### **Paid Advertorial**

## FIRST Trauma Part III

I mentioned that I would provide you with information on accepted, recognized, and deeply rooted medical procedures which may contribute to Traumatic Birth

### Syndrome.

The first of these is "Ultrasound." This procedure, many think, seems "safe" and innocuous. Current research, however, tells us that this is not so. First of all, ultrasound tends to cause an error in the way cells function. It also plays havoc with the cell genetic code. As well, it is associated with dyslexia and

delayed speech. But of greatest concern is that ultrasound affects the immature eggs of a female baby. Because this technology is relatively new, this last effect has not been investigated thoroughly.

Electronic Fetal Monitoring (EFM) is used by most hospitals although there has been little testing done to determine its efficacy. Latest research does indicate that it does increase parent panic and has increased C-sections by 400%. Wonderful for the hospital bottom line.

Epidurals. This has been shown to increase labour time and cause fever in the mother, which is then treated with antibiotics in both, the mom and baby. Brilliant! As well, it does not allow the mother to "feel" her labour which then necessitates the use of forceps, vacuum extraction, and even C-section to deliver the baby.

Forceps and Vacuum extraction. These procedures use up to 140 lbs of force to literally pull the baby "out." These are the main two that

Caesarean section has been increasingly popular with the advent of EFM, Amniocentesis and Chorionic Villi sampling. It seems to be presented as a very simple procedure, yet many parents do not realize that it **IS** surgery. As soon as the abdomen is cut, the uterus tends to contract to protect the baby. This often necessitates the use of steel retractors to open deliver the baby. Of course, the mother is anaesthetized so she can't feel pain. Many forget that the anaesthetic also crosses the placenta and

The greatest difficulty Doctors of Chiropractic have with all these procedures, is that they cause Vertebral Subluxations in the baby's spine. These subluxations affect and interfere with normal nervous system function and can create health problems which may plague the individual into adulthood. The most common effects of subluxations are; ADHD, poor concentration, chronic ear infections, lowering of the immune response, frequent colds and respiratory infections, scoliosis, asthma, bed-wetting, and a host of others.

I feel it is imperative to have babies checked for subluxations as soon as possible after birth. If you need additional information, please

call me personally at 605-665-8228

## Plath Chiropractic & Wellness

402 E. 3rd Street · Yankton, SD

# Iraq

#### From Page 1

serve to an operational force.

"We went from an 'on the bench' component during the Vietnam and Cold War eras, to one that has served in combat zones continually for the past decade," Reisch said. "There are few, if any, instances during our 150-year history that the South Dakota National Guard has been relied upon to the extent that it has been during the period since 9/11.

The SDNG plays an important dual mission, Deiss said. The soldiers and airmen have always been associated with protecting South Dakota during natural disasters and other emergencies, he said. But now, the SDNG also plays a critical role in overseas missions and the war on terror.

"I think the Iraq war showed Americans, and especially active service branches, we are very capable of performing at the same level or higher than our active duty counterparts," he said.

The transition toward more overseas deployments wasn't easy, Deiss said.

"When the Iraq war first started, there was a certain amount of growing pains that the Guards had to go through so the units were ready to go," he said. "I think we worked through a lot of that."

The SDNG also played a key role in the U.S. military's transformation to fight the war on terror, Deiss said.

"(Iraq) was an unconventional war. There were no definite front lines. We were fighting an insurgency," he said. "We had to figure out very quickly that the linear concept of the battlefield, that the nation was fighting during World War II and the Cold War era, wasn't what we were facing.

Modern times required new ways of thinking, Deiss said. "How could we support the war effort, and what could make the most sense in trying to fight insurgents?" he asked.

## **ANSWERING THE CALL**

The SDNG responded to the call, even when they were assigned missions that didn't fit their former roles, Reisch said.

Virtually every unit deployed from the SDNG re-



archived issues of the past 30 days.

#### ceived the meritorious unit commendation award, he said. The award is given to units for exceptionally meritorious conduct in performance of outstanding services for at least six continuous months during the period of military operations against an armed enemy.

Seven SDNG soldiers lost their lives while serving in Iraq. They included Sgt. 1st Class Richard L. Schild, Staff Sgt. Daniel M. Cuka, Sgt. Allen D. Kokesh Jr. and Staff Sgt. Gregory Allen Wagner, all with the Yankton-based Charlie Battery of the 1st Battalion/147th Field Artillery.

We have had enormous sacrifices from our South Dakota National Guard soldiers," said Lt. Col. Lynn Wilson, full-time support for the SDNG, in a news release. "I have gone to homes as a casualty notification officer and have gone to families to bring the news that their loved one, their son, their soldiers, is now dead, and that news is absolutely devastating. So is the cost of war; it is always severe, it's always great."

