

MENUS

Menus listed below are for the week of June 22-26 2015. Menus are subject to change without notice. All meals are served with milk.

THE CENTER/ YANKTON

Monday: Father's Day Dinner  
Tuesday: French Dip  
Wednesday: Fried Chicken/Biscuit  
Thursday: Ham Loaf  
Friday: Beef Tips

TABOR SENIOR CITIZENS CENTER

Monday: N/A  
Tuesday: Sausage Gravy/Biscuits  
Wednesday: Chicken Fried Steak  
Thursday: Birthday Dinner  
Friday: N/A

SUMMER FOOD SERVICE PROGRAM

Monday: Stuffed Crust Pizza  
Tuesday: Popcorn Chicken  
Wednesday: Lasagna Casserole  
Thursday: Shrimp Poppers  
Friday: Tavern

## Bicycles: The Rules Of The Road

BY MATT DVORAK, PT  
Peloton Physical Therapy

With the popularity of bicycle riding soaring across the United States, adults and kids alike are hopping on two wheels for fitness, recreation, and transportation. May is National Bike Month and we'd like to remind motorists and cyclists to share the road safely. Whether or not you choose to bicycle yourself, remember that bicyclists are "People on Bikes" and the accidents between motor vehicles and cyclists almost always end with the less-protected cyclists on the losing end.

Sharing our streets and roadways safely requires that both motorists and cyclists practice common courtesy and abide by the laws. Yankton Police Chief Brian Paulsen says that his department expects bicyclists to follow the same rules of the road as automobiles. That means that drivers must treat bicyclists on the street just as they would any other vehicle.

A new law passed by the 2015 South Dakota Legislature aims to further reduce the number of accidents between motorists and cyclists. Motorists across the state must now provide cyclists with a 3 foot "cushion" of space when passing at speed limits of 35 mph, and a 6 foot cushion at speed limits greater than 35 mph. A good rule of thumb? When passing a bicyclist on city streets, your vehicle's left wheels should cross over the middle line of the road. If it's not safe to do this because of oncoming traffic, then slow down and wait for oncoming traffic to pass before overtaking the cyclist.

Cyclists, as well, need to follow the rules of the road and practice proper cycling etiquette. The League of American Bicyclists offers these 5 tips:

1. Follow the law. The safety and image of other bicyclists depends on you. Obey traffic signals and stop signs.
2. Be predictable. Ride in a straight line and do not swerve in and out between cars. Signal turns and check behind you well in advance of turning.
3. Be conspicuous. Ride so people can see you. Wear bright clothing, use lights when visibility is poor, and don't ride on sidewalks.
4. Think ahead and anticipate what pedestrians, vehicles, and other bikes will

do next. Watch out for debris and other hazards.

5. Ride ready. Check that your tires have proper inflation, brakes are working, etc. Wear a helmet.

Other laws listed with the South Dakota Department of Transportation (SDDOT) are:

- 32-20B-2 "Operation of a bicycle on or along a sidewalk, or upon a roadway upon and along a crosswalk, shall have all the rights and duties applicable to a pedestrian under the same circumstances, and except that bicyclists must stop before entering a crosswalk or highway from a sidewalk."
- 32-20B-3 — "Operation on sidewalk or crosswalk-duty to yield right-of-way to pedestrian"
- 32-20B-4 states that it is a violation (petty offense) to park your bicycle on a sidewalk
- 32-20B-5 — "Any person operating a bicycle upon a roadway at less than the normal speed of traffic at the time and place and under the conditions then existing shall ride as close as practicable to the right-hand curb or edge of the roadway. However, a person operating a bicycle may move from the right-hand curb or edge of the roadway to overtake and pass another bicycle or vehicle proceeding in the same direction, to prepare for a left turn at an intersection or into a private road or roadway or to avoid conditions including, but not limited to, fixed or moving hazards or substandard width lanes that make it unsafe to continue along the right-hand curb or edge. For purposes of this section, a "substandard width lane" is a lane that is too narrow for a bicycle and vehicle to travel safely side by side within the lane."

- 32-20B-6 requires bicycle operators to use hand signals "at least one hundred feet" before turning.
- 32-26-21.1 allows bicycles to operate on sidewalks except when a local governing body or a municipality may restrict this. Yankton municipality does not allow bicycle traffic on sidewalks in the downtown area.

