

# **Birth** Trauma Part II

Traumatic Birth Syndrome (TBS) accounts for 85-95% of health problems chiropractors see even in adults. Believe it or not, this is a huge problem, which is

largely misdiagnosed and under reported. During the process of delivery, there is tremendous

stress placed on the head and neck of the baby and often this stress causes Vertebral Subluxations of the very delicate spinal bones of the infant. This, in turn, affects the spinal cord and parts of the nervous system of the baby and can produce a myriad of health problems.

These can appear seemingly unrelated to the process of delivery, and can affect your child months or years later. Subluxations associated with birth trauma can cause SIDS, hyperactivity, chronic ear infections, lowered resistance, asthma, bed-wetting, loss of focus in school, Colitis, and a multitude of others including "signs of central motor impairment." According to Dr. Gutmann, a German specialist, A "spinal check-up after birth should be obligatory." As a matter of fact some hospitals in Australia are having chiropractic doctors check the infant spine immediately after delivery to ensure a healthy spine and nervous system, free from subluxations. This is a good thing!

### Why is this so important you ask?

Your child's spine is her/his lifeline. Running through it is the spinal cord containing billions of nerves that send vital messages and information from

### the brain to every part of the body and back again.

Yes, we all have our own internal Internet! As long as none of these messages are interrupted, your child should have optimal function and the best of health! If, however, there is an interference with this "information highway," - a vertebral subluxation - the messages sent by the brain will not reach the part of the body they are intended to reach. As a result, the body begins to work improperly. Chiropractors call this "malfunction." It can be a serious threat to health. This interference will also affect your baby's immune system, lower body resistance and leave your child prey to various "bugs" and infections.

This is why it is so important to have children and babies checked by a chiropractor for the presence of subluxations affecting their nervous system.

In part III, I will outline routine labor and delivery procedures some of which can contribute to TBS.

We'll discuss epidurals, forceps, vacuum extraction,

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C-section, episiotomy, and the ever popular "ultrasound."

Watch for my column in two weeks. JOIN US! Tuesday, March 12th @ 7pm For a special lecture on **Raising Healthy Kids** Minerva's Grill & Bar • 1607 East Hwy 50 Call 605-665-4285 To Reserve Your Seat

Dr. Scott Plath has practiced in Yankton for 33 years. He is a Certified Industrial Consultant, Certified Med X Rehab technician and a fellow of Applied Spinal Biomechanical Engineering and is a member of their advisory board. If you need additional information, please

call me personally at 605-665-8228

**Plath Chiropractic & Wellness** 402 E. 3rd Street · Yankton, SD

## **Parole Denied To Ex-Manson Follower BY LINDA DEUTSCH**

AP Special Correspondent

LOS ANGELES — The endur-ing mystery of why young people joined Charles Manson's murderous family appeared to be at the heart of Gov. Jerry Brown's decision Friday to reverse a parole board's recommendation and keep Bruce Davis in prison.

Brown said he wants Davis. who has been behind bars for 42 years, to come clean about all the details of his involvement with Manson's cult and the two gruesome killings of a stuntman and a musician.

It was the second time in less than three years that a California governor has rejected a parole board ruling in Davis' case. Gov. Arnold Schwarzenegger refused his release in 2010, citing the heinous nature of Davis' crimes and his efforts to minimize his involvement.

Brown repeated those reasons in a six-page decision but added his belief that Davis still has more to disclose about the killings.

"Until Davis can acknowledge and explain why he actively championed the Family's interests and shed more light on the nature of his involvement, I am not prepared to release him." Brown said.

"After 42 years of incarceration, it is encouraging that Davis is beginning to reveal the actual details of what happened. But it is clear that he continues to withhold information about these events," Brown said.

The state parole board, citing the prisoner's positive progress, approved release of the 70-yearold Davis, but the Democratic governor had the last word.

Brown gave his decision to The Associated Press at the downtown Los Angeles County courthouse after a meeting with District Attorney Jackie Lacey, who had recommended that

Davis' attorney, Michael Beckman, called the governor's decision "horrible" and contrary to the findings of parole commissioners who conducted hearings for Davis and found him eminently suitable for parole. He said Davis has told everything he knows.

'I have represented over 700 life prisoners and of all of them, Bruce Davis is the most rehabilitated and qualified," the attorney said.

He said Brown's "paper review" of the case was insufficient to understand who Davis is today.

Brown said, "I find the evidence ... shows why he currently poses a danger to society if released from prison. Therefore, I reverse the decision to parole Mr. Davis.'

But Beckman said that the governor failed to articulate any reason why Davis might pose a danger now.

