

Visiting Hours

It's National Patient Safety Awareness Week

BY THERESA GUENTHER
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Patient Safety Awareness Week, March 3-9, 2013, is an annual education and awareness campaign for health care safety. The theme for 2013 is Patient Safety 7/365: 7 days of recognition, 365 days of commitment to safe care. This is a week to recognize the advancements that have been made in the patient safety arena, while acknowledging the challenges that remain-and committing to work on them, every day.

This year's theme highlights the need for everyone to understand the importance of patient safety and to recognize the range of efforts being made to improve health safety in the United States and worldwide. Moreover, the campaign seeks to make patients, providers and the public aware of the ways they can participate in these efforts and partner to improve patient safety. While efforts of the past decade have brought improvements, recent studies indicate that much work remains to be done-and can be done most effectively through the involvement of all parties.

If a medical error occurs, it is often a result of a series of small failures that are individually not big enough to cause an accident but combined can result in an error. Patients can ensure a safer experience with the health care system by being involved and informed about their treatment. Improving patient safety requires continuous learning and constant communication between caregivers, organizations and patients. Everyone has a role in patient safety, and everyone will benefit from its successes.

Avera Sacred Heart Hospital continues to promote the highest level of care driven by patient safety in all aspects of care. Avera Sacred Heart Hospital recognizes that patients have an active role in making their care safer by being active, involved and an informed member of their health care team. What can consumers do to make sure they have a safer experience with a health care system?

- BECOME A MORE INFORMED HEALTH CARE CONSUMER**
- Seek information about illnesses or conditions that affect you.

- Research options and possible treatment plans.
- Choose a doctor, clinic, pharmacy and hospital experienced in the type of care you require.
- Ask questions of your doctor, nurse, pharmacist or benefits plan coordinator.
- Seek more than one opinion. Keep track of your history.
- Write down your medical history including any medical conditions, illnesses, immunizations, allergies, hospitalizations, all medications and dietary supplements you're taking, and any reactions or sensitivities you've experienced.
- Write down the names and phone numbers of your doctors, clinics and pharmacies for quick, easy reference.

Work with your doctor and other health care professionals as a team.

- Share your health history with your health care team.
- Share up-to-date information about your care with everyone who's treating you.
- Make sure you understand the care and treatment you'll be receiving. Ask questions if you're not clear on your care.
- Pay attention. If something doesn't seem right, call it to the attention of your doctor or health care professional.
- Discuss any concerns about your safety with your health care team.

Involve a family member or friend in your care.

- If you're not able to observe or participate fully in your care, ask a family member or friend to assist. They can accompany you on appointments or stay with you, help you ask questions, understand care instructions and suggest your preferences.

Follow the treatment plan agreed upon by you and your doctor.

- Be sure you receive all instructions verbally and in writing that you can read and understand. Ask questions about any instructions that are confusing or unclear.
- Take medications exactly as prescribed.
- Use home medical equipment and supplies only as instructed.
- Report anything unusual to your doctor.

var's unrealized dream of uniting South America.

He was also inspired by Cuban leader Fidel Castro and took on the aging revolutionary's role as Washington's chief antagonist in the Western Hemisphere after Castro relinquished the presidency to his brother Raul in 2006.

Supporters saw Chavez as the latest in a colorful line of revolutionary legends, from Castro to Argentine-born Ernesto "Che" Guevara. Chavez nurtured that cult of personality, and even as he stayed out of sight for long stretches fighting cancer, his out-sized image appeared on buildings and billboard throughout Venezuela. The airwaves boomed with his baritone mantra: "I am a nation." Supporters carried posters and wore masks of his eyes, chanting, "I am Chavez."

Chavez saw himself as a revolutionary and savior of the poor.

"A revolution has arrived here," he declared in a 2009 speech. "No one can stop this revolution."

Chavez's social programs won him enduring support: Poverty rates declined from 50 percent at the beginning of his term in 1999 to 32 percent in the second half of 2011. But he also charmed his audience with sheer charisma and a flair for drama that played well for the cameras.

