School

mean a loss of around \$33,000. Early childhood programs would also be impacted by gov-

ernment cuts, and YSD's program would face a loss of around All told, Bietz said, the cuts

would mean a loss of around \$63,000 from the YSD budget. "The sequester with the federal programs is a bit of a curve

that we weren't anticipating would be fully enacted," he said. "But it's here and we have to deal with it and assume it will fully happen. The cuts we face, if put together, are about the equivalent of one certified position.

Also at the meeting, board members approved changes to the Yankton High School (YHS) language arts curriculum.

There is a seven-year cycle we go through where we review the curriculum and textbooks," Gertsema said. "Sometimes changes come with changing education standards."

Faculty members began working on the new curriculum more than a year ago, and compared the curriculum to be sure it would be aligned with the new Common Core standards.

"With addressing the new standards, we dropped one course which didn't line up with the Common Core," Kindle said. "We also combined some courses and re-named ninth grade grammar to English 9."

He added that some of the course names were changed to bring the district up to date with the technology and other course resources available.

"We really haven't reduced the number of courses in the department that much within the last 20 years," said Jill Mikkelsen, who was on the curriculum review committee. "Some of the characteristics of the courses we had were overlapping, so we made changes.

She added that faculty members began revising the curriculum last spring and the change over to the Common Core standards came at a perfect time for the department because they were already looking to amend the language arts curriculum.

"We've been looking to add more non-fiction to the classes we offer," Mikkelsen said. "They're not sweeping changes we made, but we feel really good about the curriculum changes.'

Also Monday, the board members heard a report from child nutrition supervisor Sandi Kramer on the summer food program and the proposed Department of Agriculture (USDA) school food guidelines.

The summer food program takes place at Webster School and feeds about 200 kids and a dozen adults each week.

"We like having adults eat with students and talk to them during lunch," Kramer said. "The program is aided a lot by some staff members, volunteers and young adults that help out by volunteering.'

Some of the proposed food guidelines districts face include restricted juice sizes, calorie limits on snacks and entrees, and the limitation of vended items to fruit, vegetable, whole grain, protein or dairy products.

The regulations would also cover items sold during bake sales, and officials want bake sales to be monitored.

"The USDA is seeking comments on the proposal until April," Kramer said. "This would impact a lot of the programs we have here, including the a la carte choices and the vending machine options we have for students."

Additional agenda items

- Authorizing a non-exclusive licensing agreement with LRG Prep LLC to track, verify and audit licensing royalties for use of YSD name, marks, seal and
- Approving a project development agency agreement with Johnson Controls, Inc., for a premises evaluation study and energy usage audit in accordance with design-build procedures;
- Approving an amendment to the YEA master contract by adding the following sentence: "However, at the end of the 2012-13 school term, a maximum of 10 teachers will be allowed to elect early retirement.";
- Granting eight early retirement requests; • Approving the resignation of
- Sandra Hoffner;
- Approving a lease agreement with Lewis and Clark Shriners Club for the use of Crane Youngsworth Field for a circus on July 9.

You can follow Andrew Atwal on Twitter at twitter.com/andrewatwal

felt that, even though it is still classified

as experimental, it was worth a try. At 8:30 a.m. he was led to a "slab," as Zimmerman called it, in a room and by 11:30 a.m., he and Renee were on the way home.

In the first room, the doctor per-formed liposuction on each side of Zimmerman's stomach. There was no anesthesia or pain medication. The doctor and patient visited casually about the new procedure and its history, recuperation and politics while the doctor collected about a cup of belly fat.

The staff took the belly fat and gathered platelets from a blood collection taken when Zimmerman arrived at the clinic. Zimmerman was escorted to another room to rest while staff took the two samples and headed for the lab to work their magic.

"They mixed my stem cells extracted from the belly fat with my platelets, added a solution from the University Medical Center and came back into the next room with an 6-8 cm injection," said Zimmerman.

The doctor injected the fluid into Zimmerman's hip and explained what would happen. The fluid would first coat the joints and then grow cartilage where there hadn't been any in his

Zimmerman was told that the first two weeks are the "incubation time" for the injection. The injection will still be growing cartilage 18 months later. The doctor estimates a 95 percent success rate and is only aware of one

woman who had some issues with the procedure. She ended up with an 80 percent success rate.