South Dakota has 82,536 mile of roadways and many of these will be used by bicyclists for transportation, fitness, work, and recreation. Between 2010-2013 390 bicyclists were injured by motorists and 3 died on South Dakota roads. Please don't let the bicyclist you encounter end up as one of these statistics. It may be someone you know. Please remember to Share the Road.

### Car Talk

BY RAY MAGLIOZZI

King Features Syndicate, Inc.

#### Dear Car Talk:

I recently took my wife's 2001 Accord to my (independent) mechanic for a 180,000-mile "checkup." I told him that I noticed an oil leak, and asked if he could figure out the problem. I have been taking my wife's car to him for years, and didn't ask for an estimate, because the 30,000-mile service usually is between \$200-\$300. Later in the day, I called him to check on the car, and he informed me that in addition to the 180,000-mile service (roughly \$300) and fixing the oil leak (\$100 – leaking oil-pressure sending unit), he found a faulty steering pump and replaced it; the total bill was \$1,000. He never called me to inform me of any of this – no estimate whatsoever. I did not argue with him over the phone, and spoke to him (away from other customers) in his shop. I politely but firmly told him that his failure to ask for my authorization did not sit well with me. He said he "figured that I couldn't replace the pump myself" (which is not true), and that he was doing me a favor. He admitted he was wrong and took \$70 off the \$1,000 bill. I am very conflicted about the whole thing. On the one hand, he's taken care of our cars for years and has occasionally done things without charging us. On the other hand, this is not the first time he's done



Ray  
MAGLIOZZI

fix it. Don't even bother calling me." But when we find something that's going to cost \$500 or \$1,000, we call them anyway.

That kind of bill is an unpleasant surprise for anyone, and we'd rather our customers go through their full five stages of grief before they pick up the car. We want them to have already arrived at "acceptance" by the time we run their credit card.

This guy should have called you. Whether you continue to use him as a mechanic is up to you. You say he's taken good care of your cars for years. But he did take a rather cavalier attitude toward spending your money this time. I'd look behind his shop and see if he's got a boat parked back there. If he's making payments on a Bayliner 642 Overnighter, it

work without getting authorization from me. Should I continue to use him as a mechanic? Should I seek to recoup the cost of the repair, since he never got my authorization?

—Jeff

Gee, I think this guy crossed the line, Jeff. We have lots of customers who drop off their cars and say: "Whatever it is, just

might be best to move on.

On the other hand, years of good service do count for something. And you say he's done other work for you over the years that he never got authorized. Presumably, you didn't complain about those repairs, so maybe he assumed that was your arrangement.

But that was a bad assumption on his part. It's fine for a \$100 oil-pressure sending unit (which probably should have been \$50, by the way). But when the bill is hundreds more than a customer is expecting, a mechanic really has to call and get approval. So he made a mistake.

If you do stay with him, he'll have to earn back your trust. So the new era should start with a clarification: From now on, he's to call you before he does anything. Even if you just need air in the tires.

*What is the most cost-effective way to buy a car? Car Talk hashes it all out in the pamphlet "Should I Buy, Lease, or Steal My Next Car?" Send \$4.75 (check or money order) to Next Car, P.O. Box 536475, Orlando, FL 32853-6475.*

*Got a question about cars? Write to Car Talk in care of this newspaper, or email by visiting the Car Talk website at [www.cartalk.com](http://www.cartalk.com).*

© 2015 by Ray Magliozzi and Doug Berman

## Church Reunion Held On Memorial Day Weekend

A reunion was held on Memorial Day weekend at Gayville for former members and families of Danish Lutheran Church.

The church still has a god foundation, even if the little white building no longer exists — but the families still do.

The first church was built in the cemetery, but a wind-storm blew it down. It was again built in 1940 across the road and closed in 1988, with the flock scattering.

The reunion day began with a potluck dinner, followed by memories, singing of old church and Sunday School songs, picture book displays, an afternoon coffee with goodies, and ending with a tradition of dancing around the Christmas tree and singing Christmas carols.

A great day was had by all families, who came from South Dakota, North Dakota, Minnesota, Nebraska, Missouri, California and Arizona.