He ordered the sword of South American independence leader Simon Bolivar removed from Argentina's Central Bank to unsheathe at key moments. On television, he would lambast his opponents as "oligarchs," announce expropriations of companies and lecture Venezuelans about

ble amount of support, Strom said. "We've received many positive comments from community members and alumni," he said. "They're happy for this team."

The Crofton community is familiar with cheering on teams at the state basketball tournament, as the girls' team has become well-known for its success. In the past nine years, the girls have won five state titles, including this year's championship last Saturday.

With the boys' team now joining the girls as state qualifiers, Kramer said she is pleased to see both teams get a share of the spotlight.

"The girls went this last weekend and the boys have their

How Much Do You Know About Ag?

BY DR. MIKE ROSMANN

Take the quiz to see how much you know about agriculture. For each item, circle the answer you think comes closest to defining these agricultural terms. The correct answers are at the end of the quiz.

- 1. PRRS**
- A manual for repairing sensor-controlled farm equipment
 - How your girlfriend/wife reacts to receiving a diamond
 - Viral illness that affects pigs
 - How your tractor engine sounds after a tune-up

- 2. Wether**
- A neutered ram
 - A conjunction-you knew this if you grew up with Sesame Street
 - An old ewe that can't have any more lambs
 - An ancient English term that means "if"

- 3. Basis**
- The difference between the current local cash price for a commodity and its BOT price
 - A formula for determining which animals to keep in the breeding herd
 - What a baseball player does after hitting a home run
 - The foundation of a farm building under construction

- 4. Pull a calf**
- How to get a 4H calf ready to lead at the county fair
 - Overly stretching your lower leg muscles.
 - What your teenager does when you say "No" to borrowing the family car
 - Assisting a cow with parturition

- 5. Heat houser**
- Something sissies attach to their old tractors in Midwestern winters
 - A room in the U.S. Capitol where Democrats and Republicans secretly debate issues
 - An enclosure where swine producers hold gilts that are ready to be bred
 - Affectionate term for an old codger who still farms

BIRTHS

AUBREY HUDSON

Lara (Kelley) and Tyler Hudson of Tabor announce the birth of their daughter Aubrey Hudson who was born on Jan. 8 at Avera Sacred Heart Hospital. She weighed 9 pounds, 11 ounces at birth.

Aubrey joins sibling Drake Hudson, who is 14 months old.

Grandparents are Helen Kelley of Tyndall and Mike and Linda Hudson of Harrisburg.

Great-grandparents are Mike and Mary Hudson of Harrisburg and James and Gladys Mead of Hartford, SD.

the glories of socialism. His performances included renditions of folk songs and impromptu odes to Chinese revolutionary Mao Zedong and 19th century philosopher Friedrich Nietzsche.

Chavez carried his in-your-face style to the world stage as well. In a 2006 speech to the U.N. General Assembly, he called President George W. Bush the devil, saying the podium reeked of sulfur after Bush's address.

Critics saw Chavez as a typical Latin American caudillo, a strongman who ruled through force of personality and showed disdain for democratic rules. Chavez concentrated power in his hands with allies who dominated the congress and justices who controlled the Supreme Court.

He insisted all the while that Venezuela remained a vibrant democracy and denied trying to restrict free speech. But some opponents faced criminal charges and were driven into exile.

While Chavez trumpeted plans for communes and an egalitarian society, his soaring rhetoric regularly conflicted with reality. Despite government seizures of companies and farmland, the balance between Venezuela's public and private sectors changed little during his presidency.

And even as the poor saw their incomes rise, those gains were blunted while the country's currency weakened amid economic controls.

Nonetheless, Chavez maintained a core of supporters who stayed loyal to their "comandante" until the end.

chance this weekend," she said. "If they do everything right, there's no reason they can't come home with the same result."

While it would be easy for the boys' team to be satisfied with just getting to the tournament, Strom said the players have their eyes on something much bigger.

"Practices have been intense," he said. "We're focused on advancing in the tournament. Hopefully we'll not only be the first team there, but also the first team to play for a state championship."

