Archery multi-media coordinator.

The live webcast is expected to attract approximately 100,000 viewers from more than 70 countries during the

weekend's competition. After competition concludes, World Archery cuts individual matches from the WAYC finals and also uploads them to their YouTube channel, in which they expect the same traffic over the course of the next few weeks, according to Welsh.

Today's (Saturday) finals will feature all Compound shooting divisions, beginning at approximately 9:30 a.m. with cadet team matches. Compound cadet individual matches will immediately follow at approximately 10:40 a.m. and the awards ceremony is scheduled for 11:45 a.m.

Compound junior team matches will begin after the lunch break at approximately 2 p.m. Individual matches in the same shooting category will follow immediately at approximately 3:10 p.m. with the awards ceremony at 4:15 p.m.

Sunday's Recurve finals competition will follow the same format as Saturday's competition.

The finals are very spectator friendly and everyone really gets into it," Cull said. "I welcome everyone to come out. This is the big kahuna; this is the end.'

Watch the finals on World Archery's YouTube channel at www.archerv.tv.

Engage on social media from *Press & Dakotan* and oth-ers by using the #WAYC2015 hashtag.

Follow @alyssasobotka on Twitter.

### Nebraskan Gets 35-60 Years For **Terrorizing, Beating Woman**

SIDNEY, Neb. (AP) — A Cheyenne County judge has given a Sidney man 35 to 60 years in prison for threatening and terrorizing a woman at a Sidney motel.

Court records say 36-year-old Jason Assad was sentenced on Thursday. He'd been convicted of several charges, including false imprisonment, terroristic threatening and use of a weapon to commit a felony

The woman told officers who responded to a call last September that Assad had threatened to rape her, placed a knife to her throat and struck her repeatedly. Court documents say the victim had two black eyes and bruises on her body.

Assad's attorney had argued in court that his client never threatened the woman or sought to terrorize her.



The Adult Protective

gencies while home alone, Erickson said. He pointed to the well-known commercial of the elderly woman calling for help because she has fallen and can't get up. In some real-life cases, a person has lain on the floor for days before someone checked on the individual, he said.

"It's good that people are remaining independent," he said. "But individuals are coming to us (at long-term facilities) with more need of care because of the fact that they stay home longer.

Yankton is fortunate in that it offers a number of services, such as transportation and meal programs, for the elderly who need assistance, Erickson said. He encourages elderly residents to become involved with The Center, adult day care programs, Meals on Wheels and other services.

During the past 13 years, Yankton has responded with more and varied housing options for the elderly, Erickson said. However, there remains a growing need for affordable housing, especially for senior citizens, he said.

Whether it's growing aware-



Public Parking will be available at Best Western Kelly Inn. Please reserve parking at the Archery Center for those with mobility challenges.

#### **JUNE 13: COMPOUND FINALS**

9:30AM-12:00PM..... ....COMPOUND CADET MATCHES Team Gold Medal, Individual Gold & Bronze

2:00PM-4:30PM... ...COMPOUND JUNIOR MATCHES Team Gold Medal, Individual Gold & Bronze

#### **JUNE 14: RECURVE FINALS**

9:30AM-12:00PM..... ... RECURVE CADET MATCHES Team Gold Medal, Individual Gold & Bronze

2:00PM-4:30PM...... ....RECURVE JUNIOR MATCHES Team Gold Medal, Individual Gold & Bronze

6:00PM-10:00PM..... ...CLOSING PARTY/CARNIVAL Join the fun! Open to all local middle school & high school students!

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