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claim first with a time of 4:35.59. "I may have started out too fast in the beginning which hurt me," Jongeling said. "But on the last lap I heard Jase right behind me and I didn't want him to pass me again. I gave all that I had and kicked the whole last lap.

Jongeling's coach, Phil Bjornenberg, spoke about Jongeling: "I'm no longer surprised by

him after watching him compete in cross country," Bjornenberg said. "That last 200 meter burst really showed the true speed he has. He has incredible talent, and has found his work ethic. Those together are a dangerous combo.

Fellow Parker Pheasant, Tessa Weeldreyer, found some success as she finished second in the 400 meter dash with a time of 1:03.96.

"Tessa didn't get in the fast heat, or else I think she could have won the event," Bjornenberg said. "Tessa is another in-



Platte-Geddes' Destinni Girton clears the bar during the girls' high jump at the Dan Lennon Class B track and field Tuesday at the DakotaDome.

credible talent we have. She has six state meet medals in the past three years, and I think she just broke the Parker indoor record with this race.

Keely Bertram of Elk Point-Jefferson finished fourth in the 400

meter race with a time of 1:05.28 Keagan Ringling of Platte-Geddes took first place in the 800

meter event with a time of 2:06.14. Ringling was not battling for the top spot in the first three laps, but on the final lap he came from behind to take the win.

"I wanted to get out and take the lead and run from the front," Ringling said. "But I drew the inside lane and at the cut I got behind some runners. In the final lap I had to loop out to get to the front?

While many athletes have been running an indoor season, this was only the beginning of the running season for many athletes. One of those athletes is Lauren Sokolowski of Irene-Wakonda, who took fourth in the 60 meter hurdles with a time of

"I was very nervous at first, but I focused on my form and had felt pretty good about it," Sokolowski said. "Every time that I run I get pointers from my mom or my coach, and I hope I am improving, which I feel like I have been so far.'

Irene-Wakonda coach Brent Mutchelknaus commented on his athletes, which included Dustin Livingston and Garrett Anderson, who tied for third in the pole vault with a mark of 11 feet and six inches.

We did really well for this being our first meet out," Mutchelknaus said. "We were shooting for the 11feet six inch mark for them, so I am pleased with that. Lauren (Sokolowski) looked really smooth in the prelims and the semi-finals, but in the finals she looked down at the line which may have slowed her down a bit."

Anderson and Livingston both expressed a bit of disappointment in their marks, but spoke of their determination to improve.

"I would have done better if this were the middle of the season," Anderson said. "I wanted to get 12 feet, but I'll take 11-6 right now because this is the first competition of the year."

"I wanted to get higher in the pole vault," Livingston said. "But I was very happy with my hurdle time today. It is going to be a fun

Livingston finished ninth in the 60 meter hurdles with a time of 9.43.

Off of the track and into the sand pit, Connor Florey of Andes Central had an exceptional day. Florey finished first in the long jump with a jump of 19 feet and nine and a quarter inches. Florey took second in the triple jump with 41 feet one inch.

"I felt great on the triple jump, but kind of felt like I tightened up in the long jump," Florey said. "I love the Dan Lennon Invite. Last year I took first in the triple jump and fourth in the long jump. Knowing that I did so well last year made me want to be on top again this year."

Kellie Winkler of Andes Central won the triple jump with a mark 34 feet 10 inches. Caitlin McLouth of Bon Homme took second in the event with a jump of 32 feet.

Jamie Tschetter of Freeman Academy took third in the girls' high jump with a jump of 5 feet two inches.

## Class B

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with 1,347 points and 701 rebounds.

"Ashley is an outstanding talented student athlete who is very coachable and has been a very big part of Hanson s success during her high school years," said Hanson head coach Jim Bridge.

For the first time during her four years as a varsity regular, Trohkimoinen didn't get to play in a state tournament. Newell still compiled a 15-7 record behind the 6-0 guard, who averaged 16.8 points, 8.2 rebounds, 5.2 assists

and 4.7 steals per outing. "The teams she has played on at Newell are a combined 86-14." said Newell head coach Scott Wince. "She has already set eight school records and reached the 1,000-point mark for her career early this season.

Tuscherer led Northwestern to the state Class B volleyball championship in the fall and continued her success on the court

in the winter. The 5-10 forward, a four-year starter in basketball who will play volleyball at Northern State University, collected 16.3 points, 5.0 rebounds and 4.5 assists per game for the 16-6 Wildcats.

'Jussy did so many things for our basketball team. Her athleticism created tough matchups for opposing teams and allowed her to defend both the perimeter and the post," said Northwestern head coach Richard Osborn. "Her leadership on and off the court will be missed."

Presley O'Farrell is joined on the second team by seniors Emily Kay of Warner, Paige Herrboldt of Freeman and Anna Leloux of Parker and junior Tearnee Nelson of Faith. Herrboldt is a repeat second-team honoree and Leloux moved up from the third team.

The third team features seniors Mikayla Saathoff of Estelline, Samantha Blake of Centerville and Taryn Colson of state runnerup Sully Buttes, junior Shauni Schwartz of Herreid-Selby and sophomore Shelby Selland of Sanborn Central-Woonsocket.



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