If the problem is association with the Manson family, Beck-man said, "They should pass a law saying if you were involved with these people you can't get out. But there is no such law.

Brown's decision focused on Davis' role in the murderous Manson Family in the late 1960s.

'The record indicates that Davis fully embraced and championed the family's distorted values and goals, and was willing to protect the family's interests at all costs," the decision said.

Davis would have been only the second Manson-related murder defendant to be granted parole since the killing spree began in 1969.

Davis was not involved in the notorious Sharon Tate-LaBianca killings but was convicted with Manson and others in the murders of musician Gary Hinman and stuntman ranch hand Donald "Shorty" Shea.

Manson was a direct participant in both killings, according

Steve Grogan, another participant in those murders, was released in 1985 after he led police to where the bodies were buried in the San Fernando Valley.

Beckman noted that Grogan, a central figure in the killings, has lived as an upstanding citizen for 27 years with no problems since his release.

Davis was 30 when he was sentenced to life in prison in 1972 in the case, which was a postscript to Manson's notorious reign as leader of the murderous communal cult.

Davis long maintained that he was a bystander in the killing of the two men. But in recent years, he has acknowledged his shared responsibility. He said his presence may have emboldened others to take action because he was an elder of the group.

Brown said Davis' refusal to fully acknowledge his responsibility for the killings was central to his decision.

"I do not believe that Davis was just a reluctant follower who passively went along with the violence," he said. "Davis was older, more experienced, he knew what the Manson Family was capable of, and he knowingly and willingly took part in these crimes.'

Davis became a born-again Christian in prison and ministered to other inmates, married a woman he met through the prison ministry, and has a grown daughter. The couple recently divorced.

Davis also earned a master's degree and a doctorate in philosophy of religion.

Brown commended him for his self-help efforts but said the work was outweighed by other factors.

Manson and three of his followers, Leslie Van Houten, Patricia Krenwinkel and Charles 'Tex" Watson, remain in prison for life in the Tate killings. Their co-defendant, Susan Atkins, died of cancer behind bars in 2009

# Hagel: Budget Cuts Won't Erode United States' Military Power

### **BY ROBERT BURNS** AP National Security Writer

WASHINGTON - Defense Secretary Chuck Hagel lamented \$46 billion in automatic defense budget cuts as "abrupt and arbitrary" but expressed confidence Friday that the Obama administration will find ways to manage them without jeopardizing national security.

At his first news conference since replacing Leon Panetta as Pentagon chief, Hagel struck a more relaxed tone about the budget reductions, part of \$85 billion in government-wide spending cuts that were taking effect Friday at midnight.

Whereas Panetta had warned of "catastrophic" effects that could reduce America to the status of a "second-rate" military power, Hagel said he believed the across-the-board budget cuts and their far-reaching effects will prove manageable.

"Today, America has the best fighting force in the world capable of responding to any challenge," he told reporters. "This unnecessary budget crisis makes that job much harder. But we will continue to ensure America's security.'

Hagel met for a little over an hour with the chiefs of each of the services, plus the chairman of the Joint Chiefs, Gen. Martin Dempsey, to discuss budget issues.

Hagel told reporters that numerous actions will be taken in coming days by the Army, Navy, Air Force and Marine Corps to begin meeting the requirement for \$46 billion in budget savings by the end of the fiscal year on Sept. 30. He said thousands of defense civilian workers, for example, will be notified later this month that they could be required to take one day of unpaid leave per week through September.

President Barack Obama has exempted military personnel from the automatic budget cuts, and the Pentagon has decided that its combat operations in Afghanistan, as well as its nuclear weapons force, will be protected from reductions. Even so, the Army will curtail training of forces other than those scheduled to go to Afghanistan; the Air Force will reduce flying hours for pilots and the Navy has already announced plans to delay ship deployments and ship maintenance.

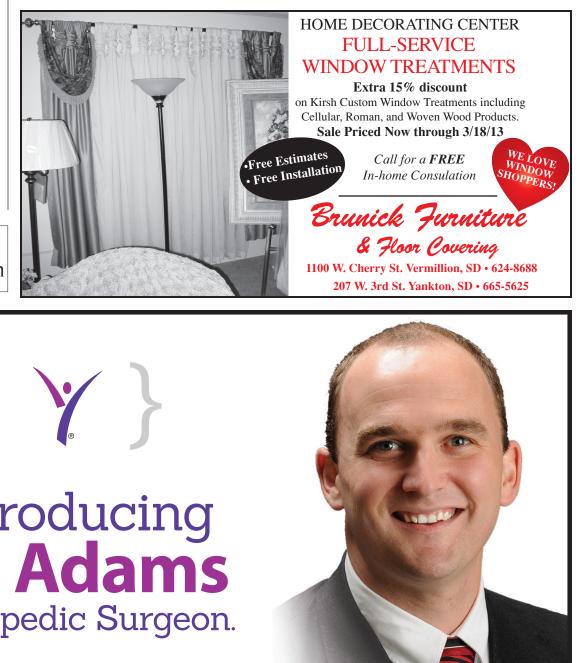
Ashton Carter, the deputy defense secretary, said the Pentagon is doing all it can to prevent a drastic curtailment of troop training. But he said that will prove harder if the administration and the Congress are unable to strike a budget deal soon.