Zimmerman thought that would have been a pretty good result, too.

On the way home, Zimmerman had to wear a girdle-like garment for compression around his stomach. The biggest pain he had after he got home was the sore stomach muscles from the liposuction procedure. He does take some medication, all natural, for healthy joints until it's gone.

So far, Zimmerman has been so pleased with the process that he has spread the word about the procedure and knows of as many as five or six people who have made

appointments.

The adult stem cell procedure was developed in the Cayman Islands and the doctor has been performing the procedure for three years. He became familiar with the process through a doctor in Florida who has been doing the procedure for five years.

One injection has a price tag of \$4,000 and many clinics across the U.S. are charging as much as \$18,000 for one treatment. It's estimated that an injection can be effective for as many as 10 years, but there is no documentation to that effect yet. It is hoped the procedure will be approved by the FDA soon so health insurance can be used for the cost.

Zimmerman hopes in six months he will still be happy about choosing adult stem cell injections.

When I went to go home, I asked about recuperation time," Zimmerman said and started laughing. "He said I couldn't do house work for a week and I had to ice it from the inside out with lots of cold beer. And that was it. I went out and did whatever I wanted and my hip feels great."

What People 'Like' On Facebook Can Be Revealing

BY RAPHAEL SATTER Associated Press

LONDON — Clicking those friendly blue "like" buttons strewn across the Web may be doing more than marking you as a fan of Coca-

Cola or Lady Gaga. It could out you as gay.

It might reveal how you vote.

It might even suggest that you're an unmarried introvert with a high IQ and a weakness for nicotine.

That's the conclusion of a study published Monday in Proceedings of the National Academy of Sciences. Researchers reported analyzing the likes of more than 58,000 American Facebook users to make guesses about their personalities and behavior, and even whether they drank, smoked, or did drugs.

Cambridge University researcher David Stillwell, one of the study's authors, said the results may come as a surprise.

"Your likes may be saying more about you than you realize," he said.

Facebook launched its like button in 2009, and the small thumbs-up symbol has since become ubiquitous on the social network and common across the rest of the Web as well. Facebook said last year that roughly 2.7 billion new likes pour out onto the Internet every day - endorsing everything from pop stars to soda pop. That means an ever-expanding pool of data available to marketers, managers, and just about anyone else interested in users' inner lives, especially those who aren't careful about their privacy settings.

Stillwell and his colleagues scooped up a bucketful of that data in the way that many advertisers do - through apps. Millions of Facebook users have surveyed their own personal traits using applications including a program called myPersonality. Stillwell, as owner of the app, has received revenue from it, but de-

clined to say how much. His study zeroed in on the 58,466 U.S. test takers who had also volunteered access to

When researchers crunched the "like" data and compared their results to answers given in the personality test, patterns emerged in nearly every direction. Since the study involved people who volunteered access to their data, it's unclear if the trends would apply to all Facebook users.

The study found that Facebook likes were linked to sexual orientation, gender, age, ethnicity, IQ, religion, politics and cigarette, drug, or alcohol use. The likes also mapped to relationship status, number of Facebook friends, as well as half a dozen different personality

Some likes were more revealing than others. Researchers could correctly distinguish between users who identified themselves as black or white 95 percent of the time. That success rate dropped to a still impressive $88\,$ percent when trying to guess whether a male user was homosexual, and to 85 percent when telling Democrats from Republicans. Identifying drug users was far trickier - researchers got that right only 65 percent of the time, a result scientists generally describe as poor. Predicting whether a user was respectively a child of divorce was even dicier. With a 60 percent success rate, researchers were doing just slightly better than random guesses.

st un une voum

MARCH 15, 16, THIEF

Fri. 7:30PM · Sat. 7:30PM · Sun. 4PM Students \$2.00 Adults \$5.00

Idle Hour Theatre Tripp, SD —



Check Out Our Daily Noon Lunches ~ Call Ahead for Noon Meetings Try Our Homemade Pizza!

