

KIDS FIRST



Birth Trauma Part III

I mentioned that I would provide you with information on accepted, recognized, and deeply rooted medical

procedures which may contribute to Traumatic Birth Syndrome.

The first of these is “**Ultrasound.**” This procedure, many think, seems “safe” and innocuous. Current research, however, tells us that this is not so. First of all, ultrasound tends to cause an error in the way cells function. It also plays havoc with the cell genetic code. As well, it is associated with dyslexia and delayed speech. But of greatest concern is that ultrasound affects the immature eggs of a female

baby. Because this technology is relatively new, this last effect has not been investigated thoroughly.

**Electronic Fetal Monitoring (EFM)** is used by most hospitals although there has been little testing done to determine its efficacy. Latest research does indicate that it does increase parent panic and has increased C-sections by 400%. Wonderful for the hospital bottom line.

**Epidurals.** This has been shown to increase labour time and cause fever in the mother, which is then treated with antibiotics in both, the mom and baby. Brilliant! As well, it does not allow the mother to “feel” her labour which then necessitates the use of forceps, vacuum extraction, and even C-section to deliver the baby.

**Forceps and Vacuum extraction.** These procedures use up to 140 lbs of force to literally pull the baby “out.” These are the main two that cause most of the health problems seen in children and even adults. The forces applied often

cause nerve and spinal cord injuries, as well as vertebral subluxations. These subluxations affect the baby’s nervous system and are a great threat to health.

**Caesarean section** has been increasingly popular with the advent of EFM, Amniocentesis and Chorionic Villi sampling. It seems to be presented as a very simple procedure, yet many parents do not realize that it **IS** surgery. As soon as the abdomen is cut, the uterus tends to contract to protect the baby. This often necessitates the use of steel retractors to open the uterus, then forceps and vacuum extraction to deliver the baby. Of course, the mother is anaesthetized so she can’t feel pain. Many forget that the anaesthetic also crosses the placenta and affects the baby. Definitely not the birth of choice!

The greatest difficulty Doctors of Chiropractic have with all these procedures, is that they cause Vertebral Subluxations in the baby’s spine. These subluxations affect and interfere with normal

nervous system function and can create health problems which may plague the individual into adulthood. The most common effects of subluxations are; ADHD, poor concentration, chronic ear infections, lowering of the immune response, frequent colds and respiratory infections, scoliosis, asthma, bed-wetting, and a host of others.

I feel it is imperative to have babies checked for subluxations as soon as possible after birth.

I am having a special seminar on this topic March 26, 2012. Please call if you would like to attend.

If you need additional information, please call me personally at 605-665-8228 and visit my website: [www.plathwellness.com](http://www.plathwellness.com)

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MRBSA

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However, the MRBSA needs to lobby Congress actively to get those funds, Remus said.

“If you give a little nudge, you can get this (money). It’s a fertile time,” he told the audience. “But this group needs to be active and get on Congress.”

Peterson expressed optimism that progress can be made on repairs. “Four times, Congress has mandated bank stabilization,” he said.

In addition, U.S. Sen. Ben Nelson (D-Neb.) sent an August 2011 letter to the National Park Service (NPS) that would benefit landowners seeking relief, Peterson said.

SEEKING PERMISSION?

Peterson outlined his concerns about permit requirements in a letter to MRBSA members.

“Landowners who feared flood damage, erosion in particular, put rock and/or concrete along and in the river in an attempt to prevent or limit erosion,” he said.

“The notice of the impending flood by authorities was disastrously short, and many landowners had no time to apply for a permit to place the material in the river.”

Gov. Dennis Daugaard urged South Dakota landowners to take necessary steps for protecting their lives and property, Peterson

said. However, those actions raised a red flag for federal officials.

“Early in the flooding, I received complaints that landowners were being told not to place anything in the river without a permit,” Peterson said. “A large number of people called the Corps and some other government agencies to ask about placing rock or concrete rubble in the river.”

The formal government response was that the law required a permit, Peterson said.

“The (Corps) did agree to consider ‘after the fact’ applications and also stated that existing (Corps) stabilization structures could be repaired without a new permit,” he wrote.

“The greatest concern at this point is that the National Park Service (NPS) will demand that those who put material into the river without a permit must remove it. To date, the NPS office in Yankton is saying that it will try to work with landowners.”

“The belief of our Executive Committee is that few, if any, landowners will agree to a removal,” he added.

As another option, landowners could cover the “unpermitted” material with dirt and then seed it, Peterson said.

“The owners of endangered lands have spent thousands and thousands of dollars to protect their property and are not likely to be willing to spend comparable sums to remove the material which preserved their lands —

and their livelihood,” he said.

Property owners suffered three different types of flood damage — inundation, erosion or a combination of both, Peterson said at Thursday’s meeting. He provided an example of 3,000 acres covered by 46 feet of sand.

“Inundation got the media coverage, because you could show pictures of the water,” he said.