Wilson deployed to Iraq in 2004 with 2nd Battalion, 147th Field Artillery as a chaplain, where he not only experienced the devastation and cost of war but also witnessed the positive effects.

"I think of the accomplishments as well as the loss, and the losses are terrible and severe," Wilson said. "I don't think you ever get over it. It is still a scar and it is deep, but then there are the accomplishments that we gave to a country."

#### SUPPORT ON THE HOME FRONT

As a community-based organization, the SDNG impacts the entire state, Deiss said. In turn, the SDNG has received support from churches, schools, businesses and organizations.

St. John's Lutheran Church of Yankton received the Department of Defense's "Freedom Award" in 2011. The church was selected as one of 15 recipients from among 4,049 nominations. The award is given to employers for exceptional support of their employees serving in the Guard and Reserve.

The Rev. Dave Gunderson nominated his church for the award, recognizing the members' support of his year-long chaplaincy in Afghanistan. St. John's received the award during a special ceremony in Washington, D.C.

Last March, the 842nd Engineer Company of South Dakota received the Department of Defense's Reserve Family Readiness Award during a cerecause most of the health problems seen in children and even adults. The forces applied often cause nerve and spinal cord injuries, as well as vertebral subluxations. These subluxations affect the baby's nervous system and are a great threat to health.

the uterus, then forceps and vacuum extraction to affects the baby. Definitely not the birth of choice!

"I think of the accomplishments as well as the loss, and the losses are terrible and severe. I don't think you ever get over it. It is still a scar and it is deep, but then there are the accomplishments that we gave to a country."

mony at the Pentagon. "It only goes to show (the home front) takes whatever steps are necessary," Deiss said. "They may receive these awards, but they don't do it for any recognition."

The close relationship between SDNG units and communities makes the loss of soldiers and airmen even more difficult, Deiss said.

"Many people know or are related to a member of the Guard," he said. "When we lost these brave men, it brought (the war) to the home front. It really wasn't something that had been seen in America since going back to Vietnam. In the Gulf War, we had some casualties, but not the numbers we experienced in Iraq and Afghanistan."

Despite such losses, Wilson recalls a moment when he felt that the war in Iraq was worth it.

"I went to Babylon to one of Saddam Hussein's palaces, one that his sons used to love to operate out of," Wilson said. "They would take teenage girls and rape them, murder them and toss their bodies down the Euphrates River. We stopped that ... that didn't go on after we were there."

During Wilson's time overseas, he also witnessed a defining moment in Iraq's history. For the first time, they had more than one option on their election ballot.

"In January 2005, about a month before we returned home, for the first time people had the freedom to vote and there is not just one name on the ballot, Saddam Hussein," Wilson said. "The people of Iraq held up their ink-stained purple fingers, and some of us soldiers looked at each other and said, 'That's why we are here.'

#### **MEETING MODERN NEEDS**

The tenth anniversary of the Iraq war's start has provided an important opportunity for looking back, Deiss said. But it also provides an important



LT. COL. LYNN WILSON

time for looking forward, he said. In that case, the SDNG — and the National Guard

in general — will continue to play an important role in the war on terror, including further developments in Iraq, Deiss said.

"The Middle East is still a very volatile zone with all of the world affairs still going on. It's not just Iraq but also Iran, Syria, the Horn of Africa, Afghanistan and Pakistan. The United States is going to be in that region for the foreseeable future," he said.

"Our presence there is important in helping to stabilize that part of the world and to help democratic forms of government flourish. We want to ensure security so that region of the world doesn't fall into chaos and cause the future instability of the whole Middle East."

### THE FALLEN

These seven SDNG soldiers died in support of Operation Iraqi Freedom:

- April 17, 2004, Sgt. Dennis Morgan, Valentine, Neb./Winner SD, 153rd En. Bn. - Iraq
- April 24, 2004, Staff Sgt. Cory W. Brooks, Philip, 153rd En. Bn. - Iraq Oct. 17, 2005, CW2 Paul J. Pillen, Keystone, 249th
- Aviation Kuwait
- Dec. 4, 2005, Sgt. 1st Class Richard L. Schild, Tabor, Batt. C/1-147th FA Iraq Dec. 4, 2005 Staff Sgt. Daniel M. Cuka, Yankton,
- Batt. C/1-147th FA Iraq
- Feb. 7, 2006 Sgt. Allen D. Kokesh Jr., Yankton, Batt. C/1-147th FĂ - Iraq
- May 8, 2006 Staff Sgt. Gregory Allen Wagner, Mitchell, Batt. C/1-147th FA - Iraq

You can follow Randy Dockendorf on Twitter at twitter.com/RDockendorf

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