Mar 16 Search & Rescue **Fundraiser and Bourbon Brothers** Mar 23 Clay Creek **Deaf Cowboy**

Overnight Trip To Royal River Casino at Flandreau, SD

Next Trip March 25 & 26

For Reservations Call **Hennen Tours** 1-800-551-5275 or 402-394-1547 or 507-530-0587

Post 791 209 Cedar **OPEN TO THE PUBLIC Every Monday** In March Pinochle Tournament

starting at 7pm, Players Needed Wednesday & Sunday

> 5-7pm Cooks Choice **Thursday**

6-7pm - Domestic Beers \$1.50 5-7pm - Hamburger/ Pizza Burger & Fries \$5.00

Friday

Karaoke with Papa Ray 8:30pm-12:30am Corned Beef & Cabbage Serving 5:30-8:00 Leprechaun Drawing 8pm Many Prizes. Proceeds to Special Olympics

Saturday Entertainment

No Band Regular Menu 5:30-8:00

Bingo Wed. at 7:00pm Sunday at 6:30pm Happy Hour M-F 4:30-7:30

Chislic Served Last Wednesday of Month



Alaskan Pollock, Catfish, Popcorn Shrimp, Popcorn Chicken, Potatoes & Salad Bar. (No Chicken Buffet on

Rural Lesterville • 605-364-7414

Try Out Our Seafood Buffet Even If It's... "Just For The Halibut"

YOU CAN **EAT Every Friday During Lent**

from 5:00-9:00 p.m Large Salad Bar, 5 Kinds of Seafood, Potatoes, Soup, Debbie's Delicious Deviled Eggs,

Vegetables & Dessert Bar.

So get off your BASS and load up all he little SHRIMPS and head on over to. WIEBELHAUS RECREATION

in Crofton, NE 402-388-4640

CJatthelake.com for menu's, events & bands • 402-388-4267

GREAT FOOD...FANTASTIC VIEW...AWESOME WILD ANIMAL DISPLAY!

MON.-WEDNESDAY: 14 Oz. Prime Rib w/Salad Bar \$12.95 TUESDAY: Taco 99¢ THURSDAY: Burgers \$1.25 SATURDAY: Prime Rib & Ribs FRIDAY: Fish & Shrimp Fry **SUNDAY MORNING BUFFET till 12PM...IT'S DELICIOUS:** C.J.'s Eggs, Sausage, waffles, french toast, bacon, biscuits & gravy

SUNDAY NIGHT: 3 pc. Chicken with Salad Bar \$9.95

TOUR INCLUDES: Per Person COUPON · 10 Meals · 5 Nights · Deluxe Motor Coach dbl. occ. I ALL AGE DISCOUNT! · Professionally Escorted · Rapids Gorge \$1049 · Evening Illumination of the Niagara Falls \$50 Discount Hydro Plant · Floral Clock · Botanical Gardens Maid of the Mist · Skylon Tower · Naval & Military Park **\$799** DBL. Occ. ·Aquarium of Niagara · Niagara Gorge \$999 Single ·Tour of Buffalo. NY and the US side of Niagara · Niagara Falls Scenic Trollev · Goat Island MUST BE REDEEMED BY ·Terrapin Point · Cave of the Winds **1-800-806-7944** (for complete brochure) MOOSTASH JOE TOURS www.mjtours.com

AWESOME NIAGARA FALLS 6 DAYS • JUNE 24-29, 2013

from OMAHA, LINCOLN, NORFOLK & FREMONT





THE TIME YOU PICK UP IS THE PRICE YOU PAY!

EXAMPLE: 4:00-4:15 = \$4.00 • 4:30-4:45 = \$4.50

5:15-5:30 = \$5.25 • 7:45-8:00 = \$7.75 Offer good until 10:00pm. Up to 5 large pizzas

•DINE IN •PICK UP •DELIVERY YANKTON MALL • 665-2525

Godfather's Pizza.



pub & casino

Specialty

2007 Broadway, Yankton - 605-260-1688 Open 11am-3pm,4pm-9pm All You Can Eat \$ Lunch Buffet 11am-3pm All You Can Eat Dinner Buffet 4pm-9pm All Day Dinner Buffet on Saturday & Sunday Crab Legs & Sushi Every Night All Day on Weekends

Express Delivery Available (City of Yankton) \$15 minimum for FREE Delivery

-99



7 MILES EAST OF NIOBRARA, NE

402.857.3860 + OHIYACASINO.COM