"(For) those who do not appreciate how serious this is, as the year goes on, it will be unmistakable," Carter said. "This is not subtle.'

The defense spending cuts will hit some states harder than others.

Carter sent warning letters to the governors of 10 states that will be most severely impacted: Virginia, Texas, Pennsylvania, Georgia, Florida, California, Maryland, Ohio, Alabama and Washington.

The letters lay out in stark terms the number of civilian defense workers in each state who will face unpaid furloughs and the cutbacks that will hurt local bases and defense contractors. Copies of the letters were provided to The Associated Press on Friday.



# **Next Steps In Budget Battle**

WASHINGTON (AP) — Even as automatic spending cuts take effect by midnight Friday, the White House and Congress are looking ahead to several more budget battles in the coming weeks. They include: —Avoiding government shutdown. Lawmakers and the White

House face a March 27 deadline to prevent a partial shutdown of gov-ernment agencies. That's when a six-month stopgap funding bill passed last fall runs out. The GOP-led House plans the week of March 4 to approve a plan that would include new line-by-line budgets for the Pentagon and the Veterans Administration while keeping domestic Pentagon and the Veterans Administration while keeping domestic agencies on autopilot, frozen at last year's levels. Senate Democrats would like to incorporate more detailed spending bills for domestic programs but may face opposition from Republicans wary of concoct-ing a foot-tall "omnibus" spending bill. —2014 budget plans. In mid-March, both the House and Senate are expected to debate rival budget plans. These budget resolutions are non-binding but represent an important statement of party principles

non-binding but represent an important statement of party principles. The House GOP plan promises to come to balance by the end of a decade without raising taxes; the alternative by Senate Democrats is expected to mix in new revenues and not show balance. The two sides are not expected to be able to reconcile their differences, which prom-ises to make it difficult to pursue follow up legislation like the 12 annual appropriations bills.

—Obama's budget. In mid-late March, Obama is expected to re-lease his budget — over a month behind schedule. Budget observers will be watching for new initiatives that might help spur budget negotiations. But if he follows past practice, Obama's budget will take few, if any, political risks.

### **MANAGER/OPERATIONS SPECIALIST** Bear Butte Valley Water, Inc. - Sturgis, SD

The BBV water system will be a new water system that will provide quality drinking water to 220 customers in Meade County. Construction will consist of a Madison aquifer well, 150 miles of pipeline, ground storage tank and two booster stations. This position will have responsibility for construction observation, operations maintenance, administrative, and financial functions during initial construction and general operation responsibilities post construction. Selected candidate will have excellent communication skills, fiscal responsibility, and a clear vision of the future of rural water. College degree preferred or applicable experience. Qualified individuals should submit resume, references, statement of qualifications, and salary range to: PO Box 351, Sturgis, SD 57785. Deadline March 4, 2013. For additional information contact the nearest SD Dept. of Labor and Regulation.

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Yankton Medical Clinic, P.C. is pleased to announce the association of Brent Adams, MD, Board Certified Orthopedic Surgeon

Dr. Adams is originally from Yankton, completed his undergraduate degree at South Dakota State University, and is a graduate of The University of South Dakota School of Medicine.

Dr. Adams completed his orthopedic surgery residency at the University of Kansas-Wichita and a fellowship in spine surgery at the Twin Cities Spine Center in Minneapolis, MN. He is board certified in orthopedic surgery and has also been a faculty member for the University of Kansas-Wichita orthopedic surgery residency program.

He will provide care for a multitude of musculoskeletal conditions with a subspecialty focus in spine surgery. Conditions that he will treat include cervical and lumbar spinal stenosis, scoliosis, disk herniations, sciatica, arthroscopic rotator cuff repair, total joint replacement of the hip, knee and shoulder, fracture care, carpal tunnel surgery and athletic injuries.

He is a member of the American Academy of Orthopedic Surgeons, North American Spine Society, and Scoliosis Research Society.

Dr. Adams will begin seeing patients at the Yankton Medical Clinic, P.C. March 11, 2013.

Appointments can be made by calling 605-665-1722.

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