You can follow Derek Bartos on Twitter at twitter.com/d_bartos



Dr. Mike ROSMANN

- Gives a buyer control over when to purchase a commodity at a set price
- The decision a basketball referee makes to signal a foul or not

- 8. Rhizomes**
- The deep taproots sent out by corn plants to find moisture
 - A variety of rye used for making beer
 - How Canada thistles most often spread
 - A beneficial garden fertilizer

- 9. Agricology**
- The movement of water through soil
 - The scientific study of how farmers age
 - Mainly a British term that refers to the science of agriculture
 - What your dog does when it eats too much

- 10. Gomer bull**
- A bull that attracts other male bovines to breed cows
 - A bull used to signal cows in heat but can't breed them himself
 - Not a bull, but a heifer with male characteristics and behavior
 - An unruly bull that is prone to hurting rival bulls

- 11. Carryover**
- The amount of unsold grain left at the end of a crop year
 - Reporting grain sold the prior year on this year's taxes
 - A hedge against future grain purchases

- 6. Rapeseed**
- Biblical term for fornication
 - Where canola oil comes from
 - A variety of clover often planted for sheep and goats
 - The tiny seed of an Arabic herb plant

- What a groom does with his bride as they enter their new home for the first time

- 12. Neonicotinoids**
- Electronic cigarettes that substitute water vapor for tobacco smoke
 - A new type of herbicide that has a nicotine-like substance in its formulation
 - Persons who have recently become addicted to smoking tobacco
 - A class of insecticides that overly stimulate insects' central nervous systems

- 13. Calf scours**
- Thoroughly washing a calf to prepare it for a livestock show
 - Illnesses in young cattle that cause diarrhea
 - What your parents said when you lied about completing the farm chores
 - Abrasions on a cow's body caused by rubbing

- 14. Condition Score of 2**
- An animal that is in near perfect health, with 1 being the best
 - Rating by a lender on the likelihood that a loan will be repaid
 - A rating made by a crop inspector on the condition of a field to be harvested
 - A cow that is very emaciated

Scoring: Give yourself five points for each correct answer you circled. Here are the correct answers:

1. c, 2. a, 3. a, 4. d, 5. a, 6. b, 7. c, 8. c, 9. c, 10. b, 11. a, 12. d, 13. b, 14. d.
- 60 or higher: Congratulations, you know a lot about agriculture
45-55 points: There's hope for you to become a knowledgeable farmer
40 or less: Consider going to agriculture school

Want to learn more? See the Glossary of Agricultural and Behavioral Health Terms on the Agriwellness website: www.agriwellness.org. Click on Resources and select the Glossary.

Dr. Rosmann believes knowledge and humor are important to being a good farmer. Contact him at: www.agbehavioralhealth.com.
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Chavez

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Inflation soared and the homicide rate rose to among the highest in the world.

Chavez underwent surgery in Cuba in June 2011 to remove what he said was a baseball-size tumor from his pelvic region, and the cancer returned repeatedly over the next 18 months despite more surgery, chemotherapy and radiation treatments. He kept secret key details of his illness, including the type of cancer and the precise location of the tumors.

"El Comandante," as he was known, stayed in touch with the Venezuelan people during his treatment via Twitter and phone calls broadcast on television, but even those messages dropped off as his health deteriorated.

Two months after his last reelection in October, Chavez returned to Cuba again for cancer surgery, blowing a kiss to his country as he boarded the plane. He was never seen again in public.

After a 10-week absence marked by opposition protests over the lack of information about the president's health and growing unease among the president's "Chavista" supporters, the government released photographs of Chavez on Feb. 15 and three days later announced that the president had returned to Venezuela to be treated at a military hospital in Caracas.

Throughout his presidency, Chavez said he hoped to fulfill Boli-

Crofton

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1928. Prior to 1930, any team that could make the trip to Lincoln was invited to play in the tournament.

Since then, teams have been forced to qualify for the tourney. Only two teams — Crofton and Verdigre — that are still in existence had not accomplished the feat in any year entering this season. Verdigre is now in a cooperative with Niobrara for athletics.

Recognizing how truly special this team's accomplishment is, the community has shown an incredi-

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