A water color painting (by Dot Snow) of Gayville was raffled off, along with other items.

The day was filled with so much chatter — love and laughter.

The cemetery across the road from the former church is still maintained, and on Memorial Day, families and friends come to pay tribute to loved ones and attend the service by the Gayville American Legion and Auxiliary.

It has become a tradition to have coffee and goodies (loved by most Scandinavians) on a table set inside

the gate before and after the ceremonies.

This is a time for memories, greetings, shaking hands, smiles and tears.

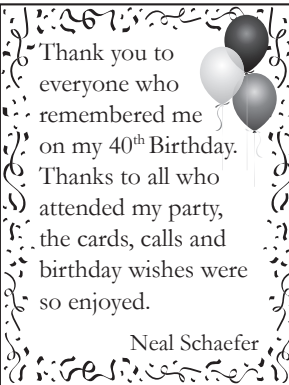
It seems unusual, but it has become a tradition, not a location.

The members' faith still stands even if the church does not.

Hopefully, this tradition will continue through the years with generations to come.

Special thanks go to those who planned and worked so hard with their time and talent to make this such a success. It was so well done and a great day.

Plans are to reunite in 2018. We thank God for a joyful day and for each you who attended.



## Free Meals Available To Youth; Search For Food Service Sites

PIERRE — Organizations across South Dakota are serving free meals to the state's youth this summer, as part of the Summer Food Service Program. Children age 18 and younger may receive a meal free of charge at participating sites, which include organizations such as nonprofits, schools, libraries and local governments.

The Summer Meal Site Finder is a free, web-based application that allows users to easily locate summer food sites throughout South Dakota as well as across the country. The tool can be accessed at <http://www.fns.usda.gov/summerfoodrocks>.

When school is in session, approximately 61,000 South Dakota students receive free or reduced-price meals through the National School Lunch Program. The Summer Food Service Program provides food service to students

when school is not in session. Last summer, South Dakota's Summer Food Service Program sponsors served 428,883 meals.

The Summer Food Service Program is federally funded through the U.S. Department of Agriculture and is administered by the South Dakota Department of Education. This agency is an equal opportunity provider.



## Does pain prevent you from enjoying your life?

### We can help.

Avera Medical Group Pain Management Yankton offers minimally invasive techniques to diagnose and treat your pain.

Regain mobility and return to your normal routine without a lengthy recovery.

If you've been diagnosed with:

- Chronic/acute back and neck pain
- Joint pain (hip, knee, shoulder)
- Fibromyalgia
- Work-related injuries
- Recurring headaches

Call 605-655-1220 today to discuss your options.

**Avera** Medical Group

15-AMGR-3763

409 Summit St. • Suite 3200 • Yankton, SD 57078

## Make your home improvement dreams a reality.

### HOME EQUITY LINE OF CREDIT

**2.99%\***  
FIXED FOR

**4.50%\* TO 5.75%\***  
VARIABLE RATE

18 Months

Thereafter

\$50 ANNUAL FEE | \$10,000 MINIMUM CREDIT LINE REQUIRED


Is there a new kitchen, bathroom or backyard oasis on your to-do list? Start with a Home Equity Line of Credit from First National Bank.

Your line of credit is yours to use as you see fit. Take advantage of these rates today!

**Get started by visiting any location or calling today. OFFER EXPIRES JULY 31, 2015**



First National Bank

800.262.9611 | Member FDIC |  [fnbsd.com/improve](http://fnbsd.com/improve)

### LOANS

\*The Offer refers to a home equity line of credit secured by the equity in your single-family, owner occupied home. It applies to South Dakota and Nebraska residents within the First National Bank lending area and is for consumer accounts only and you must carry insurance on the property that secures your account. Approval and terms subject to credit qualifications. Some limitations will apply. You may be required to pay certain fees to third parties. These fees generally total between \$11 and \$1,500. After 18 months the APR will be variable and depends on type of checking account, credit qualifications and appraised or tax-assessed value. The rate will never exceed 18% APR. As of June 1, 2015 the variable rate ranges from 4.50% APR to 5.75% APR. Promotional offers may not be combined with any other Checking Account relationship discounts.