“But when the water recedes, the land is still there. When you have erosion, the land all ends up in the Gulf of Mexico.”

Erosion can actually cause more damage than inundation, Peterson said. The river has dug itself much deeper, which could cause increased erosion, he said.

“The mainstem dams are relatively clean, because sediment drops behind the dams,” he said. “A hydrologist referred to it as ‘hungry water’ because it is more erosive after losing its sediment behind the dams.”

THE AGENCIES RESPOND

Thursday’s program featured Remus; Dave Becker, the Corps’ operations manager at Gavins Point Dam near Yankton; and Steve Mietz, NPS superintendent for the Yankton-based Missouri National Recreational River (MNR).

The trio fielded audience questions on federal policy, property rights, procedures for restoring flood-damaged land, and solutions for the accelerated bank erosion problems.

The NPS has undertaken a

number of bank stabilization projects, including work with the South Dakota and Nebraska transportation departments, Mietz said.

“We have 200 miles of shoreline that we are working on, mile by mile,” he said, adding the NPS has contracted with the University of South Dakota to evaluate the shoreline.

The NPS must make sure the work protects “river values,” Mietz said.

In contrast to previous disputes, the MRBSA and government officials talked at Thursday’s meeting about working together on Missouri River bank stabilization issues.

“I see it as a new era. Keep it out of the courts. Let’s use these forums instead,” Mietz said. “If you sue, you run the risk of shutting down all bank stabilization. If you go to court, the flexibility that we’re demonstrating now may be the last.”

Remus agreed, calling for compromise rather than court action. “Nobody wants (a judge) to decide this,” he said.

However, an audience member said many property owners are frustrated by what they see as a lack of answers or cooperation by government officials.

“(Landowners) may be saying to themselves, ‘I’m willing to flip the coin. I have a better chance with the judge because I may win. Right now, I’m not getting the help that I need,’” the man said. “Can you (government agencies) help with technical advice?”

Agencies are already offering advice on bank stabilization, Mietz said. He encouraged the public to contact agencies with any questions.

John Moesch, who handles Corps permits in Nebraska, encouraged the public to contact him with questions about MNRR bank stabilization.

The Corps, in turn, will contact other agencies in completing the permitting process, Mietz said. “You can start and stop with the Corps. It becomes a one-stop shop for you,” he told the audience.

In response to an audience question, Becker said the Gavins Point releases stood Thursday at 27,000 cubic feet per second (cfs). The Corps expects the releases to remain at 31,000 cfs all summer, he said.

That’s a far cry from last year’s releases of 160,000 cfs sustained for much of the summer.

The Corps has conducted inspections of the six mainstem dams to gauge the flooding’s impact, Remus said. “Gavins Point performed admirably during the flood, but (the dams) did get damaged,” he said.

PLANNING FOR THE FUTURE

Amidst post-flood planning, bank stabilization should be considered a way to reduce future flood damage, Peterson wrote to members.

“This has already been brought to the attention of the congressional people, and it will continue to be pushed as a tool to

reduce losses,” he said. “While bank stabilization will not prevent flooding, it definitely can curb the losses. Stabilization certainly can be made to be ecologically friendly.”

Peterson noted the “ecologically friendly” nature of the stabilization structure immediately upstream of the “straight-line” rock protecting the approach to the Newcastle-Vermillion bridge. The arrangement protects the Lewis & Clark water pipeline, he said.

Work remains under way on solving landowners’ concerns about bank stabilization, Peterson wrote.

As Thursday’s meeting drew to a close, the audience heard a call for joint efforts from Louis Pofahl of Norfolk, Neb., district representative for U.S. Rep. Jeff Fortenberry (R-Neb.).

“The National Park Service and Corps of Engineers are willing to help,” Pofahl told MRBSA members. “They can’t give you free rein and everything you want, but they are here in a spirit of cooperation, and I hope you grasp it.”

Pofahl encouraged MRBSA members to make their voices heard by congressional delegations.

“You voted to authorize a trip (for your organization) to Washington, D.C., and you heard that the federal government allowed \$3 million this year,” he said. “The \$3 million isn’t going very far. Here is the opportunity for this organization to go for more. You need to put your voices together.”

Bernanke Says Crisis Exposed Vulnerabilities

BY MARTIN CRUTSINGER  
AP Economics Writer

WASHINGTON — Federal Reserve Chairman Ben Bernanke says the slow recovery from the Great Recession and 2008 financial crisis illustrates how vulnerable the global economy is and urged economic policymakers to learn from that lesson.

Bernanke told a two-day conference on the crisis that the Federal Reserve and other central banks took extraordinary steps to stabilize financial systems.

The Fed purchased more than \$2 trillion in bonds to try and push long-term interest rates lower. The effort was aimed at

encouraging lending and borrowing. It has been criticized for those purchases but Bernanke has defended them as successfully working to protect an even

more severe economic downturn.

Bernanke said he believed academic research would help shape future central bank policies.

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